

MT ROUSE NEWS & VIEWS



The inaugural

Penshurst Photography Show

is on this weekend at the Penshurst Hall.

Saturday 10am - 4pm & Sunday 10am - 3pm.

Congratulations
Penshurst Store
2022 Winner of
Best Tourism Business



We thank the Penshurst Hotel for sponsoring our colour front page.

Penshurst Progress Association

ABN 35 622 662 815

president@penshurstprogress.org.au

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke & Josh Hewitt

Next Meeting - Wednesday 28th September 2022

Community Meeting 7.30pm - Supper Room, Penshurst Hall

Good evening everyone,

Having just re-read the last PPA editorial I can only say that at the end I was in a tearing hurry and didn't get Tom to spell/everything-check it. I apologise. I also have to advise that last fortnight's newsletter was a short print run. For those who don't know, that means I didn't print the usual 170. The printer ran out of toner at 102, and Grangeburn IT, who supplies it for us, was also out .. and remained that way until Wednesday of the following week .. So I only printed another 20 and split them at the Post Office and Supermarket. Here's hoping that doesn't happen again. I have arranged to get extra toner.

Our next PPA meeting will be on Wednesday 28th September, 7.30pm. It is the first after the winter break .. but obviously winter hasn't left yet, going by the weather over the past few days. Mind you, I do love the sound of the wind whistling through our ash trees, and around the corners of the house.

Ok, now the challenges .. The Council has announced they are combining departments, among other changes, which leaves everything we've been working on floating in mid air. I have had a report from them that the concrete and new building for the Green Space has not yet received planning approval, and I can't even predict when things will return to anything vaguely resembling normal (not that I have ever known what that looks like). In the meantime we have had the first of three reports on the Hall returned. This one was a safety inspection done by a representative of the Council. While some changes are cosmetic, others are going to cost serious money. The second inspection was

on behalf of DELWP, the owners of the building. We have not had the results of that yet, but are sure it will highlight some of the same problems, but, as I was advised by the gentleman at the time, the inspections are being done so that DELWP can tell the management committee what needs to be repaired to bring the Hall 'up to code', but, as usual, they have no funds to help pay for it. The third inspection will be done by the CFA to advise whether the building is suitable to become the 'Bushfire Place of Last Resort'. The real problem is that the Hall does not have a great deal of money in the bank to cover the cost of the changes needed by the first inspection, so I will be talking to DELWP, and whomever else I can find, to try and find the funding, as I imagine, a great many other hall committees will also be doing.

Update: Today (Monday) I contacted the DELWP representative for the region and we might be able to access funds to change all the required doors through a grant to bring them 'up to code' after the end of this month.

For more information, see page 5.

Wishing everyone a wonderful fortnight,
Ama Cooke, Chair, PPA

Notice:

James Dean Pharmacy Depot
in Penshurst
will now only be open
Monday - Friday 4pm - 5pm.

What to grow when it rains a lot

You don't necessarily need a pond for growing water lilies; they'll also thrive in a big tub like a stock tank on your patio. They grow from tubers planted in pots beneath the water and send up stems with rounded leaves and star-shaped blossoms that float on the surface. Water lilies bloom in a variety of colours including pink, white, yellow, and red. A good choice for beginners, hardy lilies are dependable and easy to plant. They blossom in the morning and close after sunset, usually lasting three or four days before sinking back beneath the surface. The flowers appear from spring to autumn and go dormant in the winter.



Step 1: Select a Container

Use a wide and shallow container. A good size is 18 inches wide by at least 10 inches deep. The tuber, which is similar to the rhizome of an [iris](#), grows horizontally. You can use a container with or without drainage holes. If there are drainage holes, line the pot with burlap to keep the soil in the container. Soil that leaches out can cloud the water in your pond.

Step 2: Fill Container With Soil

Use a heavy bagged soil intended for use in the garden, not a fluffy potting soil that will float out of the container. Avoid soil mixes with peat, vermiculite, or perlite for the same reason. Enrich the soil with aquatic fertilizer pellets especially for the task. Push them into the soil before you plant.

Step 3: Clean Up Plants

Before planting water lilies, check the tubers and remove old leaves and thick, fleshy old roots; then, more of the plant's energy can go toward growing new roots, leaves, stems, and blooms. Leave only emerging leaves and buds and the newer, hairlike roots.

