

MT ROUSE NEWS & VIEWS



With thanks to Florence Collins for sponsoring this newsletter's colour front page.

One of the joys of living in the country is watching the sheep take over the streets. With the changes of the seasons comes the renewing of life.



Photographer: Thomas Cooke

Penshurst Progress Association

ABN 35 622 662 815

president@penshurstprogress.org.au

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke, Sue Jellie & Jeff Jellie

Next Meeting - Wednesday 26th July 2023 7.30pm Penshurst Memorial Hall

Good morning everyone,

When I sit down to write this report, I start by going through the Minutes from the previous meeting, and then all the emails in my inbox, from various sources, including the Council. I want to first acknowledge and thank Jane Coshutt and Eda Williamson for coming and spending a cold day in the foyer of the Hall, so that the people in Penshurst could go and talk to them about their ideas for grant applications. I went twice, trailing husband the second time, which gave us all a chance to ask a lot of questions about our current projects, and gave them time to explain why nothing will be happening with any of it until they employ an Assets Manager. The application period closed on the 17th, so I am wishing them great success .. for all of us.

In the meantime, are you taking advantage of the seating in the Napier Waller Green Space yet? The building itself will be partly closed in once the Information boards are installed.

We would also like to acknowledge and thank Jo Vigliaturo for all her hard work behind the scenes guiding and creating the new project we have at the Hall. It will become one of the places you can go to if there is an emergency affecting the town. This is a very complicated task and she's doing a wonderful job bringing it all together.

The Hamilton Aquatic Centre has once again started their drive to find the Shire more lifeguards for the summer season. Would this be of interest to you, or do you know someone you can suggest it to? More information will be in upcoming newsletters.

We would like to thank Kelly's Ag n Vet for the donation of sandpaper to the Penshurst Men's Shed. It's being put to good use already!

Another person we would like to acknowledge is Don Adamson, who is presently installing the new Heritage signs that were created last year. This is only a small piece of the time and effort he gives to volunteering in Penshurst. We are grateful to him, and so many others (e.g. see our second instalment of photos from the Lion's Club Dinner). Volunteering can be a heck of a lot of fun, and a great change from sitting around and grumbling about the cold. Have you tried it?

Wishing everyone a great fortnight,
Ama Cooke, President, PPA.



Penshurst Social Gathering

Maybe you're new to Penshurst. Maybe you've lived here a while. Maybe you'd like to meet new people or just enjoy a night out. Whatever your reason, why not come along to a Penshurst relaxed & friendly social gathering.

All welcome - all ages.

When: Friday August 18

Time: 6:30pm

Where: Penshurst Hotel Bistro

Buy your own food and drinks at the venue. Please RSVP to **Jacqui 5576 5102** so we can book enough seats.

***** Bookings are essential *****

LIONS CLUB OF PENSURST & DISTRICT



Welcome to the 44th Annual Changeover
7th July 2023



The Lions Club is busy everywhere.



Old friends and new



Can't keep them still

Line Dancing

at the Penshurst Hall

Starting from August 27th, this event will be held on the last Sunday of each month at 3pm.

People of all ages and skill levels are welcome.

We kindly request a gold coin donation to help cover the cost of hall rental.

If you have any favourite songs or special requests, please text them ahead of time to Ali at 0429 952 458.

We hope to see you there!!



Social afternoon

at the

Senior Citizens'

Sunday 4th August

At 1.30pm.

Afternoon tea provided.



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 3 | | | | 5 | 6 | | 9 |
| | 4 | | | 3 | | | 2 | |
| 6 | | 2 | 9 | 4 | 8 | | 3 | |
| | | | 3 | | | 9 | | |
| 7 | 6 | | | 9 | 2 | 1 | | |
| 9 | 2 | | | 1 | 6 | 3 | 7 | 4 |
| | | | | | 9 | 7 | 5 | |
| | 9 | 6 | 7 | | 4 | | | |
| | 5 | | | | | | 9 | 6 |

SUDOKU

The goal of Sudoku is to fill in a 9x9 grid with digits so that each column, row, and 3x3 section contain the numbers between 1 to 9.

At the beginning of the game, the 9x9 grid will have some of the squares filled in. Your job is to use logic to fill in the missing digits and complete the grid.

Think puzzle is ranked as Easy.

