Year 2 Edition 19 20th May 2020

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

What is continuing to happen around town





Above: The improvements and repairs to the Amenities Block at the Caravan Park included two new hot water tanks, the new roof and various other changes.

Left & Below: Caught in the act of clearing and mowing, Richard Eales congratulated Warren Steele on the completion of the final corner of the bluestone wall that now provides a boundary to the Penshurst Botanic Gardens. We await a plaque with the name of the site and thank Warren and his helpers for the good work.



PAGE 2

MT ROUSE NEWS & VIEWS

Coronavirus COVID-19

COMMUNITY UPDATE

Emma Kealy MP NATIONALS MEMBER FOR LOWAN

May 12, 2020 RESTRICTIONS

Changes to Victoria's stay-at-home directions were announced on Monday and will take effect from midnight on Tuesday, May 12. A fifth allowable reason to leave home has been added, which will allow up to five people at a time to visit family and friends in their home. The government has also amended the direction regarding exercise, making it allowable for up to 10 people to participate in outdoor exercise. The updated stay-at-home directions will be in place for at least three weeks.

You can leave home:

- To visit family and friends. No more than five visitors are allowed in one home;
- To buy food or drink, receive medical services or to access essential goods and services;
- For care or compassionate reasons like parenting arrangements, or supporting the elderly or vulnerable;
- To attend work or education, where you are unable to do so from home;
- To exercise with up to 10 people outside your home, observing social distancing.

A summary of what the first stage of easing restrictions means for various activities is below.

GATHERINGS Up to 5 people allowed in the home. 10 people outside.	WORKPLACES Work from home unless not possible. Stay home if unwell.	FUNERALS 20 mourners indoors. 30 mourners outdoors. Conductors additional.	WEDDINGS 10 guests in addition to the couple and celebrant.
RETAIL Stay home except for essential reasons. Stores to maintain physical distancing and person density rules.	SPORT & EXERCISE Up to 10 people allowed (instructor additional), outdoors, and if done with 1.5m physical distancing.	FISHING, HUNTING, BOATING AND GOLF are back! with rules under sport & exercise.	RELIGIOUS GATHERINGS Up to 10 people allowed plus additional people to run ceremony.
HAIRDRESSERS Closed only if person density rule not possible.	BOOT CAMPS & PT Up to 10 people with rules under sport & exercise.	CARAVAN PARKS & CAMPING GROUNDS Closed to tourists, open for residents and essential workers. NATIONAL/STATE PARKS Hiking, fishing, hunting, prospecting, diving, boating and recreation allowed with up to 10 people during the day only. No camping.	FACILITIES FACILITIES Facilities like community centres & halls, youth centres, RSL clubs can host essential public support services or groups i.e. parent's group, AA meeting, Foodbank with up to 10 people and person density rule.
AUCTION HOUSES 10 people allowed plus facilitators and person density rule.	REAL ESTATE AUCTIONS & OPEN HOUSES 10 people allowed plus facilitators.		
HOSTELS Open for accommodation restaurants/cafes closed.	RESTAURANTS & CAFES Open for takeaway only.		

PAGE 3 MT ROUSE NEWS & VIEWS

An important addition to Penshurst's Infrastructure

Congratulations to Page's Electrical for this interesting improvement to their business, the installation of which kept many people entertained for hours. Being able to obtain petrol in our small town benefits far more than our residents.







A covered fence - fun for the young and older.

Caught in the act by our postman, the truck reversed down the lane between Cottrill's and the Antique Shop. Photo: John Brennan

PAGE 4 MT ROUSE NEWS & VIEWS

Sammy Scribe's 'Today'

What kind of day shall I choose today? Today I can complain about my health, Or I can celebrate being alive.

Today I can moan that it is raining,
Or be joyful at all that grows from the rain.
Today I can regret all I don't have,
Or rejoice in everything I do.

Today I can mourn everything I have lost, Or eagerly anticipate what's to come.

Today I can complain that I have to work, Or celebrate having a job to go to.

Today I can resent the mess the kids make, Or give thanks that I have a family.

