

# MT ROUSE NEWS & VIEWS



## A Project of the Penshurst Mens Shed Inc

### OUR NEW BAKERY

We were pleased to note that we now have the Penshurst Store, Café and Bakery established in the old Baghdad Café building in Bell Street. Owners Amanda and Cam are living on the premises and produce a range of fresh breads and pastries daily. Cam, originally from Warracknabeal, met Amanda in Townsville while he was serving in the Army with the Second Battalion the Royal Australian Regiment. They have three grown up children.

After five years in the Army Cam followed his passion for baking in a partnership with his brother in the Warracknabeal Bakery where he developed his baking skills. He has spent the last five years in the Dimboola bakery before establishing this new business in Penshurst.

They have a second-hand licence and have reintroduced some bric-a-brac as well as giftware, local produce, soaps, sweets, relishes and home wares. The emphasis is on local and Australian made goods. All food, with the exception of some Gluten free goods, are made on the premises.



**New Owners, Cam and Amanda**

They sell a good range of pies and other pastries and their various breads baked fresh daily do not contain any preservatives. These have proved very popular. Breads available include sourdough, four-grain and wholemeal.

The bakery is open from Wednesday to Friday 7:30 am to 5:00 pm, Saturday 7:30 am to 4:00 pm and 8:00 am to 4:00 pm on Sundays.

Breakfast of bacon and eggs, done how you like them, are available from 7:30 am on Weekends.

Cam and Amanda are looking to employ junior staff on weekends and applications should be made at the bakery.

My personal opinion is they are the best pies I have ever had so pop in and give them a try. Editor

*Friends of*  
**Yatmerone**  
*Wildlife Reserve*

## 10th Anniversary Seminar and Field Walk

**Saturday 12th October**

**PENSHURST HALL**

9.30am - 2.30pm

**Dr Rod Bird: Overview of District Wetlands**

**Ben Church, Aboriginal Water Officer, Gunditj Mirring Traditional Owners  
Aboriginal Corporation: Wetland Restoration of Indigenous Protected Areas**

**Key Note Speaker Dr Birgita Hansen, Federation University:  
Latham's Snipe Project**

**Field walk at Yatmerone Wildlife Reserve (weather permitting)  
led by Dr Lachlan Farrington, Nature Glenelg Trust:  
Wetland restoration and the importance of refuges**

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Morning tea on arrival and Lunch provided  
Dress for weather conditions and nature walk

RSVP essential by October 4  
Email: [brennos3@bigpond.com](mailto:brennos3@bigpond.com)  
Mobile: 0488 924 944

This event is supported by:





The Friends of Yatmerone Wildlife Reserve are planning to celebrate 10 years of achievement in October this year.

The Yatmerone Reserve is a 13 hectare deep freshwater marsh that is spring fed and one of the more reliable aquatic refuges in south west Victoria. It provides habitat for many species of birds including the Brolga and the migratory Latham's Snipe that flies from Siberia annually.

The Friends group formed in November 2009. It focuses on environmental restoration and enhancement and has changed the landscape with extensive revegetation and fencing to protect diversity and complexity of the stony rises ecology. The group has also organised many informative and scientifically recognised seminars and field days, building knowledge and understanding as well as bringing people of all ages together to celebrate our unique environment. The landscape has been transformed with many different species now calling this reserve home.

"As a small community group we have achieved a great deal showing just what can be done with commitment and co-operation, says Chairman Dave Munro.

"It has been a pleasure to work with so many people of different backgrounds and interests and a fascinating journey learning and showcasing the processes that this complex ecology so clearly displays".

The Yatmerone Reserve is now a tourism destination in its own right, building on and complementing the excellent educational role provided by the Volcano Discovery Centre here in Penshurst.

"Places like Yatmerone provide ongoing evidence that our natural heritage is unique".

"And of course we could not have achieved what we have without the support and co-operation of our partners like Parks Victoria, Glenelg Hopkins CMA and Southern Grampians Shire Council".

A seminar and field walk with expert speakers is being held on October 12 this year as part of the 10-year celebrations. These presentations will provide an insight into breadth of wetland environments across western Victoria and the importance and processes of wetland restoration. Key note speaker, **Dr Birgita Hansen, Federation University will be discussing the international Latham's Snipe survey which the Friends of Yatmerone will be actively involved in.**

Friends of Yatmerone Incorporated  
Penshurst, VICTORIA 3289  
*Landcare Victoria Incorporated Registered Member*

Chair: Mr David Munro  
Sec/Treasurer: Ms Mary Johnson

# Greater Hamilton Library School Holiday Program



105 Brown Street, Hamilton  
Email: library@hordgansprans.vic.gov.au  
Phone: 0573 0470

## KIDS FIRE SAFETY DAY



**Tuesday 24th September**  
**Library @ 10.30 am - 11.30 am**  
A fun hour of games, storytime and craft activities for pre-school and primary school aged children.

This is a FREE event hosted by the CFA.



Tickets for this show available only at the PAC.

## Movie/Craft

**Wednesday 25th September**  
**@ 1.15pm**  
**CINEMA FOYER**



Create your own Angry Bird in celebration of the new Angry Birds Movie 2!  
**FOLLOWED BY A SPECIAL SHOWING OF THE MOVIE**  
**@ 2.00 PM**  
**CINEMA**



Rated PG - 1 hr 36 mins

**Cost: \$8.50 per person**

Tickets only available from the Library and must be purchased by 5.30pm on Tuesday 24th September.

