

# MT ROUSE NEWS & VIEWS



## **A Project of the Penshurst Mens Shed Inc**

### **Please don't walk on the water**

While the azolla is very thick in the ponds at the moment, the Penshurst Botanical Gardens are looking beautiful. This time of year it is always a joy to spend time exploring this inspiring place.

One of the advantages of a pond covered in azolla is that less mozzies will be born, and perhaps the young people will be less inspired to swim, but for the very young, water that looks like its covered in ground cover is something we have to keep an eye on.

Last year a couple of incidents of little ones falling, or running, into the water was reported to the powers-that-be. While we cannot set a watcher on the park, we can tell friends and family when they come to visit, to keep an eye on their kids, and anyone elses, as they play on the new playground equipment.

### **Why can't we just poison the azolla?**

Murduum Creek is home to tiny fish called 'Little Galaxias', which grows no more than 3.4cm long (male) or 4.8cm (female). As their habitat is threatened by human settlement, any place that they are found should be carefully protected. Poisoning the azolla would also kill them.

There's more than meets the eye in our Botanic Gardens.

When was the last time you had a good look around?



## DAIRY CODE OF CONDUCT

Member for Wannon, Dan Tehan advises that dairy farmers across our region can have their say during the third and final round of consultation on the mandatory dairy code of conduct that sets enforceable minimum standards for business dealings between farmers and processors.

The final round of consultation will be open for four weeks , after which the code will come into effect in January 2020.

Mr Tehan advised that once implemented the mandatory code will improve the contractual arrangements between dairy farmers and processors making sure that the contracts offered to farmers are appropriate and fair.

Further information can be found on the Department of Agriculture's "Have your say" site up until the 22nd of November 19.



This link goes directly to the site: <https://haveyoursay.agriculture.gov.au/dairy-code-conduct>

There's something about getting up at 5 a.m., feeding the stock and chickens, and milking a couple of cows before breakfast that gives you a lifelong respect for the price of butter and eggs.

**Bill Vaughan**

### DEADLINE FOR SUBMISSIONS - 16th November 2019

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

**Editor : Mark Dalla Costa**

All correspondence to: [mtrousenewsletter@gmail.com](mailto:mtrousenewsletter@gmail.com)

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## Caramut and District Garden Club

**Irises** are native to all northern continents, from freezing Siberia to sun-scorched north-Africa.

Their needs vary, but generally they require slightly acid soil enriched with rotted animal manure and leaf mould. Most like good drainage though some thrive in boggy conditions, even in water. Many love the sun, others do better in shade. Most people tend to grow the bearded iris or the Dutch Iris.



The blue bearded iris on the left has been growing in the same spot for quite a few years. It received no extra water last summer and receives full sunlight. These are the tall variety which can grow from 70cms - a metre in height. Medians grow 40 - 70cms while the dwarf varieties never exceed 40cms and can be as low as 20cms.

Bearded iris grow from rhizomes and can be divided between December to February. This is only necessary if the clump becomes congested. Plant in a shallow hole, covering all the roots.

Dutch Iris grow from bulbs. These too can be left in the ground to multiply. Some of mine have been in the ground for many years. These flower earlier than the bearded but both overlap in the flowering period from September until November.

At our last meeting of the garden club, the special bloom for the month was a Dutch Iris and this was won by Brenda Uebergang with Mary Underwood 2<sup>nd</sup>.



The bloom was won by Barbara Surkitt, 2<sup>nd</sup> Brenda Uebergang. Produce was won by Helen Brown, 2<sup>nd</sup> Janet Shalders.

Our next meeting on 12<sup>th</sup> November is a bus trip to Portland to visit a couple of gardens and the community garden. On the return trip, we are stopping off at Byaduk.

The bus leaves from Warrnambool, picking up at Woolsthorpe, Caramut and Hamilton.

If you would like to go with us, ring the secretary, Marita Smith on 0407 504 307.

***Visitors are most Welcome.***

"In my garden there is a large place for sentiment. My garden of flowers is also my garden of thoughts and dreams. The thoughts grow as freely as the flowers, and the dreams are as beautiful."

**Abram L Urban**



*With a little imagination, anything is possible.*

Below is Mt Rouse on a rainy day.

Is that a face behind the mountain, or smoke rising from the top?

Look more closely, its actually a shape formed by the clouds.



Do you have any odd and unusual photos that you would like to share with our readers?

Contact our editorial team.

