

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

TARRINGTON DRESSING FOR CHRISTMAS

The appearance of the Christmas decorations and advertising for Laternenfest on 29th November on the highway at Tarrington heralds the imminent Christmas celebrations in our area each year.

The *Laternenfest* is a secular version of *Martinstag* – a Christian celebration on 11th November held in honour of St Martin, a kindly Roman soldier, who, legend would have it, gave half of his cloak to a beggar in a snowstorm and then, having dreamt about Jesus, got baptised as an adult. Across Germany people organise bonfires and processions of singing children with lanterns, often led by a man on a horse dressed up as St Martin.

The tradition is carried on by the folk in Tarrington each year at this time (albeit at a later date) when they hold a procession around the community to light lanterns which is followed by a festival of food and fun.

Many of the cleverly decorated haybale art is already on display. Drive carefully as you check them out.



When driving from Hamilton to Penshurst you are greeted with this display as you pass the corner of the Hamilton highway and Walkenhorst Road

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"Committing a great truth to memory is admirable; committing it to life is wisdom. "

William Arthur Ward



PENSHURST MENS SHED

103 Cobb Street Penshurst

The shed is open:

Wednesday and
Saturday 10:00 am to 4:00 pm

Winter hours:

**Tuesday Social afternoon
1:00 pm to 4:00 pm**

Everyone Welcome

Published by **Penshurst Mens Shed Incorporated**

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"Mt Rouse News & Views Community Newsletter"

Is the registered business name of the Penshurst Mens Shed Newsletter

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DEADLINE FOR SUBMISSIONS - 30th November 2019

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

F R E E N E W S L E T T E R E V E R Y F O R T N I G H T

Also available in colour online at

<http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html>

Newsletter Advertising Rates (Per Issue)

Full page \$20 **1/2 page** \$10 1/3 page \$7.50 **1/4 page** \$5 **Business Card** \$3



What: Kelly's Movember Mo-moment Fundraiser

Where: Kellys Penshurst (76 Bell St) and Kellys Dunkeld (101 Parker st)

When: Friday 29th November, 12pm till 4pm

'Men's health is in crisis. Men are dying on average 6 years earlier than women, and for largely preventable reasons. Unchecked, prostate cancer rates will double over the next 15 years. Testicular cancer rates have already doubled in the last 50. And across the world, one man dies by suicide every minute of every day, with males accounting for 75% of all suicides.' Movember Australia Website.

So, in hopes of raising as many funds as possible towards this great cause we have got plenty happening

- Gold Coin Donation BBQ lunch (all proceeds going to Movember)
- Stihl Demonstrations (By Stihl representatives)

10% off all hardware, Weber and Stihl ranges (excludes power tools)

Raffle prizes from our major suppliers
(all proceeds going to Movember)

And plenty of giveaways throughout the afternoon

So please come and join us on **Friday 29th of November** from 12pm and support men's health.




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“A successful man is one who makes more money than his wife can spend.

A successful woman is one who can find such a man. “ - **Lana Turner**

Grab your Takeaway and extras from Josh & Tracy Hewitt at the Penshurst Newsagency & Takeaway

86 Bell Street Penshurst 5576 5330

All Day Breakfast, Home-made cakes & slices

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NEW MENU ITEMS

Huge range of focaccias - Egg & Bacon Rolls & Muffins



Ready to go

Roast Lamb & Beef Gravy Rolls

Ask about our American Style Burger Menu

Opening hours

Monday 6 am - 7 pm Tuesday 6 am - 5 pm

Wednesday & Thursday 6 am - 7 pm

Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm

Please phone late orders 15 minutes prior to closing, thank you.



Remembrance Day 2019

At 11am on the 11th of November, almost 60 people gathered under a sunny sky at the cenotaph to commemorate Remembrance Day.