## Goody Woody Bookends

**Monday 30th September**  
**Library @ 10.30 am**

Get involved in this exciting woodwork project. Create your own special wooden bookends to display proudly on your bookshelves.



This fun craft is for children aged 8 +  
**Cost: \$ 5.00 per person**  
Limited places. Bookings are essential and are not confirmed until payment is received. Purchase tickets at the Library.

## Spring Pots

**Wednesday 2nd October**  
**Library @ 2.00pm**

As the warmer weather approaches lets celebrate by creating a beautiful spring pot designed and planted by you.



**Cost : \$5.00 per person**  
Limited places. Bookings are essential and are not confirmed until payment is received. Purchase tickets at the Library.

Published by Penshurst Mens Shed Incorporated

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Email: mtrousenewsletter@gmail.com

## DEADLINE FOR SUBMISSIONS - 21st September 2019

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

**Editor : Mark Dalla Costa**

All correspondence to: mtrousenewsletter@gmail.com

## Newsletter Advertising Rates (Per Issue)

**Full page** \$20    **1/2 page** \$10    **1/3 page** \$7.50    **1/4 page** \$5    **Business Card** \$3



## Val Heffernan honoured by the Mt Rouse & District Historical Society

Long serving historian Mrs Val Heffernan was recently honoured by the Mt Rouse and District Historical Society with Honorary Life Membership.

Val's association with the society began when she and the late Margaret Gardner travelled regularly from Hamilton to Peshurst to catalogue the societies' large collection of photographs, documents, maps, diaries and books.

Val said, "we were told the task would take a few weeks but this was

Very underestimated. Margaret and I were still working many months later, which then turned into years".

The society's collection is significant and has been accessed by both Melbourne University and the Victorian State Archives.

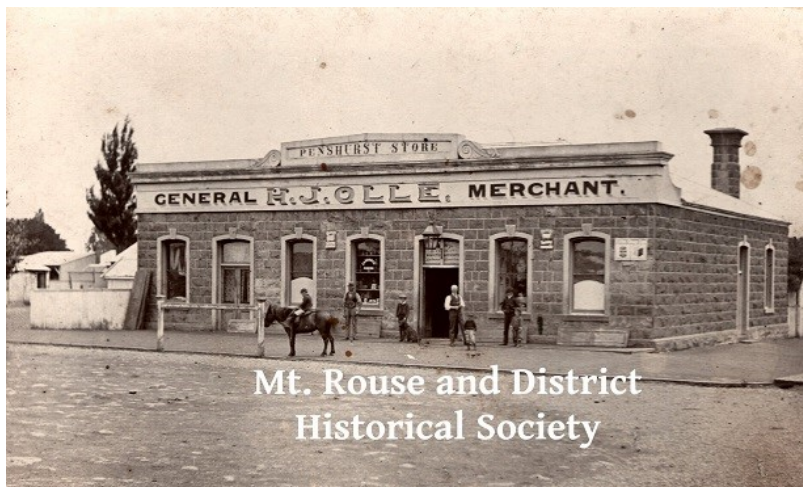
Society President Phil Doherty said "Val is our lead researcher and has provided many families with missing pieces of their history. This is really important work not only for families but also for regional history. For example, Val recently authored the history of the Twomey Family".

The Twomey family history had not been recorded to any extent yet these successful pastoralists owned properties including Banemore, Kolor, Langulac and Kinvonvie, made civic contribution to their local and regional communities and were very generous philanthropists.

In presenting Val with life membership Phil said , "Val has also been our Secretary for many years and supports husband Ron in keeping the societies website updated. The Honorary Life Membership recognises Val's exceptional work and commitment to the Mt Rouse and District Historical Society".



**John Page, Vice President; Val Heffernan, Secretary and Phillip Doherty, President**



**Mt. Rouse and District Historical Society**

**Mt Rouse & District Historical Society Facebook page**

<https://www.facebook.com/mtrousehistorical/>

**Website**

<https://sites.google.com/view/mtrousehistorycentre/home>

**Youtube**

<https://www.youtube.com/channel/UC9sBiduRBk6XuiqAvaNbTpA>



**Goldalea**  
**POLL MERINO STUD**

"Modern Poll Merinos"


**On Property Helmsman Sale**  
Held by Ruralco-Wiss Rodwells  
Monday 7<sup>th</sup> October 2019  
Inspections from 10:30am Sale starting 12:30pm

**40 Poll Merino Rams**  
Bred for wool growth, carcass, mothering ability and ease of management.  
3% to outside agents and sheep classers

**WISS Representative:** Damien Meagher 0408 504 125  
**Contact:** Russell Gordon 0488 943 314, 03 55749 222  
Trevor Gordon 0409 749 236, 03 55749 236

**279 H. Hays Road, Karabeal, Vic 3294**

**Be sure to keep an eye on our Facebook page in the coming weeks for updates on our sale team**



## Things you can do at Penshurst Post Office

Overseas money.....Euro, Pound, USA & lots more  
Passports & Photo's.....After-hours appointments available  
Bill Payments.....Phone, Vic Roads, Water, Rates & lots, lots more  
Banking.....Deposits, Withdrawal, Enquiry

Ink Cartridges, Cards, Phones, Gift Cards, Stationary

Gifts for all occasions and ages – GREAT PRICES

Send/Receive - Money overseas

Send/Receive - Faxes/Emails

**Penshurst LPO, 31 Martin Street, Penshurst. 3289 Phone: 03 5576 5220**

## Caramut and District Garden Club

In the vegie garden with the danger of frost over, tomatoes can be planted, but cover the plants if

frost is forecast. Bush, climbing, sugar and snap peas can be planted. Onion seedlings, especially the salad varieties can also be planted, as can Beetroot, cucumbers, lettuces, radishes and silverbeet. Zucchini seeds or seedlings can be planted out now as well.

