

# MT ROUSE NEWS & VIEWS



**A Project of the Penshurst Mens Shed Inc**

## In step for the Opening



At the invitation of the Southern Grampians Shire Council, members of the Progress Association and Volcanoes Discovery Centre Committee gathered with Councillors and other staff to celebrate the Opening of both the new entrance to the Penshurst Botanic Gardens ...

Above and below: Marcus & Val Rentsch, Nigel Pyne, Chris Sharples, Brian O'Brien, Ama Cooke, Marjorie Dalla Costa, Mary Stewart, Greg McAdam, Don Adamson, Mark Dalla Costa, Mary-Anne Brown.

... and the Mt Rouse Steps. After a very hot day the cool breeze at the top of the Mount was very welcome, and we enjoyed the brief speech by Mayor Chris Sharples and the informative conversation that followed. It is good to know that the Council considers Penshurst to be one of its assets and that they look forward to the other projects and ideas we want to share with them.



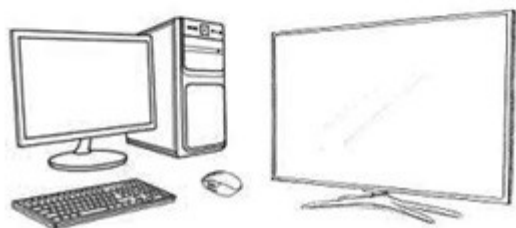
We expect 2020 to be a very interesting year.

# Volcanoes

## Discovery Centre

If new computers and TV's are popping up in your Christmas stockings, you might consider donating your older, unwanted TVs and computers to the Volcanoes Discovery Centre. The centre can use these in creating new displays.

Contact: VDC (open every day January)  
or Brian O'Brien (0437 844 586).



## RAM SHEARING

Providing a specialised Mobile Ram Shearing Service using the latest livestock handling systems.

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"In levying taxes and in shearing sheep  
it is well to stop when you get  
down to the skin. "

**Austin O'Malley**

"Time, you old gypsy man, will you not stay,  
put up your caravan just for one day? "

**Ralph Hodgson**

Published by **Penshurst Mens Shed Incorporated**

ABN 56 257 756 133 VMSA No: 301039

**"Mt Rouse News & Views Community Newsletter"**

Is the registered business name of the Penshurst Mens Shed Newsletter

Registered Address: 46 Watton Street, Penshurst 3289

### DEADLINE FOR SUBMISSIONS—25th January 2020

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

**Editor : Mark Dalla Costa**

All correspondence to: [mtrousenewsletter@gmail.com](mailto:mtrousenewsletter@gmail.com)

F R E E N E W S L E T T E R E V E R Y F O R T N I G H T

Also available in colour online at

<http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html>

### Newsletter Advertising Rates (Per Issue)

**Full page** \$20   **1/2 page** \$10   **1/3 page** \$7.50   **1/4 page** \$5   **Business Card** \$3



## HOLE IN ONE

Penshurst's Chris Eales achieved the rare feat of a hole-in-one at the Port Fairy Golf Club on Saturday 4th January, 2020. Playing with golf partner Dave Newton from Gisborne and Warrnambool locals, Anthony Wright and Darren Williams, Chris achieved this feat on the 168 metre, Par 3, 4<sup>th</sup> hole, using his 7 iron. The Port Fairy Golf Club is mounting the golf ball to be presented to Chris at a later date.

## Caramut and District Garden Club

**January** is one of the hottest and driest months which means a lot of time will be spent on watering either by hand or by sprinkler systems. Don't waste water.

Whenever possible, water in the evenings as this allows the water to be absorbed before the heat of the day. It is better to give established plants a good soaking once a week rather than a sprinkle every day. Deep watering encourages the roots to go down deep and enables them to withstand the heat better. Vegetables, annuals, pots will need watering every second day. Pots in the sun, everyday. To preserve moisture in the soil, keep out the weeds and mulch wherever you can. Even plants themselves that cover the soil will act as a good mulch. Like us, plants wilt in the heat of the day but as soon as the air becomes cooler, will be rejuvenated.



