

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

PONY CLUB BUILDING TO BE RESTUMPED

The Committee of Management Racecourse Reserve were successful in gaining a Grant from the Southern Grampians Shire Council to assist with the restumping of the building used by the Pony Club.

They would like to thank Jenni Kinnealy for completing the application form and chasing up relevant documentation required. Thanks also to Brendan Kelly (Race Club) and Dan Tehan (Member for Wannon) for supplying Letters of Support for this project.



The Pony Club building in the racecourse reserve

The committee anticipate the works to be completed by end of January.

Penshurst Community Market

Penshurst has three Markets each year. The first is in March, the second is just around the corner, on Saturday **5th October**, and the last is the Christmas Market, which will be on Friday 13th December. There have been some changes in management of the Markets since Nanette & Pat Stanes retired after the March market. It has returned to the Progress Association. Some things have not changed. It is still open from **10.00am - 2.00pm** and will have a variety of different items for sale, including crafts, knitwear, bric-a-brac, relishes & pickles, Scentsy, bookbinding, jewellery, Mary Kay products, photos and plants, to name a few. The Penshurst Hospital Auxiliary ladies will be providing their morning teas. There will also be a variety of raffles and lucky door prizes.

There are still some places available if you would like to be a stallholder, otherwise, drop in and visit. Entry is a gold coin. Contact Ama for more information. 0402 870 738



Penshurst Store

Due to family commitments

**The PENSHURST STORE,
Café and Bakery**

Will be closed on

**Friday 27th September and
Saturday 28th September**

We apologise for any inconvenience

We will reopen bright and early on Sunday 29th

DEADLINE FOR SUBMISSIONS - 5th October 2019

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

N E W S L E T T E R F R E E E V E R Y F O R T N I G H T

Also available in colour online at

[http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

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Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Vice President – Tom Cooke

Nigel Pyne

Treasurer – Marjorie Dalla Costa

Don Adamson

Next Meeting: Wednesday 28th August, 7.30pm in the Supper Room, Penshurst Hall.

Rolling up to Christmas

It's only September and already the Christmas Puddings have appeared in the supermarkets. Next thing we'll see is Easter Eggs and Hot Cross Buns, although they are not called that anymore.

It would be nice not to have to be considering the new year until after we finish with the market on the 5th October, but since there's so much going on before then, I think I'll just keep doing it all one step at a time.

You will note, on this page, that its time to nominate our 'unsung heroes', both in the Shire, and particularly here in Penshurst. On Australia Day we recognise a person chosen by our residents who show they care about our community through the gift of their time, resources and activities. Who will you nominate? The forms, for us, will be available in early November. We also have the Christmas Lights display competition and the Christmas Market, but before that we have the Listening Post on the 2nd October.

The Agenda for the Progress Association meeting tonight will include a glimpse of all of these things as we hop on the slow train that gathers momentum until the end of the year. We have to consider who we would like to have as our guest speaker? Do you have a person you would like to suggest?

Ama Cooke

Australia Day Awards

**Nominate an unsung hero for
Southern Grampians Shire Council's
Australia Day Awards!**

Who do you know who deserves recognition for their contribution to our community or a wonderful event they've ran?

Categories:

Citizen of the Year

Young Citizen of the Year (under 25's)

Community Event of the Year

Community Recognition Award

Nominate online at

www.sthgrampians.vic.gov.au/australiaday,
or pick up a form from Council offices or
Visitor Information Centres.

Submit your form online, email to
AusDay@sthgrampians.vic.gov.au
or deliver in hard copy by Nov 8.

The Council is asking us to complete a quick online survey for the Swimming Pool Policy Review. If you are interested, and don't have computer access, I'll supply a printed version. It's important that we participate in these surveys so that we don't lose our amenities such as the pool. Ring me. 0402 870 738

<https://www.surveymonkey.com/r/RLSC2J9>

SOUTHERN GRAMPIANS
SHIRE COUNCIL

LISTENING POSTS



Council's listening posts provide an opportunity to speak with elected Councilors and senior staff on a variety of matters.

Come and see us at:

PENSHURST

Botanic Gardens

Wednesday 2 October, 5pm - 7pm



Members of public are welcome to bring any items
for discussion to a casual drop-in environment.



This is your chance to speak directly to the Council and other members of staff on the Southern Grampians Council. Bring your questions and issues to the meeting. If the weather is wet there will be a marquee, so don't let the weather put your off.

LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at : mtrousenewsletter@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

Caramut and District Garden Club

Stinging Nettles: I can hear you saying, "What is there to write about such awful weeds?" They sting like crazy when you brush against them and often cause red spots to appear. It is actually the hairs on the leaves or stems which act like hypodermic needles which inject the chemicals which produce the stinging sensation. They grow from seed or can be grown by cuttings. Stinging Nettles have a long history of use as a source of traditional medicine, food, tea and textile raw materials.



If you have stinging nettles growing in your garden, it is a sign of high fertility. Where the nettles grow in abundance under apple trees, the apples taste the best. The nettles are a wonderful additive to the compost where they speed up the decomposition process. Because they are deep rooted, they bring up nutrients from the soil which benefit the plants you wish to grow. They can also be harvested (I would suggest before they seed) and used as a mulch in the vegie garden as they will provide nitrogen and potassium for the vegies. They can also be used to make a weed tea from them. Soak the plants in a bucket of water for a week or more. The brew can be used for the compost or diluted to the colour of weak tea to use on the garden. Plants will love it.



November 12th, the Garden Club will be having a bus trip to Portland to visit 3 gardens. Cost is \$20 for members and **visitors are most welcome** - \$30.

Our next meeting is at the Caramut Recreation Ground at 10 am. Our guest will be demonstrating the making of a "Wall garden." The special bloom for the month is a Dutch Iris.

Visitors are always welcome.

Just for Fun

A proud and confident genius makes a bet with an idiot.

The genius says, "Hey idiot, every question I ask you that you don't know the answer, you have to give me \$5. And if you ask me a question and I can't answer yours I will give you \$5,000."

The idiot says, "Okay." The genius then asks,

"How many continents are there in the world?" The idiot doesn't know and hands over the \$5. The idiot says,

"Now me ask: what animal stands with two legs but sleeps with three?" The genius tries and searches very hard for the answer but gives up and hands over the \$5000.

The genius says, "Dang it, I lost. By the way, what was the answer to your question?" The idiot hands over \$5.

Goldalea

POLL MERINO STUD

"Modern Poll Merinos"

On Property Helmsman Sale

Held by Ruralco-Wiss Rodwells

Monday 7th October 2019

Inspections from 10:30am Sale starting 12:30pm

40 Poll Merino Rams

Bred for wool growth, carcass, mothering ability and ease of management.

3% to outside agents and sheep classers

WISS Representative: Damien Meagher 0408 504 125

Contact: Russell Gordon 0488 943 314, 03 55749 222

Trevor Gordon 0409 749 236, 03 55749 236

279 H. Hays Road, Karabeal, Vic 3294

Be sure to keep an eye on our Facebook page in the coming weeks for updates on our sale team



Greater Hamilton Library School Holiday Program



105 Brown Street, Hamilton
Email: library@sthgramplans.vic.gov.au
Phone: 5573 0470

KIDS FIRE SAFETY DAY



Tuesday 24th September
Library @ 10.30 am - 11.30 am

A fun hour of games, storytime and craft activities for pre-school and primary school aged children.

This is a **FREE** event hosted by the CFA.



Tickets for this show available only at the PAC.

Movie/Craft

Wednesday 25th September

@ 1.15pm

CINEMA FOYER



Create your own Angry Bird in celebration of the new Angry Birds Movie 2!

FOLLOWED BY A SPECIAL SHOWING OF THE MOVIE

@ 2.00 PM

CINEMA



Rated PG - 1 hr 36 mins

Cost: \$8.50 per person

Tickets only available from the Library and must be purchased by 5.30pm on Tuesday 24th September.

Goody Woody Bookends

Monday 30th September

Library @ 10.30 am

Get involved in this exciting woodwork project. Create your own special wooden bookends to display proudly on your bookshelves.



This fun craft is for children aged 8 +

Cost: \$ 5.00 per person

Limited places. Bookings are essential and are not confirmed until payment is received. Purchase tickets at the Library.

Spring Pots

Wednesday 2nd October

Library @ 2.00pm

As the warmer weather approaches lets celebrate by creating a beautiful spring pot designed and planted by you.



Cost: \$5.00 per person

Limited places. Bookings are essential and are not confirmed until payment is received. Purchase tickets at the Library.