I planted a row of peas in front of the mesh which they will climb up later.

The cut down pipe will stop the birds from scratching out the seeds and later from destroying the new shoots. These will be removed later.



In the pipe behind is brussel sprouts. I will leave the pipe in place as it will be a support when the plants are fully grown. The silver beet was planted earlier in the year.

Our next meeting will be at the Woolsthorpe Hall on Tuesday 10<sup>th</sup> September at 10 am with the Special flower being a Daffodil.

*Visitors are always welcome.*

### WHY IS A BOAT CALLED SHE?

A boat is called a 'she' because there is always a great deal of bustle around her; there is usually a gang of men about, she has a waist and stays. It takes a lot of paint to keep her looking good. It is not the initial expense that breaks you, it is the upkeep. She can be all decked out but it takes an experienced man to handle her correctly. Without a man at the helm, she is absolutely uncontrollable. She shows her topsides, hides her bottom and when coming into port, always heads for the buoys. FROM OUR GARDENING GURU

### Penshurst Book Club

On the second Tuesday of each month the Penshurst Book Club meets at the Senior Citizens Centre in Bell Street at 2.00pm to discuss the 'Topic for the Month'.

Instead of focusing on one particular book, members are asked to read something appropriate to the topic. The September topic was 'The Sea', with an old quote—"We joined the navy to see the world, but what did we see? We saw the sea". Everyone is invited to contribute their thoughts.

There are no fees to be members of the book club, but you have to pay \$5 to become a member of the Senior Citizens.

For more information contact Ruth at Rurik's Shed on 5576 5499 or email [ruk46@gmail.com](mailto:ruk46@gmail.com).

Friendly faces and helpful staff ...

## Penshurst Liquor & Grocery Store

### Opening Hours:

**Monday -**

**Friday**

7am - 6pm



### Opening Hours:

**Saturday**

9am - 5pm

**Sunday**

10am - 4pm

### Open 7 days

Groceries, Bread, Meat, Frozen Food, Fresh Fruit & Vegetables

Beer, Wine & Spirits



Registrations close Monday 4<sup>th</sup> November

Book a table for your group - [hamilton@countryracing.com.au](mailto:hamilton@countryracing.com.au) 03 5572 1268



## Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Vice President – Tom Cooke

Treasurer – Marjorie Dalla Costa

Mary Stewart

Nigel Pyne

Don Adamson

**Next Meeting: Wednesday 28th August, 7.30pm in the Supper Room, Pens-**

**Listening Post Wednesday 2nd October  
5.00pm—7.00pm**

On the evening of the 2nd October various members of the Southern Grampians Shire Council will be visiting the Penshurst Community, much as they did in March when they set up the Listening Post outside the Hall and we all gathered around for a good chat. Instead of the Engagement Meeting of previous years, we'll have an informal gathering, with a light supper provided by our visitors. What we can give to them is all our thoughts and ideas about what needs to be improved in Penshurst, to make our town more resident and visitor friendly, such as the ideas mentioned by JAK (Letter to the Editor, this issue), who pointed out that our shops are not easily accessible for disabled people and so, as part of our streetscape project, we should be looking at that issue ourselves. It is this sort of information that is important for the future of the town, which is why the Progress Association is investing their time and energy into projects like the Footpath Review, which has now been presented to Council. Our thanks to Brian O'Brien for his work on that project. What I do recommend is that, if you have a few topics to discuss, put them in writing. Let's give the Council a list of suggestions, and it's a good memory jogger for people like me.

### Penshurst Christmas Tree 2019

I know it's a bit early to be thinking about Christmas, but the Progress Association had an email from Daniel Shaw, the new Business Development Officer, offering us a Christmas tree to decorate Penshurst for the 'season'. It is six metres tall and will be covered in tinsel and solar lights, provided by the Council. We offered him five locations for the tree to be installed. When we hear where their choice of location will be, we'll pass it on. Given we will, once again, be having Christmas in Bell Street, somewhere there would be good. Watch this spot.

Ama Cooke



### October Community Market

Would you, or any of your friends, be interested in having a table at the next Community Market on **Saturday 5th October**. You can communicate book your place through the Facebook site <https://www.facebook.com/groups/penshurstmarket/> or by ringing Ama on 0402 870 738.



**CHRISTOPHER COOK  
CONSTRUCTIONS**

**Ph: 0417 100 243**

**Fax: 5576 5267**

**112 Bell Street Penshurst Vic 3289**

**HIA Reg CB-U 6214 DB-U 5109**

**CHRISTINES HEALING RETREAT**

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**Hot Stone Therapy** 60mins \$110 90mins \$125

**Indian Head Massage** 45mins \$65

**Ear Candling** 45mins \$65  
(Includes Lymphatic Drainage)

**The Far Infrared Sauna Therapy**  
(this has many health benefits)  
can be part of a treatment please enquire.

**For appointments phone 0431 300 378**

Email: [chrisonport@gmail.com](mailto:chrisonport@gmail.com)

Facebook: Christines Healing Retreat

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**September Special**

**60mins Aromatherapy Massage**

with a free Sauna Therapy

Allow an hour & a half \$80

**Open Mon - Friday 9am - 5pm**

**After hours by appointment if required**



## Views sought to tackle litter and dumping

*Are you sick of seeing litter and illegal dumping in your local area?  
If so, the region's waste and resource recovery group want to hear from you.*

Barwon South West Waste and Resource Recovery Group (BSWWRRG) have launched an online survey to seek people's views and ideas about how to tackle litter and illegal dumping in the region.