Spring flowering bulbs can be lifted now and stored in a cool, dry, airy spot until next Autumn or else replant in their new position.

Petunias which have finished their first flowering can be cut back they will bloom again. Roses and fuchsias can be tipped pruned to promote new growth.

In the vegetable patch, seeds of peas, beans, beetroot, carrot, parsnip, kohlrabi and radish can be planted. Newly planted seeds will need to be kept moist at all times. Even putting a cover over them to keep the moisture might be advisable on very hot days.

A weed is a plant that has mastered every survival skill except for learning how to grow in rows.

**Doug Larson**

Life begins the day you start a garden. **Chinese proverb**

If you have a garden in your library, everything will be complete.

**Marcus Tullius Cicero, Letter to Varro, 1st century AD**



# Penshurst Bowls Club CORPORATE CUP 2020

OPEN TO ALL - Enter your team now!



Competition Starts

**Friday 31st January 6.00pm sharp**

Teams to consist of 3 players  
BBQ Supplied & Refreshments available

TO ENTER PLEASE CONTACT

Alan Rentsch Ph: 55719378 Mob. 045775570

or

Entry Forms @ Penshurst Newsagency  
**DEADLINE: Monday 27th January 2020**

## PLACES OF INTEREST IN PENShurst

### Volcanoes Discovery Centre

[www.volcanoesdiscoverycentre.com.au](http://www.volcanoesdiscoverycentre.com.au)

### Yatmerone Wildlife Reserve

Ritchie Street, Penshurst

### Botanic Gardens

Chesswas Street, Penshurst

### Penshurst Caravan Park

Cox Street, Penshurst

For Bookings phone (03) 5576 5220

### 24 Hr Fuel

91A Bell Street Penshurst

### Mount Rouse Lookout

Waller Road, Penshurst



### Social Support Group

Commencing 9<sup>th</sup> January  
Every Thursday except 3<sup>rd</sup> Thursday of  
each month in SHEPPARD CENTRE

**START STAYING STRONGER EXERCISE**  
CLASS 10am - 11am followed by

**SOCIAL GATHERING** a variety of activities,  
outings & lunch - all welcome

Monthly program available  
at the Sheppard Centre -

**Community outing Cape Bridgewater for**  
**our January on the 23<sup>rd</sup>**

**Meet at PDHS Carpark:**

**Leaving: 10am Arrive home: 3pm**

**Bookings essential, by**  
**Tuesday of each week**

**Phone Social Support Group**  
**55518381 or 0417017728**

## A PAGE TO SHARE RECIPES

A fresh Summer recipe that is easy yet tasty

## Summer one pot chicken

## INGREDIENTS

600g chicken thigh fillets, halved	125ml (1/2 cup) cream
2 tablespoons olive oil	1 tablespoon fresh oregano leaves, plus extra to serve
200g yellow squash, thickly sliced	150g green beans, trimmed
450g kipfler potatoes, peeled, thickly sliced	100g sugar snap peas, trimmed
2 garlic cloves, crushed	Crusty bread, to serve
250g cherry tomatoes, halved	
125ml (1/2 cup) chicken liquid stock	

## METHOD

**Step 1** Season chicken well. Heat oil in a large heavy-based frying pan over medium heat. Cook chicken for 1-2 minutes each side or until golden. Remove from pan and set aside.

**Step 2** Add squash to pan. Cook, stirring, for 2-3 minutes or until lightly golden and just tender. Remove and set aside. Add potatoes and garlic and cook for 2 minutes.

**Step 3** Return squash to pan. Add beans and sugar snap peas and simmer for 1-2 minutes until heated through. Season well. Divide among serving bowls, scatter with extra oregano and black pepper. Serve with crusty bread.



