

MT ROUSE NEWS & VIEWS



A Project of the Penshurst Mens Shed Inc



This is the first newsletter of our 4th year.

What a tumultuous year we have had, so much has happened, or not happened, that we probably need a little bit of peace and quiet ... encouraged by our new mascot, the Zen Koala.

You'll spot him when he considers something interesting or important. In this fortnight's newsletter there's a continuation of the CFA's survey that is a must



read. And this year all the usual features return.

We encourage everyone to contribute items of interest to share with the town. Over the last year our readership has grown, as has our town. Welcome. It's lovely to get to know you all.

Newsletter Crew



Supporting your community

BRANCH OF THE YEAR FY 19/20

Above: Regional Manager Jason Chuck presenting Branch Manager Anna with a commemorative certificate for our recent Branch of the Year win!!

PCAI



It is with regret that we have to announce that the **Penshurst Photography Show** that we were planning to host on 18th & 19th September has had to be postponed.

We have moved it to March next year, 2 weeks before the Art Exhibition, in hopes that all these lockdowns will be a thing of the past.

See you then.

Rental Wanted

Looking for a rental for an elderly lady. Must have an accessible free standing shower due to disabilities, and would prefer a split system due to medical conditions.

House can be anywhere in the Shire of Southern Grampians, also considering Casterton, Merino, Branhholme and anywhere in between. We are searching everywhere.

Will consider farm cottages or farm houses. Minimum 2 bedrooms due to medical equipment. Must allow pets.

Please contact 0478228778.

Penshurst Progress Association



ABN 35 622 662 815

COVID rules apply

Committee of Management:

Ama Cooke – Chairperson
Mark Dalla Costa – Secretary
Tom Cooke - Vice President
Josh Hewitt - Treasurer
Don Adamson

Next Meeting: 22nd September 2021 7.30pm in the Supper Room, Penshurst Hall.

Good afternoon everyone,

I want to tell you a story. I was born in the city to country born parents. My brother and I were taught the importance of caring for the land and our animals. As a child I had quite a menagerie, including a dog that could climb tall trees, and leap taller fences in a single bound. He used to chase cars, and often caught them .. oh I don't mean he got run over, he would just grab the tyres if they dared to slow down. I have lived in many different landscapes and climates before we settled here in Penshurst, and all along I have followed the rules called 'leave the gates the way you find them'. I know you know this, and how easy it can be to sometimes have a gate swing open if it isn't latched right .. and sadly, that is what happened to one resident recently, which led to her beloved dog passing away up near the quarry. This story is only partly about the event and closing gates, what it is more about is the capacity of rumours to worry, or even frighten, people, and the other sorts of damage they can do.

A friend brought the story of the dog to my attention. The gist of it being that he was found tied to a fence with his face bashed in (not true). I later saw other commentary about it on Facebook, so I rang the police, because, in my opinion, anyone who would injure an animal in this way deserves to be caught and punished, and the town needs to know if there's a problem. That's when reality washed over the story removing the "exaggerations" and leaving behind a very sad tale. A person had been in the owner's yard, the gate was not latched properly, the dog escaped and decided to try living in the wild, but instead .. Well, you



know the outcome. I have that story direct from the owner, and this photo of her companion.

My heart goes out to the lady who lost this beautiful dog. I know that treasured animals can be very hard to replace. I still miss Gus the dog, who literally refused to look at rabbits, and slept on my feet under this desk for years, and our cats Meg who could talk, and Boo who liked to sit with Tom on ride-on mower while he was mowing the yards, among others we have loved

Changing the subject - here we are in another lock down, right in time for me to start collecting Census papers. So, if you don't have a note in your letterbox from the ABS, a reminder that some of the forms still need to be returned, then you will see me around. It's a lovely season for a walk.

Lastly, for now, we finally received notice that we didn't get the grant for the Heritage project, but the Council did provide us with \$3,000 towards it, so the current information boards around the town will be replaced as soon as we can organise it. In the meantime, wishing everyone a wonderful and safe fortnight, Ama Cooke Chairperson

TODAY - Sammy Scribe.

What kind of day shall I choose today?
Today I can complain about my health,
Or I can celebrate being alive.
Today I can moan that it is raining,
Or be joyful at all that grows from the rain.
Today I can regret all I don't have,
Or rejoice in everything I do.
Today I can mourn everything I have lost,
Or eagerly anticipate what's to come.
Today I can complain I have to work,
Or celebrate having a job to go to.
Today I can resent the mess the kids make,
Or give thanks that I have a family.
Today I can whine about the housework,
Or celebrate having a home.
Today I can cry over the people who don't care for me,
Or be happy loving and being loved by those who do.

I choose to have a good day today!



DAN TEHAN MP
FEDERAL MEMBER FOR **WANNON**

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:

190 Gray Street, Hamilton or
1300 131 692



1300 131 692 dan.tehan.mp@aph.gov.au dantehan.com.au
 DanTehanWannon dantehan

Authorised by Dan Tehan MP, Liberal Party of Australia, 190 Gray St, Hamilton VIC 3300.