Photographer: Thomas Cooke

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### **PENSHURST MENS SHED**

**103 Cobb Street Penshurst**

**The shed is open:**

Wednesday and  
Saturday 10:00 am to 4:00 pm

**Winter hours:**

**Tuesday Social afternoon**  
**1:00 pm to 4:00 pm**

*Everyone Welcome*

## A PAGE TO SHARE RECIPES

The following recipe is fabulous finger food for a seasonal party

**Mini beef wellingtons**

Make in advance so you can mingle

**INGREDIENTS**

2 French shallots, peeled, coarsely chopped	400g beef eye fillet
40g butter, chopped	100g prosciutto slices
300g portobello mushrooms, wiped clean, chopped	1 tablespoon Dijon mustard
2 teaspoons fresh thyme leaves	2 sheets frozen butter puff pastry, just thawed
1 tablespoon pâté	1 egg, lightly whisked
200g baby spinach, coarsely chopped	Caramelised onion relish, to serve
1 tablespoon olive oil	

**METHOD**

**Step 1** Place shallot in a food processor. Process until finely chopped. Place butter in a frying pan over medium heat and melt until foaming. Add shallot. Cook for 3 minutes or until softened. Meanwhile, process mushroom until finely chopped. Add to pan. Cook for 8-10 minutes or until liquid has evaporated. Stir in thyme and pâté. Transfer to a plate. Set aside to cool completely.

**Step 2** Heat a non-stick frying pan over medium heat. Add spinach. Cook for 2-3 minutes or until wilted. Remove from pan and set aside to cool. Wipe pan clean and place over high heat. Season beef well. Spray pan with oil and sear beef for 30 seconds each side. (Be careful not to overcook beef at this stage.) Transfer to a plate and pat dry. Place in the fridge for 30 minutes to chill. Use hands to squeeze any excess liquid from spinach.



**Step 3** Place a pastry sheet on a larger square of plastic wrap. Top with half the prosciutto, overlapping, to cover pastry. Spread half the mushroom mixture down centre. Top with half the spinach. Slice beef lengthways to make 2 long pieces. Place 1 piece on top of spinach. Spread with half the mustard. Use plastic wrap to roll up tightly from 1 long edge of pastry like a bonbon. Repeat with remaining pastry, prosciutto, mushroom mixture, spinach, beef and mustard to make another Wellington. Place both Wellingtons in the freezer overnight to freeze.

**Step 4** Preheat oven to 220C/200C fan forced. Grease a baking tray and line with baking paper. Unwrap frozen Wellingtons and place, seam-side down, on prepared tray. Brush with egg. Bake for 40-45 minutes or until pastry is golden and crispy. Set aside for 10 minutes to rest. Slice and serve warm with relish.

Dunkeld & District **Community Bank®** Branch



### Walk To School

Sue and Louise have both enjoyed lovely mornings this week with the staff and students of Cavendish Primary School and Dunkeld Consolidated School. Both schools are participating in the Walk To School program and we are keen to support this wonderful venture, enjoying a leisurely walk around the beautiful surrounds of both places, followed by a platter of fruit that was enjoyed by all.



### Diamonds In The Dust

We celebrated a terrific night at the Willaura Memorial Hall. 'Diamonds in the Dust' was organised by Willaura/Lake Bolac Community Bank and we happily supported the night.

The event celebrated women in rural communities. While enjoying a delicious meal, we were inspired by guest speakers, Don Elgin (Paralympian), Alexandra Gartmann (Managing Director and CEO Rural Bank) and Dr Jodie Fleming (Author & Clinical/Health Psychologist).

The event was hailed a great success and we all enjoyed a wonderful evening.

### 3 Peaks Festival Fun

Changeable weather, but certainly worth the trip to Three Peaks Festival last Saturday. We enjoyed helping distribute the wrist bands for the kids activities.

Set beneath the beautiful three peaks surrounding the Dunkeld Arboretum, the day was enjoyed by all in attendance and we were pleased to support this great community day.



"The greatest healing therapy is friendship and love." **Hubert Humphrey**



## Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Vice President – Tom Cooke

Nigel Pyne

Treasurer – Marjorie Dalla Costa

Don Adamson

**Next Meeting: Wednesday 27th November, 7.30pm in the Supper Room, Penshurst Hall.**

### Inevitable delays

Well, I would love to announce that we are taking the Christmas Market to the Botanic Gardens this year, but the cost of doing so makes it difficult, so we shall have this Christmas outside the shops again and next Christmas move to the Gardens. The costs include hiring the Gardens and paying a security deposit, just in case we do any damage. Then there's the complications of bouncing castles and risk assessments .. So the Christmas Market will be on Friday 13th December from 5.30pm - 8.00pm and includes Mistabeat, a bouncing castle and a variety of market tables. There will also be Santa and two competitions, the decorated bikes and the decorated reindeer, which the kids will hear about through the Public School and St Josephs.

