Year 2 Edition 14 11th March 2020

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

WORK TO COMMENCE ON THE EXTENSIONS TO THE MENS SHED

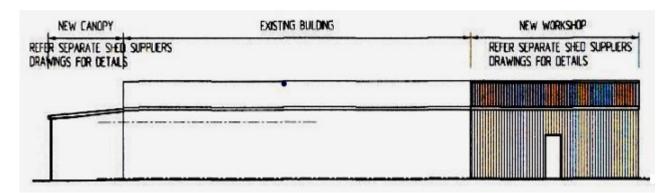


Fill laid to support a new slab for the Northern extension

The long awaited additions to the Penshurst Mens Shed building are shortly to be completed following the recent granting of the building permit. The extensions will consist of a doubling of the size of the workshop, to encompass separate areas for both metal working and wood working; an awning is being added out the front (Cobb Street) for social functions, new lighting and a fully functional disabled toilet facility will complete the building's transformation.

The builder has purchased the shed extension kits and we are confident you will see big changes on our site in the near future as construction commences. Once we have finished we will look forward to inviting everyone to a 'shed warming' party and grand opening.

Please note: the Shed will be closed during the construction phase. We'll advise when we are notified of the date.



Plan showing Western elevation of the shed following completion of the extensions

Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email president@penshurstprogress.org.au

Visit our site

www.penshurstvictoria.com.au and let us know if you have any comments.

Editor

PENSHURST MENS SHED

103 Cobb Street Penshurst

Open 10.00am - 4.00pm Wednesday & Saturday Tuesday Social 1.00pm - 4.00pm

Watch out for our new Build Notice

Published by Penshurst Mens Shed Incorporated

ABN 56 257 756 133 VMSA No: 301039

"Mt Rouse News & Views Community Newsletter"

Is the registered business name of the Penshurst Mens Shed Newsletter Registered Address: 46 Watton Street, Penshurst 3289

DEADLINE FOR SUBMISSIONS — 21st March 2020

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor: Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

Also available in colour online at

http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html

Newsletter Advertising Rates (Per Issue)

Full page \$20 1/2 page \$10 1/3 page \$7.50 1/4 page \$5 Business Card \$3

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Penshurst Bowls Club News

Five weeks down on the green has seen another successful Corporate Cup Competition. We have been blessed with fantastic weather this year, with fourteen teams competing for the Cup.

There were some interesting team names: Lakers, Ball Breakers, Ellis Paints, Young Brickies, Ewe Beauty, Schoolies, Foot Rot Faults, Page Worx, No Idea, Garlic Heads, Heart Attacks, M&M's, Dream Crushers & Wrong Bias.

There was lots of friendly banter between the teams, and the atmosphere was great. On Sunday the final game was played, and as always, the top 7 had a chance to play off, and there were the usual upsets!! The Final four were Dream Crushers, Garlic Heads, Wrong Bias & M&M's.



Wrong Bias defeated the Garlic Heads & Dream Crushers defeated M&M's. The final between the Dream Crushers & Wrong Bias was hotly contested, but the final Winners were - Wrong Bias.



This team consisted of Chris Laurence, Steve Grimley & Cam Wilson (above). Runner-up's, Dream Crushers, were Jordan Rentsch, Barry King & Karina Bellman (left).

The Bowls club would like to Thank: Alan Rentsch for putting the draw together each week, John King for organising the meat raffle & Bar, local members for assisting in the Bar attendance & cooking the BBQ, setting up the greens, and packing away. It was a real club effort this year. So Thanks to one & all.

Other news: The club was saddened by the death of a former member Monica Smith, she was a great little member while here. Our Deepest Sympathy is extended to her Family.

Men's 21up (President Singles) is down to the final 2 - Brett Linke & Alaister Rentsch.

Till next time. Good Bowling to all, "Kitty & Jack"

"Building a mechanical device for its appearance is like putting lace on a bowling ball. "

Andrew Vachss

MT ROUSE NEWS & VIEWS



2020 Penshurst Art & Photography Exhibition



Dunkeld Bendigo Bank

Please note Entries close 13th March 2020

Each year the Penshurst Art Exhibition grows a little more.

This year we have the pleasure of hosting our first Photography Exhibition, open to budding photographers and the more experienced.