WESTERN DISTRICT HEALTH SERVICE

Penshurst Campus

The Chairperson and Members
Of the Advisory Committee
Cordially invite

Penshurst Community Members

To attend the
❧ 2019 Year in Review ❧

To be held at the
Sheppard Community Health Centre,
146 Cobb Street, Penshurst, Vic 3289

On Tuesday 8th October, 2019
Commencing at 7:00 pm

~ Guest Speaker ~

Mr David O'Brien
Barrister of the Supreme Court of Victoria

Catherine Loria
Director of Nursing/Manager-Penshurst Campus
Penshurst Campus WDHS
Telephone: 555 23001
RSVP: 1st October, 2019 for catering purposes



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Sunday

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Check our board for weekly specials!

Opening hours

Monday 6 am - 7 pm Tuesday 6 am - 5 pm

Wednesday & Thursday 6 am - 7 pm

Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm

Please phone late orders 15 minutes prior to closing, thank you.

Friends of
Yatmerone
Wildlife Reserve

10th Anniversary Seminar and Field Walk

Saturday 12th October

PENSHURST HALL

9.30am - 2.30pm

Dr Rod Bird: Overview of District Wetlands

**Ben Church, Aboriginal Water Officer, Gunditj Mirring Traditional Owners
Aboriginal Corporation: Wetland Restoration of Indigenous Protected Areas**

**Key Note Speaker Dr Birgita Hansen, Federation University:
Latham's Snipe Project**

**Field walk at Yatmerone Wildlife Reserve (weather permitting)
led by Dr Lachlan Farrington, Nature Glenelg Trust:
Wetland restoration and the importance of refuges**

Morning tea on arrival and Lunch provided
Dress for weather conditions and nature walk

RSVP essential by October 4
Email: brennos3@bigpond.com
Mobile: 0488 924 944

This event is supported by:





PENSHURST MENS SHED

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"To a philosopher all news, as it is called, is gossip, and they who edit it and read it
are old women over their tea." **Henry David Thoreau**

A PAGE TO SHARE RECIPES

The following recipe is tasty and fresh for Spring

Herb Crusted Pork Cutlets with Veggie Medley

Serves 4

Prep: 20 Mins (plus 10 mins chilling) Cooking 15 mins

INGREDIENTS**HERB CRUSTED CUTLETS**

40 g (¼ cup) plain flour
4 pork cutlets, trimmed and battered out to 1 cm thickness
2 eggs, beaten
3 cups breadcrumbs
2 tablespoons chopped rosemary
20 g (1 tablespoon) Spreadable Soft butter
60 ml (¼ cup) vegetable oil

VEGGIE MEDLEY

60 g (about ¼ cup) Spreadable Soft Butter
2 garlic cloves, crushed
1 large zucchini, halved and thinly sliced
2 bunches broccolini, trimmed
1 x 200 g punnet cherry or grape tomatoes

METHOD**HERB CRUSTED CUTLETS**

Step 1 Place the flour in a large shallow bowl. Season with salt and pepper. Place the beaten egg in another shallow bowl and the crumbs with rosemary in a third shallow bowl

Step 2 Press the cutlets in the seasoned flour, dip in the egg wash and press into the rosemary crumbs to completely coat. Transfer coated cutlets to a plate or small tray lined with baking paper. Place in the fridge for 10-15 minutes, if time permits (this helps the crumb to stick to the cutlets while cooking).

Step 3 Preheat the oven to 180°C/200°C fan forced. Heat the Spreadable and oil in a large ovenproof frying pan or flameproof baking tray over medium to high heat. Add the cutlets and shallow-fry for 2 minutes each side or until golden brown. Transfer to a plate lined with paper towel and keep warm.

VEGGIE MEDLEY

Heat the extra spreadable with the garlic in the same cleaned pan or tray over medium heat. Add the zucchini, broccolini and tomatoes. Season to taste. Return the cutlets to the pan or tray, then transfer to the oven and cook for about 10 minutes or until cutlets are cooked through and vegetables are golden.