Caramut and District Garden Club

***Amaranthus Caudatus:* Love Lies Bleeding or Tassel Flower.** I was given seeds of this plant years ago and thought I had lost it, but on starting a new garden with compost, lo and behold, this plant turned up again as it seeds very freely. I have it growing in an east facing direction where it would get sun for much of the day, virtually no water over summer. It grows to about 1.2 metres or so and has dull green leaves and the dark red flowers are long drooping cords, their ends often touching the ground. The photo was taken in early May and had been flowering for some time but the colour has lost its brightness. It is still flowering now. As the flower starts to fade and die, dark seeds appear along the tassel and can be shaken out or just left to self seed at later time. For me, a very lovely, unusual flower that needs no attention. I haven't been able to find out where this particular species is from. There are over 60 different species, some from tropical Africa and Asia.



Although we have had a lot of rain, look out for the dry areas in the garden – under eaves or overhanging verandahs. Pots can also dry out if in sheltered areas under a thick canopy of overhanging trees or large shrubs. And yes, it does seem silly to have to water when we have had so much rain. These plants will survive although they might look somewhat tired and if dry for too long, will die.

Getting out in the garden on cold days and doing some vigorous pruning or weeding soon warms up the body and looking at the completed work, mental satisfaction. So enjoy your garden whatever the weather. Yes, I've even been guilty of finishing of a section in heavy rain and getting soaking wet!

Competition Results for the last meeting were:

Bloom 1st. Mary Underwood 2nd Brenda Uebergang

Special – Camellia: 1st Brenda Uebergang eq 2nd Theresa Loomes/Gill Hiscock/Robyn Wood

Produce: 1st Gill Hiscock 2nd Marita Smith

The next meeting, on Tuesday the 8th August, is our Annual General Meeting therefore there will be no competitions.

We will meet in the Woolsthorpe Hall at 11am then go to the Woolsthorpe Hotel for lunch.

*Those who would have nothing to do with thorns
must never attempt to gather flowers.*



For Sale

Non-Treated Pine Offcuts
Fire Starters

20-25kg bags \$7.00

Contact Garry, Caramut

Mobile: 0490 856 461

PUBLIC NOTICE

Mt Rouse & District Historical Society

AGM

30th July 2023 2.00pm

at the Courthouse

Everyone welcome



What jokes

1. What does a clock do when it's hungry?
2. What's the easiest way to make a glow worm happy?
3. What do you call a belt made of watches?
4. What's the best way to carve wood?
5. What did the teacher do with the student's report on cheese?
6. What's the difference between a piano and a fish?
7. What did the pirate say on his 80th birthday?
8. What is the best way to organize an astronomer's party?
9. What's the action like at a circus?

Answers page 11.

**Pregnancy scanning**

Nathan Rentsch • Penshurst

spotonscanning.com.au  

PUBLIC NOTICE

WESTERN DISTRICT HEALTH SERVICE –
PENSURST CAMPUS**VACANCY
FOR APPOINTMENT TO THE
ADVISORY COMMITTEE**

Nominations are invited from community members with an interest in the delivery of health care services to the Penshurst Community and surrounding districts.

The Advisory Committee at Penshurst is comprised of up to nine individuals who collectively possess appropriate skills and experience in a variety of areas, including business, community interests, human resources and financial management.

Four positions are currently available on the Advisory Committee, for a term of three years.

Nomination forms are available by contacting Catherine Loria, DON/Manager Western District Health Service - Penshurst Campus, 146 Cobb Street, Penshurst, Victoria 3289.

Telephone: (03)55523001

or via email catherine.loria@wdhs.net

**Nominations close at 5.00 PM on
14th August, 2023**

“As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others.”

Audrey Hepburn



'The less said the better'

These words are an echo from a childhood memory that I can barely recall. Certainly the context and place are lost to me now. But, I can still hear my mother saying, rather firmly as I recall... 'And as for that other matter, the less said the better'! At the time it made no sense to me at all but then as a child these adult 'sayings' probably weren't meant to. But this phrase and a few others have stayed with me over the years. I wish now that I could recall the salacious story that went with the words of wisdom.

Many years later, my training Rector echoed my mothers words when we had been to a rather weighty pastoral encounter. It was a cautionary reminder that sometimes it's best to 'forget' what you have heard and not say anything unless asked. In those days I had the luxury of a training rector and I could always kick it upstairs to him. 'You better go and talk to the rector about that. He's in charge'.

Sometimes you do truly, honestly forget. Other times you try to tuck it away and try really hard to not remember.

Now I don't have that advantage of a training rector and I've learnt to mutter things like 'Would you mind if I didn't say anything?'. Or... 'Now isn't that interesting. I don't seem to remember exactly what Great Uncle Kafoops said'.

Just as you can't 'unsee' the things you see.. so you can't 'unsay' things you hear. Once you say something audibly, out loud, for someone else to hear ... it's out there. I relearn this all the time in this close knit and caring community. You can always tell later, but sometimes ... a lot of the time 'The less said the better'.