Today I can whine about the housework. Or celebrate having a home.

Today I can cry over people who don't care for me, Or be happy loving and being loved by those who do. I choose to have a good day today!



"A single grateful thought toward heaven is the most perfect prayer."

Gotthold Lessing

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5576 5270

PAGE 5 MT ROUSE NEWS & VIEWS

Caramut and District Garden Club





Pony Tail



Beaucarnea recurveta

I originally bought my Pony Tail as an indoor tube size plant over 30 years ago, but soon discovered that it grows very well outside and is very hardy. I brought this plant from the farm into Hamilton and planted it on a South boundary fence where it gets little water and the summer heat and it has really thrived.

It is a slow growing palm from the semi-desert area of Mexico and will grow up to $4\,\%$ - 6 metres tall with the swollen base reaching $3\,\%$ metres wide.

The downward strap like leaves are up to 3 metres long. This is the first time it has flowered.

When gardeners do a winter round,

On crispy, crunchy frosty ground,

The sunny sparkling scene enchants,

Apart from cherished, blackened plants!

"A garden must be looked into, and dressed as the body."

George Herbert

"I never had any other desire so strong, and so like to covetousness, as that one which I have had always, that I might be master at last of a small house and a large Garden. "

Abraham Cowley

PAGE 6

MT ROUSE NEWS & VIEWS





Amanda & Cam Wilson 0439 941 942

New Hours:

Monday to Friday 7.30am to 5.00pm Saturday 8.00am to 2.00pm Sunday CLOSED

Family Pies now available to order or pick up in store

Plain, Pepper, Cheese & Bacon, Mushroom, or Curry, Chicken Kiev or Butter Chicken, Lamb Rosemary & Garlic, Potato.

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penshurststore@gmail.com

Riddles

- 1. If there are four sheep, two dogs and one herds-men, how many feet are there?
- 2. The leaves are on the fruit, The fruit is on the leaves. What is it?
- 3. The one who has it does not keep it. It is large and small. It is any shape.
 - 4. What chins are never shaved?
- 5. I am the symbol of prying and meddling, for I smell fish, what am I?
- 6. What islands should have good singers?

CHRISTOPHER COOK CONSTRUCTIONS

Ph: 0417 100 243

Fax: 5576 5267



HIA Reg CB-U 6214 DB-U 5109

112 Bell Street Penshurst Vic 3289

PAGE 7 MT ROUSE NEWS & VIEWS

MEDIA RELEASE 6th May 2020



COUNCIL READY TO GO FOGO

Many residents in the Southern Grampians Shire will shortly receive a third, lime green lid bin, as Council get set to introduce its compulsory Food and Garden Organic Waste (FOGO) collection service.

Council last September resolved to introduce the compulsory service to all townships currently in the compulsory kerbside waste service zones.

The new bins will be rolled out in the coming weeks, with delivery to occur in phases, beginning with the outer townships first, followed by Hamilton. Residents will also receive a kitchen caddy with their bin, to be used for collecting household food scraps.

Southern Grampians Shire Mayor Chris Sharples said the introduction of the service this year sees Council ahead of the curve when it comes to processing organic waste.

"We made the decision to introduce the three-bin system to increase our effectiveness in processing our organic waste following a series of audits. Since resolving on this decision in September last year, the State Government has now mandated that all Councils introduce a compulsory FOGO service as part of its circular economy policy", Cr Sharples said.

"We know that more than 50% of the waste in garbage bins in the Southern Grampians Shire is organic food and garden waste - waste that doesn't compost in landfill. This material breaks down without air and releases harmful greenhouse gasses into the atmosphere. With the introduction of the compulsory FOGO bin, this organic material will be composted and returned to farm land to improve soil health. Importantly, it also saves Council on costs associated with landfill charges, EPA levies and transport costs", Cr Sharples concluded.

Bins will be collected fortnightly from July 1 2020, on the alternate week to recycling. They will be collected weekly throughout spring, to collect all the excess garden waste produced at this time.

