

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

Listening Post - SGSC Serving the Penshurst Community



SGSC's Lachie Patterson

Over 30 people attended the Southern Grampian Shire Council's Penshurst Listening Post event on Wednesday 2nd October in our Botanic Gardens. While the weather was cool and windy, the food was good, and the conversations ranged far and wide. Many complaints and suggestions were documented by the Council as they listened to what is important to those of us who attended. We have been promised feedback on the issues, which we'll be following up. Thank you SGSC, we look forward to hearing from you.



Rick Jacobs & SGSC's Albert Calvano



Left: SGSC's Kathy Armstrong & Don Adamson

Right: SGSC's Chris Sharples & John Brennan



2 October 2019: Another successful visit by the Penshurst Men's Shed. On this occasion John Niddrie and Alexander Rogerson came to the Shed with Beth Howlett, to talk, look around and enjoy one of Nigel Pyne's sausage sizzles. Also pictured is Mary Stewart, our Social Secretary. Photographer: Tom Cooke.

DEADLINE FOR SUBMISSIONS - 19th October 2019

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Mark Dalla Costa

N E W S L E T T E R F R E E E V E R Y F O R T N I G H T

Also available in colour online at

[http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

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Penshurst Community Market

This was the first market since the Progress Association took over the running from Pat & Nanette Stanes from Hamilton. First we'd like to thank all the stallholders who participated the Market, in the face of some stiff opposition from Hamilton Uniting Church Market and Coleraine's Australian Pedal Car Derby. We had over seventy visitors who appreciated the variety of products on offer. Next we'd like to thank our Sponsors, Lindy Harman - Mary Kay Cosmetics and Josh & Tracey Hewlett - Penshurst Newsagent & Takeaway. Our raffle and Lucky Door prizes were very popular. And lastly, I'd like to thank our helpers, Elisabeth Siecker and Mary Stewart, who made running the whole event very much easier.

The Penshurst Hospital Ladies Auxiliary raised over \$100 through their lovely morning tea.



Our Community Ambulance officers were very serious on the day. They answered questions from young and old and gave practical demonstrations of their equipment. They obviously enjoyed introducing many children (young and young at heart) to the ambulance vehicle. The kids, and some of us grownups also benefited from blow up helicopters



Cheryl Kelly had a wide range of collectables and books



And then we have the familiar faces - Kellie Watson 'Little Star Face painting'.

LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at : mtrousenewsletter@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.



**SOUTHERN
GRAMPIANS SHIRE
COUNCIL**

YEAR IN REVIEW 2018/19

**Wednesday 30 October
6.00PM**

Hamilton Gallery, 107 Brown Street,
Hamilton

Refreshments will be served.

Please RSVP by Friday 25 October 2019
email: council@sthgrampians.vic.gov.au
Telephone: (03) 5573 0444



“Democracy isn't perfect, I just don't know a better system. “

Winston Churchill

Penshurst Community Market - some of the stallholders



Porscha specialises in waxed and organic items.



Tom Cooke and Pat Stanes having a discussion. Pat was hiding behind the pictures. He's on the left looking very relaxed.



Jenna Gore (below) brought her book-binding, and creating, skills to the market. She also specialises in embroidery. She is happy to share her skills in workshops.



Above: Dianne Bryant and her husband fundraising for "Movember" through sales of their handmade sauces, relishes and cakes.



Other Stall holders included Peter Batten with his wonderful selection of plants; Robert Burnett with the coffee van; Mac Dalla Costa with Body Shop products; Evol with clothes and bags; Janice Hauser with the Scentsy products; Ree with her temporary tattoos; Helen Powell with handcrafts; Dave & Nic with jams & relishes and the Penshurst Store with a great supply of donuts and finger buns.

Raffle Winners: 1st Prize. D. Bryant - Hamilton. 2nd Prize. (see note) Lucky Door Prizes. M. Dalla Costa - Penshurst, C. Brown - Caramut, M. Eales - Penshurst, (see note) (Note: When our resident ghost returns the book with the other 2 names in it, I'll add them.) Ama



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CATERING



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Wednesday - Friday 7:30 am to 5:00 pm

Saturday 7:30 am to 4:00 pm

Sunday 8:00 am to 4:00 pm



Basketball Hoop

above - We are pleased to note the basketball hoop in the tennis court has now had the correct throw lines painted for it.

Below - **Mt Rouse Views** Spring time is here and the Canola is coming into bloom. Now is a great time to climb the new steps on Mt Rouse and enjoy the carpet of yellow. Council has promised us an Opening Ceremony in the near future.



Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Vice President – Tom Cooke

Nigel Pyne

Treasurer – Marjorie Dalla Costa

Don Adamson

Next Meeting: Wednesday 23rd October, 7.30pm in the Supper Room, Penshurst Hall.

