

MT ROUSE NEWS & VIEWS



Herrnhut Objects Donated to the Historical Society



Brian O'Brien, Mt Rouse & Historical Society Secretary, with items donated by Betty Huf.



Herrnhut Objects Donated to the Historical Society

by Brian O'Brien

Four items from Australia's first commune near Peshurst has been donated to the Mt Rouse and District Historical Society.

Betty Huf, who co-authored a book on Herrnhut, gave the items to the historical society, saying the items were found during research for the book which was published in 2002.

The items are:

- * A small heater/stove
- * A door of a safe
- * Collection of hand made nails
- * Fragments from the bottom of the wall of the Herrnhut Church.

The Herrnhut settlement was begun by a small, charismatic hunchback, Johann Friedrich Krumnow, when he bought 1582 acres in 1852 about seven kilometres from Peshurst.

Krumnow's group of German migrants were known as The True Believers, who had found their Utopia near Peshurst. They had fled Germany to escape religious oppression and to seek a safe haven for their radical beliefs.

Krumnow dominated the commune which operated on his beliefs that were a strange mixture of Christian fundamentalism, mysticism, communism and millenarianism (a belief by a religious, social or political group in a coming fundamental transformation of society).

At its peak in the 1860s it supported about 50 people, but it started to falter when Krumnow died in 1880, and after a lengthy battle in Victorian courts over the commune's assets, it was officially wound up nine years later.

In 2005, there was an extensive dig at Herrnhut by about 20 Latrobe University archaeology students when many artefacts from the commune were found.

The Herrnhut authors said the communards sought a better world free from corruption and state oppression.

Rumours of the strange ways of the 'Peculiar People' (as they were called by locals) 'led to their vilification by the Press as a wicked cult, given to sexual and other misdemeanours'.

"Certainly, there were skeletons in the cupboard," the authors said. "But this remarkable group established a safe haven for Aborigines, a refuge for homeless people, and arguably Australia's first women's shelter."

* Herrnhut: Australia's first Utopian Commune, was written by Dr William Metcalf, Australia most foremost authority on communes, and Betty Huf of Tarrington who specialises in German and Wendish histories of the Western District. It's currently out of print.

The Mt Rouse & District Historical Society is open the first Saturday of every month,
9.30am - 12.30pm at the Peshurst Courthouse next to the Post Office.

Meetings 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250. For research questions email: pensearch@gmail.com

Penshurst Progress Association

ABN 35 622 662 815

COVID rules apply

president@penshurstprogresss.org.au

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke

Josh Hewitt

Next Meeting - Wednesday 27th April 2022 Community Meeting

7.30pm - Supper Room, Penshurst Hall

Good afternoon, I hope you are having a good day.

This afternoon I sat on the couch "for a few minutes" and woke up groggy a while later. It had been a busy morning, and an even busier few weeks, between the Art Exhibition, the Men's Shed and various meetings for very good reasons. I have reached the age of unexpected naps (actually, I reached it last year, but that was a while ago).

Last Monday the Hall's Solar panels were finally checked, approved and switched on. We are hoping that will decrease our power bills, and increase the amount of money available for maintenance. In the meantime DELWP, who own the building, are going to be assessing all their sites in the light of future repairs and renovations etc, which is long overdue and good news for most of them. And they are trying to find us the funding to have the windows installed .. since they ended up being far more expensive than we were expecting.

Talking about expecting - there will be some visible changes around the town in the next few weeks. The Heritage Walk sign and the two tables in front of the VDC are going to be removed, and the creation of the Green Space garden will be commencing. With the coming of Autumn and Winter, it's the perfect time for garden renovations, and the VDC are expecting some great changes.

The rotunda we were hoping to appear turned out to be far more expensive than any of us (including the Council) expected, and so a smaller building has been decided upon and

we look forward to turning it into a practical and useful information bay, as well as a great place to take coffee at any time of day.