Step 4: Plant Tubers

Plant the tuber against the side of the pot, with the growing tip pointing upward (about 45 degrees) and toward the centre of the pot.

Step 5: Add Gravel

Cover the soil with a layer of small rocks or pea gravel to keep the soil in the pot.

Step 6: Lower Plant into Water

The planted pot should be lowered into the pond at an angle to allow air to escape. Set the base of the pot 30 to 45 centimetres deep. The leaves will float to the surface. If the pond is deeper than 18 inches and doesn't have built-in planting ledges, support the pot with rocks to keep it at about that depth.

How to Winterize Hardy Water Lilies

Begin getting your hardy water lilies ready for winter by removing all dead and dying foliage. If your pond freezes solid or if you drain it for the winter, remove the lily, pot and all. Store the entire pot by keeping it cool and moist in a plastic bag. If you can't store the whole pot, remove and clean the growing tuber and store it in peat moss or sawdust at 4°C to 10°C. If the pond doesn't freeze solid, don't remove the pot. Just lower it to the deepest part of the pond, where the water won't freeze. In spring, bring the pot back to the proper growing level in the pond. If you've dug up and stored the tuber, replot as if it were a new plant.

Penshurst Photography Show

Saturday 24th - Sunday 25th September 2022



Penshurst Memorial Hall, Martin Street.

Saturday 10am - 4pm Sunday 10am - 3pm

Riddles worth repeating

1. What do you call a row of rabbits hopping backwards?
2. A woman shoots her husband. Then she holds him under water for over 5 minutes. Finally, she hangs him. But 5 minutes later they both go out together and enjoy a wonderful dinner together. How can this be?
3. What is black when you buy it, red when you use it, and grey when you throw it away?
4. Can you name three consecutive days without using the words Wednesday, Friday, or Sunday?
5. This is an unusual paragraph. I'm curious as to just how quickly you can find out what is so unusual about it. It looks so ordinary and plain that you would think nothing was wrong with it. In fact, nothing is wrong with it! It is highly unusual though. Study it and think about it, but you still may not find anything odd. But if you work at it a bit, you might find out. Try to do so without any coaching!

Penshurst Memorial Hall - For your information



As advised in the Council’s safety inspection, the following doors do not have compliant door hardware. It is recommended to install a pushing action (Panic Bar) and/or a downward lever action handle on a single device, openable without a key from the side that faces a person seeking egress to the following doors: a) Provide a compliant single hand pushing action (Panic Bar) on a single device which is located between 900 mm and 1.2 m from the floor and remove any drop bolts or deadlatches to a required exit door in the following locations:

i. Main exit doors (All door leaf’s)



iii. Hall exit



ii. Doors in path to required exit (All door leaf’s)



i. Supper room exit



Illuminated Exit signs are required over a wider variety of doors, which must be wired in. The electrician and door company are going to love us.

It’s great to have a huge hall in Penshurst, the biggest in the district, but so are the costs of much needed repairs and renovations, as I advised about the heaters for the main hall last newsletter. The Committee of Management are doing their best in trying to source funding so that we can continue to enjoy the many activities within the building.

Opening Hours:

Monday - CLOSED
Tuesday to Friday - 7.30am - 2.00pm
Saturday - 8.00am - 2.00pm
Sunday - CLOSED



Penshurst Store

Pop into the store and try some of our delicious pies, pasties, and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to a ROX coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments most welcome.



Amanda & Cam Wilson
0439 941 942

Café/Bakery 110 Bell Street, Penshurst penshurststore@gmail.com



DAN TEHAN MP

FEDERAL MEMBER FOR WANNON

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:
190 Gray Street, Hamilton or
1300 131 692



📞 1300 131 692 ✉️ dan.tehan.mp@aph.gov.au 🌐 dantehan.com.au
📘 DanTehanWannon 📷 dantehan

MEDIA RELEASE

SOUTHERN GRAMPIANS SHIRE COUNCIL



9th September 2022

WINNERS OF THE 2022 BUSINESS AWARDS ANNOUNCED

Southern Grampians Shire Council is thrilled to announce the winners of the Southern Grampians Shire Council 2022 Business Awards. The Awards provide a great opportunity to recognise businesses that have achieved excellence, spanning a range of categories highlighting success, innovation and quality service across the region. The highly anticipated Business of the Year was awarded to The Hamilton Hamper as an outstanding business that demonstrated excellence across all areas of their business.