The End of an Era

The Progress Association has decided that we no longer need to lease the Infant Welfare Building from the Council and so are offering to any group in Penshurst who would like to take it over and put it to some good use. At present we do not pay rent or electricity costs, but the Council does request contents insurance on the building.

Is there a group that would like to take the building over before we give it back to the Council? You are welcome to inspect if you have not already been inside during its long lifetime of service to the community. Ring me to make a time, 0402 870 738.

In the swim this summer

One of the subjects that came up at the Listening Post is the need for Life Guards at the Penshurst Pool. We have been advised that, if we would like the pool to be open more than the allocated 4 hours a day, 3pm - 7pm, residents in town could volunteer as Life Guards. The Council pays for their training and a good hourly rate when on duty. Is there anyone out there who would like to help open our pool at more useful hours, say, first thing in the morning twice a week, which might include an aqua exercise class, and longer in the evening? Contact the Council.

Ama Cooke

Australia Day Awards

**Nominate an unsung hero for
Southern Grampians Shire Council's
Australia Day Awards!**

Who do you know who deserves recognition for their contribution to our community or a wonderful event they've ran?

Categories:

Citizen of the Year

Young Citizen of the Year (under 25's)

Community Event of the Year

Community Recognition Award

Nominate online at

www.sthgrampians.vic.gov.au/australiaday,

or pick up a form from Council offices or

Visitor Information Centres.

Submit your form online, email to

AusDay@sthgrampians.vic.gov.au

or deliver in hard copy by Nov 8.

NOMINATION FORMS are at the Takeaway

Talking about the Pool - The Council is asking us to complete a quick online survey for the Swimming Pool Policy Review. If you are interested, and don't have computer access, I'll supply a printed version. It's important that we participate in these surveys so that we don't lose our amenities such as the pool. Ring me.

0402 870 738

<https://www.surveymonkey.com/r/RLSC2J9>

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Check our board for weekly specials!

Opening hours

Monday 6 am - 7 pm Tuesday 6 am - 5 pm

Wednesday & Thursday 6 am - 7 pm

Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm

Please phone late orders 15 minutes prior to closing, thank you.

Friends of
Yatmerone
Wildlife Reserve

10th Anniversary Seminar and Field Walk

Saturday 12th October

PENSHURST HALL

9.30am - 2.30pm

Dr Rod Bird: Overview of District Wetlands

**Ben Church, Aboriginal Water Officer, Gunditj Mirring Traditional Owners
Aboriginal Corporation: Wetland Restoration of Indigenous Protected Areas**

**Key Note Speaker Dr Birgita Hansen, Federation University:
Latham's Snipe Project**

**Field walk at Yatmerone Wildlife Reserve (weather permitting)
led by Dr Lachlan Farrington, Nature Glenelg Trust:
Wetland restoration and the importance of refuges**

Morning tea on arrival and Lunch provided
Dress for weather conditions and nature walk

RSVP essential by October 4
Email: brennos3@bigpond.com
Mobile: 0488 924 944

This event is supported by:





PENSHURST MENS SHED

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"I have received no more than one or two letters in my life that were worth the postage." **Henry David Thoreau**

A PAGE TO SHARE RECIPES

The following recipe is healthy for Spring

Low-carb Chicken Parmigiana

Serves 4

INGREDIENTS

3 tbs extra-virgin olive oil	100g fresh mozzarella cheese, thinly sliced
1 small eggplant, cut into 8 x 1cm-thick rounds	¼ cup fresh basil leaves
4 x 125g chicken thigh fillets	1 tbs lightly toasted pine nuts
250g cherry tomatoes, halved	Mixed salad leaves, to serve
175g Tomato & Basil Pasta Sauce	

METHOD

Step 1 Heat 1 tablespoon of oil in a large non-stick frying pan over high heat. Cook eggplant slices in two batches for 2 minutes each side or until golden, adding another 1 tbsp oil for the second batch. Transfer to a plate and set aside.

Step 2 Return same pan to medium-high heat. Add remaining oil and chicken and cook for 3-4 minutes each side or until golden and almost cooked through. Transfer to a plate and set aside. Add tomatoes to pan and cook, stirring, for 2 minutes or until softened. Add Tomato & Basil Pasta Sauce to pan and simmer for 2-3 minutes or until thick.

Step 3 Preheat grill on high. Return chicken to pan. Top each piece of chicken with 2 eggplant slices and some cheese. Simmer for 2-3 minutes, then place under pre-heated grill until cheese is melted and bubbling.

Scatter with the toasted pine nuts and serve topped with basil leaves and a mixed salad.

Perfect for anyone on a high protein diet



To the members of the Caramut Garden Club for their donations towards the cost of publishing the newsletter - and to the gentlemen of the Council Depot at Penshurst - the paddock at the primary school has been levelled to assist in the preparation required for a Community Garden. Penshurst Mens Shed Inc.