The cost of entering both the Art Exhibition and the Photography section are \$5.00 per entry for adults and \$2.00 for children.

The prizes are:

Best in Show (Art) \$500

(Donated by Coates Painters, Hamilton)

Other categories (Art) \$200

Watercolour & Oil - Donated by Bendigo Bank, Dunkeld

Pastel (Art) & Nature (Photography) - Harvey of Penshurst

Acrylic, Drawing, Mixed Media & People's Choice.

Photography Prizes \$100

Nature, Portrait, Black and White

Opening Night Friday 20th March 6.30pm - 9.00pm \$15

includes light supper & weekend entry

Saturday 10.00am - 4.00pm

Sunday 10.00am - 3.00pm

Gold coin entry over the weekend

Display your art work or come and enjoy the talents of people from all over the region.

For more information contact Tom Cooke 0488 557 345 or download your entry form at

www.penshurstartexhibition.org.au

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PENSHURST PONY CLUB

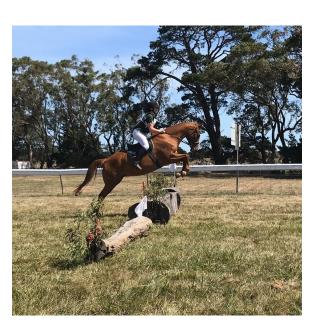
Penshurst Pony Club held their annual Short Course event on Sunday the 27th of February.

The weather was ideal with 62 riders competing across Grades 3,4,5, and 6.

Pony Clubs represented at the event were from Hamilton, Warrnambool, Dunkeld, Colac, Ararat, Heywood, Portland, Apsley, Glenelg and Macarthur.

Local rider Ava Kinnealy came out a winner in Gr 6 in her very first Short Course competition.

Jenni Kinnealy was presented with a Life Membership from the Wannon Zone Representative, Rod Keast, on behalf of Pony Club Victoria for her many hours of volunteering at both Club and Zone level.



Lily Egger from Penshurst Club easily clearing a jump in the cross country phase



Jenni Kinnealy receiving her Life Membership badge from Rod Keast



Ava Kinnealy very happy with her blue sash

"A lovely horse is always an experience....
It is an emotional experience of the kind that is spoiled by words."

Beryl Markham

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MT ROUSE NEWS & VIEWS

Grab your Takeaway and extras from Josh & Tracy Hewitt at the Penshurst Newsagency & Takeaway

86 Bell Street Penshurst 5576 5330

All Day Breakfast, Home-made cakes & slices

Mahalia Coffee, Fresh Bread, Milk, Meat and soft drinks.

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NEW MENU ITEMS

Huge range of focaccias - Egg & Bacon Rolls & Muffins

Opening hours

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Wednesday & Thursday 6 am - 7 pm
Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm



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Please phone late orders 15 minutes prior to closing, thank you

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"It is only the farmer who faithfully plants seeds in the Spring, who reaps a harvest in the Autumn." **B.C. Forbes**





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Caramut and District Garden Club

Autumn is the time to plant a wonderful range of spring bulbs including freesias, hyacinths, lachenalias, blue ixias and deep blue babianas. A bed or pot of filled with colourful ranunculi would be great or even a pot of tulips. Plant bulbs at a depth roughly equal to their size. Prepare the soil a couple of weeks prior to planting by mixing in a small handful of slow-release fertiliser. Buy bulbs either in packets or loose and choose firm, solid ones, avoiding any that are soft or squelchy. Most bulbs need sun to flower at their best.

Start raking up any fallen leaves and use them to build up your compost or place them straight onto beds as a mulch. A thick layer make a very good weed suppressant.

Remove any exhausted crops in the vegie garden hoeing between other crops to keep weeds from seedings. Onions, carrots, turnips kohl rabi, spinach, cabbage can all been sown now.

Sing a song of apples,
Peck-holed everyoneBy four and twenty blackbirds
Having lots of fun.
Busy gorging in our tree
They haven't time to sing.
I'd gladly bake them in a pie
And send it to THAT KING!



Ranunculi

Next meeting 10th March at Penshurst Senior Citizens.

Unknown

The special competition is a succulent in a pot/container or a piece.