Penshurst Community Resilience Survey Results

Part 2 – Perception of Risk

The purpose of this survey was to collectively build a better understanding of the Penshurst Community - what is valued, what are our strengths, what do we want to protect and the potential risks to this place we call home.

In this section of the survey results we focus on what respondents consider as the most likely risks facing Penshurst and how prepared individuals and the community may be to deal with such events.

Perception = the way in which something is regarded, understood, or interpreted

Risk = a situation involving exposure to danger, harm, or loss

Once again I thank the 33 households that provided their input and although this is a small sample (just under 10%) of the Penshurst community, the results are worthy of consideration, and provides a 'mirror' for continued conversations on where to focus our efforts for building resilience within our community.

As you read the data I invite you to consider where you sit in relation to what has been gathered.

Q10 What do respondents see as the potential risks to Penshurst – emergency or other?

The potential risks that were identified most often were:

- A fire event
- The closure of key shops and services including medical services
- A road accident involving vehicles within the town boundary. Trucks were mentioned multiple times including the possibility of an accident involving dangerous goods
- The issue of an aging population, loss of youth from town and youth not stepping up into leadership positions
- Not knowing where to go in an emergency and lack of town emergency plan

"Grass fires. Loss of historical buildings"

"Open grassland fires from the north and west side of Penshurst ...mainly ember attacks"

"Losing services in the town such as meals on wheels, hospital and Dr services"

"Dangerous goods accident at roundabout"

"...speed that many of these trucks reach in a 60km zone is a hazard, especially around the bend in the road on Bell/Scale St"

"The younger generation having the resolve to step up as the present members age"



Penshurst Community Resilience Survey Results

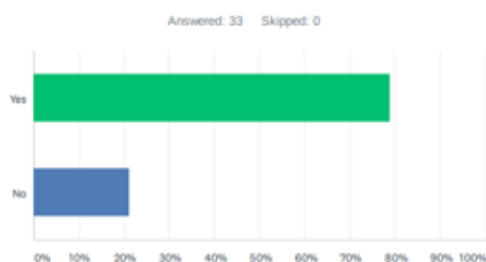
Part 2 – Perception of Risk (continued)

Q10 Potential Risks response (continued)

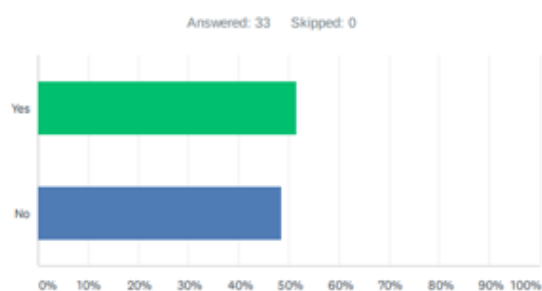
Response Themes	How often mentioned	Response Themes	How often mentioned
Fire	9	"Growth"	1
Loss of - hotel/shops/services/nursing home	6	Cut off from food supplies	1
Truck accident/traffic speed	5	Contamination of water supply	1
Younger generation not stepping up/loss of youth/ageing population	5	Cut off from major roads due to accidents	1
Not knowing where to go in emergency/lack of town emergency plan	3	Drugs/drug dealers	1
Lack of development/stagnation	3	Loss of historical buildings	1
Rubbish dumping	2	Limited local resources – CFA personnel	1
Not enough police presence	2	No permanent doctor	1
Long grass on roadsides	2	Unstable mobile network	1
Flood	1	Not enough reason to stop in town	1
Too many rules – COVID etc.	1	Drought	1
Not knowing many residents	1	Gum trees in town	1

How planned are individual households in the event of an emergency?

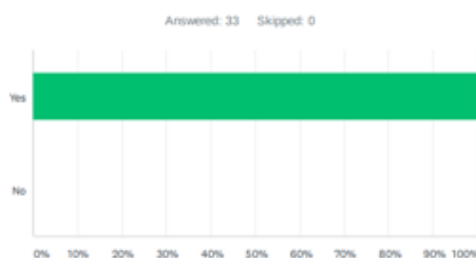
Q11 Have you planned with your household what you would do in the event of an emergency?



Q12 Do you have an emergency kit ready to go?



Q13 Do you prepare your home/block annually to reduce bushfire/grassfire risk?



Of the respondents:

Nearly 80% have made plans of what they would do

Over 50% had an emergency kit ready to go

100% prepared their home/block annually to reduce bushfire/grass fire risk

Continued page 7



Penshurst Community Resilience Survey Results

Part 2 – Perception of Risk (continued)

Q14. What assistance could be useful if respondents answered No to the above 3 questions:

Response Theme	How often mentioned
None	6
Time/Get self-organised	4
General information on what to expect in an emergency/checklists/mail drop	3
A basic list for Emergency Kit	2
Information on where to go in an emergency	1
Reminders	1
Neighbours to cut trees	1
Community meetings to encourage community to be prepared	1

“Nothing I just need to get more organised”

“Time and access to supplies to make up an emergency kit”

“A basic list of what to put in an emergency kit & where to go in an emergency”

“General information on what to expect and what may be required”

Q15. If there was one thing as a community (including agencies) we could do to improve emergency management what would that be?

