

# MT ROUSE NEWS & VIEWS



A Project of the Peshurst Mens Shed Inc



The Editor at work - The Men's Shed is the Project

## Penshurst Hair Design



The Salon is Open

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Thank you

### PLACES OF INTEREST IN PENSHURST

#### Volcanoes Discovery Centre

[www.volcanoesdiscoverycentre.com.au](http://www.volcanoesdiscoverycentre.com.au)

#### Yatmerone Wildlife Reserve

Ritchie Street, Penshurst

#### Botanic Gardens

Chesswas Street, Penshurst

#### Penshurst Caravan Park

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#### NEW MENU ITEMS

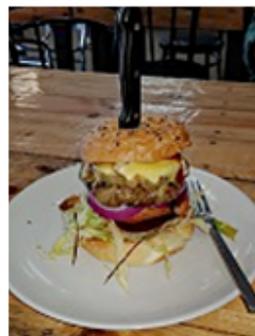
Huge range of focaccias - Egg & Bacon Rolls & Muffins

#### Opening hours

Monday 6 am - 7 pm Tuesday 6 am - 5 pm

Wednesday & Thursday 6 am - 7 pm

Friday & Saturday 7 am - 8pm Sunday 8 am - 7 pm



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Roast Lamb & Beef Gravy Rolls

Ask about our American Style Burger Menu

Please phone late orders 15 minutes prior to closing, thank you

## Penshurst Progress Association

ABN 35 622 662 815

Committee of Management:

Ama Cooke – President 0402 870 738

Mark Dalla Costa – Secretary

Mary Stewart

Tom Cooke - Vice President

Nigel Pyne

Josh Hewitt - Treasurer

Don Adamson

**Next Meeting: 28th October ? 7.30pm in the Supper Room, Penshurst Hall.**

Good evening everyone,

I've been thinking about this list that the Council wants us to provide, to prioritise what we want them to work on next. Mayor Sharples has said that the Botanic Gardens is a 'work in progress' (I think it was in the '2020 year in review', which is online at the SGSC website). I'm glad the Council still has their focus there, but what else do we want? It's not my job to choose, nor can the Progress Association members be the only ones who decide these other important steps for Penshurst. We also want feedback from you.

The COVID experience might not have affected your life very much, or it might have changed it profoundly. It's been an incredibly personal experience for a lot of people, not just those directly affected by the virus. Hopefully it has made us all more aware, not just of ourselves and our limitations, but also about taking care of others around us. That 'taking care' includes the town.

Next on the Council's agenda (not including the election) is the 2041 project (see advertisement this page), that has finally arrived after a long delay. Andrew Goodsell wrote, "Council has a strong desire to improve the long term sustainability of the Shire's towns, businesses, community groups and services, through efforts to sustain the population base of the Shire and develop new and innovative local industries. This process is intended to help shape strategic community planning for the next two decades, providing a foundation for all other work delivered by Council."



We are invited to join the online Listening Post to discuss it. I remember the meeting the new PPA committee had with Andrew and others from the Council, and thought then it would be very good for our town. So please, sign onto the meeting on the 14th and we'll go from there.

In a media release a few pages forward, we see that the Council is once again asking for nominations for their Australia Day awards. Do you have a person you would like to suggest we share with the Council so that they can be recognised for their hard work in the Penshurst District?

Wishing everyone a great fortnight as we settle into daylight saving, and growing summer vegetables. I wonder if there'll be another tomato competition this year.

Have a great fortnight and be safe,  
Ama Cooke President PPA 0402 870 738

# Penshurst Post Office

31 Martin Street, Penshurst. 3289 Telephone: 5576 5220



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schooling



We look forward to seeing you  
Stay Safe

*John, Judy & Nicole*

## MEDIA RELEASE

1 October 2020

**NOMINATIONS NOW OPEN FOR 2021 AUSTRALIA DAY AWARDS**

Nominations are now open for the 2021 Australia Day Awards. The Southern Grampians Shire Council Australia Day Awards are presented annually to recognise the achievements and contributions made by residents of the Southern Grampians Shire.