Fr. David Oulton p. 0435 867 040
droulton72@gmail.com

*"Raise your words, not your voice.
It is rain that grows flowers, not
thunder." -Rumi*

Answers to Jokes:
1. It goes back four seconds. 2. Cut off its tail -
it'll be delighted! 3. A waist of time! 4. Whittle
by whittle. 5. She grated it. 6. You can tune
a piano, but you can't tuna fish. 7. "Aye,
matey!" 8. You planet. 9. In-tents.

National Water Week
Poster Competition
United by Water.
Help celebrate National Water Week by creating a poster that explores the important role water plays in connecting us all.

Open to all primary school and kindergarten students.
Entries close **1st September 2023.**
Great prizes.
Enter Now
nationalwaterweek.com.au

wannowater Southern Rural Water Glimely Hopkins

SOCIAL SUPPORT GROUP PROGRAM – August 2023

| DATE | PROGRAM | LOCATION |
|----------------------|--|---------------------------------|
| Aug 3 rd | AM: Exercises at Senior Citizens <i>Morning tea</i> “Chinese Whispers” drawing! <i>Lunch</i> Aged Care Packages info and Questions session | <i>Lunch at Senior Citizens</i> |
| Aug 10 th | AM: Exercises at Senior Citizens <i>Morning tea</i> I.T. questions (& some immediate solutions) for 27/8 session & MindPal Brain training challenge. <i>Lunch</i> Scrapbooking | <i>Lunch at Senior Citizens</i> |
| Aug 20 th | Community Outing : Tae Rak Leave on 9.00am - Arrive back by 3pm. | Outing today |
| Aug 27 th | AM: Exercises at Senior Citizens <i>Morning tea</i> Phone/Tablet I.T Technology : Problem Solving, teaching, tips & tricks Guest Speaker talking on Scams - Andy Gottliebsen | <i>Lunch at Senior Citizens</i> |

Program subject to change at short notice



water LEADERS

Community Education Sessions

We can talk to your group about your water supply, bills and support, sustainability, our projects, or we can tailor sessions to suit you.

A minimum of 2 weeks notice required.

Book Now!



education@wannonwater.com.au
1300 926 666

wannonWATER



- * Bookings essential, please phone to discuss and register attendance
- * Community are all welcome to join the Exercise Group from 10am – 10.45am followed by Morning tea & a chat
- * Should you wish to stay for lunch following exercises and morning tea, exercises cost is included in the daily fee
- * Weekly costs vary depending on the monthly program



Community Bank
Dunkeld & District

B Bendigo Bank

Supporting your
community

GOODBYE ANNA!

As many of you may have heard, Anna is leaving Community Bank Dunkeld & District, with her last day being Friday July 28.

Having been here right from the beginning, this is of great sadness to us all.

Anna's contribution to the Branch and Community has been immense and without her wonderful leadership, we would not be where we are today. The one positive is that Anna will not be lost to the Bank, as she is taking up a position in Business Banking, so while she will not be here in branch, her knowledge and expertise will still be assisting our business customers, which is a huge benefit to that area of the Bank.

Let's look back at the very beginning, with Anna accepting the role of Branch Manager in February 2011.



SHEEPVENTION 2023

This year you will find the Community Bank Dunkeld & District at our own stall at Sheepvention.

Sheepvention is located at the Hamilton Showgrounds and is on Sunday 6th and Monday 7th of August.

You will find our stall in the Innovations Hub with MIXXFM.

Come on down and say a hello to your friendly staff at Community Bank Dunkeld & District!



5576 5270

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Penshurst Liquor & Grocery Store

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Saturday

8am - 6pm

Sunday

8am - 5pm

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Beer - Wine - Spirits

Penshurst's News Agency



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MEDIA RELEASE

SOUTHERN GRAMPPIANS SHIRE COUNCIL



July 19, 2023

LOCAL YOUTH RECOGNISED AT SPECIAL EVENT

Western District Health Service, Southern Grampians Shire Council and Brophy Family and Youth services hosted the Youth Recognition Awards Event last week, to celebrate young people and how they enrich their communities in so many ways. Young people were recognised for their ideas, energy, leadership, diverse talents and often hidden services to others, and the award presentation evening was a chance to champion youth and their vital contribution to the community.

The youth achievement event is designed to recognise and celebrate the value that young people contribute to life in our community, with young people nominated through a community nomination process. All nominees were invited to a celebration event held at the Hamilton Performing Arts Centre on Friday 14th July.