Response Themes	How often mentioned
Clear evacuation point/refuge centre in community hall/clear emergency town plan/change NSP (Neighbourhood Safer Place) location	9
Improve information during an emergency (siren, info board, local alerts)	6
To keep reminding council to keep grass cut and vacant blocks cleared of growth & rubbish cleared to the tip	2
Town meetings	2
Better community awareness programs/letter drops	2
I'm not sure	2
Ensure everyone's property has been prepared/maintained	1
“None - you are doing a good job”	1
More CFA members. It's an issue with ageing fire brigade members.	1
Policeman in town	1
Community/neighbours to talk to each other about being ready for emergencies - include new residents	1
Community practice drills	1
Training for preparing and defending properties	1
District 5 brigades trained in EMR (Emergency Management Response) to support AV (Ambulance Vic) with road crash rescue & cardiac arrests	1
Come talk to residents who don't live in town	1
Better communication between agencies and groups	1

Continued page 8



Penshurst Community Resilience Survey Results

Part 2 – Perception of Risk (continued)

Q15. If there was one thing as a community (including agencies) we could do to improve emergency management what would that be? (continued)

“Clear emergency plan for Penshurst available”

“Change the place of last resort”

“Refuge centre in Community Hall”

“Ensure residents know where gathering spots for emergency are”

“Inform residents better. A siren that all the township could hear. Some people weren’t aware of the risk of the St Patrick Day fires overnight”

“Ensure a constant police, fire and ambulance presence in the town. Have a designated meeting point in the town for disseminating information to all, as not everyone, especially older persons, do not do the Facebook, emergency app, social media thing. They want a person to tell them where to go what to do and how to do it safely.”

What does this data possibly tell us about perception of risk?

Do you agree with the main themes mentioned? Are they on your radar?

A basic summary of the findings are:

- There is an awareness of fire risk as a main threat
- Other key risks considered include - closure of key shops and services including medical services, a significant road accident involving vehicles within the town boundary, an aging population and the issue of younger people available to fill leadership/community positions
- There are residents who do not know where to go in an emergency or seeking a different place to go than the current Neighbourhood Safer Place Location
- There is some demand for a town emergency plan
- Some households have plans in place in the event of an emergency
- Many households prepare their home/block annually to reduce bushfire/grassfire risk
- Planning checklists and information on putting together an emergency kit is sort after (see below)
- There is a need to better understand what to expect in an emergency - including where to get information, where to go and when to go

Increasing the safety of individuals, families, and wider community from the risk of fire is not one that can be solved by information alone – it is an on-going process requiring conversations between community members and with agencies. Watch this space for opportunities to continue this work collectively, over the coming months (when pandemic restrictions ease!)

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Penshurst Community Resilience Survey Results

Part 2 – Perception of Risk (continued)

Preparation Checklist & Emergency Kit as requested

Before Summer

- ☐ Pack an Emergency Kit with essential items and keep it in a handy place.
- ☐ Scan important documents and photos onto a memory stick.
- ☐ Save important contact numbers in your mobile phone. Include family, friends and the VicEmergency Hotline. Keep a fully charged portable charger handy for emergencies. Download the VicEmergency app if you have a smartphone.
- ☐ Set aside protective clothing (long-sleeved, made from natural material such as cotton, and sturdy footwear such as leather boots) for each member of the family.
- ☐ Buy a battery-operated radio, powerful torch and extra batteries.
- ☐ Put pure wool blankets in your car for protection in case you get caught on the road.
- ☐ Practice packing your car so you know how long it will take.
- ☐ Mark your main routes, including back-up routes and petrol stations on hard copy maps and store in your glove box.
- ☐ Make arrangements with anyone you plan to visit or stay with when you leave early.
- ☐ Talk to neighbours or nearby friends about ways you can help each other.
- ☐ Don't forget pets. Make sure pet containers are in your Emergency Kit or packed in the car. If you have horses, make sure you can move them somewhere else if they won't be safe on your property.