Visitors are most welcome

Riddles

- 1. A pet shop owner had a parrot with a sign on its cage that said "Parrot repeats everything it hears". Davey bought the parrot and for two weeks he spoke to it and it didn't say a word. He returned the parrot but the shopkeeper said he never lied about the parrot. How can this be?
- 2. Can you name three consecutive days without using the words Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, or Sunday?
 - 3. If life gets tough, what do you have that you can always count on?
 - 4. What is it that is deaf, dumb and blind and always tells the truth?
 - 5. What only works the first time you use it?
 - 6. The more you take, the more you leave behind. What am I?

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Mobile Library

Will be visiting <u>Penshurst</u>
every Thursday fortnight
3.00 - 4.00pm Outside the Hall
in Martin St **Dates for March are: 5th, 19th**

Phone: 5573 0470 www.sthgrampians.vic.gov.au/library

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Opening days
Tuesday
Thursday &
every second
Saturday
by Appointment
10am - 2pm

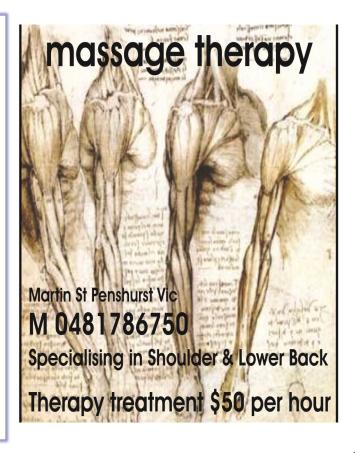
Please note I'll be away from 30th March Back 14th April.



For appointments please ring

Mobile: 0417 511 177





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Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke - President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Tom Cooke - Vice President

Nigel Pyne

Josh Hewitt - Treasurer

Don Adamson

Next Meeting: <u>Wednesday 25th March</u>, 7.30pm in the Supper Room, Penshurst Hall.

It's March. It's also autumn. We have certainly been having Autumn weather, but I am expecting summer to return for a week or two, as it has for the last few years. Thinking about the weather brought to mind a conversation I had with a Penshurst lady, about getting more cover for the playground in the Gardens. Some 'sails' over the area would be wonderful for kids on the hot afternoons and allow for more use of the equipment in the damp weather. What do you think? I'll be bring this to the next meeting of the Progress Association (see date above) where Mayor Chris Sharples will actually be in attendance, after slight confusion in February.

However, February's meeting was very productive, with the following proposals advanced for our focus during the next financial year.

- Update the historical information provided within the town. There are still 19 signs to be erected at an approximate cost of \$2,000. It is planned to seek funding from Council for this.
- Redevelop the barbecue and shelter within the Gardens, which we thought the Council was going to do this year .. So it becomes a priority for next year.
- Provision of the Camp Kitchen within the Gardens. We are not sure how long that process will take, but we'll be giving it a push from now on.
- Seek provision for a metal gate for the opening provided for pedestrians at the main entrance to the Gardens.
- And the sails, of course.

Some of this we want to attempt to fund ourselves, via grants, and others will be requested from the

Council, as part of their ongoing focus on our Gardens Master Plan.

And then there's the Hall, which is not a Progress Association project, but its still one for Tom and I, so we'll be seeking funding for upgrades in the building, after we go through the 'planning' process with Council.

Speaking of the Hall, the Committee of Management has a Special Meeting in May to elect new representatives from our community (which happens every three years), so if you are interested in the future of our town, being part of the committee that manages the building might prove interesting. Tom and I will be staying.

Why do I talk about other groups in the Progress Association report? It's because, in reality, all the groups, clubs and associations in Penshurst are here focusing on the betterment of our town within their field of interest, and working together often makes the tasks easier for everyone. One of my hopes, as President of PPA, is to encourage these levels of communication and co-operation, so that all the residents of Penshurst can feel they have a voice in the Penshurst's growth and sustainability. The PPA is not just about 'communication with Council', but is also here to help other groups with their activities as required. It's what makes Penshurst a "great place to visit and a wonderful place to live".