Penshurst RSL Sub Branch President Rick Jacobs led the service during which he gave the following address;

On this day, in 101 years ago, those in government at the end of the Great War may very well have realised that they faced another great challenge. A challenge of what to do with a nation that had been at war. A conflict that took the lives of 62,000 Australians. Approximately 156,000 were wounded gassed or taken prisoner.

A nation that needed to recover from war and to rebuild in a way to make those who had served and suffered and lost, felt needed, kept busy and engaged whilst slowly re establishing themselves into society. A society, many had missed for several years. The end goal was for them was to be reintegrated after a torrid time away from home for them to be employed.

As we commemorate Remembrance Day 2019, the thoughts of earlier governments turned to reality in 1918 when the idea of linking the scenic coastal aspect of southern Victoria to the west of the state became what was perceived by many as impossible into an achievable project. On the 12th of September 1919, work commenced on the construction of The Great Ocean Road.

Approximately three thousand men, most of them returning from the Great War, literally carved out this formidable road by hand.

The men worked 6 and a half days per week and lived in old army tents in makeshift bush camps.



School children and residents gathered at the cenotaph on Bell Street for Remembrance Day

From Page 5:

They were paid 10 shillings and sixpence per day, a bit over one dollar in today's terms.

During the construction, men were known to dangle over the sheer cliffs with ropes tied around their waists, anchored to trees with the southern ocean pounding into the rock face below them. Often they had to use gelignite to blast the stubborn rock away, which would have been quite traumatic for some.

Every sweeping bend of the road, belies a largely untold and arguably forgotten story of the incredible human feat in creating it. Symbolically, the road is believed to be the longest war memorial in the world and a lasting monument to those who served and those who died. The road stretches a distance of 243 kilometres.

Prior to the service Rick was interviewed by Gavin McGrath from ABC Ballarat. They discussed the details of the service in Penshurst.

Mr Doug WATSON, Vietnam Veteran and member of the Penshurst RSL Sub Branch, laid a wreath in recognition of the men and women who have died, served and currently serve our nation and those who carry the scars of service. The wreath consisted of pine, representing Gallipoli Lone Pine, gum, the survivor of the Australian landscape, poppies, which link our country with the far away battlefields of Europe and rosemary for remembrance.

Floral tributes were then laid by the students of St Josephs and Penshurst Primary schools. Poppies were also placed on the cenotaph by those who wished to do so.



The Penshurst RSL Sub Branch with to extend a thank you to those who attended this important commemoration day, not just in Australia but around the world.



Corporal Stuart Jacobs, a veteran of Afghanistan, recited "The Ode to the Fallen".

Corporal Stuart JACOBS of the Royal Australian Regiment was invited to recite 'The Ode to the Fallen'. Stuart is the son of Gillian and Rick Jacobs, an Afghanistan veteran and is currently based in Brisbane. The Last Post was then played and a minute silence was observed.

A PAGE TO SHARE RECIPES

The following recipe is a twist on a traditional dish using fresh Spring ingredients

Best German Potato Salad

Make in advance so you can mingle

INGREDIENTS**POTATO SALAD**

1kg baby chat potatoes
2 rashers bacon, cut into short matchsticks
¼ cup mint leaves
4 hard-boiled eggs, sliced

QUICK PICKLED ONION

2 tablespoons white wine vinegar

2 tablespoons caster sugar
1 red onion thinly sliced, into rounds

DRESSING

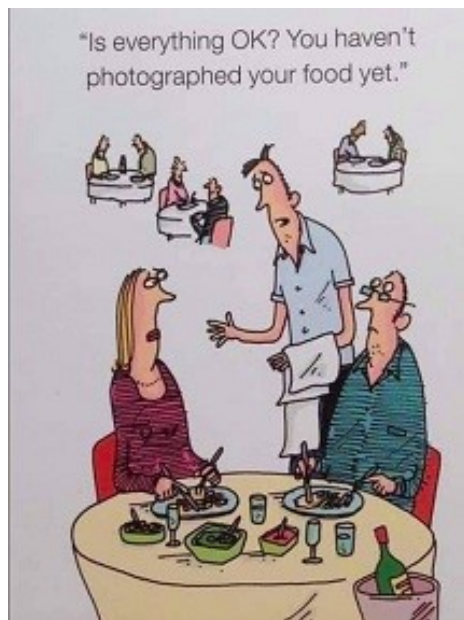
½ cup (120g) sour cream
¼ cup (75g) mayonnaise
2 tablespoons seeded mustard
2 tablespoons chopped chives