All garden waste including lawn clippings, weeds, small sticks and prunings are able to go into the FOGO bin. All food waste, including raw meat, bones, eggshells, dairy products, processed foods, fruit and vegetable scraps, coffee grounds, tea leaves, meal scraps and food spoiled paper are able to be put into in the FOGO bin. Pet waste and pet hair can also be included.

More information about the FOGO service is available at ww.sthgrampians.vic.gov.au/FOGO

MEDIA RELEASE 7 May 2020 REGISTER YOUR POOL BEFORE JUNE 1

Southern Grampians Shire property owners are reminded that new Victorian Government regulations now mean that pools and spas must be registered with Council before June 1 2020.

The regulations apply to any swimming pool or spa that can hold water to a depth greater than 30cm, including:

- in-ground and above-ground pools and spas

- inflatable pools

- indoor pools and spas

- children's paddling pools
- spas, jacuzzis, hot tubs and swim spas (including portable spas).

As part of the new Victorian Government regulations, property owners are also required to have their swimming pool and spa barriers inspected and certified by a registered building surveyor, or a registered building inspector, every four years.

The new laws are designed to improve swimming pool and spa safety across Victoria and came into effect in December last year. Continued page 8

PAGE 8 MT ROUSE NEWS & VIEWS

Media Release 7th May 2020 Register your Pool before June 1 (continued from page 7)

Drowning is one of the leading causes of preventable death in young children aged 0 to 5 years with 27 young children have drowned in private swimming pools and spas since 2000. In at least 20 of those cases, the non-compliance of safety barriers is likely to have played a role.

If you live in the Southern Grampians Shire area and own a pool or spa, you can quickly and easily register online via our website by visiting www.sthgrampians.vic.gov.au/swimmingpoolsregister

The new regulations do not apply in the following situations:

- structures such as bird baths, fish ponds, fountains
- spas inside a building that are used for personal hygiene
- inflatable swimming pools (typically toddler or wading pools) not capable of containing a depth of water greater than 30cm and will be erected for less than three days
- water supply/storage tanks
- dams, rivers, creeks and lakes.

Failure to register a pool or spa by June 1 may result in a fine of 10 penalty units (currently \$1652.20) being issued.

For more information on the new regulations visit www.sthgrampians.vic.gov.au/swimmingpoolregister or www.vba.vic.gov.au

MEDIA RELEASE 14 May 2020 COUNCIL RELEASES DRAFT BUDGET FOR 2020-21

Southern Grampians Shire Council has released its draft 2020-21 budget, focusing on delivering critical services and initiatives to support the community in recovering from a challenging start to this year.

The draft budget is now available for public comment, to be adopted by Council at a Meeting on 8 July.

While Council was granted an extension to complete the budget process due to the COVID-19 pandemic, it was determined that progressing forward under "normal" timeframes was crucial to providing surety to the community of the continued delivery of services. Keeping to the original timelines also provides Council with the mechanisms to prepare tender documents and commence the delivery of capital works projects without lengthy delays.

Southern Grampians Shire Council Mayor Chris Sharples said the start to 2020 has been unprecedented in its impacts to the economic, social and emotional health and wellbeing of the community.

"The COVID-19 global pandemic has presented us all with fresh risks and challenges, following what was already a difficult start to 2020 with devastating bushfires across much of the State. It is critical that we are able to adapt and respond to the social and economic needs of the community over the course of the next financial year", he said.

"In response to these uncertain times, Council has proposed rates to increase by only 1.75%, instead of the 2% rate cap set by the Minister for Local Government. The balance of funds, approximately \$328,000 will be set aside and dedicated to assist in COVID-19 activities. This may take the form of assisting those temporarily in financial hardship, fostering business/economic stimulus or supporting new funding opportunities that may arise".

"In doing this, we hope that the budget provides full support to assist our communities to get back on their feet following the pandemic, while continuing to provide essential services, facilities and programs.

In 2017, Council developed an aspirational yet deliverable Council Plan (2017-21), following extensive consultation with the community. Over the past three years Council worked to turn these plans and aspirations into reality and this 2020/21 Budget finalises much of that work.

