

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc

PENSHURST CHRISTMAS MARKET

FRIDAY 13TH DECEMBER

Where will you be on Friday the 13th?

Come out, come out, to the Penshurst Christmas Market. Meet your friends for a chat. Browse the early shopping treats. Sample a sausage, sing some songs and carols (provided by our old friends Mistabeat). Watch the kids on the Jumping Castle, play games, eat Christmas Cheer. And then, when you are feeling mellow, wander across to visit the Christmas Reindeer decorated by the kids from our Penshurst Schools for our enjoyment.



There's a people's choice award which is very easy. Every reindeer has a number, write the number on the slip of paper provided and drop it in the box. The competition is divided into two halves, our 1st - 3rd graders and 4th - 6th. The winner of each category will get a small prize to add to their Christmas fun.

Later our red-suited visitor is expected. Will you be one of the 'kids' he shares his bounty with? Come along and help us make this a night to remember.

PENSHURST



Christmas market

Friday Night
December 13th
5.30 – 8.30pm

With thanks to Josh & Tracy Hewitt who donated the jumping castle, Penshurst Progress Association & Penshurst Men's Shed who provided the reindeer, our stallholders and the Bendigo Bank, Dunkeld who sponsored the event.

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Published by **Penshurst Mens Shed Incorporated**

ABN 56 257 756 133 VMSA No: 301039

"Mt Rouse News & Views Community Newsletter"

Is the registered business name of the Penshurst Mens Shed Newsletter

Registered Address: 46 Watton Street, Penshurst 3289

DEADLINE FOR SUBMISSIONS - 14th December 2019

The newsletter will be published on Wednesday fortnightly and we would appreciate
submissions at the earliest possible time within the fortnight but no later than the
Saturday immediately prior to the Wednesday of publishing.

Editor : Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

F R E E N E W S L E T T E R E V E R Y F O R T N I G H T

Also available in colour online at

<http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html>

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Caramut and District Garden Club



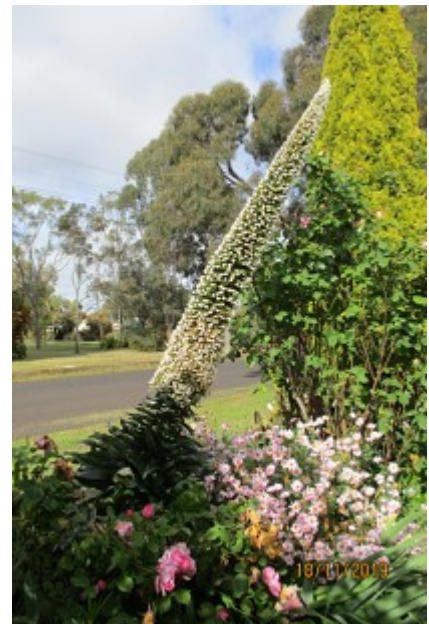
Pride of Madeira *Echium candicans* This plant comes from the Canary Islands or Madeira. The bright blue, purple or pink flowers appear in late spring and summer. The honeyeaters love them. They have hairy leaves and if eaten, can cause stomach upsets.

They are very frost hardy and do well in a dry climate, well drained soil with full sun. I never water mine, but after a dry summer, they do look rather unhappy. They seed freely and can

also be grown from cuttings. In fact they are on a Weed Alert for much of the state. Each branch can reach up to 3.5metres tall with the flower spikes reaching lengths of 200-400 mm. The root system must be robust as it supports so many long flower stems.

The plants can become rather woody, but can be cut back any time after flowering.

The top photo is of the pink bush. The colour has gone, with seeds forming. The two plants pictured are two years old. The top one flowered last year and I have found small seedlings growing in the gravel. The plant on the left with the very tall flower spike has only one actual plant. I was amazed to see such a long flower head.



Christmas Lunch

Our Christmas Luncheon is on Tuesday 10th December at noon at Micky Bourke's Pub, Koroit. Please bring a potted plant to exchange and the money for the raffle tickets.

Visitors are always welcome.



He who would have nothing to do with thorns must never attempt to gather flowers.

Henry David Thoreau

Where the most beautiful wildflowers grow, there mans spirit is fed and poets grow.