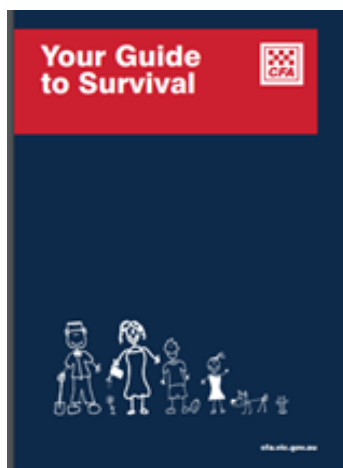
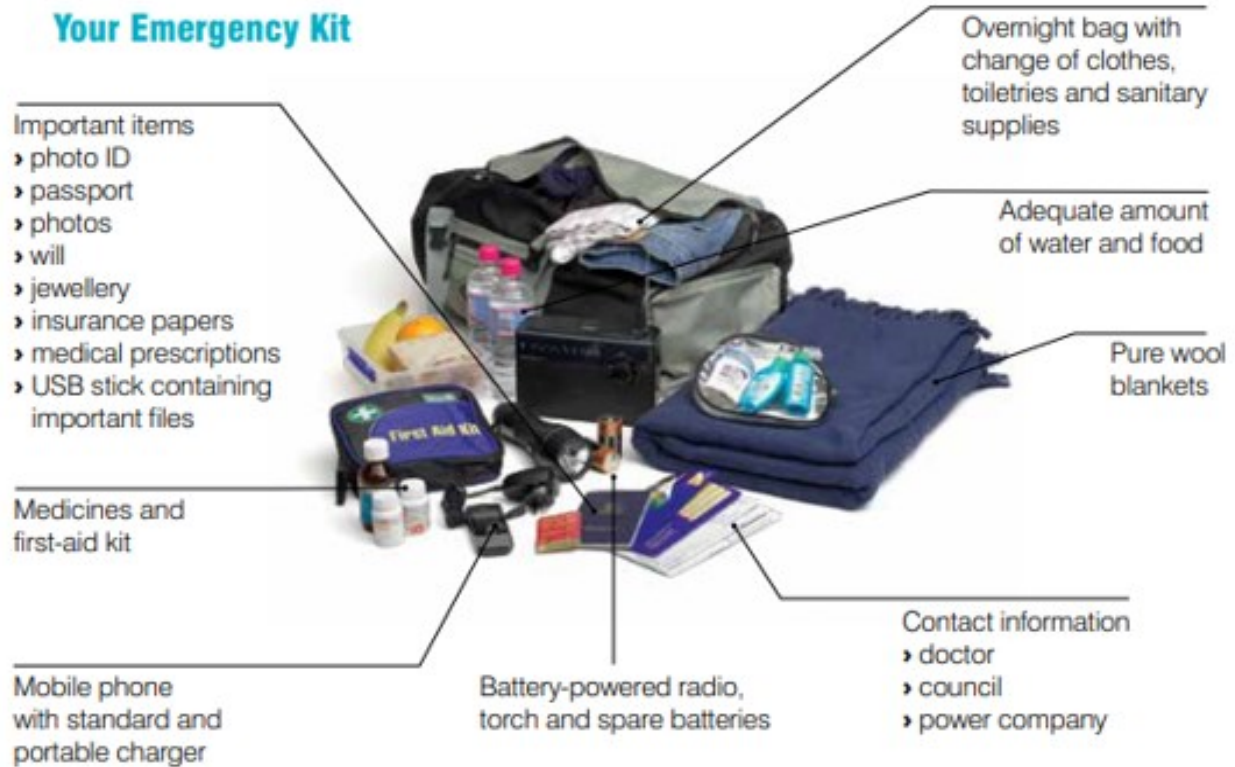


Remember to prepare for your pets as well. Make sure your pet is wearing an identification tag and add the following items to your Emergency Kit:

- * suitable transport carriers or leash.
- * any medications.
- * dietary supplements.
- * food and drinking water.
- * a familiar item (toy, bed, treats) to help reduce stress.

Penshurst Community Resilience Survey Results

Part 2 – Perception of Risk (continued)



Further information on understanding fire risk, how to plan for a fire threat, and what to expect in an emergency fire situation, can be found in the “Your Guide to Survival” booklet.

These are freely available at Penshurst Grocery & Liquor Store and the Post Office.

To chat about the Safer Together Project please contact Jo on 0408544670 or joanne.vigliaturo@cfa.vic.gov.au

Caramut and District Garden Club

Spring is starting to spring. After a wet winter, the ground is very wet and low lying areas might be difficult to work in. I found that raising a bed even 15-25 cms meant the soil was quite good to work in even if the surrounding area was water logged. Any type of edging can be used. On the farm we had lots of stones, old pine fence posts, boards, bricks which all made good edging. Weeds are starting to take off with the warmer days. It has been said that a year's seeding means seven years weeding. So keep ahead of the weeds. To



suppress the weeds, lay about 10 sheets of damp newspaper and cover with mulch which will look great and stop the newspapers from blowing away. But keep the mulch away from stems.

Many natives and other evergreen plants can now be planted. Prune straggly grevilleas by up to half cutting back to an outward-facing bud.

Lemon trees and passionfruit vines need light pruning and feeding. Ornamental fruit and spring-flowering shrubs need pruning once flowering is finished. Camellias and other dense growing plants can have a hedge clipper over them to tidy them up.

Woody stems on geraniums need cutting back about two-thirds of their length.

Start repotting indoor and porch plants now. If Gladiolus corms are planted now, they should be flowering by Christmas.

Most vegetable seeds and seedlings can be planted now. After planting seedlings or any plant, water in. This settles the soil around the roots and closes the air pockets.

Yes, Spring is a busy time in the garden, but wonderful exercise for body and mind as you can see something for all your work and can look forward to a bountiful harvest and beautiful flowers. So enjoy your garden.

At the annual meeting of the Garden Club, all positions were filled and we thank all those who have accepted nomination. We decided to keep the membership to \$5 so this amount is due when next you attend. We also decided to keep our meetings going each month, when we can, including the birthday greetings, produce stall and competitions. Of course if there are "lockdowns" these meetings will be cancelled. The meeting times, however, have changed. We will now meet at 11am and follow our meeting with lunch.

The next meeting will be at the Woolsthorpe Hall on Tuesday the 14th September at 11am. The Special Bloom is a Daffodil.