PAGE 9 MT ROUSE NEWS & VIEWS

Media Release 14th May 2020 COUNCIL RELEASES DRAFT BUDGET FOR 2020-21

(continued from page 8)

The key initiatives outlined in \$58.545m 2020/21 budget include:

- Deliver the Waste and Resource Recovery Strategy as adopted by Council including landfill, transfer stations and collection initiatives
- Continue the feasibility steps for a new Hamilton Gallery
- Commence the delivery of priority improvements of recreation and leisure facilities in response to the findings of the Recreation and Leisure Strategy, including Lake Hamilton
- Continue advocacy on key Council priorities to Regional organisations (Great South Coast & Grampians), State and Federal Governments
- Implement an investment attraction program that focuses on the key industries of agriculture, manufacturing, retail, tourism and the digital economy
- Invest in the appropriate systems, processes and training to support an environment which delivers a seamless customer experience

A Capital Works program of just over \$13 million sees a major investment in roads, bridges, footpaths and associated infrastructure works. Highlights of the Capital Works program for the 2020/21 year include:

- · Continue significant investment into local roads, bridges and other Council owned infrastructure
- Deliver essential works at transfer station and landfill sites
- Implement works associated with Council Buildings Asset Management Strategy

The Draft 2020/21 Operating Budget forecasts an operating deficit of \$3.187 million and Council anticipates to hold \$9.742 million cash at 30 June 2021.

The municipal charge will increase by 1.5% from \$200 to \$203. The waste service charge will increase from \$295 to \$360 (or \$415 for those not previously receiving FOGO collection to include purchasing of the new bin) for all improved residential properties in all townships to cover the rollout of Council's new compulsory organic waste collection service.

"This draft budget demonstrates our continued focus on delivering quality services for the community while being conscious of the longer term financial impacts. We understand that our community has high expectations of us and what we deliver for their rate dollar so it is important that we continue to identify efficiencies and review all activities against community identified priorities", Cr Sharples said..

"I am confident the draft budget delivers fairness, responsibility and opportunity in equal measure. We're keen to know what people think, and invite our community to participate in the budget submission process," Cr Sharples concluded.

Any person proposing to make a submission must do so in writing before 5.00pm on 15 June 2020.

Submissions should be addressed to the Chief Executive Officer, Southern Grampians Shire Council, Locked Bag 685, Hamilton 3300 or council@sthgrampians.vic.gov.au. Persons making submissions are requested to indicate whether they wish to be heard in support of their submission and whether they will attend in person and/or be represented by some other person. Submissions will be heard by Councillors on 24 June.

Adoption of the 2020/21 budget will be considered on Wednesday 8 July 2020, taking into account any public submissions which have been received.

Due to the current coronavirus pandemic and closure of customer service centres, the budget can only be viewed online at Council's website www.sthgrampians.vic.gov.au. Alternatively, a copy can be emailed or printed and posted if required by calling customer service 55730444.

Any person requiring further information concerning the budget or the making of a written submission is invited to contact Council's Manager Finance, Belinda Johnson on 5573 0402.

Media Contact: Alison Quade 0429 601 208 aguade@sthgrampians.vic.gov.au

PAGE 10 MT ROUSE NEWS & VIEWS

Grab your Takeaway and extras from Josh & Tracy Hewitt at the **Penshurst Newsagency & Takeaway**

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All Day Breakfast, Home-made cakes & slices

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5. a nose, 6. the Canary islands. feet, 2. a pineapple, 3. a gift, 4. urchins, poones; qogs have paws; only people have Answers to Riddles: 1. Two,; sheep have

PAGE 11 MT ROUSE NEWS & VIEWS



BUDGET 2020/21



PAGE 12 MT ROUSE NEWS & VIEWS



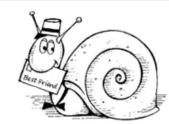
The Mobile Library Service has been suspended until the end of the Covid-19 lockdown.

If you have any questions relating to any of Southern Grampians Shire Council's other facilities or services, please contact Council directly on 5573 0444.

We look forward to our return.