BSWWRRG Executive Officer, Ashley Pittard, said that the survey would help to inform the development of a new regional plan on litter and illegal dumping.

"Litter and illegal dumping can have devastating impacts on our local environment, as well as being unsightly and costly to clean-up."

"The plan will identify the top 5 litter and illegal dumping issues in the region and actions to address these issues. These actions could include education and awareness, more bins, infrastructure such as stormwater litter traps, and better enforcement."

Mr Pittard said that the group were offering people the chance to win one of four \$50 gift cards for completing the survey.

"We know that there are many community groups and individuals across the region doing great work cleaning up litter and dumping."

"We want to hear from as many people as possible to shape our regional litter plan."

In addition to the survey, BSWWRRG are inviting people to attend workshops in Warrnambool and Geelong on 17 and 18 September. These workshops will review the top litter and illegal dumping issues identified through the survey and define actions needed to address these issues.

To complete the survey or register to attend a workshop, please visit [www.reduce-recycle.com.au](http://www.reduce-recycle.com.au). The survey closes at midnight on Sunday 8 September.

***Please direct all media inquiries to:***

Ashley Pittard  
Executive Officer

0477 557 666

[Ashley.pittard@bswwrrg.vic.gov.au](mailto:Ashley.pittard@bswwrrg.vic.gov.au)

# INTERNATIONAL RURAL WOMEN'S DAY

The »Dunkeld and District CWA« in collaboration with »Western AG Supplies« invites you to join us at our very special »Rural Women's Day«.

Listen to our extraordinary guest speakers from the region and beyond. Enjoy a delicious lunch whilst celebrating this unique day with us.

TUESDAY 15TH OCTOBER 2019  
9:00 AM - 3:00 PM  
STERLING PLACE  
DUNKELD COMMUNITY CENTRE

For more information contact:  
Jackie Elliott 0439 541 036  
Instagram @ruralwomensday  
Ticket booking:  
[www.eventbrite.com.au/e/63413436295](http://www.eventbrite.com.au/e/63413436295)



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ABN 62624156010

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**Fresh battered Fish, Dim Sims, Hot Chips** and much more.



**Try the specials – Chicken Parma, \$15.00, Souvlakis (Lamb or Chicken),  
Fish & Chips with salad \$10.00**

**NEW – Chicken & Seafood (served with chips & salad) \$18.00**

Hamburgers, Chicken Chilli Burgers, Steak Sangas, Chicken Schnitzel Burgers

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### Opening hours

Monday 6 am - 7 pm Tuesday 6 am - 5 pm

Wednesday & Thursday 6 am - 7 pm

Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm

**Please phone late orders 15 minutes prior to closing, thank you.**



**LETTERS TO THE EDITOR**

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at : **mtrousenewsletter@gmail.com**.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

Editor,

Your article, 'Attracting Visitors', resonates with me.

I have long thought Penshurst has so much potential. The town is geographically well situated to realise a tourist potential. The success of any business does need community backing, and shire support through promoting and financing outlier townships like Penshurst.

Some worthy business owners in recent years have opened great tourist enterprises with some success.

It's exciting that new ventures are opening, the B&Bs, The Penny Wine Bar, the new bakery (desperately needs signage)....

It is great that some of the Penshurst staple businesses have remained ... Takeaway/Newsagency, Supermarket, Pub, Post office, Hairdresser, Pages petrol, Volcano Centre, Plumbing, and Deans Pharmacy depot, as examples...

To upgrade the heritage appearance of the town is essential for all business owners and will help put Penshurst on the map.

It would be a great step to approach the Shire and apply for/secure the relative funding to restore the facades of the older shop fronts ... BUT essential to the success of this is to bring not only the historical restoration but to upgrade every public access point to these businesses with "all ability" access points. The current archaic variety of manual and stepped doorways prevent easy entry/exit for elderly, young children and other people with mobility limitations, including those who use gait aids.

None of the doorways, with the exception of Kelly's, meets today's standards.

I hope progress and improvements to the Penshurst commercial precinct and town is realised.

Every success

JAK

JAK,

thank you for your support and expressing your views on this important issue. The point you raise concerning the generally poor access to commercial properties within the town is valid and I agree it should be considered in any improvement initiative.

Editor.

"How much more grievous are the consequences of anger than the causes of it. "

**Marcus Aurelius**

"A lie gets halfway around the world before the truth has a chance to get its pants on. "

**Winston Churchill**



COLERAINE RACING CLUB

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## ***COLERAINE CUP***

Come along and help celebrate the Cup that is hosted at  
the home of the oldest steeplechase in Australia!