Mandy's Hair Design

Opening days

Tuesday &
Thursday
and now

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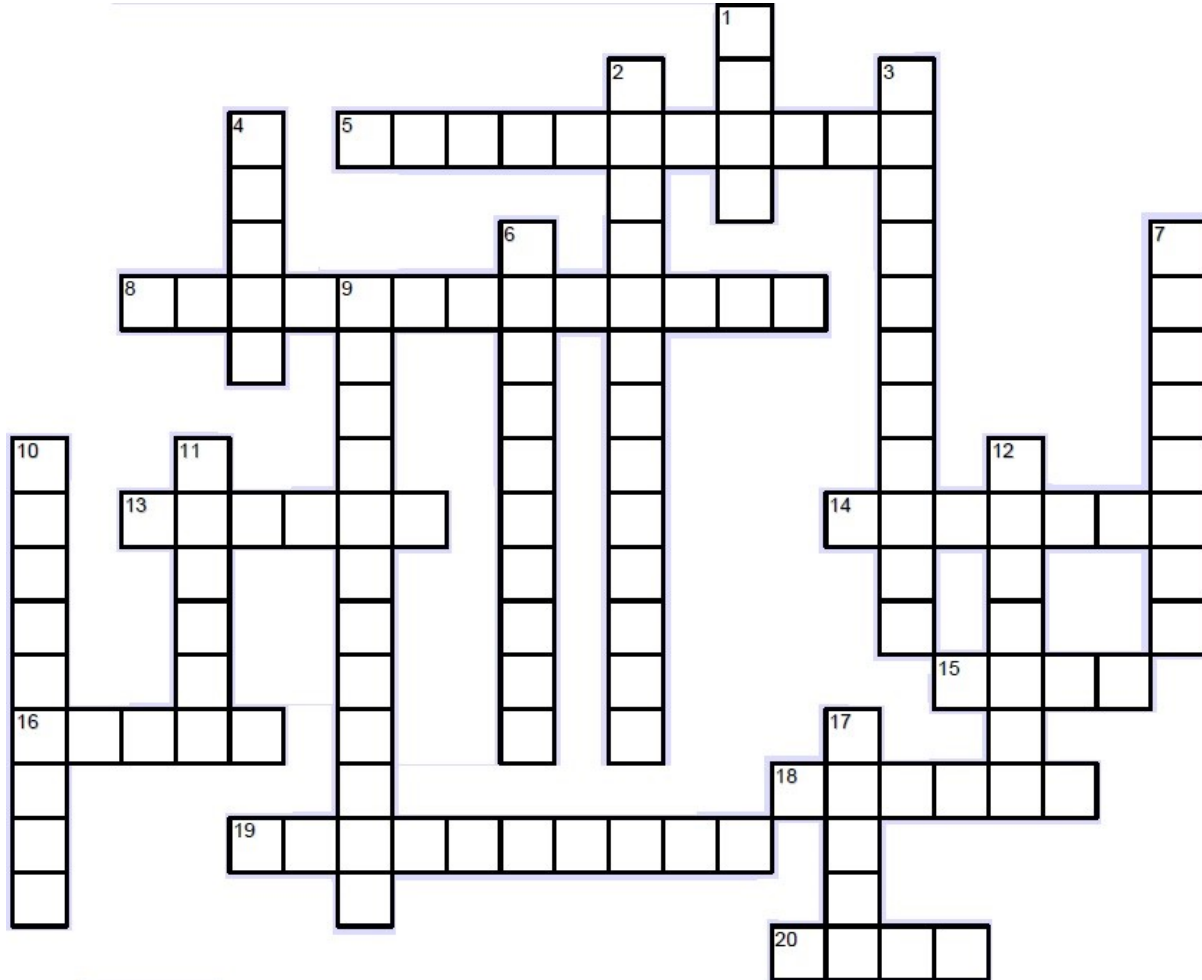
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"Forget not that the earth delights to feel
your bare feet and the winds long to play
with your hair." — **Kahlil Gibran**

Mt Rouse Puzzler - Just how puzzled can you get



Across:

- 5: Very pretty or charming.
 8: The act of thinking about something carefully.
 13: Knowledge that is gained by having many experiences in life.
 14: A legal document giving official permission to do something.
 15: A large amount or to a large degree.
 16: A piece of paper, cloth, or similar material that is attached to something to identify or describe it.
 18: food for cattle and other livestock
 19: Carefully considering things.
 20: found in old churches

Down:

- 1: Not hard to do.
 2: the search for, and study of, animals whose existence or survival is disputed, eg Loch Ness
 3: A statement that tells you how something or someone looks, sounds, etc.
 4: In or through (a group of people or things).
 6: A branch of mathematics that deals with numbers and their addition, subtraction etc.
 7: Staying beautiful or fashionable as time passes.
 9: The act of making a person known to others by name.
 10: The myths of a particular group or culture.
 11: Not hard to understand or do.
 12: A talk or speech given to a group of people to teach them about a particular subject.
 17: Not tightly fastened, attached, or held.