Southern Grampians Shire CEO Michael Tudball encourages residents to get involved in the nomination process, saying the positive differences individuals and groups make to our community are worthy of celebration.

"There are many people in our region who are great role models, and who contribute to the welfare and wellbeing of our community, including our environmental and social responsibilities, our cultural capital and our community spirit," Mr Tudball said.

"It's also important to recognise the significant role that events play in our towns and communities. Although the past year has been slightly different to most with many events going virtual, we know that events engage different demographics, fundraise for community projects, contribute to our region's reputation and have positive social and economic benefits.

"This is a great opportunity to recognise those people who are contributing positively to our community and hopefully, it may also inspire others to follow in their footsteps," Mr Tudball concluded.

The Southern Grampians Shire Council 2021 Australia Day Awards, comprise four categories:

**Young Citizen of the Year** is awarded to a Shire resident aged under 25 as at 26 January 2021 who has made a significant contribution to the community in the current year or over a number of years.

**Citizen of the Year** is awarded to a Shire resident aged over 25 who has achieved the most distinguished performance and/or made the most outstanding contribution to the Shire community in the current year or over a number of years.

**The Community Activity of the Year** is presented to the group or person who has staged the most outstanding community event, either small or large, between 30 October 2019 and 29 October 2020. This could be a single day event, a multiple day event or a virtual event.

**Community Recognition** is awarded to an individual based in the Shire who has made a significant contribution to the local community in the current year or over a number of years.

Council has launched an online nomination form, available on our website, to make it easier to nominate someone or a group who has continued their good will this year, despite the extraordinary challenges caused by the global pandemic.

Nominations close Friday 13 November.

If you have any questions, or would like some help with your application, please contact Council's Community Relations team on 55730444.

**Media Contact:** Alison Quade | 0429 601 208 | aquade@sthgrampians.vic.gov.au

"As sure as the spring will follow the winter, prosperity and economic growth will follow recession. "

**Bo Bennett**

"If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome. "

**Anne Bradstreet**

**Greater Hamilton Library**

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www.centralhighlandlibraries.org.au




The Universal Soul, as it is called, has an interest in the stacking of hay, the foddering of cattle, and the draining of peat-meadows.

Henry David Thoreau

## Silage Wrapping

Penshurst  
and surrounds

You bale - I wrap

Call Jordan Page

0438 394 436

## Monthly Meetings

- Book Club, 2nd Tuesday each month at Senior Citizen club rooms. 2.00pm
- Caramut & District Garden Club, 2nd Tuesday monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Saturday each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tuesday each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tuesday each month at 8 pm.
- Mt Rouse & District Historical Society, 4th Sunday in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tuesday each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room, Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am at the pre-school in Watton street. Everyone most welcome. (No play group in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst Senior Citizens meet last Tuesday monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tuesday of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Penshurst Urban Fire Brigade, 2nd Monday monthly at fire station.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm at Hospital.
- RSL meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

## Hello Possums

On a light, but rather noisy note, the possums that used to live in our roof have now taken up residence on top of a tall cupboard on the back verandah. They, the mother and half grown baby, have taken to racing up the ramp from the garden (when they aren't stampeding across the roof) and stopping at my mother's feet, where the furry mother proceeds to complain about whatever (or she could just be saying hello), before she encourages her youngster to climb up the trellis on the edge of the verandah and make their way to their box. It's not a possum box, just an old drawer that I had stored some odd things in, but its become home to them. The wallaby that insists on sharing Tom's tomatoes and pumpkins, the echidna with the bindi mark on her (his?) (a plum petal) brow, the attack koala who taunts the dogs two doors down, and the hoppy magpie who now takes food from Tom's hand, have all become part of the joy of living in this town. Add the cat, that was a gift from our near neighbour, and our home is quite a menagerie.

Do you have a story you would like to share about your home or farm?



**Vote 1  
Ama Cooke**

for local  
representation

A number of people have told me that my winning a seat on Council will be good for Penshurst, and it will be, but it will also be good for the whole shire, because it has to be.

These are the things I'll be standing for:

### **Fairness**

- we are all part of the whole Shire, and while we don't live in the 'big' town, we are just as entitled to receive funding for our projects as it is.