“We didn't starve, but we didn't eat chicken unless we were sick, or the chicken was. “

**Bernard Malamud**

“The difference between involvement and commitment is like ham and eggs. The chicken is involved; the pig is committed. “

**Martina Navratilova**



## Friends of Yatmerone

Annual General Meeting

Tuesday 11 February 2020  
7.30pm

Community Room

Volcano Discovery Centre

Martin Street, Penshurst



## Penshurst RSL Sub-Branch

Annual General Meeting

followed by a

General Meeting

Thursday 6 February

6.30pm at the RSL Rooms

Ritchie Street Penshurst

Mary Johnson Sec.

**Grab your Takeaway and extras from Josh & Tracy Hewitt at the**

## **Penshurst Newsagency & Takeaway**

86 Bell Street Penshurst 5576 5330

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## **NEW MENU ITEMS**

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## **Ready to go**

Roast Lamb & Beef Gravy Rolls

Ask about our American Style Burger Menu

## **Opening hours**

Monday 6 am - 7 pm Tuesday 6 am - 5 pm

Wednesday & Thursday 6 am - 7 pm

Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm

**Please phone late orders 15 minutes prior to closing, thank you.**

## Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Tom Cooke - Vice President

Josh Hewitt - Treasurer

Mary Stewart

Nigel Pyne

Don Adamson

**Next Meeting: Wednesday 22nd January, 7.30pm in the Supper Room, Penshurst Hall.**

*Happy New Year.  
May 2020 bring us  
everything we need  
and a little of what we want.*

### Penshurst Lights Competition

The Penshurst Christmas Lights display was particularly pretty last year. On the 20th December the crew from the Progress Association stepped out into our car and started the leisurely drive around town to admire everyone's great efforts. You'll remember the Light Show on high that evening, that quickly drove us home again. It's all very well wanting to admire human activity, but when God, or nature, or the entity of your choice, decides to put on their own 'fireworks' it's safer to be indoors. Mind you, the lightening was lovely, the fires that followed are not. We recommenced the adventure a few nights later and ..

.. the winners of the Lights Competition are:

1st Julia Gibbs Penshurst-Dunkeld Road,

2nd Brooke Mooney Bell Street, and

3rd Annie Linke Cobb Street.

With such a variety of different styles to choose from, the judging committee decided on the more classic style of decoration for 2019.

Next Christmas we'll be back to the fantasy theme that had us all enthralled in 2018.



### Penshurst Citizen of 2019

The Progress Association team would like to thank everyone who took part in the choosing of the Penshurst Citizen of the Year for 2019. There was a clear winner among the following people nominated for services to the town, in no particular order:

Stella Boots

Evan Kelly

Judy Draine & Don Adamson

Barry King

Don Adamson

The winner will be announced at the Australia Day Ceremony on Sunday 26th January at the Botanic Gardens, 8.30am. See you there.

### Penshurst in Progress

In 2020 the Association's monthly meetings continue, on the 4th Wednesday night in the Supper Room at the Penshurst Hall, 7.30pm (just in case any of us have forgotten).

It's wonderful to see such a dedicated crew of eleven or so team members, but we know there are a few more out there (we are twenty-two strong) and we know there are new residents in town and we would be delighted if you drop in once in a while - to share your thoughts and suggestions.

You know where to find us.



## Riddles

1. What colour is the wind?
2. When was pork first introduced into the Navy?
3. A man has 9 children. Half of them are boys. How is this possible?
4. When is a door not a door?
5. What is the difference between a hungry man and a glutton?
6. What is the only common four-letter English word that ends in the suffix -eny?
7. What is Medusa's favourite cheese?

"I'm a great believer that the most important years are the sort of early years but the preschool years and then into the first and second grades. If you get a good base in the first and second grade and you can read, you can do anything. "

**Barbara Bush**



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**Penshurst LPO, 31 Martin Street, Penshurst. 3289 Phone: 03 5576 5220**



## Paraprosdokians

First time I heard about paraprosdokians, I liked them. Paraprosdokians are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected and is frequently humorous. Sir Winston Churchill loved them.