Youth groups recognised on the evening included:

The Live 4 Life Crew participants (school based mental health program)

The YUMCHA Hamilton Group (Social group for rainbow youth friends and supporters)

The Jam Youth Music Group

The young people who assisted the creation of the Southern Grampians Youth Directory

Individuals award winners included:

Angelina Juby

Angel Maria Xavier

Ella Bester

Grace Silcock

Harry Brown

Ella Sheldon

WDHS Director of Primary and Preventative Health, Mac McInnes said the event reaffirmed the importance of nurturing and empowering the next generation.

“By recognizing and celebrating the contributions of our young people, we are fostering a sense of belonging and encouraging continued engagement. They are the architects of our future, and their voices and actions are instrumental in creating a healthier, more vibrant community for all.”

Deputy Mayor Cr Helen Henry, who attended the event also commented, “Our shire is so proud of the young people and all that they do to make this community so special. Our youth offer leadership, they volunteer, share their kindness, passion, and creativity, as well as a whole host of special skills and traits that can sometimes go unrecognised.

This event is a chance to celebrate our youth, and to let young people in the community know that we are so proud of them and what they achieve.”

The event was organised in partnership with Southern Grampians Shire Council, Brophy Family and Youth Services and the Western District Health Service, with festivities including an award presentation, food, DJ, karaoke, dancing, and a performance by young vocalist Felicity Shaw.

Media inquiries: Courtney Smith, 0499 807 922, cosmith@sthgrampians.vic.gov.au

MEDIA RELEASE

SOUTHERN GRAMPIANS SHIRE COUNCIL



July 19, 2023

Planning permit approved for \$8.4m Melville Oval Facilities Redevelopment Project

Southern Grampians Shire Council has approved the planning permit for the redevelopment of Melville Oval. This \$8.4m project comprises a new social pavilion, two netball courts, redevelopment of the Heritage Grandstand and landscaping.

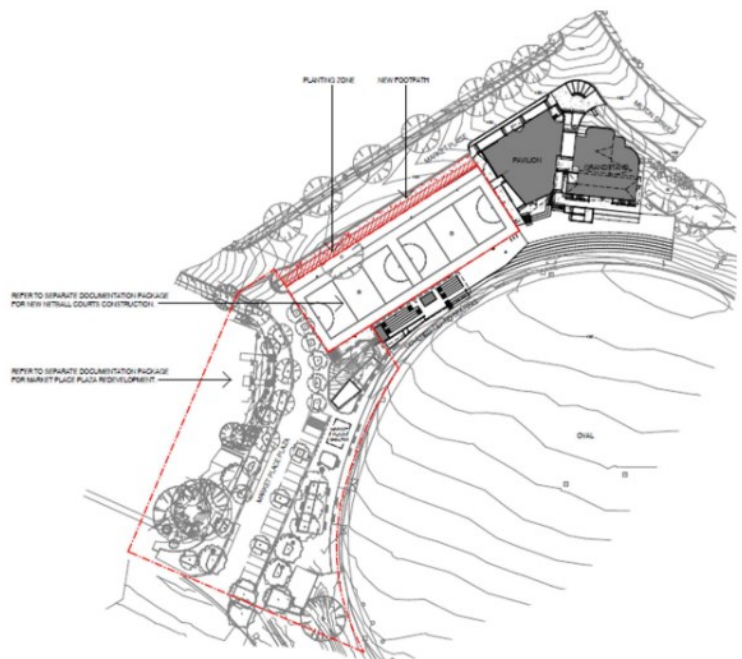
The Heritage Overlay across the Melville Oval precinct necessitated a Planning Permit for any works associated with building demolition, removal of trees, alterations or extensions to existing buildings and construction of new buildings or infrastructure.

Mayor Councillor David Robertson confirmed that the project would officially begin with the demolition of the existing changerooms and the non-heritage component of the grandstand, shelter structures, the Kangaroo's Football Club Kiosk, partial fence removal and the greenkeeper shed. These works will commence on 24 July and are expected to be completed within two weeks. Site preparation will start in September with bulk earthworks, fill and levelling," said Cr Robertson. "The redevelopment of the grandstand and construction of other buildings and amenities will be staged in time for the December 2024 completion. The Melville Reserve User Groups will be engaged in the project and regular project updates will be provided via Council's media platforms."

Cr Robertson said access throughout Melville Reserve would be restricted during the construction period, when minor repair works will be undertaken on the oval surface and irrigation. Pedestrian detours will be sign-posted, however continued access through CFA Running Track and existing netball courts will be maintained. There will be no restrictions to the cenotaph.

At the Council monthly meeting, Council also resolved its intention of a partial road discontinuance along Market Place to create sufficient space for the new netball courts and pavilion. In line with statutory requirements, Council will now advertise the proposed partial road discontinuance for a period of 28 days between July 15, 2023 and August 12, 2023 and invite submissions from the public.