### **Genuine Communication**

- which means no more ignored phone calls, or answers to letters that show the reader ignored the question. Everyone is important and has a right to be heard. And difficult questions should be answered.

### **Change & Progress**

- change happens because we make it. We can't just sit back and hope it will. Think of me as a catalyst, a changemaker. Let me work for your benefit in our Shire.

### **Commitment**

- my time during the four years of working hard, staying focused on big and small projects, and making sure that those who voted for me, or ask for my help will be satisfied with the results.

**Help me become a Councillor by voting for me and asking your friends to do the same.**

**I can't do it without you.**

Authorised by Amanda Cooke, 46 Watton St, Penshurst



## Penshurst Store



**Amanda & Cam Wilson**

**0439 941 942**

**Café/Bakery 110 Bell Street, Penshurst penshurststore@gmail.com**

### New Hours:

**Monday to Friday 7.30am to 5.00pm**

**Saturday 8.00am to 2.00pm**

**Sunday CLOSED**

Family Pies now available to order  
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### Western AG Willaura

T: 03 5354 1585

Glen Gray - 0439 541 036

## Riddles

1. What are an Alligator's favourite shoes?
2. I have the power to fool or instruct. To convince or distract. To give and retract. You may use me but never know my impact. What am I?
3. I am you when not asleep; And where the sad come to weep. What am I?
4. I scream, I can be mostly any shape or colour, but everyone seems to talk about screaming when they talk about me. What am I?
5. What did Obi-Wan say to Luke when he was having trouble eating at a Chinese restaurant?
6. What do you call a boring dinosaur?
7. Which school subject was the witch's favourite?

## A PAGE TO SHARE RECIPES

A beautiful, sweet-tasting quiche

**Bacon, Zucchini and Red Onion Quiche**

Prep Time 25 mins - Cooking Time 60 mins

**INGREDIENTS - 4 Servings**

4 eggs	4 zucchinis thinly sliced
1 1/2 cups milk	6 bacon rashers diced fat trimmed
1/2 cup plain flour	2 sheets shortcrust pastry thawed
1 red onion diced	1 pinch salt and pepper *to taste
1/2 cup cheese shredded	

**METHOD**

**Step 1** Preheat oven to 170C.

**Step 2** Pan-fry the onion, zucchini and bacon until soft and slightly brown. Add salt and pepper.

**Step 3** Remove from stove and allow to stand for a couple of minutes.

**Step 4** Mix the eggs, milk and flour, and a pinch of salt in a bowl. Mix in the bacon mixture and the cheese.

**Step 5** Spray a quiche dish with oil, line dish with shortcrust pastry and pour in quiche mixture.

**Step 6** Using a little egg white, lightly wipe over the edge of the pastry. Lightly spray some oil on top of the ingredients.

**Step 7** Bake for 30-40 minutes or until a knife inserted into the centre comes out clean and the top is golden and crispy.

**Step 8** Allow to stand for 10 minutes. Serve with a green salad with balsamic dressing.



“the differences between a tart, a pie and a quiche are a blur”

**Yotam Ottolenghi**

“Getting there isn't half the fun, it's all the fun.”

**Robert Townsend**

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Answers to Riddles: 1. cross, 2. words, 3. awake, 4. ice cream, 5. use the fork, Luke, 6. a Dinosaur, 7. spelling.

**CHRISTOPHER COOK  
CONSTRUCTIONS**

**Ph: 0417 100 243**

**Fax: 5576 5267**



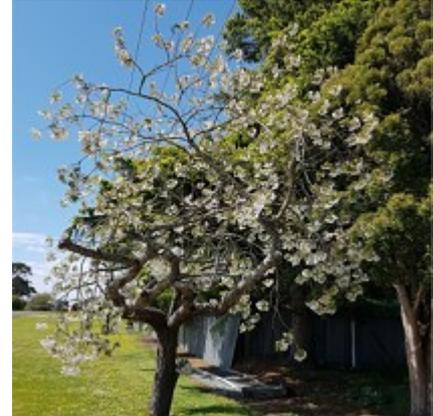
**HIA Reg CB-U 6214  
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Penshurst Vic 3289**

## SPRING IS BEGINNING TO BLOOM



Spring is becoming very evident around town with the multitude of trees and plants coming into bloom. It is always a great show and with beautiful blossoms as well as the strong colours of bulbs especially. It is pleasing to note that residents are planting flowering shrubs as



well as trees which add greatly to the show.