---

SUNDAY SEPTEMBER 22, 2019  
GATES OPEN 12NOON  
COLERAINE RACECOURSE



*Fashions on the Field including Best Dressed Boy and Girl*  
*FREE children's entertainment all day including face painting*  
*FREE buses running from Hamilton and Balmoral (bookings essential)*  
*The "Dandy Andy" bar open all day.*

**A GREAT DAY OF COUNTRY RACING - SEE YOU THERE!**

For more information contact Elle Guthrie on 0458 756 242 or email [e.guthrie@countryracing.com.au](mailto:e.guthrie@countryracing.com.au)

## A PAGE TO SHARE RECIPES

The following recipe is spicy for Spring

### Butter Chicken with Cauliflower

Serves 4

Prep: 5 Mins Cooking 35 mins

#### INGREDIENTS



1 tablespoon vegetable oil  
8 chicken thigh cutlets, with skin on  
1 brown onion, thinly sliced  
1/2 (500g) cauliflower, cut into florets  
375g Passage to India Butter Chicken Simmer Sauce

2 tablespoons light thickened cream  
Steamed basmati rice, to serve  
Roasted salted cashews, roughly chopped, to serve  
Coriander sprigs, to serve

#### METHOD

**Step 1** Heat oil in a large non-stick frying pan over medium heat. Add chicken pieces and cook for 10 minutes or until browned on all sides. Transfer to a plate. Drain excess fat and discard

**Step 2** Add onion and cauliflower to pan and cook for 5 minutes or until softened. Pour Passage of India Butter Chicken Simmer Sauce over vegetables and bring to a simmer. Return chicken pieces to pan, coating well with sauce. Cover pan, reduce heat and simmer for 20 minutes or until chicken is cooked through. Stir through cream just before serving



**Step 3** Spoon rice onto a platter. Top with chicken, vegetables and sauce. Sprinkle with cashew nuts and coriander



Everything old becomes new again

I like gardening. It's a place where I find myself when I need to lose myself.

**Alice Sebold "Above and beyond".**

I grow plants for many reasons: to please my eye or to please my soul, to challenge the elements or to challenge my patience, for novelty or for nostalgia, but mostly for the joy in seeing them grow.

**David Hobson**

Please note change of hours



# **PENSHURST MENS SHED**

**103 Cobb Street Penshurst**

The shed is open:

Wednesday and  
Saturday 10:00 am to 4:00 pm

Winter hours:

Tuesday Social afternoon  
1:00 pm to 4:00 pm

*Everyone Welcome*



# **Mostly Aussie Nursery**

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including Grafted plants  
& Grevillea standards.



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# **Mandy's Hair Design**

**80A BELL ST  
PENSHURST**

**Bookings by appointment**

**Tuesday & Thursday**

For appointments please ring

**Mobile: 0417 511 177**

**Thank you**

A society grows great when old men  
plant trees whose shade they know  
they shall never sit in.

– Greek proverb



Diving, climbing, growing, flying with the letter U

What unique letter are we looking at today?

Underneath and understanding

Umbrella and uniform

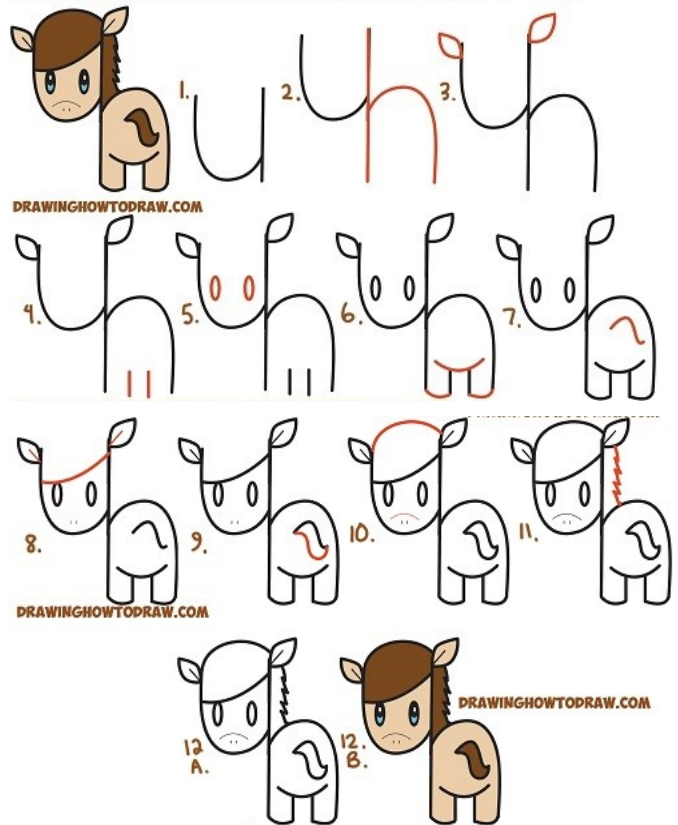
Underground and upside down

What do these words have in common?

Each of these words begins with the letter 'U'.