The Progress Association meetings take about an hour. We talk fast, we dream, we discuss, we debate, we laugh, and we enjoy each others' company. Drop in sometime. Any questions, ring me. Ama Cooke 0402 870 738

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Things you can do at Penshurst Post Office

Overseas money......Euro, Pound, USA & lots more
Passports & Photo's.....After-hours appointments available
Bill Payments.....Phone, Vic Roads, Water, Rates & lots, lots more
Banking.....Deposits, Withdrawal, Enquiry

Ink Cartridges, Cards, Phones, Gift Cards, Stationary
Gifts for all occasions and ages – GREAT PRICES

Send/Receive - Money overseas

Send/Receive - Faxes/Emails

Penshurst LPO, 31 Martin Street, Penshurst. 3289 Phone: 03 5576 5220

MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senior Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd
 Tuesday each month at Volcano Centre
 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.

- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

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Another Autumnal Favourite

Quick Creamy Chicken and Sweet Potato Bake Prep time 20 mins—Cook Time 45 mins

INGREDIENTS—6 Servings

1.1kg sweet potatoes, peeled, cut into5mm slices300ml Creme Fraiche125ml (1/2 cup) Cooking Cream2 garlic cloves, crushed

1 tablespoon chopped fresh tarragon200g meat from barbecue chicken,shredded2 green shallots, chopped105g (1 1/4 cups) grated cheddar cheese

METHOD

Step 1 Preheat oven to 200C/180C fan forced. Place the sweet potato in a large microwave-safe bowl with 60ml (1/4 cup) water. Cover with two sheets of plastic wrap. Cook in the microwave on High for 8 minutes or until tender. Drain and set aside.

Step 2 Meanwhile, lightly grease a 6cm-high 30 x 20cm (base measurement) baking dish. Combine the creme fraiche, cooking cream, garlic and tarragon in a jug. Season.

Step 3 Layer the sweet potato, chicken, shallot and 80g (1 cup) of the cheese in the prepared dish, pouring a little of the cream mixture



between each layer. Pour the remaining cream mixture over the top. Scatter over the remaining cheese and bake for 30-35 minutes or until golden and the cheese is melted and bubbling. Set aside for 10 minutes before serving.



Every Thursday except 3rd Thursday of each month in SHEPPARD CENTRE

START STAYING STRONGER EXERCISE CLASS 10am – 11am..... followed by.....

SOCIAL GATHERING a variety of activities, outings & lunch – all welcome

Monthly program available at Sheppard Centre

SOCIAL SUPPORT GROUP Community outing 19th March to
PORT FAIRY FOR FISH AND CHIPS AND OP SHOPPING
Meet at PDHS Carpark: Leaving: 9.30am Arrive home: approx 3pm
Bookings essential, by Tuesday of each week
Phone Social Support Group 55518381 / 0417017728

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PLACES OF INTEREST IN PENSHURST

Volcanoes Discovery Centre

www.volcanoesdiscoverycentre.com.au

Yatmerone Wildlife Reserve

Ritchie Street, Penshurst

Botanic Gardens

Chesswas Street, Penshurst

Penshurst Caravan Park

Cox Street, Penshurst
For Bookings phone (03) 5576 5220

24 Hr Fuel

91A Bell Street Penshurst

Mount Rouse Lookout

Waller Road, Penshurst



"Autumn is really the best of the seasons; and I'm not sure that old age isn't the best part of life. But of course, like autumn, it doesn't last. "

C.S. Lewis

FUTURE LIFE MARKET

- · Saturday 2nd May
- Penshurst Memorial Hall
- Mothers Day Stalls
- Raffles
- Morning Tea
- Shave for a Cure
 All proceeds to cancer research.



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Bammy Boribe Bays:

UNSTRESSED

If you can start the day without caffeine and pep pills,

If you can be cheerful, ignoring aches and pains,

If you can resist complaining and boring people with your troubles,

If you can eat the same food every day and be grateful for it,

If you can understand when loved ones are too busy to give you time,

If you can overlook it when people take things out on you,

when through no fault of your own, something goes wrong.

If you can take criticism and blame without resentment

If you can conquer tension without medical help,

If you can relax without liquor,

If you can sleep without the aid of drugs,

If you can do all these things,

Then you are probably the family dog!



HOW CAN I THANK GOD FOR THIS FOOD WHEN I HATE CARROTS AND LIVER?"



The department store answering machine said, "If you are calling to order or send money, press 5.

If you are calling about a complaint, press 678673653870872.

Have a good day

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Friendly faces and helpful staff ...