1. Where there's a will, I want to be in it.
2. The last thing I want to do is hurt you .. but it's still on my list.
3. Since light travels faster than sound, some people appear bright until you hear them speak.
4. If I agreed with you, we'd both be wrong.
5. We never really grow up -- we only learn how to act in public.
6. War does not determine who is right, only who is left.
7. Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad.
8. To steal ideas from one person is plagiarism. To steal from many is research.
9. I didn't say it was your fault, I said I was blaming you.
10. In filling out an application, where it says, 'In case of an emergency, notify ...' I answered, "a doctor."
11. Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy.
12. You do not need a parachute to skydive. You only need a parachute to skydive twice.
13. I used to be indecisive, but now I'm not so sure.
14. To be sure of hitting the target, shoot first and call whatever you hit the target.
15. Going to church doesn't make you a Christian, any more than standing in a garage makes you a car.
16. You're never too old to learn something stupid.
17. I'm supposed to respect my elders, but it's getting harder and harder for me to find someone older than me.
18. Why does someone believe you when you say there are four billion stars but check when you say the paint is wet?



**Do you have a favourite paraprosdokian, share it with us and we'll include it in the newsletter.**

Friendly faces and helpful staff ...

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**Monday -**

**Friday**

7am - 6pm



**Opening Hours:**

**Saturday**

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**CATERING**



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**Saturday 7:30 am to 4:00 pm**

**Sunday 8:00 am to 4:00 pm**

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BY APPOINTMENT ONLY

GIFT VOUCHERS have been popular this month so extending the "Special for December"!

When you purchase a gift voucher you'll receive a Free "Foot Spa" or "Head Massage"

~~ Ear Candling~~

45 Mins

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**FACEBOOK: CHRISTINES HEALING RETREAT**~~ *Aromatherapy Massage* ~~

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☆☆ Relaxation or Remedial ☆☆

~~ *Hot Stone Massage* ~~

90 Mins or 60 Mins

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45 Mins Treatment

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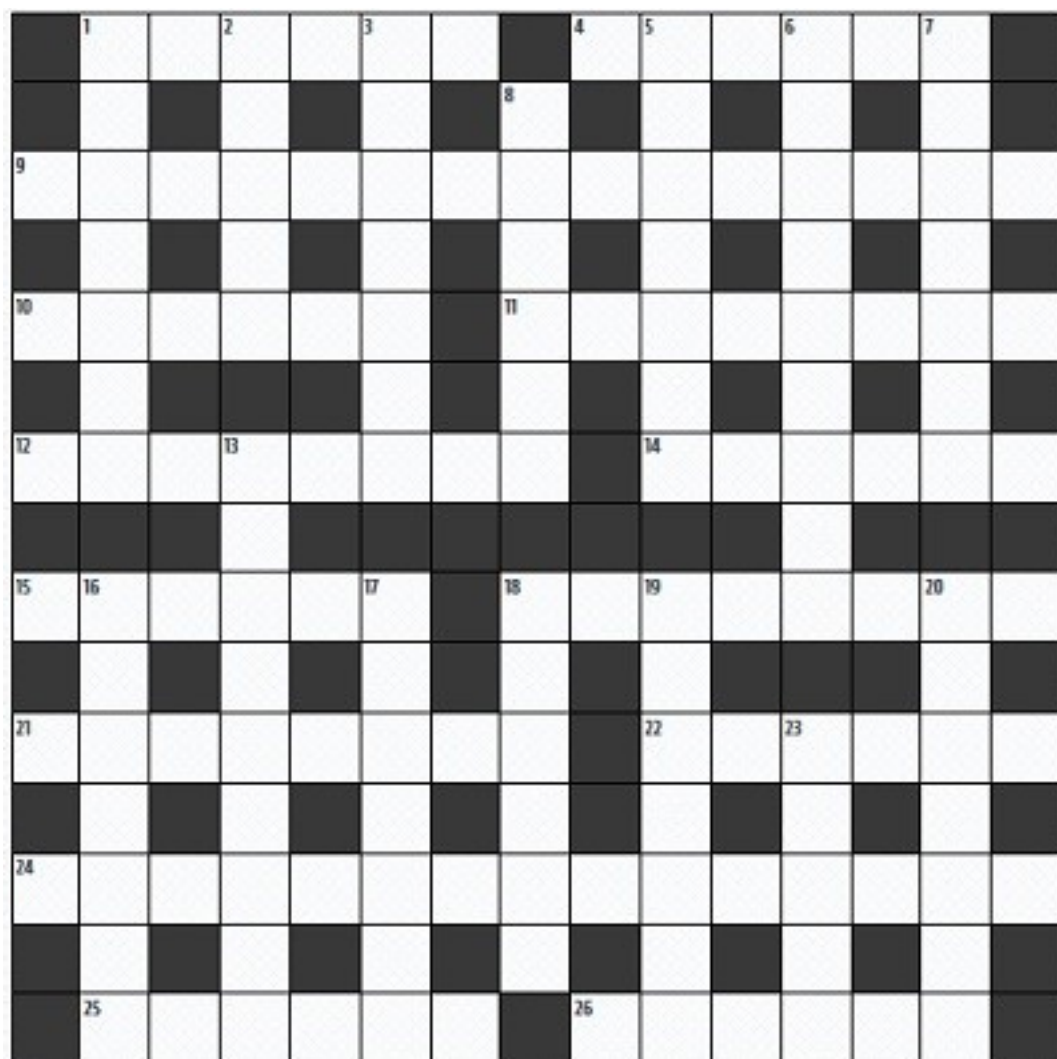
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**MONTHLY MEETING DATES**