Henry David Thoreau

**PENSHURST PRESCHOOL
50TH BIRTHDAY
CELEBRATION**

WEDNESDAY 19TH FEBRUARY 2020 10:30 AM

**We would love to see as many past children,
families, committees, staff and community
members celebrate this very important day
with us.**

A Birthday cake and a light morning tea will be provided



"The idea of community and helping others has always been a part of who I am. Growing up, my parents always made sure that my siblings and I were doing our part to serve our local community. " - **Blake Mycoskie**

Where will you be on
Sunday 8th December at 7.30pm.



See you at the
Penshurst Christmas Carols
At the **Memorial Hall**
Everyone welcome



Social Support Group December

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Bookings essential by Tuesday of each
week. Phone Social Group 5551 8381 /
0417 017 728

Penshurst Bowls News

The Men ran their annual November Tournament on the 21st, on a day of all seasons, firstly there was a TFB for the state, and Code Red for the Mallee districts, however, they still played, hoping conditions would be Ok down south, most bowlers turned up in shorts, only to be calling up family to bring more clothes by the end of the day..

Twelve teams competed on the day from Grangeburn, Hamilton, Macarthur, Portland, Portland RSLM and Many Thanks to the local Penshurst teams.

There were two 4 game winners, with the team from Portland RSLM skipped by Des Pitts taking out the major prize with 29 shots up. Former Penshurst player Neville Linke & his team from Hamilton were runner up with 13 shots up.

Our Thanks to all the business' who pay to advertise around the green, this makes running tournaments a lot easier.

Other News

Men's & Ladies Championship rounds will begin soon to get our Champions for the season.

Jenni Kinnealy has continued her form from last year to win the 21 up competition again, the Handicapper is going to have to get real tough next year!!

The Ladies Pennant (Midweek) is almost to an end, with only one more match to play, currently we are holding onto top spot, with finals due to be played from the 6th December, so good luck team.

The Men's comp (Saturday) runs into the New year, they are yet to get serious with a few wins, so come on guys, enjoy ...

Good Bowling to all, Kitty n Jack

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"Everyone has inside of him a piece of good news. The good news is that you don't know how great you can be! How much you can love! What you can accomplish! And what your potential is! "

Anne Frank



PENSHURST MENS SHED

103 Cobb Street Penshurst

The shed is open:

Wednesday and
Saturday 10:00 am to 4:00 pm

Tuesday Social afternoon

1:00 pm to 4:00 pm

Everyone Welcome

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Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm

Please phone late orders 15 minutes prior to closing, thank you.

Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Tom Cooke - Vice President

Nigel Pyne

Josh Hewitt - Treasurer

Don Adamson

Next Meeting: Wednesday 22nd January, 7.30pm in the Supper Room, Penshurst Hall.

What a wonderful world

Today I am safe, in my own home, plenty of food, warmth, comfort, family and friends and I am grateful for every blessing and every moment of peace, whether by myself or with other people. Who will you be thinking of in this season that should remind us of love and sacrifice and a chance to do good for others?

This year has seen the culmination of projects started and supported by previous Progress Association committees. We now have new steps up to the top of Mt Rouse, and two of the three stone walls/entrances have been completed at the Penshurst Botanic Gardens.

One of the first projects for our new committee was to change the name of the Association, which was completed. We then endeavoured to keep the residents of our town informed about the workings, actions and thoughts of the group, which we achieved through the Newsletter. Speaking of which, the Progress Association would like to thank the Men's Shed crew for the newsletter which we frequently hear is enjoyed by many people, often for different reasons.

We have updated and started implementing the Community Plan, including visiting with a number of groups in town, such as the Lion's Club and History Association. The Botanic Gardens Master Plan was reviewed, and our comments reported to Council. It has been noted, and commented on, by the Council that Penshurst is becoming pro-active, and we wish to continue this trend. As advised by one of the Councillors, the people who get what they want are those who keep talking, and gently pushing for, projects that are important to them.

We had two Listening Posts with the Council, with very little feedback, but they are being reminded about that and we hope to hear from them in the near future. This includes the results of Brian O'Brien's footpath review, but more on that in later issues.

And we still have a lot of projects to work on. We have been advised that the Council will come out to us with the 2041 Streetscape project in February 2020. We still need to develop both a logo for the Progress Association, and branding of our own for our town.