Have a great fortnight and be safe,

Ama Cooke PPA



LIONS CLUB OF PENSHURST & DISTRICT

SKIN CANCER CHECKS

The Lions' Free Skin Check and Awareness Unit is coming to Penshurst on Friday May 6th and Saturday May 7th. We are thrilled to have such a wonderful service coming to our town and would encourage all the Penshurst community residents to hurry and book an appointment to take advantage of this free service. It would be a shame if we couldn't fill the appointments to ensure the Unit will attend.

Australia has one of the highest rates of skin cancer in the world and Lions Clubs in Victoria and Southern NSW are doing something practical about reducing that level and its impact on families.

Early detection of skin lesions potentially saves lives, so this visit will be a timely support and reminder to local people of the need to take care of their skin.

The airconditioned van has three fully equipped screening rooms and an entry foyer, as well as a disabled lift and entry at the rear.

To book a free Skin Cancer Screening, local and surrounding residents should contact Sue Jellie on 0418 141 301.

5576 5270

Friendly faces and helpful staff ...

**Penshurst Liquor &
Grocery Store**

Open 7 days

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Monday - Friday

7am - 7pm

Saturday

8am - 6pm

Sunday

8am - 5pm

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Penshurst's News Agency

"To live a creative life, we must lose our fear of being wrong" - Joseph Chilton Pearce



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Ph/Fax 5576 5220

31 Martin Street

Penshurst Art Exhibition 2022



Left:
Helen Brown &
Margie Eales



Right: Ama &
Tom Cooke
"There be crazy
people here",
enjoying
Opening Night
at the 7th
annual
Art Exhibition



Left: Rebecca Hill
won "Best Acrylic"
and People's Choice
with her painting
"A Tiny Tale"
(bottom shelf)

Right:
Faith Presser
(far right)
won "Best in
Show - Youth"



Above: Top Shelf - Best Oil "Taking Flight" by Julie Reason



Some of
those
gathered
at Opening
Night.



Penshurst Mens Shed

Success! We have a new management team at the Shed.

Thomas Cooke, Gerry Van Ekeren
& David Goulter

Thank you to everyone who came to the meeting last Sunday. From that group we developed a new strategic plan to reopen the Shed and start building much needed benches and other projects.

Are you interested in becoming a Shedder?

At present the Shed is open to men only. Membership is \$25 + insurance. The first 10 men to sign up will get free personal accident insurance for the year (value \$30).

For more information contact Tom Cooke on 0488 557 345.

See you there.

Riddle Challenge

1. What word in the English language does the following: the first two letters signify a male, the first three letters signify a female, the first four letters signify a great, while the entire word signifies a great woman? What is the word?
2. You measure my life in hours and I serve you by expiring. I'm quick when I'm thin and slow when I'm fat. The wind is my enemy.
3. I have cities but no houses, I have mountains but no trees. I have water but no fish. What am I?
4. What is seen in the middle of March and April that can't be seen at the beginning or end of either month?
5. You see a boat filled with people. It has not sunk, but when you look again you don't see a single person on the boat. Why?
6. What English word has three consecutive double letters?
7. I come from a mine and get surrounded by wood. Everyone uses me. What am I?



**Community
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Home Assistance**

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Our Services

Lawn Mowing	Hedging
Edging	Pruning
Weeding	Pressure Washing
Gutter Cleaning	ABN and insured

Penshurst Art Exhibition 2022

2022 Winner's List

Best in Show - "At the Top 1" - Jenny Vick

Best Oil - "Taking Flight" - Julie Reason

Highly Commended - "At the Top 2" - Jenny Vick

Best Acrylic - "A Tiny Tale" - Rebecca Hill

Highly Commended - "Dreamtime Uluru, NT" - Wayne Murray

Best Watercolour - "Radiance" - Meagan Lonsdale

Highly Commended - "Be My Valentine" - Nastassja Zaadstra

Best Drawing - "The Curiosity Shop" - Taylah Fenwick

Highly Commended - "Collaborative Being" - Rosalind Paterson

Best Pastel - "Love" - Alannah Foster

Highly Commended - "Sky Study" - Ricky Schembri

Best Mixed Medium - "Great Sun Orchids & Southern Emu Wrens"
- Meagan Lonsdale

Highly Commended - "The Bay" - Collin Tenney

Youth

Best in Show - "Lofty Mountain Peaks" - Faith Presser

Highly Commended - "Baby's First Smile" - Dave Stephan Perera

People's Choice - "A Tiny Tale" - Rebecca Hill



Exhibition No 7 - What will we do next year.