- Book Club, 2nd Tuesday each month at Senior Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.



Mt Rouse Puzzler - Just how puzzled can you get

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D**Across**

1. Do battle with doctor in coat (6)  
 4. Idolised Communist after a party (6)  
 9. Cars' personal histories? (15)  
 10. Medicine man had movie theatre (6)  
 11. Teller of tales ran back to rat? Oh right! (8)  
 12. Crazy fireworks (8)  
 14. Contemplating something most amusing (6)

**Across**

15. Secretly follows tracks (6)  
 18. Whinge about Milan cop (8)  
 21. Mr Laurel to remove hat deadlock (8)  
 22. Cruel person involved in NASA disturbance (6)  
 24. Off colour below blue skies or grey (5,3,7)  
 25. Schedule which is sometimes hidden (6)  
 26. Arrange roasts by mistake (6)

**Down**

1. Jim the tennis player delivers parcels and documents (7)  
 2. Cow calls the last deer (5)  
 3. Give life to outspoken Annie, mate (7)  
 5. Sketch princess with silver sheep (7)  
 6. Hears real kind of practice (9)  
 7. Decline to pass on feathers (3,4)  
 8. Spies a men's rest room (6)

**Down**

13. Mr Eastwood embraced sweetheart before Lee upset customers (9)  
 16. Turn round at circular building (7)  
 17. Noticed blemish on Ted (7)  
 18. Cough? He said to get a drink (6)  
 19. Gains control of bosses (7)  
 20. Check out insect that swallowed pea! (7)  
 23. Likewise, insider wanted it too (5)



Diving, climbing, growing, flying with the number 2



Two questions are raised by this symbol -

1. How many fingers am I holding up?
2. What does the symbol mean?

During the Second World War it became the symbol for Victory .. It is called the 'Peace Symbol'.

Can you make the Peace Symbol with both of your hands?



Pairs and pears, how confusing the English language can be.

Can you finish these pairs?

Salt and P .....

Up and D .....

Back and F .....

Bread and B .....

Knife and F .....