It's all small steps ...

For this years "**Christmas Lights**" competition the prizes are First - \$100, Second - \$75, Third - \$50. Judging will be done on the 20th December. It's a pleasure to see the outcome of people's efforts to decorate their homes for the season.

Penshurst Citizen of the Year - Attached to this newsletter is a form to nominate your 'Citizen' who deserves the recognition of the town for their efforts in making life better for all of us. Please be part of this important process. The forms get dropped into the red box at the Takeaway by Tues. 31st December.

Ama Cooke, President

"You cannot do a kindness too soon
because you never know how soon
it will be too late."

– **Ralph Waldo Emerson**

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The Annual General Meeting of the Grampians Regional Community Enterprises Limited was conducted on Wednesday evening at the Dunkeld Community Centre. Board Chairman Craig Oliver, thanked directors and staff for a very successful year, where we again declared a dividend for the second consecutive year.

Reports were read and accepted, including a report from Manager Anna and Regional Manager Jason Chuck. New Directors, Phil Perret, Chris Murphy and Sherryn Jennings were warmly welcomed. Each of them will provide their own strengths and fresh ideas to the Board.

We also enjoyed a guest speaker from the D-force committee, Andrew Monk. We proudly supported this wonderful cause during the year and it was great to hear of the continued progress of the group so far. Beverages and refreshments concluded a lovely evening.



A PAGE TO SHARE RECIPES

This recipe puts a delicious spin on an old-time favourite that is guaranteed to delight!

Lemon Chicken and Parmesan Rissoles

Serves 4, Preparation time: 30 mins, Cooking time: 15 mins

INGREDIENTS

500g chicken mince	1 teaspoon finely grated lemon rind
1 egg, lightly beaten	1/4 cup pitted kalamata olives, chopped
2 garlic cloves, crushed	1/3 cup parmesan, finely grated
1/2 cup fresh breadcrumbs	1/4 cup plain flour
1 tablespoon basil leaves, finely chopped	1 tablespoon olive oil

METHOD

Step 1 Preheat oven to 180°C/160°C fan-forced.

Step 2 Combine mince, egg, garlic, breadcrumbs, basil, lemon rind, olives and parmesan in a bowl.

Step 3 Place flour on a plate. Using the mixture, shape eight two centimetre-thick rissoles. Roll in flour to lightly coat. Place on a large plate. Cover.

Refrigerate for 20 minutes.

Step 4 Heat oil in a frying pan over medium heat. Cook rissoles, in batches, for one to two minutes or until browned. Transfer to a greased baking tray. Bake for eight to 10 minutes or until cooked through.



“Food is an important part of a balanced diet.”

Fran Lebowitz

“All I ever wanted to do was to make food accessible to everyone; to show that you can make mistakes - I do all the time - but it doesn't matter.” - **Jamie Oliver**

If you want to express yourself, it is difficult to be by yourself. You must have people around you who understand the same music. It is like being the chef d'orchestra. They need you, but you need them desperately. - **Hubert de Givenchy**

Friendly faces and helpful staff ...

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We are open:

Wednesday - Friday 7:30 am to 5:00 pm

Saturday 7:30 am to 4:00 pm

Sunday 8:00 am to 4:00 pm

LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at : mtrousenewsletter@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

* * *

PENSHURST VILLAGE IN KENT UK

The original Penshurst, after which our town is named, is a village in Kent, the garden County of the United Kingdom.

Penshurst is a historic village and civil parish located in a valley upon the northern slopes of the Kentish Weald, at the confluence of the River Medway and the River Eden, within the Sevenoaks district of Kent, England.

The village is situated between the market town of Tonbridge and the spa town of Royal Tunbridge Wells, some 6 miles (9.7 km) south of Sevenoaks. Penshurst and its neighbouring village, Fordcombe, recorded a combined population of some 1,628 at the 2011 Census.

The village is the home of two historic estates. Penshurst Place, formerly owned by King Henry VIII, sits at the centre of the village in the valley, while Swaylands is situated at the top of Rogues Hill on the outskirts of the village.

The village grew up around Penshurst Place, the ancestral home of the Sidney family. There are many Tudor-looking buildings in the village, although some are Victorian.