Answers to last fortnight: Across - 1 soldier, 3 bumblebee, 6 beggar, 10 heiroglyphs, 11 castle, 13 resonate, 14 pump, 17 perspective, 18 encircle, 19 opera. Down - 1 special, 2 thief, 4 memories, 5 cashew, 7 Victoria, 8 percentage, 9 thoroughfare, 12 inspiration, 15 Laser, 16 sailor

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www.volcanoesdiscoverycentre.com.au

Yatmerone Wildlife Reserve

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Botanic Gardens

Chesswas Street, Penshurst

Penshurst Caravan Park

Cox Street Penshurst

For Bookings phone (03) 5576 5220

24 Hr Fuel

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Mount Rouse Lookout

Waller Road, Penshurst

Penshurst Church Services

Bethlehem Lutheran Church Tabor Service every Sunday 10.00am	Penshurst Anglican Church 5pm Mass 3rd Sunday each month For further details contact Janet Kelly on 5576 5247	St Andrew's Uniting Church Penshurst 2nd & 4th Sunday 11am Service	St Joseph's Catholic Church Penshurst 1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am
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MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senor Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email mtrousenewsletter@gmail.com

Curiosities and Wonders



Does anyone recognise this object? We found it online when roaming around looking for stories about Penshurst to share. We are told it can be found at the Burger Museum here and the

Hamilton Pastoral Museum.

The answer is a MOUSE TRAP.

Do you have something odd or curios that you would like to share with the town? Something to puzzle us all and make us think? Contact the editor to have it added to our list for this year.



Greater Hamilton Library

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**Will be visiting Penshurst
every Thursday fortnight**

3.00 - 4.00pm

Outside the Hall in Martin St

Dates for October are:

3rd, 17th & 31st

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Riddles

1. When will water stop running down hill?
2. What 5 letter word typed in all capital letters can be read the same upside down?
3. I'm white, and used for cutting and grinding. When I'm damaged, humans usually remove me or fill me. For most animals I am a useful tool. What am I?
4. If you were running a race, and you passed the person in 2nd place, what place would you be in now?
5. You have three stoves: a gas stove, a wood stove, and a coal stove, but only one match. Which should you light first?
6. I can be cracked, I can be made. I can be told, I can be played. What am I?
7. What is the worst vegetable to have on a ship?

“I don't build in order to have clients. I have clients in order to build. “— **Ayn Rand**

TAIL END TALES

The thunder of small feet

You would not think that something so small could make so much noise! It all started months ago with the rattly hisses above my head where I sat near the old fireplace in the lounge room. Over time they went from a single individual to a conversation, and now I think there's a family of small elephants living in the roof. A moment ago, as I sat here contemplating why I love living in Penshurst, I was startled by the thunder of hooves .. well, small kangaroos .. as they leapt across the ceiling over my head. I didn't realise they had decided to travel this far across the house, because their exit is out the back, an unintentioned one due to some roof repairs, but now our 'friends', because I know they are a pair, having seen them many times over the years since we first moved into the house, are well settled in, and I have to consider how to remove them.

We have a tree, a huge ash, with a great hollow for a possum family, but it also has bees, or did, and busy cats. I doubt its as warm as having your own chimney running through it, but that's really where they should be, and they will be, once the roof is finished. In the meantime, there's a cat sitting on my hand as I type this, purring loudly, because she wants all the attention, so she tries to take over my desk, or my lap, the minute I sit down, and chases the possums over the roof whenever she gets a chance. She has her own computer chair, suitably lined with an old towel, where she's supposed to sit when I'm in the study, but there's no guarantee she'll remain for long, given her desire to rule the household instead of our ginger and white elderly tom .. no, not my husband .. his name is not Charlie. We haven't named the possums, nor climbed into the ceiling to meet them. I figure leave well enough alone for now.

Over the decades I have lived in many environments, from the city to the desert, on mountain tops and in valleys. Now we reside beside a dormant volcano, which sometimes rattles a little, and certainly did the first few weeks we were here. It shook books off the bookcases, and our near neighbour tells us there's an underground river quite close. That explains the occasional hollow thud, but its nothing like the thunder of small feet in the ceiling. Quite truthfully, the sound brings back good memories of childhood visits to the Blue Mountains of New South Wales, where leeches were the size of small elephants and attached themselves secretly. The thought still makes me shudder. I think I'll manage my small herd of possums, easily heard and seen. One day they will have to move house, but for now .. thud, thud, rumble, hiss.