Penshurst Liquor & Grocery Store

Opening Hours:

Monday -

Friday

7am - 6pm



Opening Hours:

Saturday

9am - 5pm

Sunday

10am - 4pm

Open 7 days

Groceries, Bread, Meat, Frozen Food, Fresh Fruit & Vegetables

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Penshurststore@gmail.com

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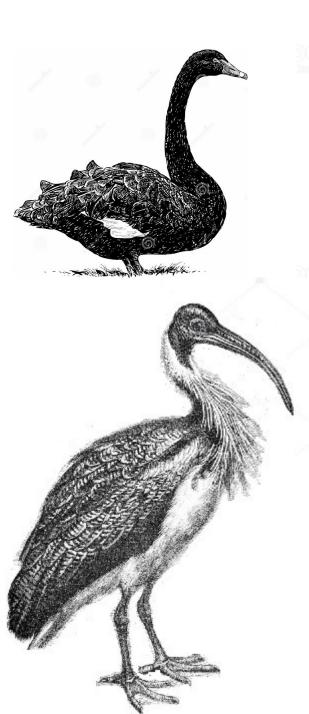
Cam & Amanda Wilson

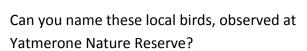
We are open:

Wednesday - Friday 7:30 am to 5:00 pm Saturday 7:30 am to 4:00 pm Sunday 8:00 am to 4:00 pm

PAGE 15 MT ROUSE NEWS & VIEWS A PAGE FOR THE CHILDREN

Diving, climbing, growing, flying with local birds





Long-billed Corella, Straw-necked Ibis and Black Swan.





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CHRISTOPHER COOK CONSTRUCTIONS

Ph: 0417 100 243

Fax: 5576 5267



HIA Reg CB-U 6214 DB-U 5109

112 Bell Street Penshurst Vic 3289

"When men reach their sixties and retire, they go to pieces. Women go right on cooking."

Gail Sheehy

"Work is so much fun that it doesn't really seem like downtime when I'm not. But cooking, spending time with my family, friends and dog are what I'm usually doing when I'm not working on something."

Bailee Madison

From the Kolar Lodge Newsletter

We continue to receive fantastic support from the members of the Penshurst Men's Shed. Our male residents look forward to the monthly 'get togethers' which usually involve coffee and chatting followed by an activity of some sort. The chaps have made bird nesting boxes which are in place around our gardens, a tool box, worked on restoring an antique wooden rocking horse and put together a kennel (no, we're not getting a dog, its an outside shelter for the cat).

The chaps and I have visited the Men's Shed a number of times for a bbq, and recently hosted the bbq using the 'Cora's Way' facilities for the first time. It was lovely sitting out there enjoying the beautiful weather and the birds singing.

Initiatives such as the Men's Shed are important to our facility as recent statistics show that although fewer men are being admitted to care facilities than women, they are often admitted at a younger age. As such, they may miss out on community connections and friendships with people their own age.

A big thank you to all at the Penshurst Men's Shed for your support. Beth.

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am Penshurst Anglican Church

5pm Mass 3rd Sunday each month

For further details contact Janet Kelly on 5576 5247 St Andrew's
Uniting Church
Penshurst
2nd & 4th Sunday
11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service
2nd Sunday Mass 8.30am
3rd Sunday Lay Service
8.30am
4th Sunday Mass 8.30am
5th Sunday Mass 8.30am

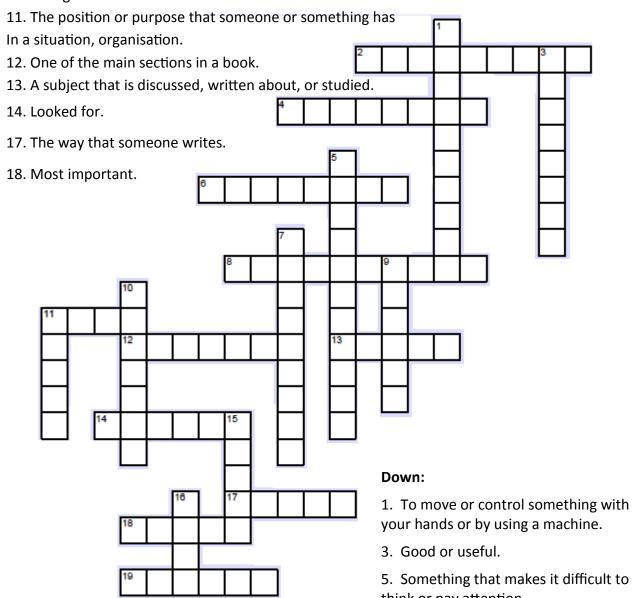
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Mt Rouse Puzzler - Just how puzzled can you get