More inevitable delays - the third corner of the wall in the Gardens will be commenced around the end of December or early January. It's a long story, which you can hear, if you want to, at the Community meeting on the 27th November. There is no fourth corner.

Once again we'll be having the Christmas Lights competition, and the Loveliest Garden in Penshurst, for those interested in participating. You enjoy the creation and a few people from the Committee will be privileged to choose the winners. Should we also have a people's choice? You tell me. There'll be more information on that in late November.

Ama Cooke

### Penshurst Progress Association

#### Annual General Meeting

**7.30 pm 27th November 2019**

#### Penshurst Memorial Hall

Everyone is invited to our AGM before the normal November Community Meeting. We would be delighted to have new members on the Committee and in the Association. One of the roles of a Community Association is to be a conduit between Council and the town, and we have done this many times over the past year. It's been a time of change and growth in Penshurst and we intend to continue to maintain this movement into a prosperous future. We invite you to any of our meetings. Bring your thoughts, ideas, worries and complaints. We will listen and if we can help, we will. What do you want for the future of your town?

See you at the meeting, or call me ...

Ama Cooke, President 0402 870 738

What I learned from my cat -



Sometimes you just need to chill out

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**Wednesday - Friday 7:30 am to 5:00 pm**

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**Sunday 8:00 am to 4:00 pm**



## LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at : **mtrousenewsletter@gmail.com**.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

Dear Editor,

I would like to tell you about a not-for-profit association based in Peshurst that was created in 2015 by a gathering of twenty people from across our region who first discussed the idea of having a group that was interested in bringing the Hamilton Highway (B140 - we nicknamed it 'the Crater Way') to the attention of travellers who, more often than not, used the Henty Highway or Princes Highway and the Great Ocean Road to go from one side of South Western Victoria to the other.

The highway passes through Tarrington, Peshurst, Caramut, Hexham, Mortlake, Darlington, Derrinallum, Lismore, Cressy and Inverleigh. It has many tourist assets and businesses that could benefit from greater exposure, and so we created the Focus on Hamilton Highway Association Inc with both a comprehensive static website and Facebook sites.

In the first two years we applied for grants and received them from the Bendigo Bank, Dunkeld that funded the website. Since then membership and advertising fees have covered these expenses. Now we are working on plans to create a brochure highlighting the interesting sites in the towns, such as here in Peshurst - Volcanoes Discovery Centre, Mt Rouse and Yatmerone Reserve, Inverleigh's two rivers, Derrinallum's Mt Elephant and Lismore's Lake Tooliorook, events such as the Laternenfest in Tarrington and various Markets and Art Shows (and so much more) that each town holds, and our town businesses. Over the years many businesses have signed on to take advantage of the constant Facebook exposure and to help us create more interest, more focus, on our important communities.

At present we are running a membership drive to help fund the brochure. Individuals and businesses are invited to become members. We are a fun social group that meets four times a year in one of the towns on the Highway. Business Membership includes the sharing of their ads onto the Facebook sites, and advertising can be bought on the Homepage of every town, or the Businesses pages. The cost of membership is \$20, and advertising is also \$20, both per year.

As one member, discussing the amount of traffic that does not stop in their town, said, "we don't want to be invisible anymore".

For more information contact Tom Cooke, President and Facebook webmaster. 0488 557 345

Our sites: <http://www.focusonhamiltonhighway.com.au/>

Facebook: <https://www.facebook.com/focusonhamiltonhighway/>

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A successful woman is one who can find such a man. " - **Lana Turner**

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**Please phone late orders 15 minutes prior to closing, thank you.**

Complete the phrase on the board.

The letters of the phrase on the board fell on the ground.

You have to put the letters back on the board in the correct order.

Luckily the letters fell directly under the column as they were on the board.