You can submit your feedback via the 'Have Your Say' section on Council's website (www.sthgrampians.vic.gov.au), email council@sthgrampians.vic.gov.au, or write a letter addressed to Locked Bag 685, Hamilton VIC 3300 (or pop in to Council's Customer Service Centre at 111 Brown Street).



A PAGE TO SHARE RECIPES

Easy pumpkin, spinach and ricotta cannelloni

Prep Time 20 mins Cooking Time 60 mins Serves 4

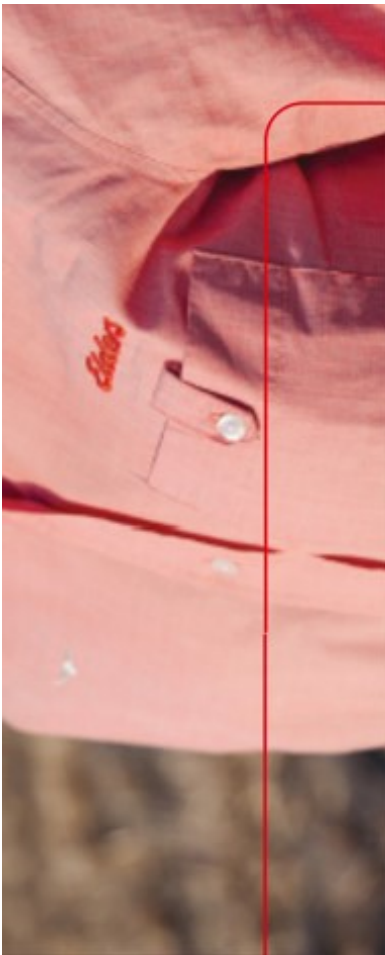
INGREDIENTS

| | |
|--|---|
| 400g can pumpkin soup | 1 gem lettuce, leaves separated |
| 250g packet frozen chopped spinach, thawed | 125g cherry tomatoes, halved |
| 400g fresh ricotta | 2 baby cucumbers, quartered lengthways |
| 1/3 cup chopped fresh basil leaves | 1/2 small red onion, thinly sliced |
| 2/3 cup finely grated parmesan | 1/4 cup small fresh basil leaves, plus extra to serve |
| 4 fresh lasagne sheets | 2 tablespoons extra virgin olive oil |
| 1 cup grated mozzarella | 1 tablespoon balsamic vinegar |

METHOD

1. Preheat oven to 180C/160C fan-forced. Lightly grease a 5cm-deep, 20cm x 32cm rectangular baking dish. Place soup in a large jug. Add 3/4 cup water. Season with salt and pepper. Stir to combine.
2. Pour half the soup mixture into prepared dish, spreading evenly over base.
3. Place spinach in a sieve set over a bowl. Using the back of a spoon, press spinach to drain excess liquid. Place ricotta, spinach, chopped basil and half the parmesan in a large bowl. Season with salt and pepper. Mix well to combine. Cut each lasagne pasta sheet in half crossways.
4. Place 1/2 cup ricotta mixture along 1 long edge of 1 piece of pasta. Roll up to enclose filling. Place in prepared dish, seam side down. Repeat with remaining ricotta mixture and pieces of pasta. Spoon remaining soup mixture over cannelloni. Cover with foil. Bake for 50 minutes.
5. Increase oven to 220C/200C fan-forced. Remove foil from cannelloni. Sprinkle with mozzarella and remaining parmesan. Bake, uncovered, for 10 minutes or until cheese is golden and melted.
6. Place lettuce, tomato, cucumber, onion and basil leaves in a serving bowl. Toss to combine. Whisk oil and vinegar in a small bowl. Season with salt and pepper. Drizzle dressing over salad. Sprinkle cannelloni with extra basil leaves and serve with salad.