Mandy's Hair Design

Opening days
Tuesday &
Thursday
and now

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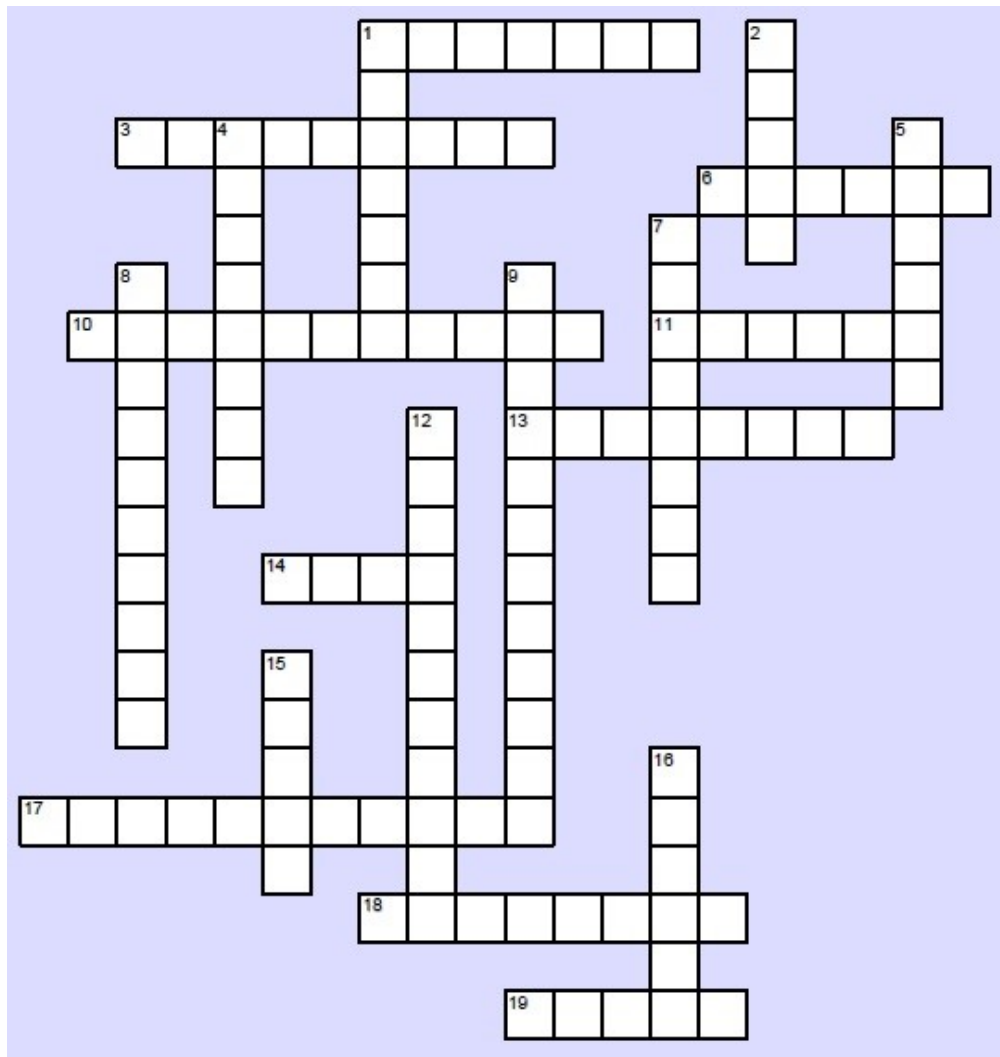
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The planting of trees in the least self-centred of all that we can do. It is a purer act of faith than the procreation of children. — **Thornton Wilder**

Mt Rouse Puzzler - Just how puzzled can you get



Last Issues Answers - Across - 2 weaver, 3 finch, 6 yatmerone, 7 beauties, 9 environment, 11 anagram, 16 season, 17 recycled, 18 sojourn Down - 1 rhinestone, 2 wooden, 4 incarcerate, 5 desert, 7 ballast, 8 mongolia, 10 rosemary, 12 ridden, 13 sodden, 14 finch, 15 wishing

across:

- 1: A person who is in an army and wears its uniform, esp. someone who fights when there is a war.
 3: A large, hairy bee.
 6: A poor person who lives by asking others for money or food.
 10: ancient pictorial language
 11: A fortified structure built in Europe and the Middle East during the Middle Ages.
 13: To continue to produce a loud, clear, deep sound for a long time.
 14: A piece of equipment that is used to cause liquid, air, or gas to move from one place to another.
 17: A way of thinking about and understanding something (such as a particular issue or life in general).
 18: To form a circle around (someone or something).
 19: A kind of performance in which actors sing all or most of the words of a play with music performed by an orchestra.

down:

- 1: Not ordinary or usual.
 2: A person who steals.
 4: The power or process of remembering what has been learned.
 5: A tropical American tree.
 7: A queen and state
 8: An amount of something, often expressed as a number out of 100.
 9: A main road.
 12: Something that makes someone want to do something or that gives someone an idea about what to do or create.
 15: A device that produces a narrow and powerful beam of light that has many special uses in medicine, industry, etc.
 16: A person who works on a ship, especially one who is not an officer.

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or Email penshurstmemorialhall@gmail.com.