METHOD

Step 1 Place the potatoes in a large saucepan of cold salted water. Bring to the boil and cook for 10–12 minutes, or until tender. Drain and set aside to cool slightly. Cut in half and place in a large bowl.

Step 2 While the potato is cooking, place the vinegar and sugar in a small bowl and whisk to dissolve the sugar. Add the onion and set aside for 5 minutes.

Step 3 To make the dressing, place sour cream, mayonnaise, mustard, chives, salt and pepper. Drain onion pickling liquid into the dressing and reserve the onions. Whisk dressing to combine. Add most of the dressing to potatoes, and toss to combine. Place potatoes on a platter with the pickled onion.



Step 4 Heat a large non-stick frying pan over medium heat. Cook bacon for 4-5 minutes or until golden and crisp. Drain. Sprinkle over the salad.

Step 5 Top salad with eggs and drizzle with the remaining dressing. Serve scattered with mint.

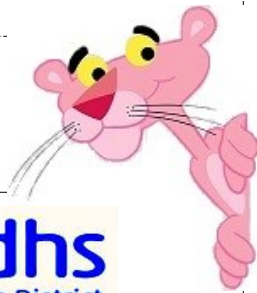
TIPS & HINTS:

- Serve potato salad with roast or barbecued meats
- For a vegetarian version, omit the bacon

Where will you be on
Sunday 8th December at 7.30pm.



See you at the
Penshurst Christmas Carols
At the **Memorial Hall**
Everyone welcome



Social Support Group November

Every Thursday except 3rd Thursday of
each month in SHEPPARD CENTRE

**START STAYING STRONGER EXERCISE
CLASS** 10am - 11am followed by

SOCIAL GATHERING a variety of
activities, outings & lunch - all welcome

- Monthly program available at the
Sheppard Centre -

**21st November: All day community
outing to J Ward at Ararat.**

Bookings essential by Tuesday of each
week. Phone Social Group 5551 8381 /
0417 017 728

Climate Change in South West Victoria

A brief glimpse from 'Climate Ready Victoria'.

Recent Climate

Victoria experiences a wide range of climatic conditions. These range from the hot summers of the northern Loddon Mallee to the winter snow storms of the alpine areas in Hume and Gippsland, and from the relatively dry wheat belt of the Loddon Mallee and the Grampians to the wet elevated areas of Gippsland. For more information about some of the drivers of Victoria's climate, visit the 'Climatedogs' website (link below).

Climate Variability & Change

Our climate varies – it always has and always will. This climate variability means that some periods are cooler and wetter than average (as was the case in the 1970s), while others are hotter and drier (such as during the Millennium Drought). However, due to climate change, the long-term average is changing. Future climate will be different from that in the past.

It's getting warmer and drier - Over the past 100 years, global surface air temperatures have risen by almost 1°C. Both the atmosphere and the oceans have warmed. Human activity is causing climate change through our release of greenhouse gases from the burning of fossil fuels, land use change and agriculture.

For more information these links are helpful:

https://www.climatechange.vic.gov.au/__data/assets/pdf_file/0018/60750/Statewide-Victoria.pdf

<http://agriculture.vic.gov.au/agriculture/weather-and-climate/understanding-weather-and-climate/climatedogs>

https://www.climatechange.vic.gov.au/__data/assets/pdf_file/0037/429877/Great-South-Coast-Climate-Projections-2019.pdf

Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Vice President – Tom Cooke

Nigel Pyne

Treasurer – Marjorie Dalla Costa

Don Adamson

Next Meeting: Wednesday 22nd January, 7.30pm in the Supper Room, Penshurst Hall.