The Magic of a letter



During good and bad times there is nothing quite as magical as a letter. A letter cost very little, but brings unbelievable returns.

 $\frac{1}{2}$ With the internet and everything being done at the speed of light, it is easy to forget the difference a hand-written letter can make, but there is a reason that we still send Birthday Cards and Holiday Cards in the mail. We don't need to wait for the holidays to make someone's day.

An article was published on December 13, 1886 titled The Joy of Receiving a Letter. It is the view of a mail carrier about people waiting for the mail. It may seem a bit outdated but it has reminded me of that joy and excitement that comes with receiving a letter.

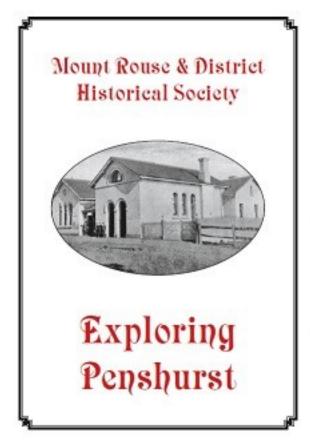
"There are some people on my beat who, I really think, don't do anything else but sit down and wait for me to come. They stand at the window or front gate and wait for me, they tremble with anxiety as I approach, they groan and cower if I say 'nothing to-day; and if I hand them a letter they fly with it into the house as if they had picked a pocketbook and were going off to a secret place to inspect its contents."

Maybe it's time to bring the joy back

PAGE 13 MT ROUSE NEWS & VIEWS

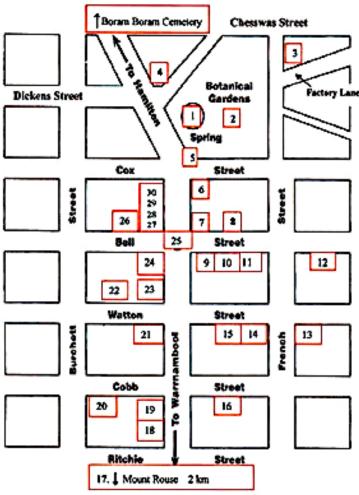
Exploring Penshurst

More than 8 years ago members of the Mt Rouse & District Historical Society collated a booklet of pictures and information about the historic activities of many of the older buildings and sites of interest in Penshurst. It can be used as an easy guided walking tour. We are delighted to be able to share this booklet with you over the next few months. For those who are impatient, the booklet is available from Brian O'Brien for \$5.00. His phone number is 0437844586.



While we intend to walk you through the journey in order, let's begin with one of the unexpected surprises that actually has a world wide connection.





5. When the RSPCA was formed in 1871 Annis and George Bills were ardent members and both were made Life Members. Their compassion was aroused by the lack of facilities for horses and so they donated thousands of concrete water troughs to many countries worldwide. Some, such as this one, had a small end section for thirsty dogs. They were placed near a hotel so the driver could be refreshed at the same time.

Our trough came out of hiding from under the bushes near the entrance to the Botanic Gardens when the new gate was built last year. PAGE 14

Penshurst Post Office

31 Martin Street, Penshurst. 3289 Telephone: 5576 5220



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Have you seen something in the latest catalogue you would like Most items can be ordered if we do not have it in stock

A new range of games in store for the family to enjoy, and learning posters to help with home schooling



We look forward to seeing you Stay Safe

John, Judy & Nicole

PAGE 15 MT ROUSE NEWS & VIEWS

Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke - President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Tom Cooke - Vice President

Nigel Pyne

Josh Hewitt - Treasurer

Don Adamson

Next Meeting: Wednesday 24th June, 7.30pm in the Supper Room, Penshurst Hall.

This is a tentative date which will be changed or confirmed if circumstances continue to allow us to have meetings again.

Good morning all,

It's a bright and sunny Sunday morning as I consider what to write here. Now that some of the restrictions have been lifted, I am watching the news for the announcement restoring them, given so many people are not using commonsense when they finally go out of the house and seem to have stopped the social distancing that we are being asked to continue observing.