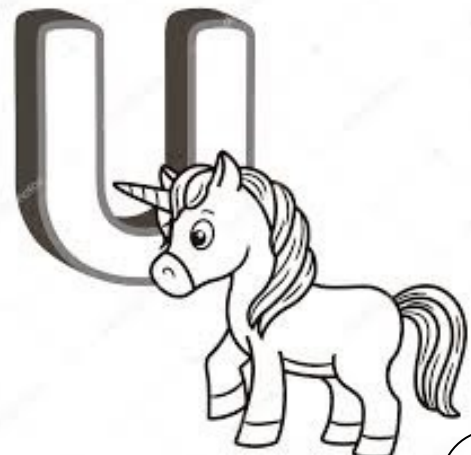
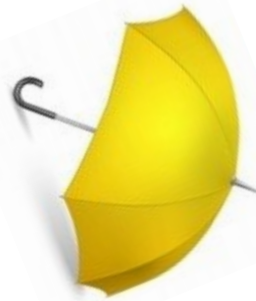
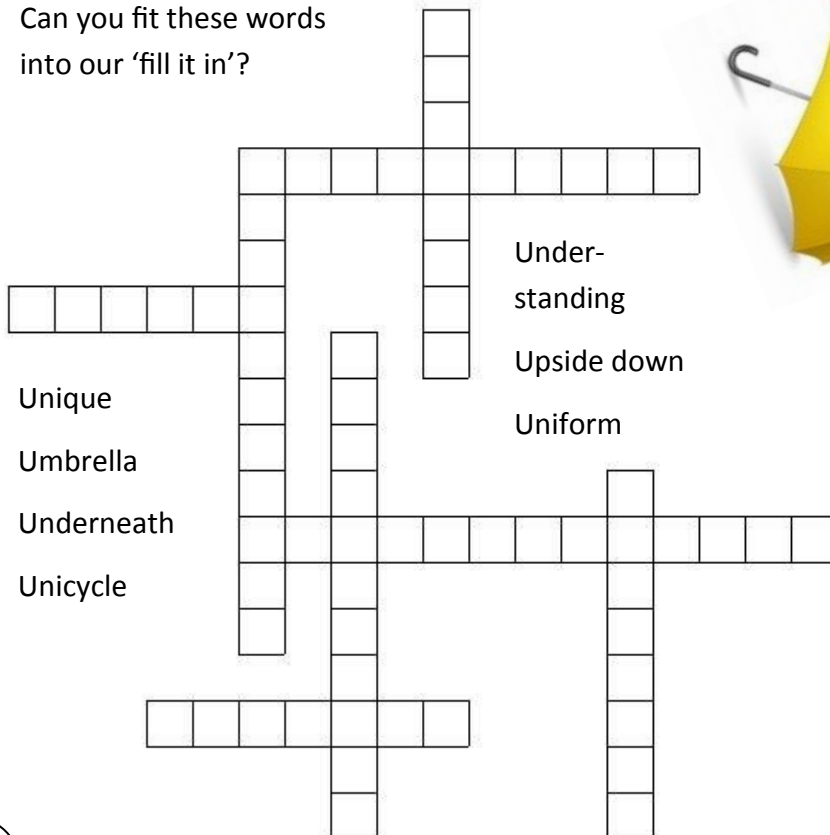


### HOW 2 DRAW CUTE HORSE FROM LETTER 'u' & 'h'



### Unique 'U'

Can you fit these words into our 'fill it in'?



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### Penshurst Memorial Hall

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Contact Tom Cooke for key collection.

Daily charges for Hall hire:

- Supper Room or Kitchen \$50
- Main Hall \$150 · Entire Venue \$250

Conditions apply



### PLACES OF INTEREST IN PENShurst

#### **Volcanoes Discovery Centre**

[www.volcanoesdiscoverycentre.com.au](http://www.volcanoesdiscoverycentre.com.au)