Penshurst Place is a 14th century manor house built in 1341. The 2,500 acre estate, once the property of King Henry VIII, was left to his son King Edward VI and granted to Sir William Sidney in 1552. The Sidney family have been in continuous occupation for more than 460 years since. The house and its extensive gardens are now open to the public.

The house is without question one of the finest fortified manors in England and is full of fine art and furniture. The mansion and extensive gardens are regularly open to visitors.



Penshurst Place—14th Century Manor House

MONTHLY MEETING DATES

- Book Club, 2nd Tuesday each month at Senor Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Would you like your group listed here, contact Mark on 0409192612 or email mtrousenewsletter@gmail.com

Penshurst Memorial Hall



To hire the Hall please contact the booking agent, Thomas Cooke 0488 557 345
or Email penshurstmemorialhall@gmail.com.

Contact Tom Cooke for key collection.

Daily charges for Hall hire:

- Supper Room or Kitchen \$50
- Main Hall \$150 • Entire Venue \$250

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Mobile Library

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Outside the Hall in Martin St

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Mt Rouse Puzzler - Just how puzzled can you get

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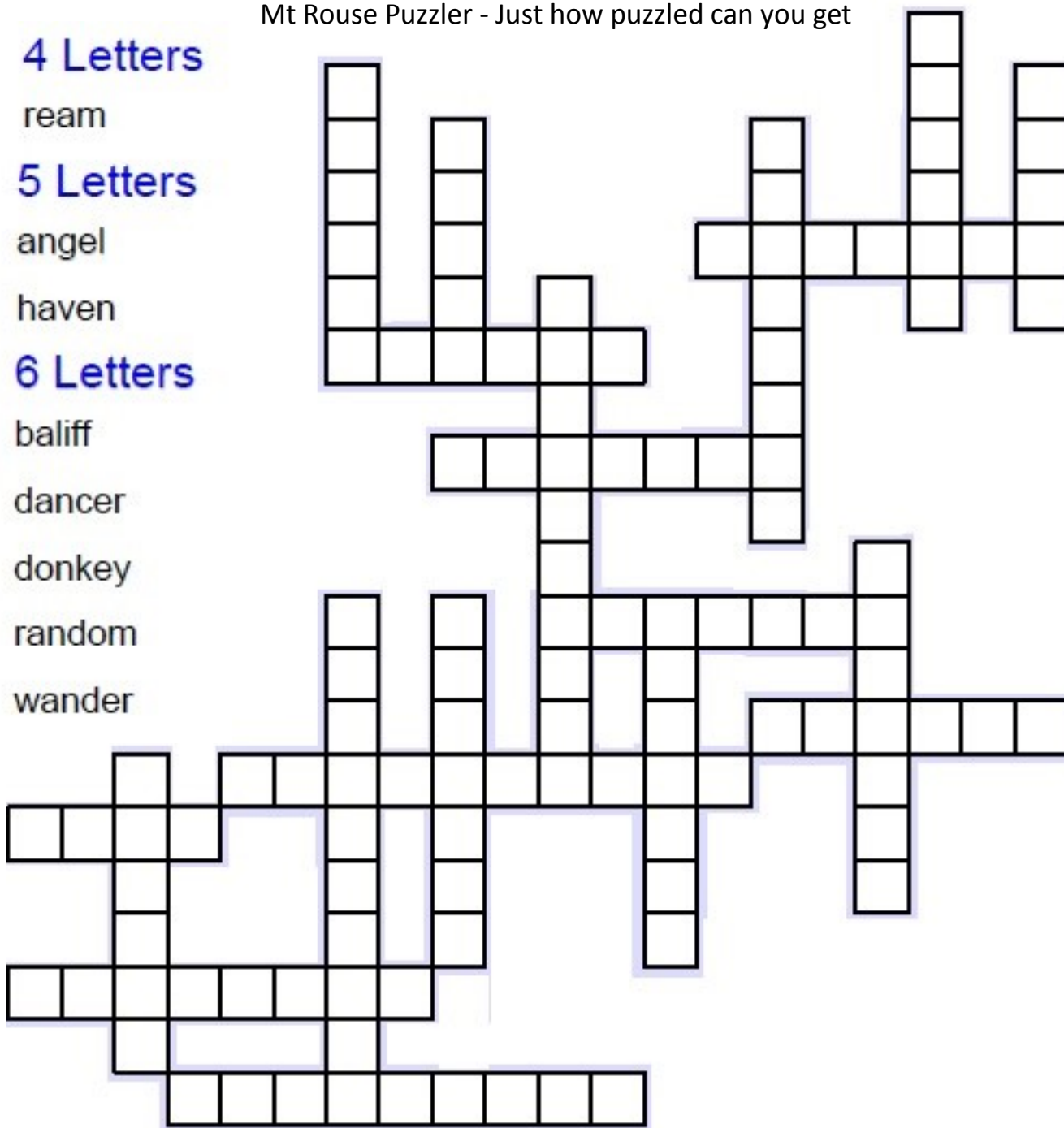
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wander