The Woolsthorpe Primary School has APPLE TREES 1 Year Old Semi-Dwarfing Varieties for Sale.
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More details?

Contact Mr Boyd on wpsboyd@gmail.com or phone 5569 2241 (school hours).

5576 5270

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Riddles

1. I am a bird, I am a fruit and I am a person.
What am I?
2. What is the wealthiest nut?
3. Which kind of fruit must have a large
wedding ceremony with lots of people in
attendance?
4. What did the doctor prescribe to the sick
lemon?
5. You cut me up, you chop me up, you dice
me up and you cry over me. What am I?
6. What vegetable can you use to tie your
shoe lace?
7. What has an ear but cannot hear?

A PAGE TO SHARE RECIPES

Pumpkin, pear and bacon soup

Prep Time 10 mins - Cooking Time 20 mins

INGREDIENTS - 6 servings

80g unsalted butter, chopped
1 onion, chopped
150g bacon, chopped, plus extra 4 thin slices
3 pears (we used beurre bosc), 2 cored and chopped, 1 thinly sliced
1kg peeled butternut pumpkin, cut into 5cm pieces, seeds reserved (substitute 1/3 cup

store-bought pepitas)
4 cups (1L) Chicken Stock
1 1/2 tsp sherry vinegar (substitute red wine vinegar)
1/2 bunch sage, leaves picked
2 tbs maple syrup

METHOD

1. Combine half the butter, onion, bacon and chopped pear in a large saucepan over medium heat. When hot, cook, stirring, for 8 minutes or until onion is softened.

2. Add pumpkin and stock and bring to the boil. Reduce to a simmer and cook for 6 minutes or until pumpkin is tender. Working in batches, place mixture in a blender and whiz until smooth. Transfer to a saucepan, stir through vinegar and keep hot over low heat.

3. Meanwhile, place extra bacon in a frypan over medium-high heat. Cook for 2 minutes each side or until golden. Transfer to a bowl and set aside. Melt remaining 40g butter in pan. Add reserved pumpkin seeds and sage and cook for 2 minutes or until seeds are golden.

4. Using a slotted spoon, transfer seeds to a plate. When sage darkens, transfer to a plate using tongs. Add maple syrup, sliced pear and 1/2 tsp salt flakes to pan. Cook pear for 1 1/2 - 2 minutes each side or until golden.

5. Divide soup among bowls and top with bacon, pear, sage and pumpkin seeds. Drizzle with pear cooking juices to serve.



“Cooking is like love. It should be entered into with abandon or not at all.”

– Harriet Van Horne



Mobile Library
Will be visiting Penshurst
every Thursday fortnight
3.00 - 4.00pm
Outside the Hall in Martin St
Dates for September:
2nd ,16th , 30th

Phone: 5573 0470
www.sthgrampians.vic.gov.au/library

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91b Bell Street
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 M : 0400819408

MEDIA RELEASE

SOUTHERN GRAMPPIANS SHIRE COUNCIL

**12 AUGUST 2021 FEEDBACK WANTED ON DRAFT FOUR YEAR COUNCIL PLAN**

The draft vision for the Southern Grampians Shire for the next four years has been set, and community members are now encouraged to have their say. Councillors last night endorsed the Draft Council Plan 2021-2025, paving the way for a month-long public consultation period during which the community are invited to provide their feedback.

The Draft Council Plan features the priority initiatives and actions for Council services, infrastructure and advocacy to be provided to the community over the next four years.

Southern Grampians Shire Council Mayor Bruach Colliton said the draft document had been informed by an extensive and in-depth process of community consultation.

"This plan has come together through more than 20 face-to-face sessions, in excess of 300 hard copy and virtual postcards received, over 600 participants and almost 1,500 ideas put forward," he explained.

"The Council Plan builds upon the aspirations of our community and identifies the tangible ways in which Council can work towards achieving the community's vision.

"As Councillors, together with the organisation, we are united in our goal to shape a quality four-year strategic plan for Council and the community. We encourage all community members to review the draft plan and let us know if we're on the right track," Cr Colliton said.

This draft Plan identifies Council's five fundamental priority areas for the next four years which have formed the themes of the Council Plan:

1. Support our Community
2. Grow our Regional Economy
3. Maintain and Renew our Infrastructure
4. Protect our Natural Environment
5. Provide Strong Governance and Leadership

Under each theme, Councillors, Council staff and the community have identified objectives and strategies to guide Councillors and Council staff over the next four years and developed performance measures to help monitor how well Council is achieving these objectives.

Community members can view and provide feedback on the Draft Council Plan online at www.sthgrampians.vic.gov.au/haveyoursay Hard copies of the Draft Plan are also available at Southern Grampians Shire Council Customer Service Centres. Feedback closes 10 September 2021.

Media Enquiries: Alison Quade | 0429 601 208 | aquade@sthgrampians.vic.gov.au

111 Brown Street, Hamilton 3300 | Locked Bag 685, Hamilton 3300
Telephone: (03) 5573 0444 | council@sthgrampians.vic.gov.au | www.sthgrampians.vic.gov.au

Opening Hours:

Monday to Friday 7.30am - 3.00pm

Saturday 8.00am - 2.00pm

Sunday Closed



Amanda & Cam Wilson

0439 941 942



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Answers to Riddles: 1. Kiwi, 2. Cashew, 3. Can't-elope, 4. Lemon-aid, 5. Onion, 6. A string bean, 7. Corn



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Around the Churches

Tell me... what did you learn?