Christmas just around the corner?

When I was a child the Christmas school holidays were eight weeks long and lasted a million years to my bored little soul. Nowadays the year goes by in the blink of an eye (no, I didn't intend to rhyme, it just feels that way) and I am back to looking at Christmas and wondering what fun we can get up to this year.

Our AGM, being in November, is a nice way to finish the round of monthly meetings, and gives us time to plan our agenda for next year. The question then arises, as Penshurst is your town, what would you like to see happen, to improve life here for all of us? I will leave you with that thought until January when we have the first meeting for 2020. You can send me your thoughts at any time.

It is time to consider decorating your home for the **Christmas Lights competition**. There are a variety of beautiful gardens for our **Loveliest Garden in Penshurst** competition. I did ask you about a People's Choice award but had no response. I'll be raising it at the Community Meeting after the AGM tonight so you'll find out whether we are having one in our Christmas Edition of the Newsletter.

Something that would be nice to know, for that edition of the newsletter, is **what your favourite memory of Christmas in Penshurst is?** Care to share and we will include the stories, and photos if you want to provide them to be scanned.

I am sorry to say that the Council's Christmas Tree will not be in the main street as we hoped, instead it will be just outside the main entrance of the Botanic Gardens. I have seen the Tarrington one and it looks very nice. If anyone would like to add their decorations to the tree, we are invited to, on the lower levels.

Upcoming event -

On 8th December at 7.30pm the Penshurst **Christmas Carols will be at the Hall** again. That is something to look forward to. We thank the Carol's Committee for their dedication and all their hard work over the years.

Penshurst Citizen of the Year

Do you have someone in mind? Who deserves to be recognised by the town, at the Australia Day Ceremony on January 26th, for their contribution to our community? The form to nominate the person you think worthy, will be attached to the Christmas newsletter and available at the Takeaway. The 'red' box will also be there for you to vote from the end of November. Thank you.

Ama Cooke, President

"A good idea plus capable men
cannot fail; it is better than
money in the bank. "

John Berry

Friendly faces and helpful staff ...

Penshurst Liquor & Grocery Store

Opening Hours:

Monday -

Friday

7am - 6pm



Opening Hours:

Saturday

9am - 5pm

Sunday

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CATERING



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We are open:

Wednesday - Friday 7:30 am to 5:00 pm

Saturday 7:30 am to 4:00 pm

Sunday 8:00 am to 4:00 pm

LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at : mtrousenewsletter@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

* * *

Bowls News.

There has been quite a lot of activity down on green lately. Social bowls are played Wednesday mornings from 9am, so if you are new to town and would like to come and try bowls, just turn up with flat soles shoes, the club has spare sets of bowls, Corrie and Gerry are enjoying the challenge.. The ladies held a successful tournament last week with 15 visiting teams, which meant that our girls had to fill a team.

Winners were : Coleraine with 4 wins + 33 shots up. Runner up were Hamilton with 4 wins + 30 shots up. Other winners on the day were Phantom teams; Skip; Rosemary Spencer, Grangeburn, Second; Wendy Colcott, Grangeburn, Lead; Robyn McCabe Portland RSLM, Spider Roll: Wendy Kosch, Grangeburn, Dutch Roll: Rosemary Spencer, Grangeburn. Raffle winners; Jenny Becker Koroit, Bev Bourke Macarthur, Nancy McGuinness Casterton.