It is also pleasing to see the many flowering natives we have in increasing numbers. It all adds to a beautiful sea of colour in our streets which makes it very welcoming for visitors and locals alike.

### Around the Churches

#### The attraction of anger in our news

A friend taught something the other day. He pointed out that he finds himself getting grumpy when he ingests the news. Like eating something that gives you indigestion. Having watched the news I see what he means. Each story is carefully crafted to divide our community. It is inflammatory and infuriating.

I quickly point out that we are a bit spoilt with our local paper and community newsletters. They simply tell us what is going on in an informative and non biased way. This is not always the case with other publications.

But my friend has aroused some more questions that I don't know the answer to. Why does anger sell? Why does division and argy bargy, grab our attention and why is it that we hang onto these unhelpful emotions for far too long?

My friend, has chosen not to fuel his 'indigestion' with lashings of this unhelpful diet. He says he is feeling a lot happier for it and he certainly seems that way. He pointed out that every time we support the "Big media" we are in fact perpetuating the cycle of grumpiness. We are supporting an industry that is provocative.

In a very cheeky moment, I wonder what would happen if for just one day, everyone chose not to support the "Big Media". Would the world end if we chose not to buy one of their papers or watched a film instead of the news? We often need to be reorientated away from our ire.

Some of the words that have reorientated me from time to time are these.

Come Holy Spirit giver of life and love, grant for our hallowing thoughts that pass into words.

Words that pass into deeds, deeds that pass into love and love that pass into life everlasting.

Even so... come..

**Fr. David Oulton - [droulton72@gmail.com](mailto:droulton72@gmail.com)**

**We welcome contributions from the churches that include Penshurst in their parishes.**



THE FLAX MILL

**THE FLAX MILL** The mill was built in 1944 on property owned by the Collins Brothers. About 50 people were permanently employed with up to 100 in peak periods. The mill closed in August 1952. All transportable materials were sold at the Strathkellar sale in 1959. Left-over Flax was carted to the Terang Mill by the Ewing Brothers.



A little more Penshurst History thanks to the **Mt Rouse & District Historical Society** and Brian O'Brien. These two buildings were not included in the Exploring Penshurst booklet, but where in Penshurst Then & Now. We have two more for next fortnight.



**THE MECHANICS INSTITUTE** At a public meeting in 1960 the decision was taken to replace the Mechanics Hall. It was felt that the old hall no longer met the needs of the community and would require extensive and costly renovations to be brought up to standard. Building work commenced in October 1963. The Governor General, Viscount De L'Isle laid the foundation stone and buried a time capsule on 25<sup>th</sup> October 1963. A Grand Opening Ball was held on September 11<sup>th</sup> 1964.

THE MECHANICS INSTITUTE



The **Fungi (mushrooms)** of **Australia** form an enormous and phenomenally diverse group, a huge range of fresh-water, marine and terrestrial habitats with many ecological roles, for example as saprobes, parasites and mutualistic symbionts of algae, animals and plants, and as agents of biodeterioration. Where plants produce, and animals consume, the fungi recycle, and as such they ensure the sustainability of ecosystems.

Knowledge about the fungi of Australia is meagre. Little is known about aboriginal cultural traditions involving fungi, or about aboriginal use of fungi apart from a few species such as Blackfellow's bread.

The exact number of fungal species recorded from Australia is not known but the total number of fungi which actually occur including those not yet discovered, has been estimated at around 250,000 species, including about 5,000 mushrooms, of which roughly 5% have been described. Knowledge of distribution, substrata and habitats is poor for most species, with the exception of common plant pathogens. One result of this poor knowledge is that it is often difficult or even impossible to determine whether a given fungus is a native species or an introduction.