ELDERS HAMILTON

Proud to be a supporter of the Penshurst community

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WOOL

Andrew Howells 0418 846 291
 Kate Methven 0488 415 883
 David Whyte 0407 347 203

State Wool Manager

Lachie Brown 0409 645 915

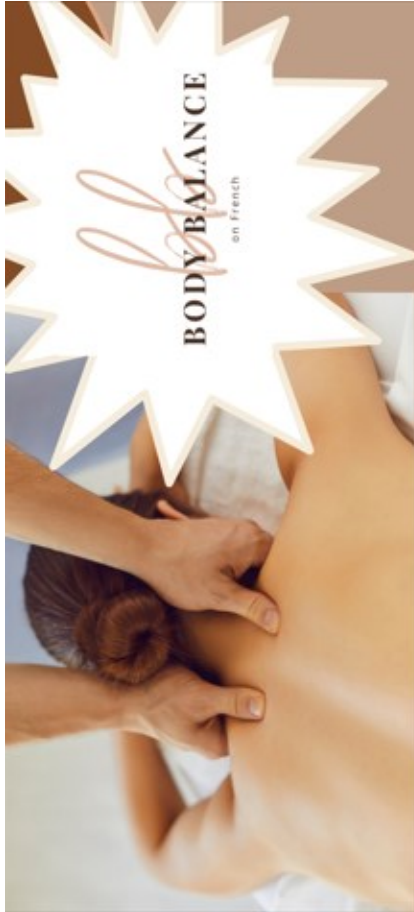
LIVESTOCK

Aaron Malseed 0407 782 286
 Jordy Anthony 0407 649 925
 Steve McLeod (Agent) 0419 836 203
 Ashley Crow (Agent) 0419 711 405

STUD STOCK

Ross Milne 0408 057 558

100 Portland Road,
 Hamilton P. 03 5551 5700
 E. hamilton@elders.com.au
 elders.com.au



What Are The Benefits Of Remedial Massage?

Here are just a few -

- Encourages blood flow
- Increases the range of joint motion
- Releases tight and overworked muscles
- Treats a wide range of health disorders
- Helps manage overall pain and injuries
- Relieves tight muscles
- Reduces stress
- Relieves muscle tension, particularly in the neck and shoulder region

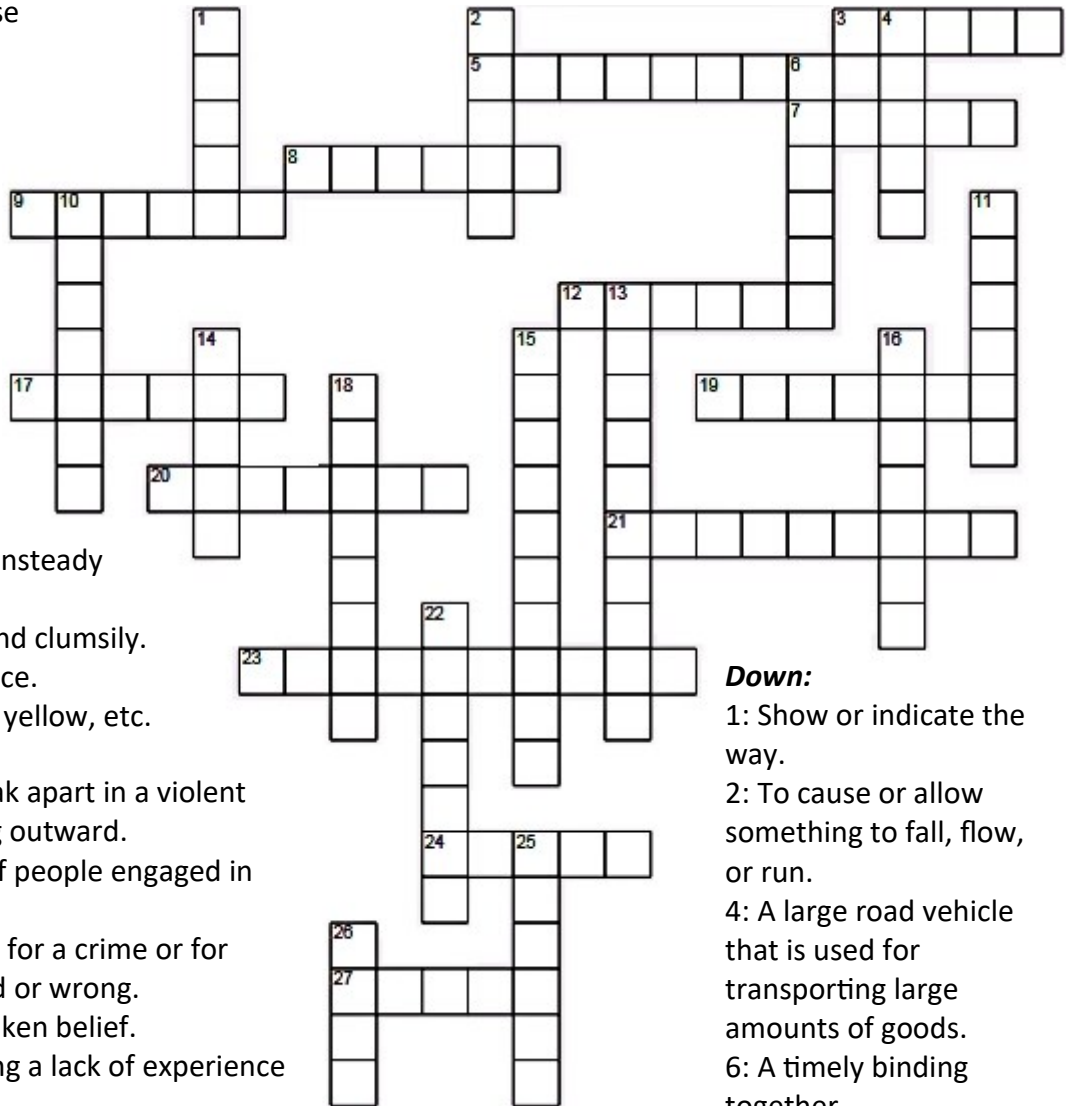
Remedial massage is a hands on therapy which aims to treat muscles that are damaged, shortened, tense or immobile. This treatment is used to identify and repair damaged areas of the body, whilst aiding the body's own healing process. Depending on the injury or desired outcome, the pressure can be of deep intensity, or it can be more soft and shallow. Remedial massage is different to other forms of gentle relaxation massage. A remedial massage therapist undergoes extensive training to gain advanced knowledge of anatomy and physiology. It is used for the prevention and management of injuries, particularly soft tissue injuries.