As we are allowed to have meetings of ten people and under, the Progress Association must consider recommencing. There are many subjects to be discussed - from what to do with the Infant Welfare Building, a discussion we put on hold last year as we could not find a use for the almost empty building and the contents insurance is costing us over \$400 a year. It's not much in the scheme of things, but the Association does not have a large income source, so it has to be considered. Then there is the discussion with the Council about the signs that are to be placed in the Botanic Gardens now that the gates/wall has been completed. We look forward to hearing from them, and I will be reminding them shortly that they promised us a say in what they are considering. Then there is a review of the Council draft Budget and what their plans are for the continuing growth of our town. This

financial year we benefited from the finishing of the entrance etc in the Gardens, the upgrade of the amenities block in the Caravan Park, and the completion of the steps on top of Mt Rouse, but there is other work to be done, such as the repairs to the walking track to the top of the Mount, various footpath repairs, a renewing and increasing of the signs in front of buildings of historical significance and the renovations needed at the Hall. There was also a discussion about the Small Towns Transformation Strategy that was delayed, but we are hoping, not cancelled.

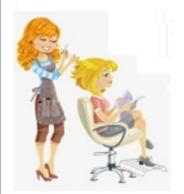
So - can any of you think of a new purpose for the Infant Welfare Building, aka the old Newsletter building behind the Hall? If we keep it the printer stays in the building and we pay the insurance, but there is also the opportunity to move the printer to the Hall where the Progress Association is now based and save ourselves the expense, which can then be applied to other ventures, and adventures, such as the Christmas Party in the Gardens that we would like to hold this year, lockdown allowing. That is another discussion as it too has increased in cost.

I would ask that people RSVP for the meeting on 24th June so that we keep within the lockdown limits.

Wishing you all safe & well .. Ama Cooke

PAGE 16 MT ROUSE NEWS & VIEWS

Mandy's Hair Design

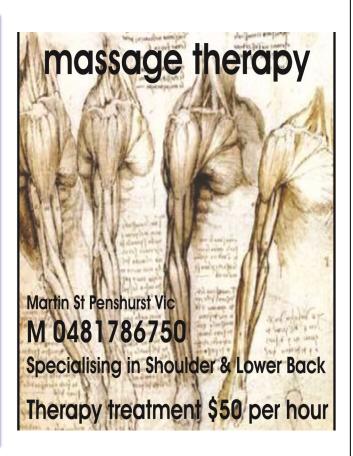


Opening Days
Tuesday,
Thursday
Friday &
every second
Saturday
10am - 2pm
By Appointment

For appointments please ring

Mobile: 0417 511 177





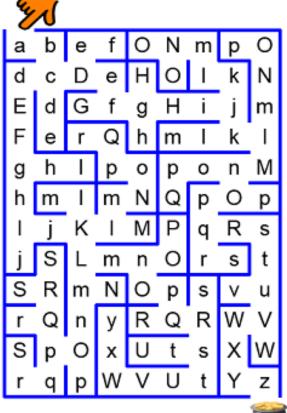
MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senior Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd
 Tuesday each month at Volcano Centre
 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.

- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group,
 Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

PAGE 17 MT ROUSE NEWS & VIEWS

A Page for the Children



Follow this maze from A-Z or easier still, from Z - A.

I was thinking about my writer's block. Sometimes its very heavy, and sometimes it inspires a bit of silliness. When I thought about it just now, this popped out -

> Sometimes I get an itch to write, But words zip past me, caught in flight, If I could get a few to stay, I bet I'd have a lot to say.

Do any of these images inspire you to write?

What is the mouse doing, and the spotted frog?

going?



PAGE 18 MT ROUSE NEWS & VIEWS

Penshurst Church Services

As the lockdown gently releases its hold gatherings of up to 20 people will be allowed after the 1st June.

If you have information about the services that you would like to share with the community, please contact the editor and give us the details.

mtrousenewsletter@gmail.com

Hamilton Uniting Church is Live Streaming their services.