Contact Tom Cooke for key collection.

Daily charges for Hall hire:

- Supper Room or Kitchen \$50
- Main Hall \$150 · Entire Venue \$250

Conditions apply

**Editor's Note:**

In the letter to the Editor in the last newsletter it was mentioned that Kelly's was the only business with a disability compliant doorway; it has been brought to our attention that the Penshurst Store's doorway is also wheelchair friendly.

PLACES OF INTEREST IN PENShurst**Volcanoes Discovery Centre**

www.volcanoesdiscoverycentre.com.au

Yatmerone Wildlife Reserve

Ritchie Street, Penshurst

Botanic Gardens

Chesswas Street, Penshurst

Penshurst Caravan Park

Cox Street Penshurst

For Bookings phone (03) 5576 5220

24 Hr Fuel

91A Bell Street Penshurst

Mount Rouse Lookout

Waller Road, Penshurst

Penshurst Church Services

Bethlehem Lutheran Church Tabor Service every Sunday 10.00am	Penshurst Anglican Church 5pm Mass 3rd Sunday each month For further details contact Janet Kelly on 5576 5247	St Andrew's Uniting Church Penshurst 2nd & 4th Sunday 11am Service	St Joseph's Catholic Church Penshurst 1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am
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A PAGE FOR THE CHILDREN

Diving, climbing, growing, flying with the letter V

In this numberless Crossword every word starts with the letter "V". Can you work out the word and put it into its correct place.

Answers in the next issue.

Across:

House cleaning tool or hard space (6 letters)

The ability to see (6 letters)

A substance in the form of a gas or that consists of very small drops or particles mixed with air (7 letters)

Too proud of your appearance, abilities or achievements (4 letters)

Down:

The amount something is worth (5 letters)

Norse soldier (6 letters)

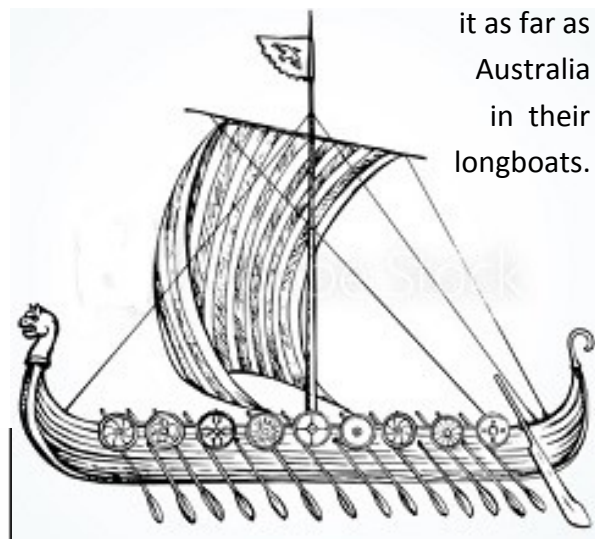
Clear bright & detailed (5 letters)

To move back & forth or from side to side with very short quick movements (7 letters)

To disappear entirely without a clear explanation (6 letters)

To make an official choice for or against something or someone (4 letters)

"V" is for Viper. With the summer coming its best to stay away from the snakes.



"V" is for the hopping lemur, Verreaux's Sifaka

Verreaux's sifaka (*Propithecus verreauxi*), or the **white sifaka**, is a medium-sized primate in one of the lemur families, the Indriidae. It lives in Madagascar and can be found in a variety of habitats from rainforest to western Madagascar dry deciduous forests and dry and spiny forests. Its fur is thick and silky and generally white with brown on the sides, top of the head, and on the arms. Like all sifakas, it has a long tail that it uses as a balance when leaping from tree to tree. However, its body is so highly adapted to an arboreal existence, on the ground its only means of locomotion is hopping. The species lives in small troops which forage for food.



MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senor Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email mtrousenewsletter@gmail.com

“Back in the old days, when I was a child, we sat around the family table at dinner time and exchanged our daily experiences. It wasn't very organized, but everyone was recognized and all the news that had to be told was told by each family member. We listened to each other and the interest was not put on; it was real. “ **Bob Keeshan**



Does anyone recognise this object? We found it online when roaming around looking for stories about Penshurst to share. We are told it can be found at the Burger Museum here and the Hamilton Pastoral Museum.
The answer next issue.