Photos: Top Right - Taylah Fenwick - Best Drawing.

Mid right: - Best in Show, "At the Top" by Jenny Vick.

Below right: Meagan Lonsdale (on left) won two of the prizes, seen here with mother Julie. Above: the stage is set .. Just before the doors opened on Opening Night.



Annual General Meeting

Penshurst Creative Arts Inc

The AGM of the association will take place on

Sunday 24th April at 2.30pm

At Penshurst Memorial Hall

21 Martin Street

Come and be part of the crew that brings you the Penshurst Art Exhibition and the new Photography Competition.

Contact Ama 0402 870 738 for more information.



COMMUNITY SUPPORT AND HOME ASSISTANCE

ABN: 48629251937

You're not alone, we are here to help you. We have Support Workers to help you with:

- Personal Care & Assistance in the home
- Clothes Washing, Drying and Ironing
- Shopping and Transportation
- Lawn mowing, Tree Maintenance and Gutter Cleaning

LISA GRAHAM

0426 127 221

@lmkbrg@gmail.com

We support the
ndis

"Painting is poetry that is seen rather than felt, and poetry is painting that is felt rather than seen."

Leonardo da Vinci

"Creativity is contagious, pass it on."

Albert Einstein

Opening Hours:

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday - 8.00am - 2.00pm

Sunday - CLOSED



Amanda & Cam Wilson

0439 941 942



Penshurst Store

Pop into the store and try some of our delicious pies, pasties, and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to a ROX coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments most welcome.

Café/Bakery 110 Bell Street, Penshurst penshurststore@gmail.com



Remember the bowl and towel.

This year it will happen on Thursday April 14th at 7:30pm.

It's the night before Good Friday and in a stunning, sublime act of worship, the priest takes a towel and a bowl of water and washes 12 peoples feet. At the time of typing there are still some spots left if you wanted to be one of these 12.

This might sound a bit odd, but it is one of the things I look forward to the most every Holy Week. Using the bowl and towel goes to the very heart of what being a priest is.

It is the relentless service of others. Doing the most menial and grungy task with dignity, glee and joy. We understand that to wash someone's feet is one of the most important and liberating tasks that we can do.

This most uncomplicated act of worship comes from the Master himself who, knowing that he would be dead within 24 hours, knowing that one would deny, one would betray, still washed his friends feet. He did so not just because it was the right thing to do, not just because the feet were mangy and needed a good scrub, but simply because he loved them.

We have been unable to celebrate this liturgy in the past couple of years and so to be able to do it again will come as a fresh, poignant and exquisite joy.

But the theme of loving humility is to be lived out not just on this most extraordinary night, but day by day, hour by hour, in every encounter, in every conversation, at every act of worship. Whenever we are tempted to lofty triumphalism, then we clergy must always remember the bowl and towel.

Fr. David Oulton droulton72@gmail.com

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With Covid freed, we now live in a covid floating period, where Covid can be moving invisibly between us, for this reason The Remedial Myofascial Clinic has concerns about how well we can guarantee and manage the clinic as a Covid free space, especially for our chronic and elderly clients.

It has been decided the best approach for the Clinic is to maintain a semi-closed, semi-open status.

Senior practitioner, Eleanor Sheldon specializes in helping clients achieve greater health through counselling and therapy that is based on client practitioner dialogue. This is achieved through discussing and treating the clients' issues, talking about the balance of physical, chemical and emotional well-being and then working with them to achieve positive out-come for a better self-managed healthy life.

For an appointment contact -

Eleanor Sheldon Senior Therapist M : 0400819408



**Penshurst
Remedial Myofascial Clinic**



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Penshurst Hair Design



Opening Days

**Tuesday,
Thursday
Friday &
every second
Saturday
10am - 2pm**

By Appointment

For appointments please ring

Mobile: 0417 511 177



Something for the children and adults to think about

Our windy weather .. Continued from last fortnight

What are the doldrums?