Southern Grampians Shire Council Mayor Cr Bruach Colliton said the Hamilton Hamper's determination to provide customers with local artisan products and to support regional producers, highlighted their commitment to product, delivery and service. "A huge congratulations to the Hamilton Hamper Team who are deserving winners for this prestigious award supporting approximately 50 local producers is something to really be proud of," said Cr Colliton. "It's great to see once again such a high standard of entries, and what a testament it is to our community that so many local businesses have found opportunities start-up or to continue to grow. There are so many talented business owners and dedicated employees in our region and the Business Awards provides us with the chance to reflect and highlight their hard work and continued service and product delivery. Council looks forward to working with our diverse business community into the future. Congratulations to all of our category winners and also to our vital sponsors for the 2022 Southern Grampians Shire Council Business Awards," concluded Cr Colliton.

The category winners of the 2022 Southern Grampians Shire Business Awards were:

Category Winners:

- Business of the Year – Hamilton Hamper
Sponsored by Southern Grampians Shire Council

- Employee of the Year – Clare McKay – Cox St Vets

Sponsored by Hamilton Regional Business Association

- Community Enterprise – Mulleraterong Centre Incorporated

Sponsored by 3HA and Mixx FM Hamilton/Portland

- Service Business – Tahlia's Beautyworx

Sponsored by WDEA Works

- Retail Business – The Hamilton Hamper

Sponsored by Hamilton Spectator Publishing Group

- **Tourism Business – Penshurst Store**

Sponsored by Bendigo Bank Hamilton

- Inclusive Business – Hamilton Medical Group

Sponsored by Iluka Resources

- Manufacturing Business – Grange Garlic

Sponsored by Australian Bluegum Plantations

- Innovation/Technology – The Hive Drive Thru

Sponsored by South West TAFE

- Regional Business – Coleraine and District Financial Service Ltd. – Bendigo Bank

Sponsored by Southern Grampians Shire Council

- Small/Micro Business – CEMAC Enterprises

Sponsored by Sinclair and Wilson

- Sustainable Business – Nigretta of Hamilton

Sponsored by Glenelg Hopkins CMA

- Judges Award – Wicked Wildlife and Brown Street Dental

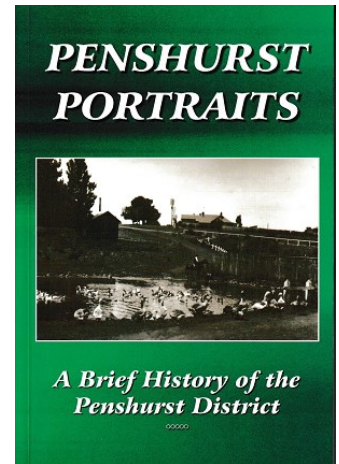
Media Enquiries: Ashlea Sealey | 0460 321 634 | asealey@sthgrampians.vic.gov.au

111 Brown Street, Hamilton 3300 | Locked Bag 685, Hamilton 3300
Telephone: (03) 5573 0444 | council@sthgrampians.vic.gov.au | www.sthgrampians.vic.gov.au

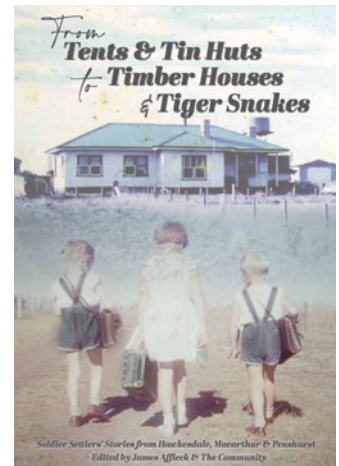
Catching up on our History

The newsletter and our readers have benefited from the stories shared by Phil Doherty, Ruth Pihl and other authors through the Mt Rouse & District Historical Society. The Spectator has recently run a series of stories from the book, "Penshurst Portraits: A brief History of the Penshurst District". Those stories are a microcosm of the foundations of our country, and allow us to imagine ourselves within their stories, knowing that our ancestors lived the joys and challenges, whether we were born in Penshurst and the district or in another of Australia's many country towns. There are a small number of books produced by, and available through, the Society. If you are interested in the history of our region, grab one before they disappear.