A big thank you to all the bowls girls for helping out by playing, setting up, scoring and providing a lovely afternoon tea. Good bowling all. Kitty n Jack



Left - Right: Winners - Coleraine ; Elizabeth Millard, Lesley Beaton, Therese Nolte
Runner Up - Hamilton, Jenny Pole, Heather Gough, Meryl Fehsler

MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senor Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email mtrousenewsletter@gmail.com

Penshurst Memorial Hall



To hire the Hall please contact the booking agent, Thomas Cooke 0488 557 345
or Email penshurstmemorialhall@gmail.com.

Contact Tom Cooke for key collection.

Daily charges for Hall hire:

- Supper Room or Kitchen \$50
- Main Hall \$150 • Entire Venue \$250

Conditions apply



Mobile Library

**Will be visiting Penshurst
every Thursday fortnight**

**3.00 - 4.00pm
Outside the Hall in Martin St**

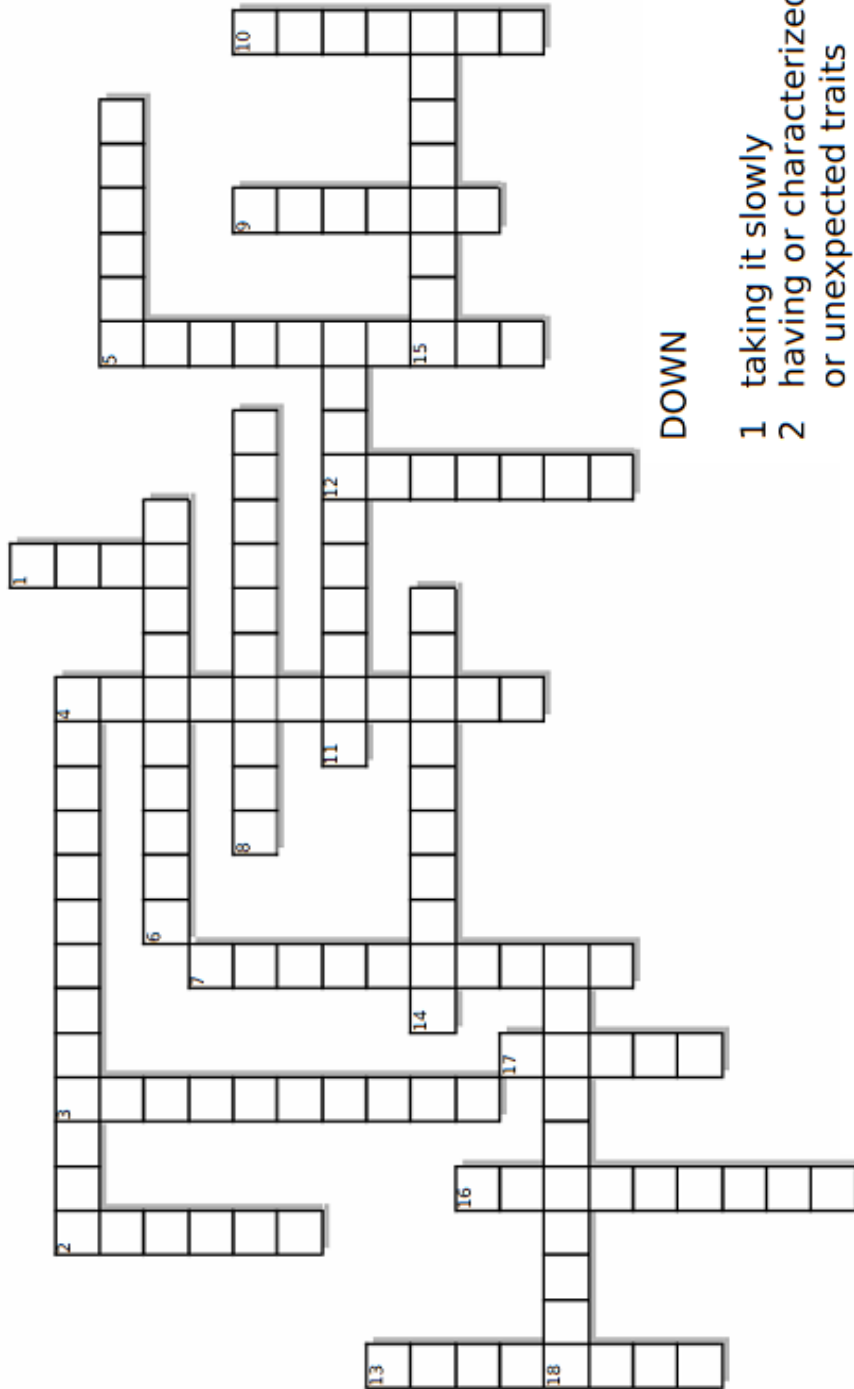
**Date for December is:
12th only**

**Phone: 5573 0470
www.sthgrampians.vic.gov.au/library**

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Mt Rouse Puzzler - Just how puzzled can you get

I'm lazy. But it's the lazy people who invented the wheel and the bicycle because they didn't like walking or carrying things. **Lech Walesa**



DOWN

- 1 taking it slowly
- 2 having or characterized by peculiar or unexpected traits
- 3 encircling in the environment
- 4 visibly coming and going
- 5 wandering slowly
- 7 parlaying
- 9 hoppy beast
- 10 a collection of books