I can't have been any more than 12 years old. My dad had bought fish and chips at Warracknabeal. By the time he got back to Sheep Hills this gastronomic delight had cooled slightly.

"Here David. Pop these in the oven as a treat for dinner." I was stoked. We hardly ever got fish and chips and McDonalds hadn't quite made it to Sheep hills. I dutifully did as I was told; then got really excited and really hungry.

Until... an acrid aroma began to fill the kitchen. Something wasn't quite right. A little wisp of smoke hung in the air. My father, looking more than a little puzzled, strode purposefully toward the oven. Opening the oven, even more smoke came out and my father said a rude word that I had never heard before. Well... actually, it was probably more than one word. Little shapes of orange blistered the shiny white paper. Of course I had done the right thing and put the precious bundle, paper and all, straight into the oven. Perhaps I should have taken the paper off first? I mean... I guess that would have made sense right? But I was only very tender of years and this was my first foray into gourmet cooking.

My fathers emotions went from surprise, to horror, to anger, to befuddlement, to amusement, to disbelief and then the cycle was quickly repeated... several times.

I don't remember if the fish and chips were OK and whether we got to eat them. What I do remember was a conversation that began with... "Well David... what did you learn?"

So next time you make a mistake, instead of lashing yourself mercilessly and endlessly, you might instead ask yourself. "What did I learn?"

Fr. David Oulton droulton72@gmail.com

**We welcome articles for inclusion here from any of the churches that
service the Peshurst region**

Community Meetings**Caramut & District Garden Club**

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone 557 12145.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February 2021 at Volcano Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st & 3rd Tuesday each month at 8 pm at RSL Hall, Ritchie Street.
penshurstlions@gmail.com

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.

**AmbulanceVictoria**

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email penshurst.teamleader@ambulance.vic.gov.au

- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm
- Book Club, 2nd Tuesday each month at Senior Citizen club rooms. 2.00pm

RSL Penshurst

- meets 1st Thursday of February, April, July & October at 6.30 pm at RSL Hall, Ritchie Street.

Penshurst Church Services**Bethlehem Lutheran Church Tabor**

Service every Sunday 10.00am

Penshurst Anglican Church

4pm Mass 4th Sunday each month

For further details contact Janet Kelly
on 5576 5247

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am

It's all a little Alien to me

Let's see if we can stretch your mind. Some clues are easy and others are a little tricky.

Across: 2. The planet that is fourth from the sun, and a chewy bar share this name

4. The first planet discovered by scientists, that is slow and dim and very tilted.

6. The Roman goddess of love, and a flytrap.

7. A planetoid, a pup and a cartoon character.

5. The planetary 8th in order, this god likes to live underwater.

8. This one is a moody character, turning its face from us each month, before reflecting the sun brightly. It's not a planet, and we would surely miss it if it went away.

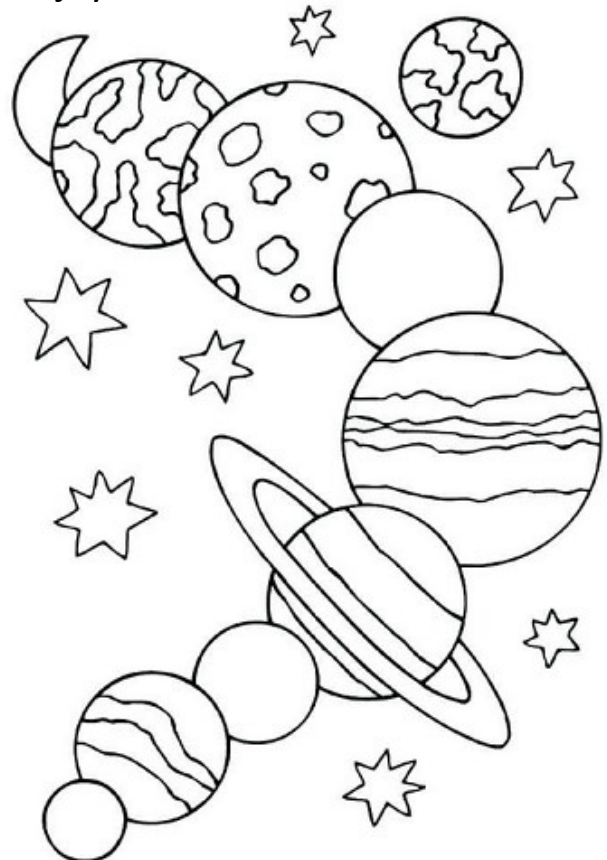
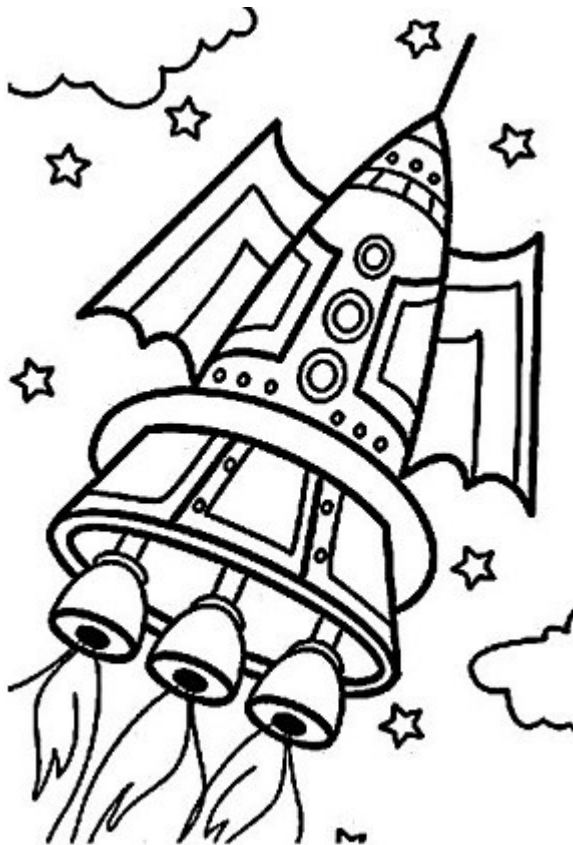
8. This planet is both hot & poisonous in more ways than one.