For more information or to purchase a copy contact Ama 0402 870 738



Above: Penshurst Portraits \$25



Right: From Tents & Tin Huts to Timber Houses & Tiger Snakes \$30

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Answers to the riddles:
1. A receding hareline. 2. The woman was a photographer. She shot a picture of her husband, developed it, and hung it up to dry (shot; held under water; and hung). 3 Charcoal, as it is used in barbecuing. 4. Sure you can name three consecutive days, yesterday, today and tomorrow! 5. The letter "e" which is the most common letter used in the English language does not appear even once in the paragraph.

Penshurst Men's Shed



Got any questions about the Shed?

We are open 10am - 4pm Tuesday & Saturday.

Membership is \$25 + insurance \$30. Next three members get free insurance.

For more information contact Tom Cooke 0488 557 345. See you there.



It was going to be a great lunch. I knew this to be a fact because after we were seated, a tonsured gentleman swiftly appeared with a basket over one arm and a pair of tongs.

The contents of the basket were covered in a white piece of linen which he deftly flicked open to reveal some freshly baked bread rolls. The aroma was intoxicating. He served us with a debonair attitude that was courteous without being standoffish.

The roll had obviously been freshly baked. Crunchy on the outside, almost tender on the inside. It was delectable and we already felt as though we were home and sated.

I remembered this experience the other day and asked myself ... what is it about the magic of bread? It's been around for thousands of years in many guises and has stood the test of time. Judging by the variety that is on offer to the consumer, it is more popular now than it has ever been.

What is it about this simple delicacy that has seen it become part of our everyday staple diet? Part of the answer is that it is the fabric of our community. I reckon if you were to check the larder / fridge of the homes around you there would be some kind of bread in nearly all of the homes.

There is something earthy about it. It has a quality that sustains, nourishes and nurtures us.

And here's something else about bread. It must be sliced or broken in some way before it can be shared and consumed. Even the bread roll we received with such aplomb had to be broken open in order to be eaten and enjoyed.

Perhaps this is what the Master meant when he said "Give us this day..."

Fr. David Oulton p. 0435 867 040 droulton72@gmail.com

Are you new to Penshurst and would like to meet other people?

Or are you interested in meeting & welcoming people who are new to Penshurst?

Come along to a coffee catch-up.

When: Second Tuesday of the Month (11th October)

Where: Penshurst Store & Bakery

Time: 11:30am

Looking forward to meeting you.



Think it's a great idea but that time and day don't suit? Please feel welcome to get in touch with me.

Jacqui 5576 5102

**CHRISTOPHER COOK
CONSTRUCTIONS**

Ph: 0417 100 243

Fax: 5576 5267



HIA Reg CB-U 6214
DB-U 5109

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Penshurst Vic 3289**

“The picture that you took with your camera is the imagination you want to create with reality.”

— Scott Lorenzo

Penshurst Hair Design



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Friday &
every second
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Meg Todd (Animal Health) 0437 772 861

Western AG Willaura - T: 03 5354 1585

Glen Gray - 0439 541 036

A PAGE TO SHARE RECIPES

SMOKED SALMON & POTATO GRATIN

Prep Time 30 mins Cooking Time 2 hour Serves 6

INGREDIENTS

- | | |
|---|--|
| 2 tbsp rice flour | 1 red capsicum, diced |
| 30g sachet salt-reduced taco seasoning | 1 tbsp lime juice, plus wedges, to serve |
| 600g skinless firm white fish fillets, cut into 2cm-thick strips (see note) | 1 baby cos lettuce, leaves separated |
| 1/4 cup vegetable oil | 1 large avocado, sliced |
| 8 multigrain tortillas | 1 cup sour cream |
| 1 mango, diced | 1/4 cup sweet chilli sauce |
| | 1/3 cup fresh coriander leaves |

METHOD

· Step 1
Combine rice flour and taco seasoning in a large snap-lock bag. Add fish . Seal bag. Toss to coat.