Crossword

Across:

- 2. A short part of a text, consisting of at lease one sentence and beginning on a new line.
- 4. Very impressive and beautiful.
- 6. The act or process of joining something.
- 8. Having a set limit.



- 7. A plant with long green stems and tiny leaves at one end that is cooked and eaten as highest a variable can have. a vegetable.
- 9. Join together.
- 10. One of the parts that for something

- think or pay attention.
- 11. The difference between the lowest and
- 15. Nervous and not able to relax.
- 16. An area of ground on which a town, building or monument is constructed.

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Credit to Damien Bertrand/AV Install Nightmares:

TOOLS EXPLAINED

DRILL PRESS: A tall upright machine useful for suddenly snatching flat metal bar stock out of your hands so that it smacks you in the chest and flings your beer across the room, denting the freshly-painted project which you had carefully set in the corner where nothing could get to it.



Penshurst Mens Shed

WIRE WHEEL: Cleans paint off bolts and then throws them somewhere under

the workbench with the speed of light. Also removes fingerprints and hard-earned calluses from fingers in about the time it takes you to say, 'Oh sh*t'

DROP SAW: A portable cutting tool used to make studs too short.

PLIERS: Used to round off bolt heads. Sometimes used in the creation of blood-blisters.

BELT SANDER: An electric sanding tool commonly used to convert minor touch-up jobs into major refinishing jobs.

HACKSAW: One of a family of cutting tools built on the Ouija board principle... It transforms human energy into a crooked, unpredictable motion, and the more you attempt to influence its course, the more dismal your future becomes.

VISE-GRIPS: Generally used after pliers to completely round off bolt heads. If nothing else is available, they can also be used to transfer intense welding heat to the palm of your hand.

OXYACETYLENE TORCH: Used almost entirely for lighting on fire various flammable objects in your shop. Also handy for igniting the grease inside the wheel hub out of which you want to remove a bearing race..

TABLE SAW: A large stationary power tool commonly used to launch wood projectiles for testing wall integrity.

HYDRAULIC FLOOR JACK: Used for lowering an automobile to the ground after you have installed your new brake shoes, trapping the jack handle firmly under the bumper.

BAND SAW: A large stationary power saw primarily used by most shops to cut good aluminium sheet W: into smaller pieces that more easily fit into the trash can after you cut on the inside of the line instead of the outside edge.

TWO-TON ENGINE HOIST: A tool for testing the maximum tensile strength of everything you forgot to disconnect.

PHILLIPS SCREWDRIVER: Normally used to stab the vacuum seals under lids or for opening old-style paper-and-tin oil cans and splashing oil on your shirt; but can also be used, as the name implies, to strip out Phillips screw heads.

STRAIGHT SCREWDRIVER: A tool for opening paint cans. Sometimes used to convert common slotted screws into non-removable screws and butchering your palms.

PRY BAR: A tool used to crumple the metal surrounding that clip or bracket you needed to remove in order to replace a 50 cent part.

HOSE CUTTER: A tool used to make hoses too short.

HAMMER: Originally employed as a weapon of war, the hammer nowadays is used as a kind of divining rod to locate the most expensive parts adjacent the object we are trying to hit.

UTILITY KNIFE: Used to open and slice through the contents of cardboard cartons delivered to your front door; works particularly well on contents such as seats, vinyl records, liquids in plastic bottles, collector magazines, refund checks, and rubber or plastic parts. Especially useful for slicing work clothes, but only while in use.

ADJUSTABLE WRENCH: aka "Another hammer", aka "the Swedish Nut Lathe", aka "Crescent Wrench". Commonly used as a one size fits all wrench, usually results in rounding off nut heads before the use of pliers. Will randomly adjust size between bolts, resulting in busted knuckles, curse words, and multiple threats to any inanimate objects within the immediate vicinity.