7 Letters

believe

bellows

bicycle

cumulus

desktop

elegant

8 Letters

elephant

treetops

9 Letters

scrabbled

10 Letters

belladonna

delightful

roustabout

Answers to last fortnight's crossword: Across: 2 quartermaster, 5 market, 6 boundaries, 8 compendium, 11 balustrade, 14 discussion, 15 insignia, 18 undulation. Down: 1 idle, 2 quaint, 3 roundabout, 4 reappearing, 5 meandering, 7 discussion, 9 rabbit, 10 library, 12 rhombus, 13 eloquent, 16 collected, 17 misty.

Riddles

1. I am the beginning of the end, and the end of time and space. I am essential to creation, and I surround every place. What am I?

2. What are moving left to right, right now?

3. Who is never hungry during Christmas?

4. I'm tall when I'm young and I'm short when I'm old. What am I?

5. Why can you not trust Atoms?

6. I have a thousand needles but I do not sew.

What am I?

7. What always runs but never walks, often murmurs, never talks, has a bed but never sleeps, has a mouth but never eats?



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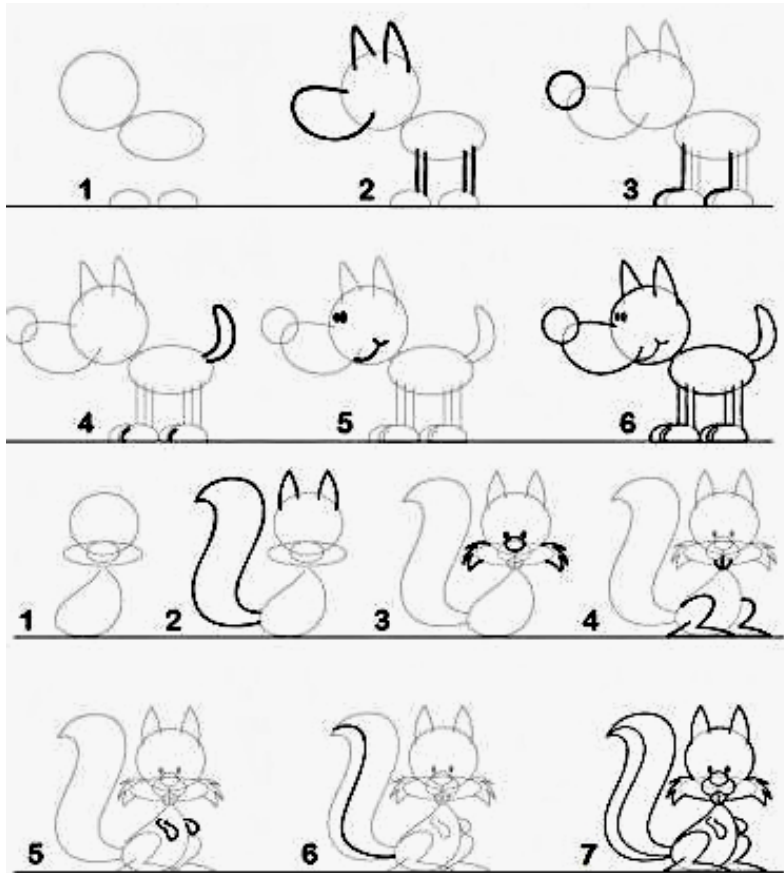
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Penshurst LPO, 31 Martin Street, Penshurst. 3289 Phone: 03 5576 5220