· Step 2
Heat oil in a large non-stick frying pan over high heat. Cook fish, in batches, for 2 to 3 minutes each side or until golden and crisp and just cooked through.

· Step 3
Meanwhile, heat tortillas in microwave following packet directions.

· Step 4
Combine mango, capsicum and lime juice in a bowl. Season with salt and pepper. Place tortillas on serving plates. Top with lettuce, avocado , capsicum and mango salsa. Dollop with sour cream and drizzle with sweet chilli sauce. Sprinkle with coriander leaves. Fold tortillas to enclose filling. Serve with lime wedges.



Enjoy!



Last Fortnight's Crossword - Across: 3 fork, 4 strange, 9 governor, 11 narrow, 12 flame, 13 husky, 17 ancient, 20 imagine, 21 domineering, 23 scrape, 25 unfasten. Down: 1 rustic, 2 downtown, 5 harsh, 6 quack, 7 cloudy, 8 grandfather, 10 elastic, 14 upbeat, 15 accidental, 16 sparkle, 18 mindless, 19 fierce, 22 hall, 24 hug.



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Penshurst's News Agency

Community Meetings

Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.
- Penshurst Social Support Group - WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter at Sheppard Centre - **COVID Permitting**. Western District Health Service – PENSURST Campus. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February at Volcano Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

4pm Mass 4th Sunday each month

For further details contact Janet Kelly on 5576 5247

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

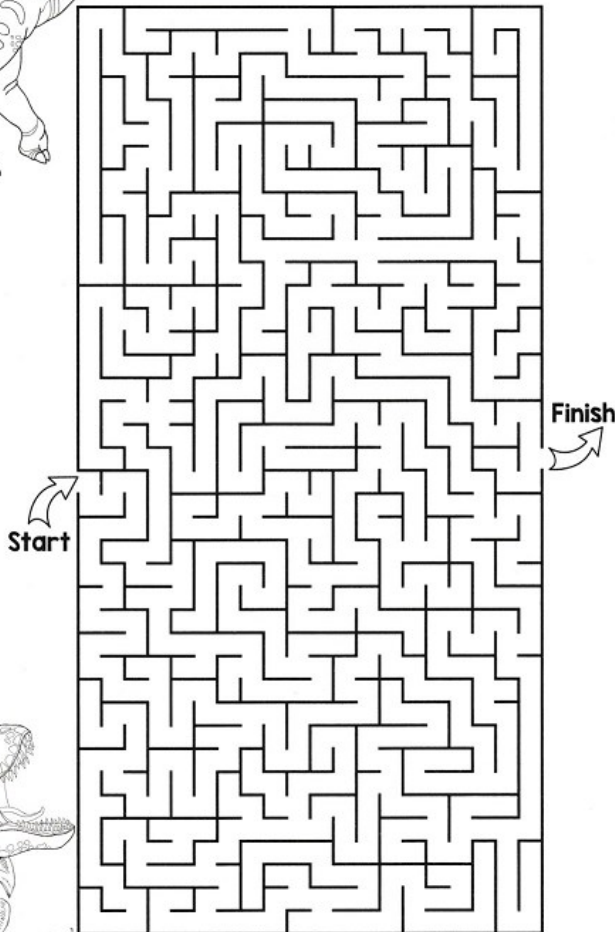
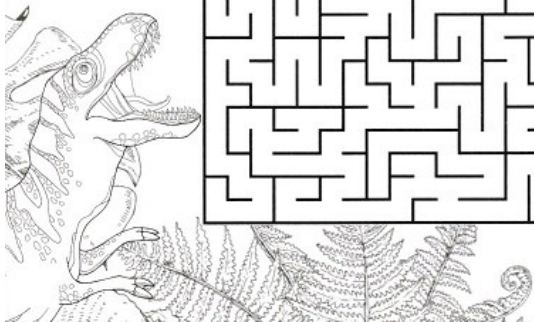
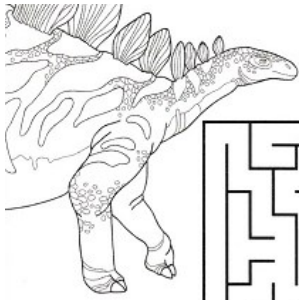
2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am