Good luck!

m	i	e	h	f	x	n	n	o	s	a	d	w	o	a
n	i	s	p	r	e	a	d	i	n	g	i	a	e	a
l	e	r	r	i	n	s	t	e	a	d	f	r	p	l
a	i	c	r	b	c	t	n	m	g	t	f	r	g	i
s	l	g	n	o	l	a	n	n	t	n	e	i	o	r
a	l	i	h	d	r	e	n	e	r	l	r	o	t	s
o	n	a	r	t	m	v	s	d	m	b	e	r	c	n
d	r	e	f	l	e	c	t	s	l	f	n	s	a	b
x	r	d	u	d	s	t	m	s	i	e	c	h	n	a
a	l	i	i	g	t	g	p	o	p	n	e	e	o	u
b	t	e	e	n	r	n	p	g	a	a	g	t	s	s
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u	k	o	g	w	l	n	y	f	i	v	r	n	u	h
o	s	b	r	c	h	a	l	l	e	n	g	e	i	e

Can you find  
these words?

blessing  
 difference  
 light  
 path  
 trail  
 candle  
 instead  
 mirror  
 reflects  
 warrior  
 challenge  
 lead  
 ordinary  
 spreading  
 ways

8	6		1	7		4	2	
								3
		2	8		5			7
			3					4
			2	6	4	3	8	1
			7					9
		7	5		6			8
								6
6	1		4	8		5	9	

Variety is the spice of life -  
even in puzzles

[illegible]

Answers to last fortnight's crossword: Across: 5 phoenix, 7 curtain, 9 storage, 12 telephone, 14 indecisive, 15 lost, 16 escape, 18 mattress, 19 witch, 20 domestic Down: 1 draft, 2 dragnet, 3 ladder, 4 downpipe, 6 wilderness, 8 reflect, 10 traffic, 11 eloquence, 13 eucalyptus, 17 custom



## Riddles

1. Where is there is no south, west, nor east, and weather not fit for man or beast ?
2. If you can buy 1 for \$1, 14 for \$2, and 145 for \$3, what are you buying?
3. What is it that when you take away the whole, you still have some left over?
4. The following numbers share a unique property: 1961 6088 6119 8118 6699 6009. What is it?
5. What is the only letter in the alphabet that does not appear anywhere on the periodic table of elements?
6. Gaze at this sentence for just about sixty seconds and then explain what makes it quite different from the average sentence. Quick! What is it?
7. When you stare at me u see a you in reverse. What am I?


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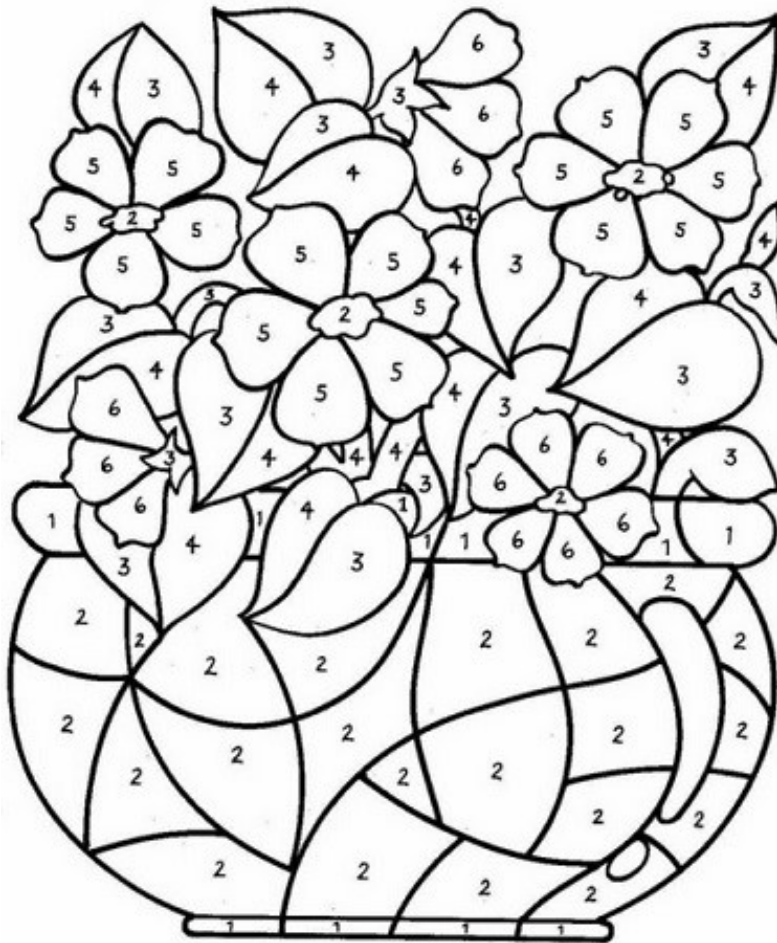
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“The discovery of agriculture was the first big step toward a civilized life. “