#### **Yatmerone Wildlife Reserve**

Ritchie St Penshurst

#### **Botanic Gardens**

Chesswas St Penshurst

#### **Penshurst Caravan Park**

Cox Street Penshurst

For Bookings phone (03) 5576 5220

#### **24 Hr Fuel**

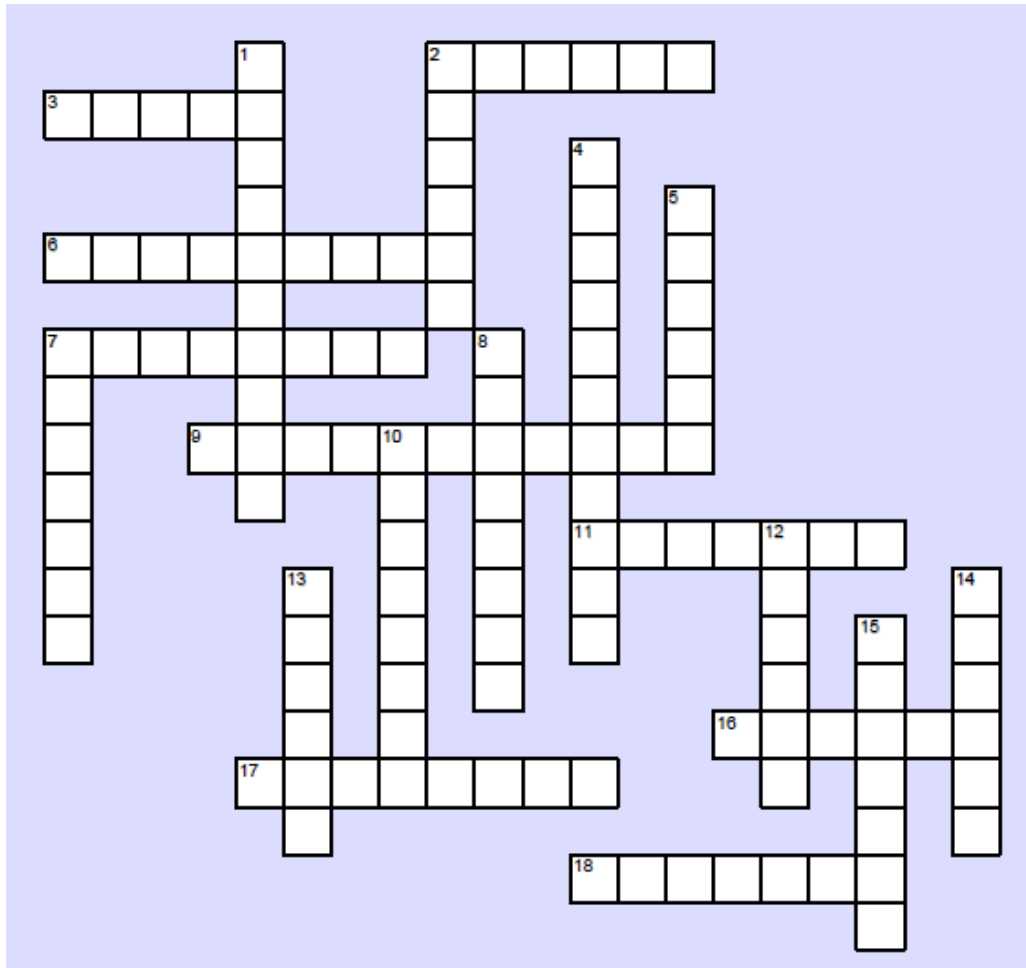
91A Bell Street Penshurst

**The Mount Rouse steps are closed at the present moment due to renovations.**

### Penshurst Church Services

Bethlehem Lutheran Church Tabor  Service every Sunday 10.00am	Penshurst Anglican Church  5pm Mass 3rd Sunday each month  For further details contact Janet Kelly on 5576 5247	St Andrew's Uniting Church Penshurst  2nd & 4th Sunday  11am Service	St Joseph's Catholic Church Penshurst  1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am
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Mt Rouse Puzzler - Just how puzzled can you get



**across:**

- 2: To make something (such as cloth) by crossing threads or other long pieces of material over and under each other.
- 3: small bright quick bird
- 6: nature reserve close to home
- 7: The quality of being physically attractive.
- 9: All the physical things and conditions, such as soil, air, climate, plants, and animals, that surround a living thing.
- 11: A word or phrase made by changing the order of the letters in another word or phrase.
- 16: One of the four periods (spring, summer, autumn, and winter) into which the year is commonly divided.
- 17: Having been used before.
- 18: A period of time when you stay in a place as a traveler or guest.

**down:**

- 1: A small stone that is made to look like a diamond and that is used in jewelry or for decoration.
- 2: Made of wood.
- 4: To put (someone) in prison.
- 5: An area of very dry land that is usually covered with sand and is very hot.
- 7: Heavy material (such as rocks or water) that is put on a ship to make it steady or on a balloon to control its height in the air.
- 8: Country in Asia.
- 10: An herb that has a sweet smell and that is used in cooking and perfumes.
- 12: Filled with or containing something unpleasant or unwanted.
- 13: very wet
- 14: twitch
- 15: a well tossed coin

Last issue's crossword answers

Across - 1. truth, 5. Rounding, 7. Hat, 10. Nothing, 11. Reasoning, 12. Believe, 15. kirk, 16. Description, 17. experience, 18. Dance    Down - 2. thatch, 3. Logic, 4. Elegant, 5. Ramification, 6. Certified, 8. Anniversary, 9. Lamb, 13. Panther, 14. stonewall, 17. Easy.

### MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senor Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email [mtrousenewsletter@gmail.com](mailto:mtrousenewsletter@gmail.com)

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Greater Hamilton Library

## Mobile Library

**Will be visiting Penshurst every Thursday fortnight**

**3.00 - 4.00pm**

**Outside the Hall in Martin St**

**Dates for September are:**

**6th & 20th**

**Phone: 5573 0470**

**[www.sthgrampians.vic.gov.au/library](http://www.sthgrampians.vic.gov.au/library)**

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**GREATER HAMILTON LIBRARY**



## UPDATE ON STEPS AND GATEWAYS

The Mt Rouse steps have been completed and are a huge improvement on what was there. I strongly recommend a visit to admire the quality job and the views of course.



**The new steps on Mt Rouse looking up from the car park**



**The new steps on Mt Rouse looking down from the viewing platform**

While the construction of the new gateways for the botanical gardens have been held up by the many days of rain we are pleased to note that the main gate has been completed and the caravan park entrance is well on the way to completion.



**The gateway at the caravan park entrance to the botanical gardens is well on the way to completion**

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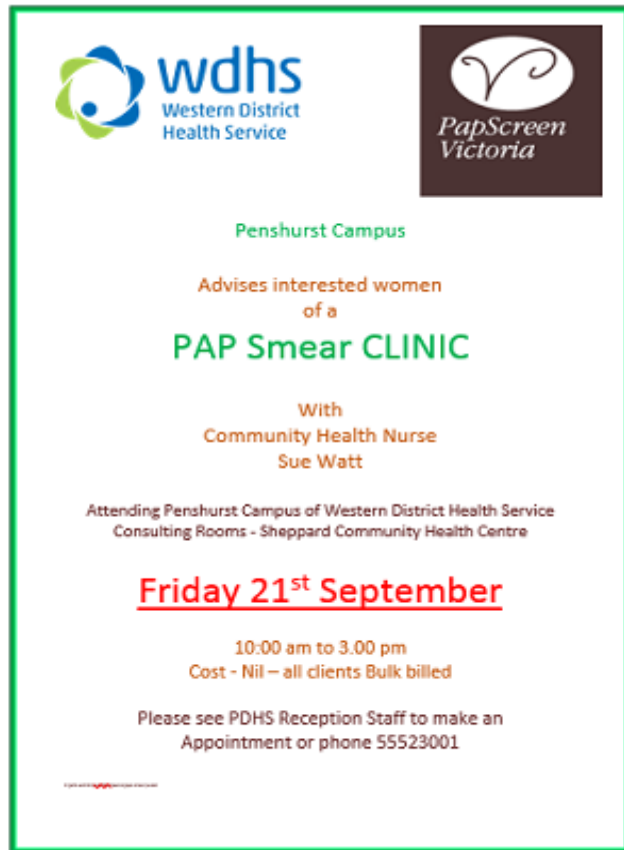
Fantastic fields and some beautiful weather made for a very successful tournament at Grampians Golf Club recently.