In all cases it's better not to eat any wild mushrooms unless you are positive about what species they are because some of them are very poisonous.

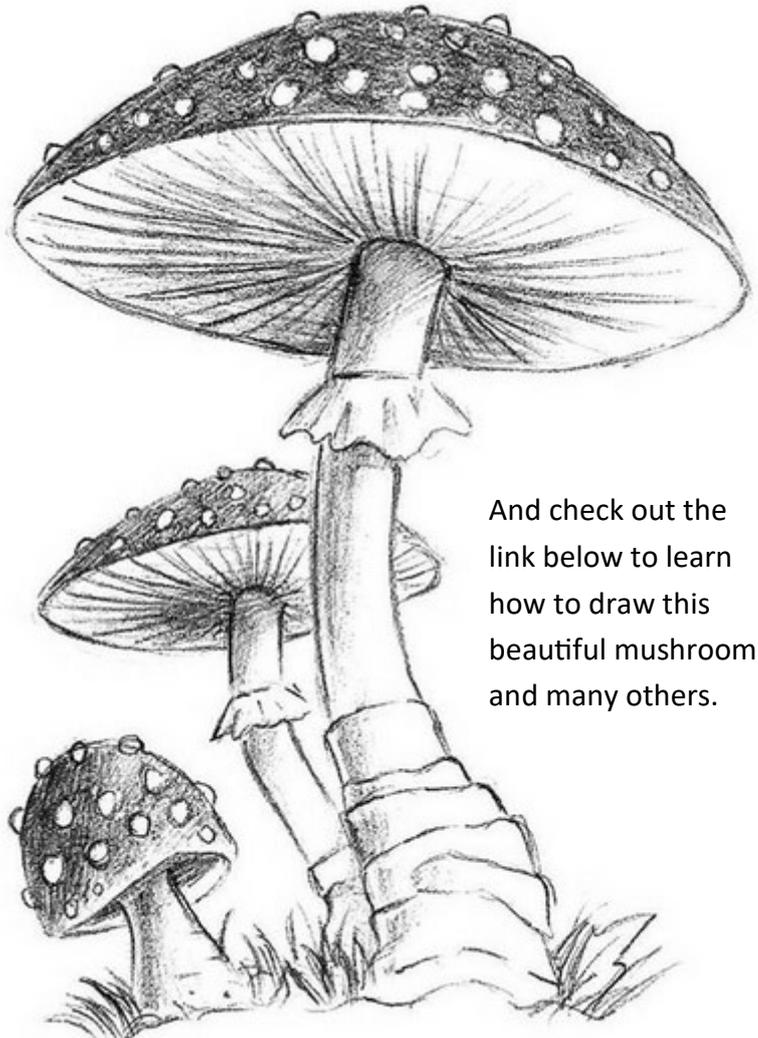
Information from Wikipedia.

A Page for the Children to enjoy

It doesn't take a lot of imagination to believe in fairies at the bottom of a garden containing these cartoonish mushrooms.



Can you add some of your own characters to this page when you colour it in?



And check out the link below to learn how to draw this beautiful mushroom and many others.

<https://www.drawingforall.net/how-to-draw-a-mushroom/>

## PENSHURST MENS SHED

### Update

While the Men's Shed is closed during the COVID-19 pandemic, there has been a little movement on the build project.

The external building has been completed and now the internal work must be done. Have patience, we will be open again very soon.

Newsletter: If you have any stories you would like to share events, stories and ideas, please contact Mark or Ama by phone or email.