The doldrums is an area of calm weather. The trade winds coming from the south and the north meet near the equator. These converging trade winds produce general upward winds as they are heated, so there are no steady surface winds.

What are the prevailing westerlies?

Between thirty and sixty degrees latitude, the winds that move toward the poles appear to curve to the east. Because winds are named from the direction in which they originate, these winds are called prevailing westerlies. Prevailing westerlies in the Northern Hemisphere are responsible for many of the weather movements across the United States and Canada.

What are the polar easterlies?

At about sixty degrees latitude in both hemispheres, the prevailing westerlies join with the polar easterlies to reduce upward motion. The polar easterlies form when the atmosphere over the poles cools. This cool air then sinks and spreads over the surface. As the air flows away from the poles, it is turned to the west by the Coriolis effect. Again, because these winds begin in the east, they are called easterlies.

What is a sea breeze?

On a warm summer day along the coast, this differential heating of land and sea leads to the development of local winds called sea breezes. As air above the land surface is heated by radiation from the Sun, it expands and begins to rise, being lighter than the surrounding air. To replace the rising air, cooler air is drawn in from above the surface of the sea. This is the sea breeze, and can offer a pleasant cooling influence on hot summer afternoons.

What is a land breeze?

A land breeze occurs at night when the land cools faster than the sea. In this case, it is air above the warmer surface water that is heated and rises, pulling in air from the cooler land surface.

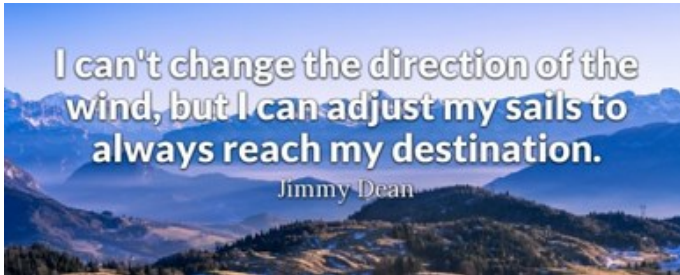
How is wind helpful to Earth?

Wind is the fastest growing source of electricity in the world. It's often one of the least expensive forms of renewable power available. Some experts say it can sometimes be the cheapest form of any kind of power. Generating power from the wind leaves no dangerous waste products behind. Best of all, its supply is unlimited.

How do windmills work?

Windmills work because they slow down the speed of the wind. The wind flows over the airfoil shaped blades causing lift, like the effect on airplane wings, causing them to turn. The blades are connected to a drive shaft that turns an electric generator to produce electricity. (see page 16)





Mobile Library
Will be visiting Penshurst
every Thursday fortnight
3.00 - 4.00pm

Outside the Hall in Martin St
Dates for April: 14th & 28th

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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DAN TEHAN MP
 FEDERAL MEMBER FOR **WANNON**

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:

190 Gray Street, Hamilton or
 1300 131 692



1300 131 692 dan.tehan.mp@aph.gov.au dantehan.com.au

DanTehanWannon dantehan

Authorised by Dan Tehan MP, Liberal Party of Australia, 190 Gray St, Hamilton VIC 3300.

A PAGE TO SHARE RECIPES

30-Minute One Pan Beef Penne

Prep & Cooking Time 30 mins Serves 6

INGREDIENTS

1 tablespoon olive oil
 ½ kg mince
 ½ tablespoon garlic powder
 ½ tablespoon onion powder
 1 teaspoon dried Italian seasoning
 1 tablespoon Worcestershire sauce

1 400g can diced tomatoes, drained
 1 cup jarred marinara sauce
 ½ tablespoon chopped parsley
 340g penne (uncooked)
 2 cups chicken stock
 ¼ cup finely grated parmesan cheese
 4 120g grated mozzarella cheese

METHOD

Heat the olive oil over medium heat. Add the mince, garlic powder, onion powder, and Italian seasoning. Cook the beef, breaking it up with a spatula, until browned and cooked through.