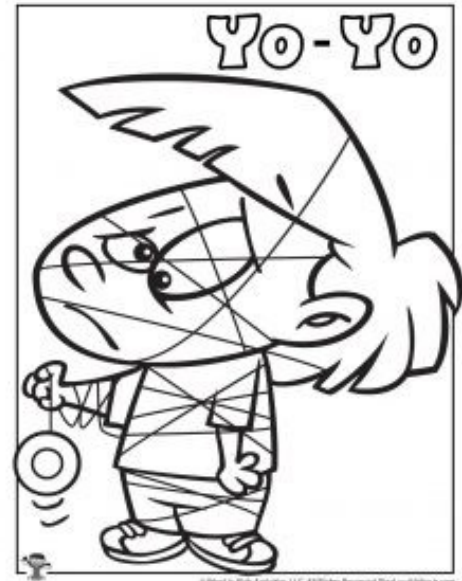
**Arthur Keith**

Diving, climbing, growing, flying with the letter Y



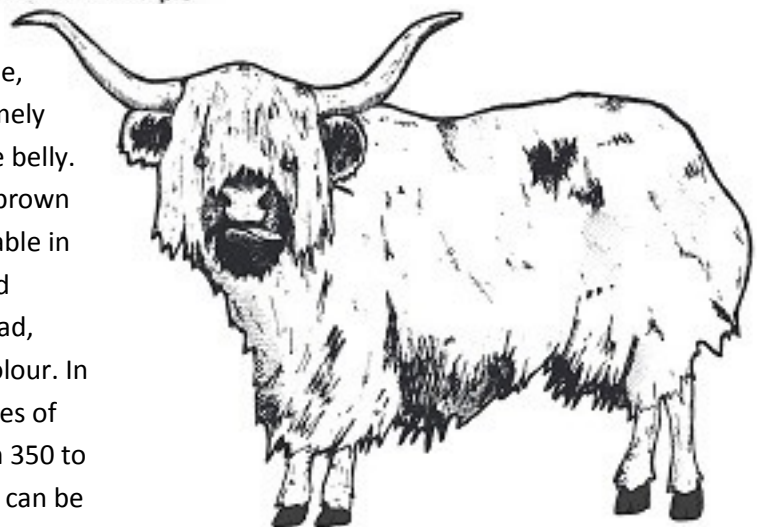
1. Red 2. Yellow 3. Light Green 4. Dark Green 5. Blue 6. Purple

Here is a pretty yellow vase. Can you follow the numbers and bring it out on the page?



Oh dear, oh dear, what do we have here? Someone has got in a tangle. Can you yo-yo without getting in a muddle?

Yaks are heavily built animals with a bulky frame, sturdy legs, rounded cloven hooves, and extremely dense, long fur that hangs down lower than the belly. While wild yaks are generally dark, blackish to brown in colouration, domestic yaks can be quite variable in colour, often having patches of rusty brown and cream. They have small ears and a wide forehead, with smooth horns that are generally dark in colour. In males (bulls), the horns sweep out from the sides of the head, and then curve forward. Males weigh 350 to 585 kg, females weigh 225 to 255 kg. Wild yaks can be substantially heavier, bulls reaching weights of up to 1,000 kilograms. Depending on the breed, domestic yak males are 111–138 centimetres high at the withers, while females are 105–117 centimetres high at the withers. They live throughout the Himalayan



region, the Tibetan plateau and as far north as Mongolia and Siberia. The females provide milk which is made into butter, cheese and yoghurt, just as cows do in Australia. Would you ride a yak?





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"A hair in the head  
is worth two in the brush."

**Oliver Herford**



**MEDIA RELEASE**

29 October 2019



With the warmer weather returning and summer fast approaching, Council is pleased to announce that the outdoor pool season will soon commence for another year.

The swim season officially kicks off for 2019-2020 this Saturday 2 November with pools in Penshurst, Glenthompson, Balmoral, Dunkeld and Coleraine opening in early December.

Manager Community and Leisure Services, Susannah Milne said the pools were in great shape leading up to the season's opening.

"We've worked hard over the winter to ensure that our pools are looking and opening at their best for the start of the season and we're looking forward to opening the gates now that the weather is improving. We're also pleased to announce that following the success of last year and based on the results of our recent survey, entry to all pools will once again be free this year", Ms Milne said.

Southern Grampians Shire Council May Mary-Ann Brown encouraged residents to support their local pool and take advantage of the fantastic facilities in the shire.