Activities for the young and young at heart



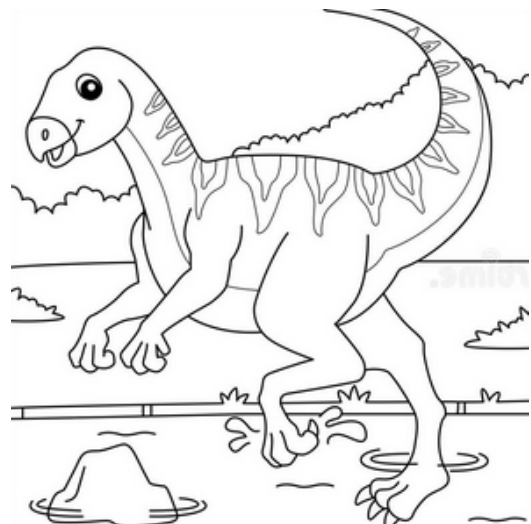
Revisiting Dinosaurs

Dinosaurs include extinct animals we know from fossils and the birds we see today. The extinct animals we normally think of as dinosaurs had their heyday in the Mesozoic.

The word 'dinosaur' means 'terrible lizard' in Greek. It was coined in 1842 by Sir Richard Owen, an English Professor of Comparative Anatomy and Physiology. When an animal is called a dinosaur it means that the animal belongs to the group Dinosauria.

The three main groups within Dinosauria are:

1. Ornithiscians including *Triceratops*, *Centrosaurus* and *Stegosaurus* and
 2. Sauropods like *Brachiosaurus*, *Argentinosaurus*, and the Australian *Diamantinasaurus matildae*
- Theropods which includes *Australovenator* (below), tyrannosaurs and the birds living today



What are the main physical features that all dinosaurs share?

1. Hole in skull between eye socket and nostril
 2. Two holes in skull behind eye socket
 3. Ankle that bends in single plane like a hinge
 4. Hip socket with hole in centre
 5. Limbs held directly under the body
- Three or more sacral (located near pelvis) vertebrae

Meet the family

Just like a family tree shows your ancestors and present-day relatives, an evolutionary tree shows how dinosaurs are related to other groups of animals and to each other. Dinosaurs (those that are extinct and living birds) are part of the evolutionary tree of amniotes. The first amniotes were primitive four-legged reptiles from which all other reptiles and mammals evolved. One branch of early reptiles led to the archosaurs – the group that includes dinosaurs, crocodiles, and pterosaurs. Dinosaurs themselves are split into two main groups based on their hip structure, and then smaller branches based on other shared features.