9. This planet is both our home and beneath our feet.

Down: 1. The planet that is sixth in order from the sun and likes wearing jewellery.

3. The largest planet and the Roman god of the sky and thunder.

A Page for the Children to enjoy



PENSHURST MENS SHED

We are Closed due to Lockdown

The Penshurst Mens Shed will reopen
and will be open every Wednesday and
Saturday from 10 am to 4 pm

New members welcome

Newsletter: If you have any stories you would
like to share events, stories and ideas, please
contact Mark or Ama by phone or email.

Mark Dalla Costa

mtrousenewsletter@gmail.com

Penshurst's Website

Have you visited the Penshurst
website yet?

Not only is the site full of valuable
information, but there are
links to many of the important
organisations within our town.

Would you like to add a link
to your website? Email
president@penshurstprogress.org.au

Visit our site

**www.penshurstvictoria.com.au
and let us know if you have
any comments.**

Editor

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DEADLINE FOR SUBMISSIONS – 4th September 2021

The newsletter will be published on Wednesday fortnightly and we would appreciate
submissions at the earliest possible time within the fortnight but no later than the
Saturday immediately prior to the Wednesday of publishing.

Editor : Mark Dalla Costa

All correspondence to: mtrousenewsletter@gmail.com

**FREE NEWSLETTER EVERY
FORTNIGHT**

Also available in colour online at

[http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

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1/4 page \$5 + GST **Business Card** \$3 + GST

Mt Rouse Puzzler

Across: 2: To roar.

3: For what reason or purpose.

4: Very impressive and beautiful.

7: A poisonous chemical that is used especially to kill insects and weeds.

9: Routine work that involves writing letters, reports, etc.

10: At the present time.

13: In what way, or by what methods.

15: To push the end of (something, such as a piece of cloth or paper) into or behind

something in order to hold it in place, make it look neat, etc.

16: A system that uses wires and radio signals to send sounds (such as people's voices) over long distances.

19: To allow (a person or animal) to leave a jail, cage, prison, etc.

20: A medicine that is made of a drug mixed with alcohol.

21: Something that is sold in a medium size.

Down:

1: To shine with light reflected off a wet surface.

2: A container that is made of a hard material

and that usually has four straight sides.

3: To twist from side to side with small quick movements like a worm.

5: The colour of chocolate or soil.

6: An object that is shaped like a large ball with a map of the world on it.

8: A board with ridges on its surface that was used in the past for washing clothes by rubbing wet clothes against it.