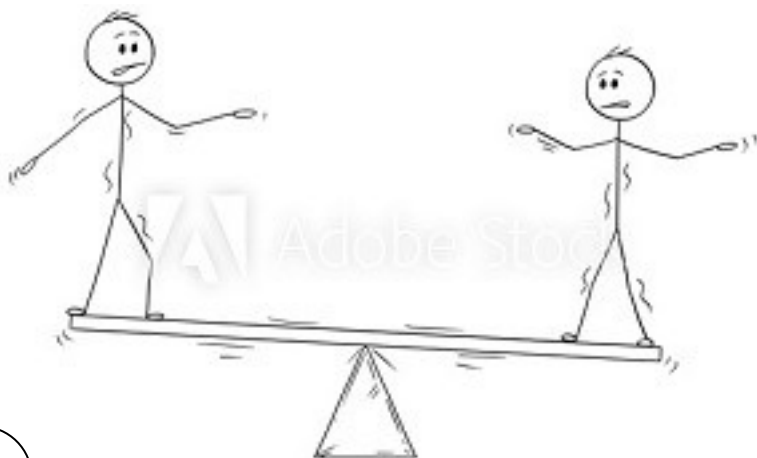
Pencil and P .....

Bacon and E .....

Soap and W .....

Fish and C .....

Peaches and C .....



Have you heard the saying, "It takes two to tango"?

These figures on the seesaw aren't tangoing, but they certainly look like they are wobbling while trying to 'balance'.

Balance is important in everything in our lives. Where do you think it is needed?



## Mandy's Hair Design

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Thursday  
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"A man doesn't plant a tree for himself.  
He plants it for posterity."

Alexander Smith



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*Open 10.00am - 4.00pm Wednesday & Saturday*

*Tuesday Social 1.00pm - 4.00pm*

*Wishing everyone a Happy New Year*

**Penshurst Church Services**

<p>Bethlehem Lutheran Church Tabor</p> <p>Service every Sunday 10.00am</p>	<p>Penshurst Anglican Church</p> <p>5pm Mass 3rd Sunday each month</p> <p>For further details contact Janet Kelly on 5576 5247</p>	<p>St Andrew's Uniting Church Penshurst</p> <p>2nd &amp; 4th Sunday 11am Service</p>	<p>St Joseph's Catholic Church Penshurst</p> <p>1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am</p>
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## TAIL END TALES



### Unsung Heroes

Right now there's a war on .. oh, I don't mean the ones overseas, but the ones between humanity and nature as fire consumes the land we have come to value as our own, right across Australia 'from sea to shining sea'. At the forefront of this battle are those dedicated Firefighters, who come from all walks of life .. from famous ex-politicians to that ordinary bloke next door. They are the ones who work tirelessly and quietly in the shadows, in the smoke, in the flames, and in times of floods and driving winds, to keep us, and our homes, safe, against nature in its wildest. And then there are the others, who also provide for human needs, such as food and water and a safe place to shelter - all of which takes money, often drawn from empty pockets, a little here, a little there, that gathered together in one place can help to make a huge difference. On Sunday lunchtime, the team from the **Penshurst Lion's Club** came together, on the corner of Watton and Martin Streets, Penshurst, to have one of their delicious Sausage Sizzles - which, in this case **raised \$1,029.30** that will be added to the Australian Lions Foundation Bushfire Appeal. The talk at lunchtime had included when the fires swept through Penshurst, as well as the ones that recently caused people to lose their homes not far from us, and many were counting their blessings that the fires at Budj Bim didn't sweep this way.

When I bought the sausages for my family I was told of the numbers of donations the group had received and I could see how much everyone appreciated them.

Sometimes we can only serve in small ways, but even that is better than doing nothing at all.



Next time you see a Lion thank him or her for their service. It's wonderful to know that a small sausage, and a great deal of dedication, can really make a difference.

**Answers to Riddles:** 1. Blew, 2. When Noah brought Ham into the ark, 3. they are all boys, 4. when it's ajar, 5. One longs to eat and the other eats too long. 6. Denny, 7. Gorgonzola.