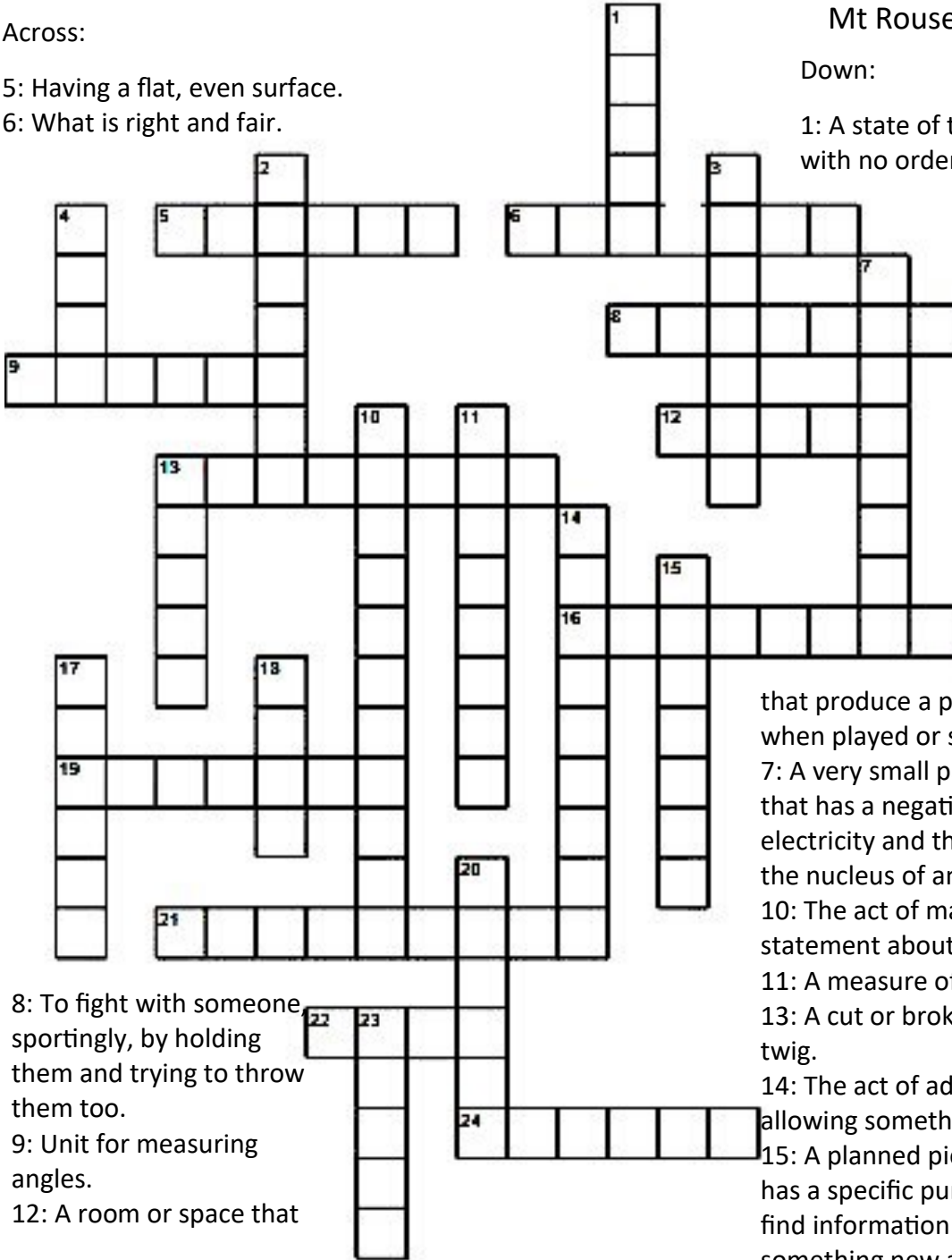
Mt Rouse Puzzler

Across:

- 5: Having a flat, even surface.
- 6: What is right and fair.

Down:

- 1: A state of total confusion with no order.



- 2: To say that you accept or do not deny the truth or existence of something.
- 3: The state or condition of people who are able to act and speak freely.
- 4: A series of musical notes

- that produce a pleasing sound when played or sung.
- 7: A very small particle of matter that has a negative charge of electricity and that travels around the nucleus of an atom.
- 10: The act of making an official statement about something.
- 11: A measure of motion.
- 13: A cut or broken branch or twig.
- 14: The act of admitting or allowing something.
- 15: A planned piece of work that has a specific purpose (such as to find information or to make something new and that usually requires a lot of time.
- 17: The act or force of one thing hitting another.
- 18: To appear to be something or to do something.
- 20: A narrow piece of cloth that is used to tie things or for decoration.
- 23: To provide someone with a place to stay for a short period of time.

- 8: To fight with someone sportingly, by holding them and trying to throw them too.
- 9: Unit for measuring angles.
- 12: A room or space that is just below the roof of a building and that is often used to store things.
- 13: Them bones, them bones, them dry bones.
- 16: Businessman who sell something; trader.
- 19: Something that you give to someone especially as a way of showing affection or thanks.
- 21: The act of becoming bigger or of making something bigger.
- 22: A thick, flat piece of a hard material (such as stone or wood).
- 24: Mentally and physically healthy.



Mobile Library
Will be visiting Penshurst
every Thursday fortnight
3.00 - 4.00pm

Outside the Hall in Martin St
Dates for September 29th &
October 13th & 27th

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email president@penshurstprogress.org.au

Visit our site

www.penshurstvictoria.com.au and let us know if you have any comments.

Editor

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DEADLINE FOR SUBMISSIONS — Saturday 1st October 2022

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

F R E E N E W S L E T T E R F O R T N I G H T

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<http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html>

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