Greater Hamilton Library

Mobile Library

**Will be visiting Penshurst
every Thursday fortnight**

3.00 - 4.00pm

Outside the Hall in Martin St

Dates for October are:

3rd, 17th & 31st

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“Fairy tales can come true, it can happen to you if you're young at heart. “ **Carolyn Leigh**

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Riddles

1. What has a neck with no head, two arms and no hands?
2. What English word retains the same pronunciation, even after you take away four of its five letters?
3. Which of the following words don't belong in the group and why? CORSET, COSTER, SECTOR, ESCORT, COURTS?
4. What is it that given one, you'll have either two or none?
5. The answer I give is yes, but what I mean is no. What was the question?
6. What is faster hot or cold?
7. What bird is always out of breath?

“Healing begins where the wound was made. “— **Alice Walker**

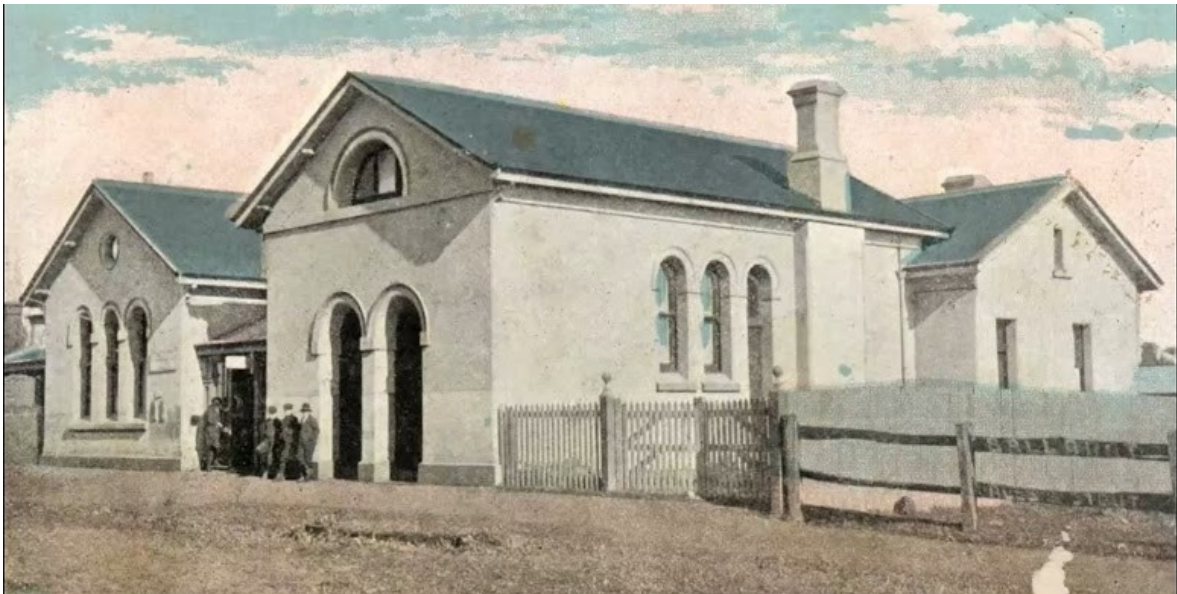
TAIL END TALES

The Penshurst Courthouse - Recent History**Source: Mt Rouse and District Historical Society**

The courthouse served the town for almost 100 years, the last case being heard in 1970. From the early 1970's the building was used informally by the Historical society. The courthouse contains the original 'court' furniture. The magistrate's room and the clerk's room are now used as research rooms for the use of members and the general public. The original decision of the relevant authorities was to strip the courthouse of its furnishings. The Society's members at the time, hearing of this plan, blockaded the courthouse and refused to let the workman enter and remove these historically valuable furnishings. The members won out in the end and we now have one of the few fully furnished courthouses in Victoria.

In 2007 the Department of Sustainability and Environment formally handed over the building to the Historical Society as trustees of this heritage listed building. It is now the official home of the Historical Society. The Society collects, catalogues, files and maintains historical records, maps and photographs and makes them available for public access. With the assistance of various grants the interior of the building has been painted and other maintenance work carried out to assist in the preservation of the building. In 2008 the Victorian Police Department donated the old police lock up to the Historical Society and it was moved from its old location, behind the police residence to its new home at the rear of the courthouse.

The Historical Society is open the 1st Saturday of every month. For more information contact them here: <https://sites.google.com/view/mtrousehistorycentre/home>



Answers to Riddles: 1. a shirt, 2. Queue 3. Courts, all the others are anagrams of each other, 4. a choice, 5. do you mind?, 6. hot as it is easy to catch a cold, 7. a Puffin.