Add the Worcestershire sauce, diced tomatoes, marinara sauce, and parsley and stir to combine. Add the penne and the chicken stock. Increase the heat to high and bring to a simmer. Lower the heat to medium, cover, and cook for 10-15 minutes or until the penne is tender, stirring frequently. Taste and adjust with salt and pepper, if needed. While the pasta is cooking, preheat the oven to broil.

Uncover the pan and sprinkle the parmesan over the top; then the mozzarella. Transfer the pan to the oven and grill until the cheese is melted.



Green salad with avocado



1 tbsp lemon juice
 pinch of salt
 4 tbsp olive oil
 small bunch finely chopped chives
 200g bag mixed salad leaves
 2 sliced, ripe avocados

STEP 1

Squeeze 1 tbsp lemon juice into a jam jar with a pinch of salt. Pour in 4 tbsp olive oil, add a small bunch finely chopped chives, put on the lid, then shake well. To serve, toss with 200g bag mixed salad leaves and 2 sliced ripe avocados.

Community Meetings

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.
- Penshurst Social Support Group - WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter at Sheppard Centre - **COVID Permitting**. Western District Health Service – PENSURST Campus. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February 2021 at Volcano Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, Ritchie Street. penshurstlions@gmail.com

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm

Penshurst Book Club - Meets 2nd Tuesday each month at 2pm at Senior Citizen club rooms (Winter) and Rurik's Shed (Summer). Contact Ruth Pihl 0490418313

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

4pm Mass 4th Sunday each month

For further details contact Janet Kelly on 5576 5247

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

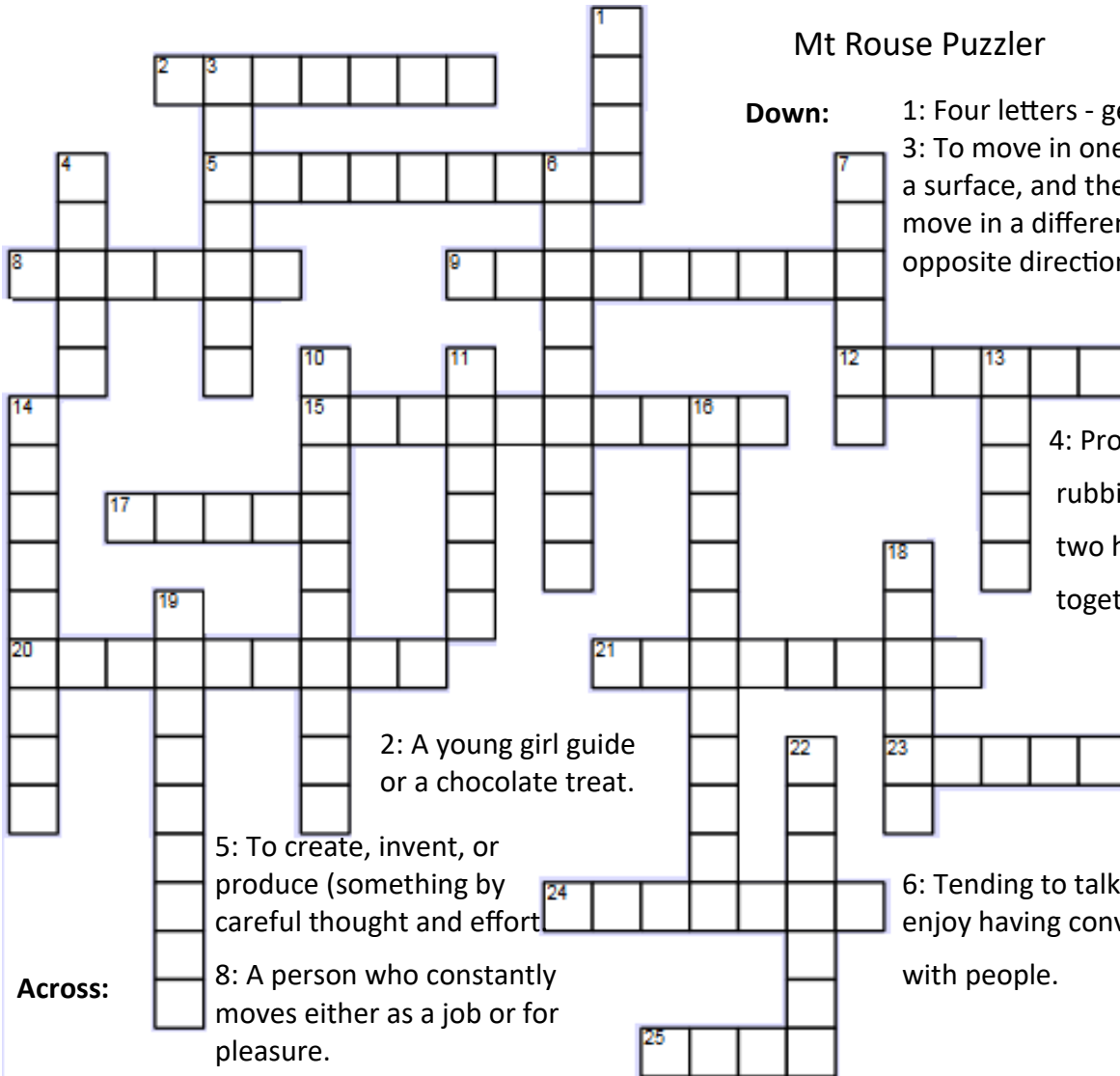
2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am