We again supported the event, contributing \$350 to assist with the purchase of trophies for a tournament that continues to go from strength to strength.

**Wear It Purple Day**

We were very happy to support 'Wear It Purple Day' recently, showing support for our LGBTQI community.

**Your support is invaluable**Dunkeld & District  
**Community Bank®** Branch



The poster is for a PAP Smear CLINIC at the Penshurst Campus of the Western District Health Service. It features the wdhs logo and the PapScreen Victoria logo. The text indicates that the clinic is for interested women, attended by Community Health Nurse Sue Watt, and is held on Friday 21st September from 10:00 am to 3:00 pm. The cost is nil, and clients are bulk billed. Attendees are advised to see PDHS Reception Staff to make an appointment or call 55523001.

**wdhs**  
Western District  
Health Service

**PapScreen  
Victoria**

**Penshurst Campus**

Advises interested women  
of a  
**PAP Smear CLINIC**

With  
Community Health Nurse  
Sue Watt

Attending Penshurst Campus of Western District Health Service  
Consulting Rooms - Sheppard Community Health Centre

**Friday 21<sup>st</sup> September**

10:00 am to 3:00 pm  
Cost - Nil – all clients Bulk billed

Please see PDHS Reception Staff to make an  
Appointment or phone 55523001



## September Social Support Group

Every Thursday except 3<sup>rd</sup> Thursday of each  
month at the SHEPPARD CENTRE

### START STAYING STRONGER EXERCISE CLASS

10am – 11am..... *followed by.....*

**SOCIAL GATHERING** a variety of activities,  
outings & lunch – all welcome

Monthly program available at  
Sheppard Centre

### 19<sup>TH</sup> SEPTEMBER: COMMUNITY OUTING TO

HALLS GAP FOR BBQ LUNCH

Meet at PDHS Carpark:

Leaving: 10am Arrive home: 3pm

Bookings essential, by Tuesday of each week

Phone Social Support Group

55518381 / 0417017728

“All progress is precarious, and the solution of one problem brings us face to face  
with another problem. “ **Martin Luther King**

## Riddles

1. The more you take, the more you leave behind. What am I?
2. What has many keys, but can't even open a single door ?
3. There is an ancient invention still used in some parts of the world today that allows people to see through walls. What is it ?
4. What travels around the world but stays in one spot ?
5. If you have me, you want to share me. If you share me, you haven't got me. What am I ?
6. No sooner spoken than broken. What is it ?
7. No matter how smart you are, there is one thing you will always overlook. What is it ?

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<http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html>



## TAIL END TALES

**Penshurst Community Focus on Rare Migratory Bird**

The wetlands and paddocks around and within Penshurst have become a focal study area for the Latham's (Japanese) Snipe, which visits south west Victoria from late Spring and through summer months flies from Siberia and Japan every year.

Friends of Penshurst's Yatmerone Wetland Reserve aim to map the sightings of this fascinating bird in and around Penshurst as part of an international survey.

"The Snipe is part of the natural story around Penshurst since European settlement and before", according to local farmer Phil Doherty. "Many people would remember eating the Snipe just like quail, but Snipe were then protected as numbers plummeted in Japan and Australia. We have the wet paddocks that provide sanctuary and habitat for these birds and our region is critical to its survival as a species. We already have a good understanding of the main areas this bird visits



around Penshurst but we intend to map this for the international survey", says Yatmerone Friends President Dave Munro. "Mapping these areas can only help their survival and human appreciation of their amazing survival as a species". The survey conducted by local volunteers aims to contribute information to the Latham's Snipe Project and improve understanding of Snipe migration and habitat.

Yatmerone Reserve, is a 13 hectare spring-fed wetland and known habitat for this endangered species. The wetland has been protected for ten years by a Friends community group that has been actively involved in re-establishing and promoting its environmental values. "The wetlands are home to many rare plants, birds and water invertebrates. Recovered from degraded land they now support a huge range of different species that highlight the health and diversity of the local ecology", says Mr Munro.

The Friends Group plans to celebrate its achievements over ten years later this year. The activities will be designed to inform and engage visitors and show what can be achieved in protecting and enhancing the health of the environment in which we all live.

For more information about the Latham's Snipe Project go to:

SWIFFT website: [https://www.swifft.net.au/cb\\_pages/team\\_lathams\\_snipe\\_project.php](https://www.swifft.net.au/cb_pages/team_lathams_snipe_project.php)

Count dates for the Latham's Snipe survey are: **Saturdays 21 Sept & 16 Nov 2019 and Jan 18 2020.**