Find it here:

https://www.facebook.com/
HAMILTONUNITINGCHURCHLIVESTREAMING

PLACES OF INTEREST IN PENSHURST

Volcanoes Discovery Centre

www.volcanoesdiscoverycentre.com.au

Yatmerone Wildlife Reserve

Ritchie Street, Penshurst

Botanic Gardens

Chesswas Street, Penshurst

Penshurst Caravan Park

Cox Street, Penshurst For Bookings phone (03) 5576 5220

24 Hr Fuel

91A Bell Street Penshurst

Mount Rouse Lookout

Waller Road, Penshurst

CHECKMATE

by Terry Wells, Surrey, British Columbia

My wife, Barb, and I love camping. We go many times a year, rain or shine, and we carry a huge, industrial tarp. On one such trip we were camping with our best friends, Rick and Jo-Ann. The weather that day was, to say the least, unstable. The tarp was up to cover the campground, but I pulled it back when the weather cleared. After a few hours, having pulled back the tarp twice, I finally sat in my camping chair.

"What are you doing?" Jo-Ann asked.

I replied, "I am playing chess with God, and it's his move."

Have you got a story to share in 100 words or less? We'd love to publish them.

I went looking for a short story of 100 words or less. Some of them were lovely, some where heartbreaking, this one reminded me of my childhood.

MY MASTERPIECE

by Angela Bradley-Autrey, Deer Park, Washington

I was four, playing outside in the humid Kentucky air. I saw my grandfather's truck and thought, Granddad shouldn't have to drive such an ugly truck. Then I spied a gallon of paint. Idea! I got a brush and painted white polka dots all over the truck. I was on the roof finishing the job when he walked up, looking as if he were in a trance. "Angela, that's the prettiest truck I've ever seen!" Sometimes I think adults don't stop to see things through a child's eyes. He could have crushed me. Instead, he lifted my little soul.

MT ROUSE NEWS & VIEWS PAGE 19 A PAGE TO SHARE RECIPES

High in Fibre and will fill the family

Hearty French Chicken Soup Prep time 15 mins - Cooking Time 50 mins

INGREDIENTS - 4 Servings

1 tablespoon extra virgin olive oil 4 chicken thigh fillets, trimmed 1 brown onion, halved, sliced 3 carrots, halved, thickly sliced diag- chunks

onally

2 celery stalks, thickly sliced diagonally

3 garlic cloves, thinly sliced

1 dried bay leaf

3 sprigs fresh thyme

1/3 cup dry white wine 1 litre chicken stock

500g potato, peeled, cut into

Roughly chopped fresh flat-leaf

parsley leaves, to serve Fresh thyme, to serve

Fresh flat-leaf parsley sprigs, to

serve

Toasted sliced baguette, to serve

METHOD

Step 1 Heat oil in a large saucepan over high heat. Season chicken with salt and pepper. Add chicken to pan. Cook for 4 minutes each side or until browned. Transfer to a plate.

Step 2 Add onion, carrot, celery, garlic, bay leaf and thyme to pan. Reduce heat to medium. Cook, stirring occasionally, for 6 minutes or until well browned. Add wine. Cook, scraping up brown bits from base of pan, for 1 minute. Return chicken to pan with stock and potato. Stir to combine. Bring to the boil. Reduce heat to medium. Simmer, covered, for 30 minutes or until vegetables are tender and chicken is cooked.



Step 3 Using tongs, transfer chicken to a board. Using 2 forks, roughly shred chicken. Remove and discard bay leaf and thyme.

Step 4 Return chicken to pan. Simmer for 2 minutes. Sprinkle with parsley. Serve with toasted sliced baguette.

"I live on good soup, not on fine words. "

Moliere

PAGE 20 MT ROUSE NEWS & VIEWS

Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email president@penshurstprogress.org.au

Visit our site

www.penshurstvictoria.com.au and let us know if you have any comments.

Editor

PENSHURST MENS SHED

The Men's Shed is closed until further notice.

We intend to continue to bring you the fortnightly newsletter available from Penshurst's Newsagent & Takeaway, Supermarket & Liquor store & Café.

If you have any stories you would like to share, please contact Mark or Ama by phone or email.