- 12 a quadrilateral all of whose sides have the same length
- 13 fluent or persuasive in speaking or writing
- 16 gathered
- 17 indistinct or dim in outline

ACROSS

- 2 a regimental officer
- 5 a place for the purchase and sale of provisions
- 6 a hit crossing the limits of the field
- 8 a collection of anecdotes
- 11 installed at the side/edge of a staircase or balcony
- 14 chat or talk
- 15 a distinguishing badge or emblem
- 18 a smoothly rising and falling form

Here's a puzzle to test
your laziness

Answers to last fortnight's Fallen Phrase: 'there are two ways of spreading light; to be the candle or the mirror that reflects it'.

Riddles

1. I'm a god, a planet, and measurer of heat.

Who am I?

2. Tomorrow I am surely here, yesterday I am found as well. Today I am gone. Who am I?

3. I am a 5 letter word. Take away the first letter and I am a place's name. Take away the first two letters and I become the opposite of the 5 letter word. Who am I?

4. I craft crowns of gold and bridges of silver. Who am I?

5. A woman married 3 men legally. She did not divorce or get an annulment. Who is she?

6. I am white when I am dirty, and black when I am clean. What am I?

7. The more you take away, the more I become. What am I?



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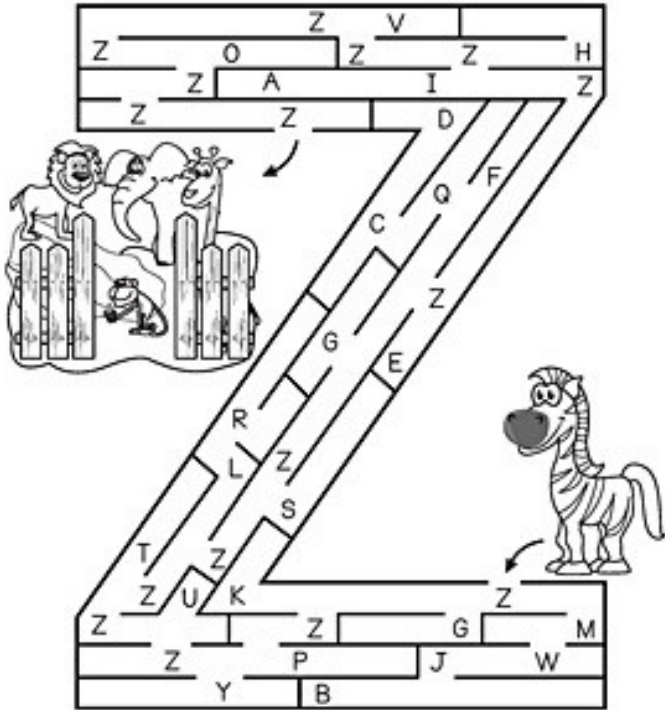
"Advances in medicine and agriculture have saved vastly more lives than have been lost in all the wars in history." **Carl Sagan**