Book Now



13 French St, Penshurst and 36A Thompson St, Hamilton - mob 0407 835 479

Mount Rouse
Puzzler



Across:

3: To cook food with vapour.

5: Existing or happening before the present time.

7: To put your hand, fingers, etc., on someone or something.

8: To move with an unsteady side-to-side motion.

9: To move heavily and clumsily.

12: To burn the surface.

17: Red, blue, green, yellow, etc.

19: To suddenly break apart in a violent way with parts flying outward.

20: Either of a pair of people engaged in the same activity.

21: No responsibility for a crime or for doing something bad or wrong.

23: Based on a mistaken belief.

24: Having or showing a lack of experience or knowledge.

27: Living.

Down:

1: Show or indicate the way.

2: To cause or allow something to fall, flow, or run.

4: A large road vehicle that is used for transporting large amounts of goods.

6: A timely binding together.

10: Not explored, discovered, identified, or ascertained.

11: A chemical that is found in the air, that has no colour, taste, or smell, necessary for life.

13: Very brave.

14: A sweet substance especially from the plants.

15: Causing light, sound, or heat to move away.

16: To pronounce guilty.

18: Perceptible by touch.

22: The combination of different musical notes played or sung at the same time to produce a pleasing sound.

25: Introduce under pressure into a passage, cavity or solid material.

26: Effort made to do something correctly, safely, or without causing damage.

Last Fortnight's Crossword - Across: 6 shoots, 7 beads, 9 unique, 11 jacket, 12 participate, 14 disclose, 16 opposed, 18 transfer, 21 habit, 22 gradient, 24 finance.
Down: 1 close, 2 taste, 3 agenda, 4 combination, 5 carpet, 8 representation, 10 illness, 13 spirit, 15 overlook, 17 embrace, 19 call, 20 pension, 22 governor, 23 origin.



Penshurst Store



Amanda & Cam Wilson
0439 941 942

Pop into the store and try some of our delicious pies, pasties and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments are welcome.

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday - 8.00am - 2.00pm

Sunday - CLOSED

Café/Bakery

110 Bell Street, Penshurst

penshurststore@gmail.com

CHRISTOPHER COOK CONSTRUCTIONS

Ph: 0417 100 243

Fax: 5576 5267



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DB-U 5109**

**112 Bell Street
Penshurst Vic 3289**



westernAG
The Best in Agronomic Advice

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RELIABILITY
COMMITMENT**

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- Farm Production & Planning Management
- Seed & Fertiliser Supply
- Crop & Pasture Protection Products
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- General Merchandise
- On Farm Deliveries

Western AG's core objective is to provide high quality production advice and to supply competitively priced inputs to assist clients to grow the business profitably.

Western AG Hamilton - T: 03 5579 5900

Tim Wilson (Branch Manager) 0429 168 020

Matt Barber (Senior Agronomist) 0488 298 170

Damien Goodman (Agronomist) 0427 159 462

Geordie Elliott (Nutrition & Production) 0438 874 587

Meg Todd (Animal Health) 0437 772 861

Western AG Willaura - T: 03 5354 1585

Glen Gray - 0439 541 036

Fun for the kids



Here are two beautiful mandalas for you to colour. Can you do so without allowing two of the same colours touch?

These are very clever geometric patterns.

Can you make your own?