"Local pools are such valuable community assets and continue to be a great way for families to get together outdoors, enjoying the beautiful weather". We encourage everyone to take advantage of the free entry and make the most of our outdoor pools this summer," Cr Brown said.



As per the Outdoor Pool Operations Policy, pools will be opened from 3 pm to 7 pm seven days a week, when the forecast temperature is 21 degrees + for all heated pools and 23 degrees + for unheated pools.

All pools will be open 12.00pm to 7.00pm on weekends and throughout January when the air temperature forecast by the Bureau of Meteorology at 4.00pm for the next day is more than 35 degrees.

For regular updates and to keep up with all the activities during the pool season, residents are advised to 'Like' the Greater Hamilton Outdoor Swimming Pools page on Facebook.

For more information on pool locations and operating hours, head to [www.sthgrampians.vic.gov.au/swimming-pools](http://www.sthgrampians.vic.gov.au/swimming-pools) or contact Council on 5573 0444.

**Media Contact**

Alison Quade    0429 601 208    [aquade@sthgrampians.vic.gov.au](mailto:aquade@sthgrampians.vic.gov.au)



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“Going to church doesn't make anybody a Christian Any more than taking a wheelbarrow into a garage make it an automobile. “— **Billy Sunday**

**PLACES OF INTEREST IN PENShurst**

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**Penshurst Church Services**

Bethlehem Lutheran Church Tabor  Service every Sunday 10.00am	Penshurst Anglican Church  5pm Mass 3rd Sunday each month  For further details contact Janet Kelly on 5576 5247	St Andrew's Uniting Church Penshurst  2nd & 4th Sunday  11am Service	St Joseph's Catholic Church Penshurst  1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am
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### MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senor Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email [mtrousenewsletter@gmail.com](mailto:mtrousenewsletter@gmail.com)

### Penshurst Memorial Hall



To hire the Hall please contact the booking agent, Thomas Cooke 0488 557 345  
or Email [penshurstmemorialhall@gmail.com](mailto:penshurstmemorialhall@gmail.com).

Contact Tom Cooke for key collection.

Daily charges for Hall hire:

- Supper Room or Kitchen \$50
- Main Hall \$150 • Entire Venue \$250

Conditions apply



Greater Hamilton Library

### Mobile Library

**Will be visiting Penshurst  
every Thursday fortnight**

**3.00 - 4.00pm**

**Outside the Hall in Martin St**

**Dates for November are:**

**14<sup>th</sup> & 28<sup>th</sup>**

**Phone: 5573 0470**

**[www.sthgrampians.vic.gov.au/library](http://www.sthgrampians.vic.gov.au/library)**

**LIKE US ON FACEBOOK:  
GREATER HAMILTON LIBRARY**



## TAIL END TALES

Day 84 of my captivity.

My captors continued to taunt me with bizarre little dangling objects. They dine lavishly on fresh meat, while I am forced to eat dry cereal. The only thing that keeps me going is the hope of escape, and the mild satisfaction I get from clawing the furniture. Tomorrow I may eat another house plant.

Today my attempt to kill my captors by weaving around their feet while they were walking almost succeeded. Maybe I should try this at the top of the stairs.

In an attempt to disgust and repulse these vile oppressors, I once again induced myself to vomit on their favourite chair. I must try this on their bed.

To cease their mindless communication I have stolen all their writing sticks and hidden them under the couch. When they sit in front of the talking box I sit on their hands so their fingers can't move.

Decapitated a mouse and brought them the headless body in an attempt to make them aware of what I am capable of, and to try to strike fear into their hearts. They only cooed and condescended about what a good little kitty cat I was. This is not working according to plan.

There was some sort of gathering of their accomplices. I was placed in solitary confinement throughout the event. However, I could hear the noise and smell the food. More important, I overheard that my confinement was due to my powers of inducing something called 'allergies.' Must learn what this is and how to use it to my advantage.

I am convinced the other captives are flunkies and maybe snitches. The dog is routinely released and seems more than happy to return. He is obviously a half-wit.

The bird, on the other hand, has got to be an informant. He speaks with them regularly, and I am certain he reports my every move. Due to his current placement in the metal room, his safety is assured. But I can wait. It's only a matter of time....

Signed ... The Cat

**Remembrance Day 11th November 2019 11.00am**

*"They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them."*



**Answers to Riddles:** 1. the South Pole, 2. house numbers, 3. wholesome, 4. each number reads the same when viewed upside down, 5. the letter J, 6. it contains all the letters of the alphabet, 7. a mirror.