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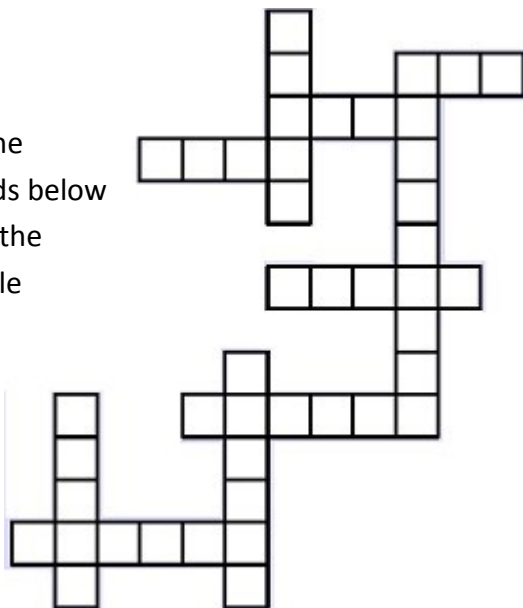
A PAGE FOR THE CHILDREN

Diving, climbing, growing, flying with the letter Z

Help the zebra find the zoo by following the letter Z through the maze.



Fit the words below into the puzzle



3 letters

Zed

4 letters

buzz

zero

5 letters

Dizzy

Gazes

Zebra

6 letters

Breeze

Zipper

Zither

9 letters

zookeeper

The Zither

Story by Andrew Frinkle

Zack goes to the zoo.

Zack goes to play the zither.

Zack plays where snakes go slither.

He is not lazy about the zither.

He plays until he gets dizzy.

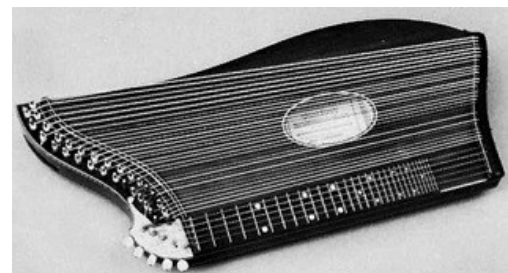
He works his mom into a tizzy!

When Zack plays his zither,
his playing always amazes,
and people cast their gazes!



Do you know what a zither is?

A **Zither** is any stringed musical instrument whose strings are the same length as its soundboard. The European zither consists of a flat, shallow sound box across which some 30 or 40 gut or metal strings are stretched. The strings nearest the player run above a fretted fingerboard against which they are stopped by the left hand to provide melody notes; they are plucked by a plectrum worn on the right thumb. At the same time, the right-hand fingers pluck an accompaniment on the farther strings, which remain unstopped. The zither is placed across the player's knees or on a table.