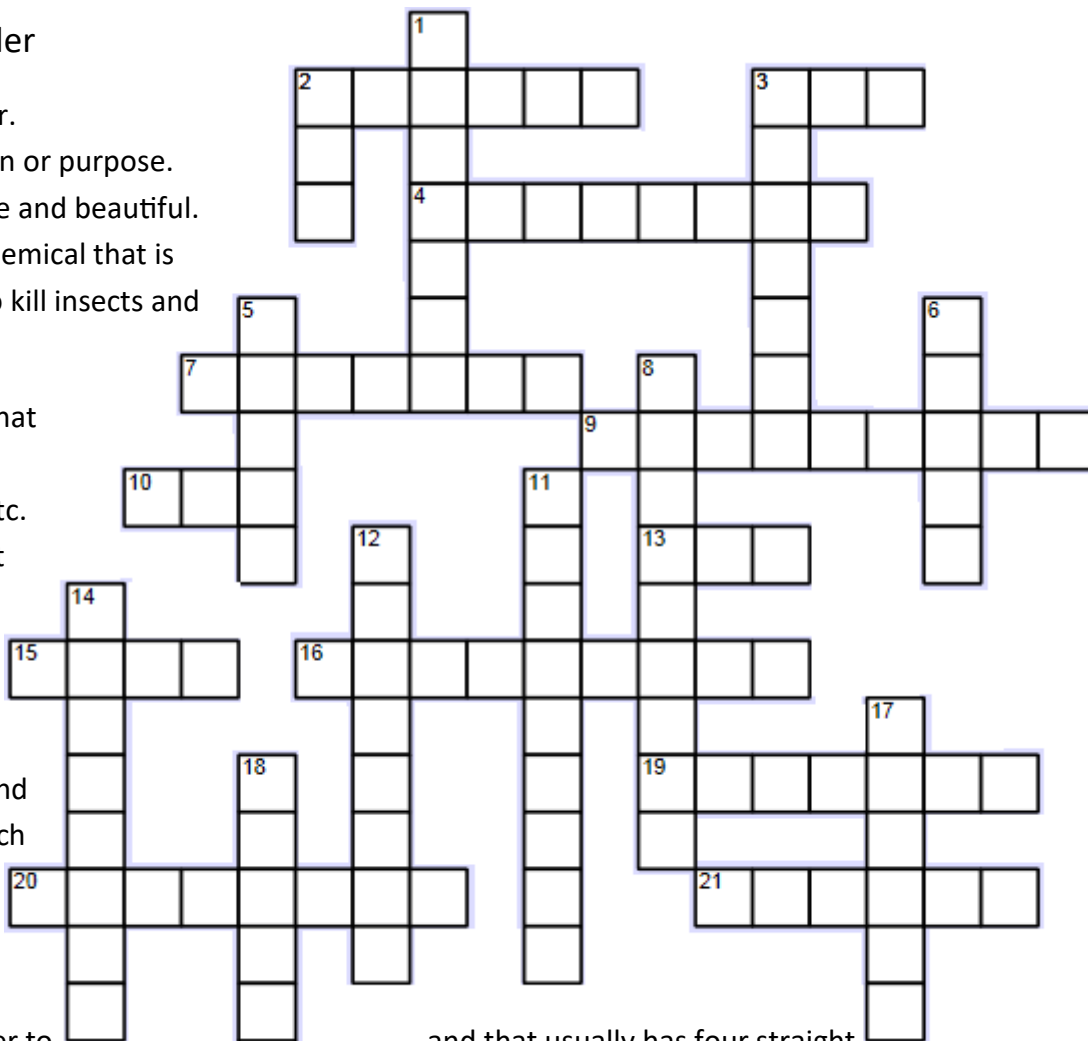
11: A soft, red berry that is sweet and juicy.

12: Very valuable things, usually in the form of a store of precious metals or precious stones.

14: The sun's light or rays.

17: A group consisting of parents and children.

18: Not neat or clean.



Across: 1 leather, 4 mystery, 6 blue, 10 print, 11 statement, 14 shaman, 16 spell, 19 marathon, 20 live, 22 elephant, 23 bills, 24 dream. **Down:** 2 history, 3 smile, 5 rooster, 7 lace, 8 integrate, 9 liberal, 12 match, 13 newsletter, 15 wish, 17 intrepid, 18 box, 20 little.

MEDIA RELEASE

SOUTHERN GRAMPIANS SHIRE COUNCIL

**18 AUGUST 2021 - SHAPING A HEALTHY AND LIVEABLE SOUTHERN GRAMPIANS COMMUNITY**

Southern Grampians Shire Council has released its draft Community Public Health and Wellbeing Plan for 2021-2025 for community consultation. The Plan focuses on two distinct areas – Healthy communities and Liveable communities - that each include 13 outcomes to be progressed over the next four years. These outcomes aim to promote and support healthy lifestyles, and to also enhance the liveability of the region for Southern Grampians residents now and into the future, through a community and partnership approach.

Southern Grampians Mayor Cr Bruach Colliton said Council has a significant role to play in contributing to and maintaining the health and liveability of the people of the Southern Grampians shire. "The proposed Community Public Health and Wellbeing Plan has been developed via extensive and active community engagement and we thank our community members for their valuable feedback and their honesty," said Cr Colliton.

"We know that health and wellbeing is a whole-of-community responsibility and Council has the opportunity to show leadership and provide much needed support, working alongside our partner organisations to combine and maximise our efforts. "We are committed to implementing the Plan to ensure the benefits are realised by all who live in and enjoy our community now and into the future. We encourage everyone to have a read through the document and provide feedback on the proposed priorities for action," Cr Colliton concluded.

Outcomes outlined in The Plan to support community health include provision for mental health services, access to nutritious food, support for social connectivity and connection to culture, to reduce harm caused by gambling, drugs and alcohol and to enable residents to remain physically active at all life stages.

Outcomes developed to contribute to a liveable Southern Grampians community include ensuring residents have access to everyday needs, growing the economy, meet housing needs, provide access to technology and public spaces, and to encourage sustainable practices that promote a healthy environment. The Plan will remain out until 10 September.

Community members can view and provide feedback on the proposed Community Public Health and Wellbeing Plan online at www.sthgrampians.vic.gov.au/haveyoursay or via the online form there. Hard copies of the proposed Plan are also available at Southern Grampians Shire Council Customer Service Centres.

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