"Advances in medicine and agriculture have saved vastly more lives than have been lost in all the wars in history." **Carl Sagan**

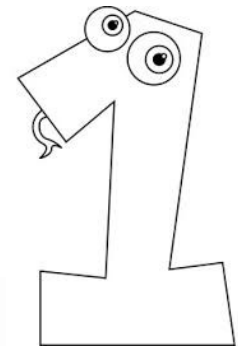
A PAGE FOR THE CHILDREN

Diving, climbing, growing, flying with the number 1



Just for a bit of fun,
We thought we'd start at number 1,
As we progress to number 2,
Can you see what you have to do?
To draw a cartoon Animal shape,
There's room for us to make mistakes,
But if we follow the instructions here,
Our animals will soon appear.

For those of us who cannot draw,
The task is now easier than before,
Pick up your pencil and texta too,
Bring them to life with colour, do.



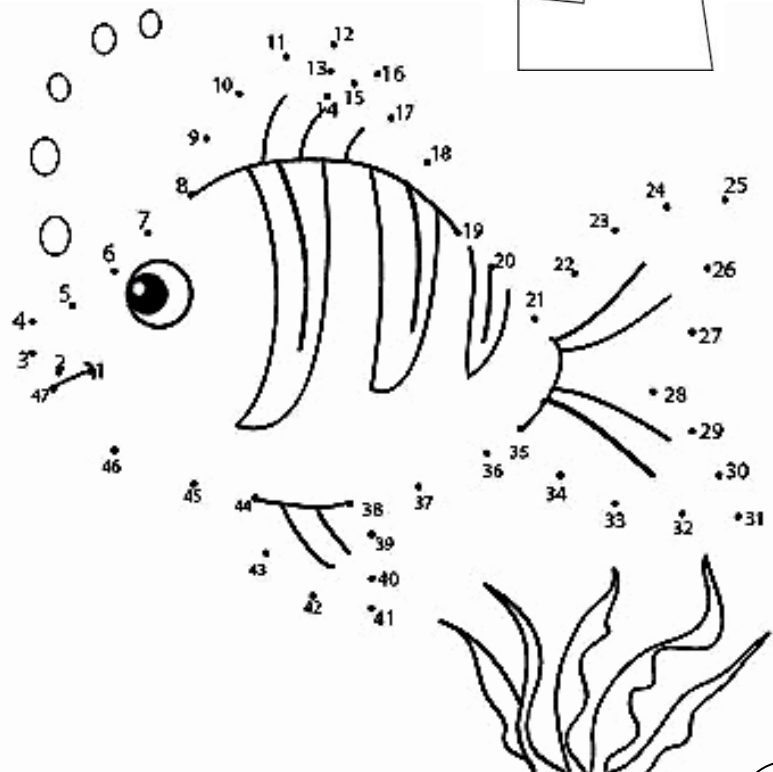
To be Number 1

Name five things that are unique in your life (that means there is only one of them and they are very special).

It might be a pet, a family member, a plant or vehicle, a memory, or something you see around you in every day life.

Let me think .. I know ..

The sun, the moon, but not the stars.
And not the planets just like Mars. The cat, she thinks she's quite unique, but not her toys with fur and squeak. Two more, let's think what can they be? My son, my daughter, and then there's me. Each of us is truly unique, even identical twins are slightly different from each .. Did you know? Your turn.





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"If truth is beauty, then how come no one
has their hair done in a library? "

Lily Tomlin



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“Time, you old gypsy man, will you not stay, put up your caravan just for one day?” — **Ralph Hodgson**

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Penshurst Church Services

Bethlehem Lutheran Church Tabor Service every Sunday 10.00am	Penshurst Anglican Church 5pm Mass 3rd Sunday each month For further details contact Janet Kelly on 5576 5247	St Andrew's Uniting Church Penshurst 2nd & 4th Sunday 11am Service	St Joseph's Catholic Church Penshurst 1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am
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TAIL END TALES

Three Simple Rules

Once there was a rich man in Thailand. His name was Chulong. He was a very rich man. Yet he wanted more riches, more money. One day he was walking in his garden. He saw a strange bird in a bush. It was very small. But it had very beautiful and colorful features. Its voice was also very sweet. Chulong had never seen such a bird in his life. He slowly went near the bush unseen. He caught the bird. Now the bird began to speak.