Mandy's Hair Design

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Tuesday &
Thursday
and now

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Mobile: 0417 511 177



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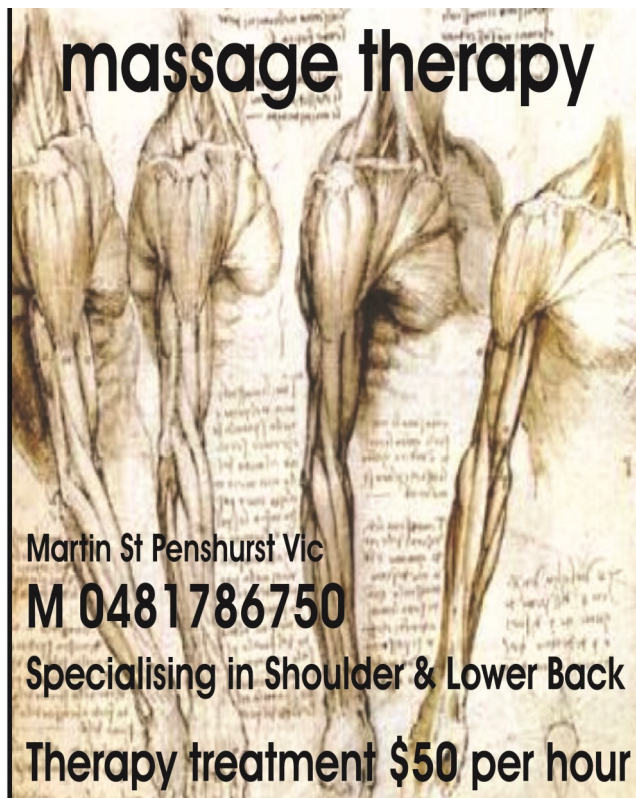
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"He who sows courtesy reaps friendship,
and he who plants kindness gathers love."

Basil of Caesaria



**CHRISTOPHER COOK
CONSTRUCTIONS**

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Fax: 5576 5267

112 Bell Street Penshurst Vic 3289

HIA Reg CB-U 6214 DB-U 5109

“You behold a range of exhausted volcanoes. Not a flame flickers on a single pallid crest.” — **Benjamin Disraeli**

PLACES OF INTEREST IN PENShurst

Volcanoes Discovery Centre

www.volcanoesdiscoverycentre.com.au

Yatmerone Wildlife Reserve

Ritchie Street, Penshurst

Botanic Gardens

Chesswas Street, Penshurst

Penshurst Caravan Park

Cox Street Penshurst

For Bookings phone (03) 5576 5220

24 Hr Fuel

91A Bell Street Penshurst

Mount Rouse Lookout

Waller Road, Penshurst

Penshurst Church Services

Bethlehem Lutheran Church Tabor Service every Sunday 10.00am	Penshurst Anglican Church 5pm Mass 3rd Sunday each month For further details contact Janet Kelly on 5576 5247	St Andrew's Uniting Church Penshurst 2nd & 4th Sunday 11am Service	St Joseph's Catholic Church Penshurst 1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am
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TAIL END TALES

Doctor Dementia to Test Your Reading Skills

If you can read this you have a strong mind. And better than that: Alzheimer's is a long, long, way down the road before it ever gets anywhere near you.

7H15 M3554G3
 53RV35 7O PROV3
 HOW OUR M1ND5 C4N
 DO 4M4Z1NG 7H1NG5!
 1MPR3551V3 7H1NG5!
 1N 7H3 B3G1NN1NG
 17 WA5 H4RD BU7
 NOW, ON 7H15 LIN3
 YOUR M1ND 1S
 R34D1NG 17
 4U70M471C4LLY
 W17H OU7 3V3N
 7H1NK1NG 4B0U7 17,
 B3 PROUD! ONLY
 C3R741N P30PL3 C4N
 R3AD 7H15.



To my 'selected' strange-minded friends: If you can read the following paragraph, forward it on to your friends with 'yes' in the subject line. This is weird, but interesting!

If you can read this, you have a strange mind, too. Only 55 people out of 100 can.

I cdnuolt blveiee that I cluod aulacly uesdnatnrd what I was rdanieg. The phaonmneal pweor of the hmuan mnid, aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it dseno't mtaetr in what oerdr the ltteres in a word are, the olny iproamtnt tihng is that the frsit and last ltteer be in the rghit pclae. The rset can be a taotl mses and you can still raed it whotuit a pboerlm. This is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the word as a wlohe. Azanmig huh? Yaeh and I awlyas tghuhot slpeling was ipmorantt!

For those that can't read it, we will provide a translation next newsletter.

Have a wonderful fortnight ...

And finally

“Don’t take life too seriously. You’ll never get out of it alive.” - *Elbert Hubbard*