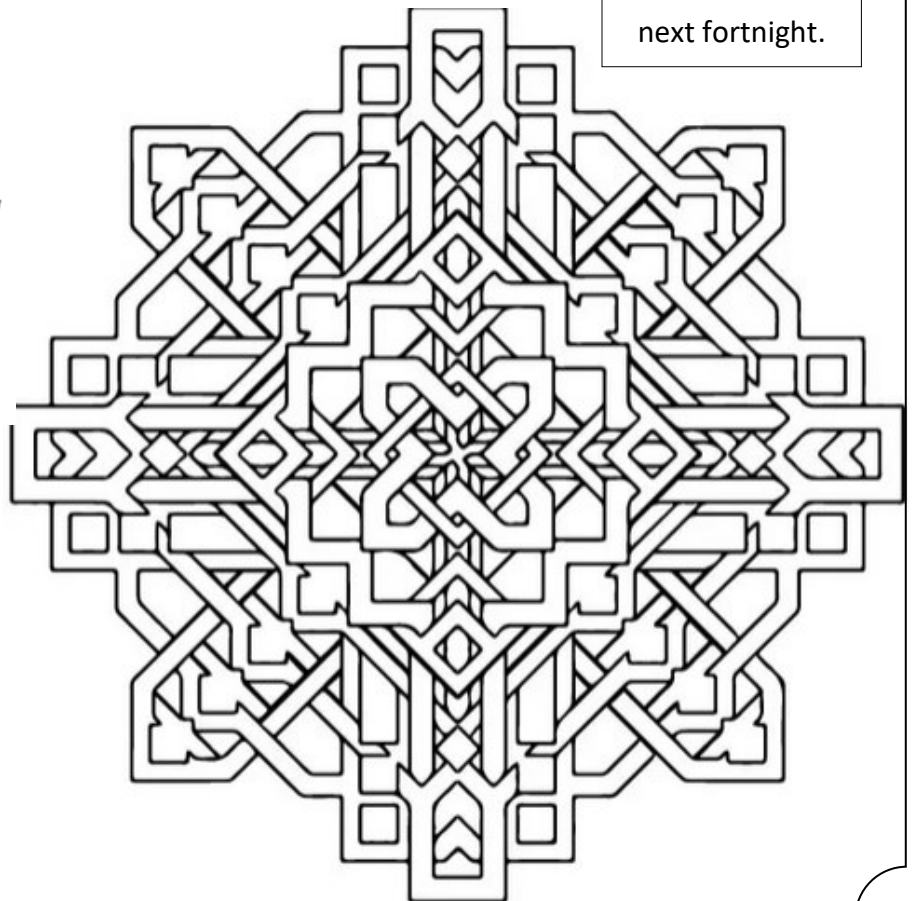
Can you copy our friendly penguin into a 9 x 9 grid? More on how to next fortnight.

d i l d n n e l
 b a l l o o n q
 e k i i t m k c
 l s e z e e n s
 i i a a b l i w
 e r s r o l l i
 v b i d o i c f
 e p i c k l e t

Word Search

You can find these words in the puzzle above.

- | | |
|--------|----------|
| Link | Balloon |
| Lizard | Believe |
| Swift | Notebook |
| Pickle | Lemon |
| Brisk | Squeeze |



Penshurst Hair Design

will be on holidays from Tuesday 11th July to Tuesday 18th July



Opening Days

**Tuesday,
Thursday
Friday &
every second
Saturday
10am - 2pm
By Appointment**

For appointments please ring

Mobile: 0417 511 177



Penshurst Shed



*The Shed is Open
Come and visit
Saturday &
Tuesday 10am - 4pm*

*Open to everyone - Saturday
Contact*

Tom Cooke 0488 557 345

For more information



DAN TEHAN MP

FEDERAL MEMBER FOR **WANNON**

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:
190 Gray Street, Hamilton or
1300 131 692



1300 131 692 dan.tehan.mp@aph.gov.au dantehan.com.au

DanTehanWannon dantehan

Authorised by Dan Tehan MP, Liberal Party of Australia, 190 Gray St, Hamilton VIC 3300.

Community Meetings

Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

Penshurst Social Support Group

- WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter at Senior Citizens Centre, French Street - **COVID Permitting**. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact Janet Kelly on 0475685946 & Fr. David Oulton 0435867040

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am



Mobile Library
Will be visiting Penshurst
every Thursday fortnight
3.00 - 4.00pm

Outside the Hall in Martin St

Dates for August
3rd, 17th, 31st

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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DEADLINE FOR SUBMISSIONS — Saturday 5th August 2023

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

F R E E N E W S L E T T E R F O R T N I G H T

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