Mt Rouse Puzzler



Down:

1: Four letters - gesture - hi-
3: To move in one direction, hit a surface, and then quickly move in a different and usually opposite direction.

4: Produced by rubbing or hitting two hard objects together.

2: A young girl guide or a chocolate treat.

5: To create, invent, or produce (something by careful thought and effort)

6: Tending to talk a lot or to enjoy having conversations with people.

Across:

8: A person who constantly moves either as a job or for pleasure.

9: Having a pleasing sound.

12: Work done by the mind or body.

15: Payment sent to a person in another place.

17: Many single distinct meaningful elements of speech or writing.

20: A system that uses wires and radio signals to send sounds over long distances.

21: A symbol that has the first letters of a person's name that is used as a decoration or to show ownership.

23: Little in size.

24: A member of the Royal Canadian Mounted Police.

25: A large area of water that is surrounded by land.

7: To give attention to someone or something in order to hear him, her, or it.

10: A place where two or more paths cross.

11: A type of heavy oil used as fuel.

13: The curved path that something follows as it goes around something else.

14: A number of female children.

16: A word that joins together sentences, clauses, phrases, or words.

18: A particular part of a written legal document.

19: A central area of land.

22: A complete or partial covering of the sun.

Across: 1 risky, 4 animated, 6 deafening, 8 launch, 10 signpost, 12 miniscule, 17 echoes, 18 mountainous, 21 yawn, 22 inaudible, 23 crawl, 25 swing, 28 leverage.
Down: 2 kitten, 3 camera, 5 eloquent, 7 flowering, 9 limitless, 10 spectacular, 11 mulch, 13 deactivate, 14 baker, 15 wriggle, 16 shire, 19 syllable, 20 relative, 24 rose.

What are some different types of wind names?

(continued from page 14)

Many local wind systems have their own names.

Here's a few!

chinook- (westerly wind off the eastern side of the Rocky Mountains)

santa ana-(easterly towards Southern California)

scirocco- (southerly from North Africa to southern Europe)

mistral - (north-westerly from central France to Mediterranean)

marin—(south-easterly from Mediterranean to France)

bora-(north-easterly from eastern Europe to Italy)

gregale-(north-easterly from Greece)

etesian-(north-westerly from Greece)

libeccio-(south-westerly towards Italy)

And we thought Penshurst was windy ...

Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email president@penshurstprogress.org.au

Visit our site

www.penshurstvictoria.com.au and let us know if you have any comments.

Editor

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DEADLINE FOR SUBMISSIONS — 16 April 2022

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

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Also available in colour online at

[http://www.penshurstvictoria.com.au/Penshurst&20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

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