Mark Dalla Costa

[mtrousenewsletter@gmail.com](mailto:mtrousenewsletter@gmail.com)

Ama Cooke 0402 870 738

### Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email [president@penshurstprogress.org.au](mailto:president@penshurstprogress.org.au)

Visit our site

**[www.penshurstvictoria.com.au](http://www.penshurstvictoria.com.au)  
and let us know if you have  
any comments.**

**Editor**

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**"Mt Rouse News & Views Community Newsletter"**

Is the registered business name of the Penshurst Mens Shed Newsletter

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### **DEADLINE FOR SUBMISSIONS – 17th October 2020**

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

**Editor : Mark Dalla Costa**

All correspondence to: [mtrousenewsletter@gmail.com](mailto:mtrousenewsletter@gmail.com)

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**1/4 page** \$5 + GST    **Business Card** \$3 + GST

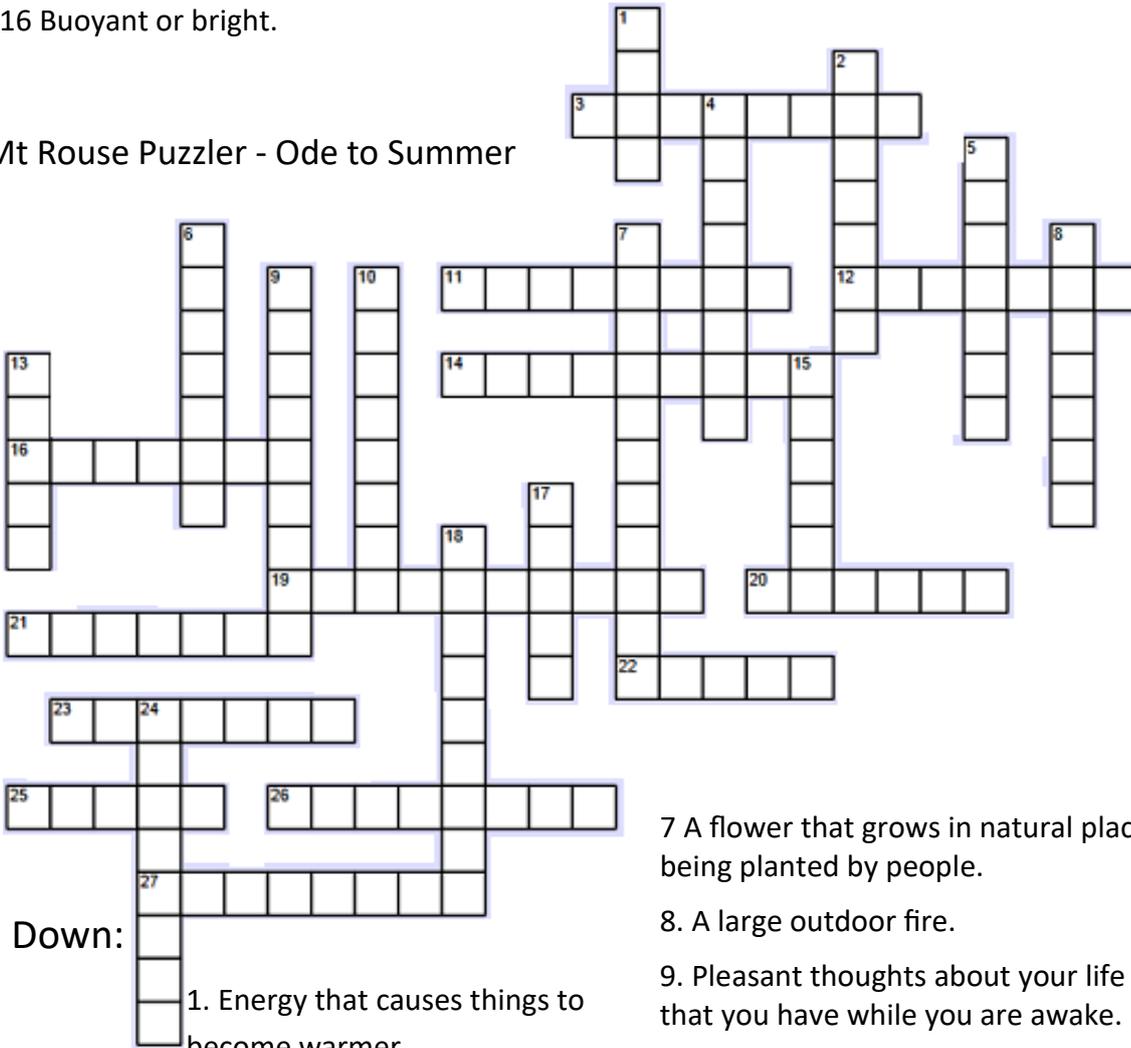
Across:

- 3. A flat metal frame that is used to cook food over hot coals or an open fire.
- 11. The light of the sun and sky during the day.
- 12. A curved line of different colours, sun through the rain
- 14. Without clouds
- 16 Buoyant or bright.