"Why have you caught me?" the bird asked.

"I want to make money. I can sell you for a big amount," replied Chulong.

"But you are already rich. Why do you want more?" asked the bird.

"Because I want to become richer and richer," replied Chulong.

"But do not dream of making money through me!" said the bird. It further added, "You can not sell me. Nobody will buy me, because, in imprisonment, I lose my beauty and my sweet voice." Then it slowly turned into a black bird.

The beautiful features were now looking like the feathers of a crow.

Chulong hopes of making money were shattered. He said angrily, "I will kill you, and I will eat your meat."

"Eat me! I am so small. You will not get any meat out of me," replied the bird.

Chulong could not answer. The bird then suggested, "Well set me free. In return I shall teach you three simple but useful rules."

"What is the use of the rules? I want only money," said Chulong. He was irritated.

"But these rules can profit you greatly," added the bird.

"Profit me! Really? Then I shall set you free. But how can I trust you? You may fly away," said Chulong.

"I give you my word. And I always keep my word," said the bird.

Chulong wanted to take a chance. He released the bird. It flew up at once. Then it sat on the branch of a tree. Its colour started changing. It became beautiful again.

Chulong asked, "Now teach me the rules."

"Certainly," said the bird.

Then it added, "The first rule is Never Believe everything others say. The second rule is Never be sad about something you do not have. The third rule is Never throw away what you have in your hand."

"You silly bird," shouted Chulong. And he added, "These three rules are known to every one. You have cheated me."

But the bird said, "Chulong, just sit down for a while. Think about all your actions of today. You had me in your hands, but you threw me away (released me). You believed all that I said. And you are sad about not having me. The rules are simple. But you never followed them. Now do you see the value of the rules?" so saying the bird flew away and disappeared from his sight.

Gratitude is an action, not just a state of mind.



Penshurst on Patrol

December 2019

We are fast approaching the Festive Season or more affectionally known as the silly season. It is a time for warmer days (albeit, hard to imagine with the recent weather), spent outdoors with family, friends and work colleagues. Invariably this takes place in the form of social functions and good old get togethers. When punctuating the year that was, events like these are important to recharge and to build and maintain those relationships which are important to us. However, please remember;

Have fun but drink responsibly.

If you are going to drink, then don't drive.

Don't use your mobile phone whilst driving. It's not that important, the text can wait.

Check the signs and please stick to the speed limit. They are there for a reason.

Other considerations this time of year:

We already had one Total Fire Ban Day. Please ensure that you have reviewed/created your bushfire plan before the Fire Restriction Period commences. If you own a smartphone download the **Vic Emergency App**, it's a great little information resource. Also visit the **CFA Website** for further information and assistance.

Scammers, online fraudsters and traveling conmen. They are known by many names however, the one thing they have in common is that they part you from your hard-earned cash. In nearby Hamilton and Dunkeld there's been recent reports of workmen offering maintenance/repair works at a fraction of the cost with the promise of a shiny warranty or guarantee. The workmen would then charge more than quoted and the quality of works are later found to be questionable. The only guarantee being that the workmen, and your money, will be long gone. Rule of thumb for all scams, online fraud and traveling conmen; **if it sounds too good to be true, then it generally is**. Also, if you are the recipient of an unsolicited call asking to provide your personal or credit card details, alarm bells should be ringing. If in doubt, ask for a number to contact them back on instead. If they start to get angry or pushy about the request, you are probably talking to a scammer.

The Australian Competition and Consumer Commission (ACCC) has a terrific resource called www.Scamwatch.gov.au that provides information on how to identify, report and more importantly, protect yourself against these scammers.

Penshurst Progress
Association Inc

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Australia Day Nomination Form

Penshurst Citizen of the Year

Name of Nominee:

Reason why you nominated him or her (or group):

.....

.....

.....

.....

Your name:

All Nominee names are kept confidential

Contact no:

Thank you for submitting your nomination

Date:

Please return by email or drop in the Red box at the Takeaway
by 31st December 2019. Thank you.