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DEADLINE FOR SUBMISSIONS — 29th May 2020

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

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All correspondence to: mtrousenewsletter@gmail.com

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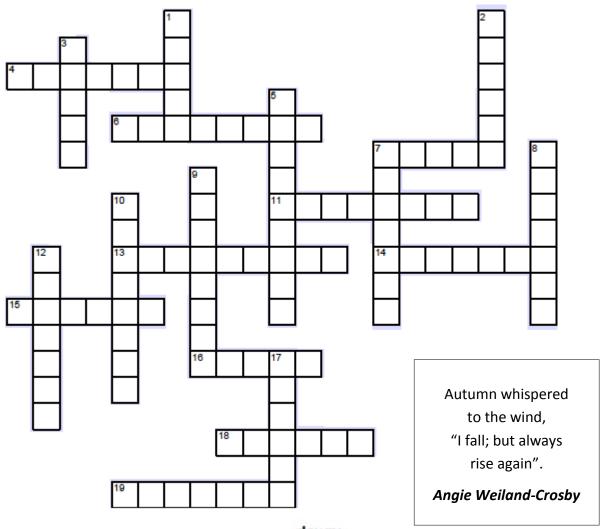
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PAGE 21 MT ROUSE NEWS & VIEWS

Mt Rouse Puzzler - Just how puzzled can you get



across:

- 4: These are big and orange and often made into pie.
- 6: A large pile of hay.
- 7: A substance (such as pepper or nutmeg) that is used in cooking to add flavor to food and that comes from a dried plant and is usually a powder or seed.
- 11: The light from the sky at the end of the day when night is just beginning.
- 13: An object that looks like a person and that is placed in a field to scare birds away from crops.
- 14: To look at (something) in a careful way to learn more about it.
- 15: The season between summer and winter.
- 16: A round fruit with firm, white flesh and a green, red, or yellow skin.
- Changing place or position.
- 19: A type of insect with wings that form a hard cover on its back when it is not flying.

down:

- 1: Having a lot of wind.
- 2: A situation that is difficult to understand.
- The cloud of black, gray, or white gases and dust that is produced by burning something.
- 5: Placed or found far apart.
- To shake slightly because you are cold, afraid, etc.
- The act of gathering and picking the fruit and vegetable you grow.
- A device for protection against the rain, consisting of a stick with a folding frame.
- 10: An herb that has a sweet smell and that is used in cooking and perfumes.
- 12: A day when day and night are the same length.
- 17: trees dressing

PAGE 22 MT ROUSE NEWS & VIEWS

Tail End Tales

In the Fifties and Sixties:

- Pasta was not eaten in Australia
- Curry was a surname
- A takeaway was a mathematical problem
- A pizza was something to do with a leaning tower
- All potato chips were plain
- Rice was only eaten in a pudding
- Calamari was called squid and we used it as fish bait
- A big mac was what we wore when it was raining
- Brown bread was something only poor people ate
- Oil was for lubricating; fat was for cooking
- Tea was made in a teapot using leaves (never green)
- Sugar enjoyed a good press and was regarded as being white gold.
 Cubed sugar was posh
- None of us had ever heard of yoghurt
- Healthy food consisted of anything edible
- Water came out of the tap
- Prunes were medicinal

Thought for every day

"In prayer it is better to have a heart without words than words without a heart."

John Bunyan

How will you be remembered? We each create a legacy that is shared between those who know us now, and those who will know about us in the future. What will your legacy be? This story reminds me of many people around me, and long summer evenings - past, present, and future.

ALWAYS GROWING

by Julie Liska, Seward, Nebraksa

Dad auctioned off his faithful red tractor, rented out the land, and retired from farming in 1982. He and Mom moved to town. But they reserved a small plot of land for a garden and returned each week of summer to tend it. Winter brought new challenges. Dad had his hips replaced, bypass and cataract surgeries, and a stroke. Yet each spring the garden was planted, watered, lovingly tended—the bounty shared with all. Now Dad is 93; his pale blue eyes dodge the sun as he gingerly plucks red tomatoes from the vine. "What will you remember about me?"