22 Gritty particles

- 23. A group of travellers going together for safety or box on wheels.
- 25. A mixture of raw (and sometimes cooked) vegetables.
- 26. Frozen dessert containing cream, sugar and flavouring.
- 27. A summer fruit for salad.

Mt Rouse Puzzler - Ode to Summer



Down:

- 1. Energy that causes things to become warmer.
- 2. A condition caused by too much sunlight.
- 4. Producing a lot of light.
- 5. Meals that is eaten outdoors especially during a trip away from home.
- 6. A small animal that has six legs and a body formed of three parts that might have wings.

- 7 A flower that grows in natural places without being planted by people.
- 8. A large outdoor fire.
- 9. Pleasant thoughts about your life or future that you have while you are awake.
- 10. A rest after a busy year.
- 13. Tastes of the sea.
- 15. Afternoon activity in warm weather.
- 17. A transparent, odorless, tasteless liquid.
- 18. Flaming dread.
- 24. A journey on wheels.

Across: 4. Window, 5. Iris, 8. Tremendous, 10. Sunday, 11. Squiggle, 13. Protocols, 15. Fairyfloss, 16. endow, 18. Pencil, 19. Cleaner, 21. Weatherwane, 26. Galvanise, 28. Mattress, 29. Economy, 30. Swirl, Down: 1. Relic, 2. Birdbrain, 3 Outdoors, 6 Square, 7 Hurricane, 9. Responsibility, 12. Dormant, 14. Weaver, 20. Rheumatism, 22. Established, 23. Blemish, 24. August, 25. Blank, 27. Farther

A MESSAGE FROM THE QUEEN

Tail end

Tales

To: the citizens of the United States of America  
From: Her Sovereign Majesty Queen Elizabeth II.

"In light of your failure to nominate competent candidates for President of the USA, and thus to govern yourselves, we hereby give notice of the revocation of your independence, effective immediately. Her Sovereign Majesty Queen Elizabeth II will resume monarchical duties over all states, commonwealths, and territories (except North Dakota, and Utah, which she does not fancy).

Our new Prime Minister, Boris Johnson, will appoint a Governor for America without the need for further elections. Congress and the Senate will be disbanded. A questionnaire may be circulated next year to determine whether any of you noticed. To aid in the transition to a British Crown dependency, the following rules are introduced with immediate effect:

1. The letter 'U' will be reinstated in words such as 'colour,' 'favour,' 'labour' and 'neighbour.' Likewise, you will learn to spell 'doughnut' without skipping half the letters, and the suffix '-ize' will be replaced by the suffix '-ise.' Generally, you will be expected to raise your vocabulary to acceptable levels. (look up 'vocabulary').

2. Using the same twenty-seven words interspersed with filler noises such as 'like' and 'you know' is an unacceptable and inefficient form of communication. There is no such thing as U.S. English. We will let Microsoft know on your behalf. The Microsoft spell-checker will be adjusted to take into account the reinstated letter 'u' and the elimination of '-ize.'

3. July 4th will no longer be celebrated as a holiday.

4. You will learn to resolve personal issues without using guns, lawyers, or therapists. The fact that you need so many lawyers and therapists shows that you're not quite ready to be independent. Guns should only be used for shooting grouse. If you can't sort things out without suing someone or speaking to a therapist, then you're not ready to shoot grouse.

5. Therefore, you will no longer be allowed to own or carry anything more dangerous than a vegetable peeler. Although a permit will be required if you wish to carry a vegetable peeler in public.

6. All intersections will be replaced with roundabouts, and you will start driving on the left side with immediate effect. At the same time, you will go metric with immediate effect and without the benefit of conversion tables. Both roundabouts and metrication will help you understand the British sense of humour.

Continued in the next newsletter - See you then.