

MT ROUSE NEWS & VIEWS



It was all go at Penshurst's first annual Photography Show

Action - 1st Lyn McConnell - Holding Tight, Great Western & Highly Commended - Determination, Port Fairy



What a busy fortnight for many people in Penshurst with the first Annual Photography Show, Sarah Gabriel's open gallery, "Western District Views" (open this week) and the Football/Netball club's celebration at the Hall. The weather has been weird but beautiful, and we think everyone had a very good time. Spring is in the air, the canola is as bright as that Action Rosette, and we wish everyone a happy journey as we move towards Christmas.

More photos pages 9 & 10

We thank the Penshurst Hotel for sponsoring our colour front page.

Penshurst Progress Association

ABN 35 622 662 815

president@penshurstprogress.org.au

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O’Brien - Secretary

Don Adamson - Treasurer

Tom Cooke & Josh Hewitt

Next Meeting - Wednesday 26th October 2022

Community Meeting 7.30pm - Supper Room, Penshurst Hall

Good morning everyone,

We had the Community meeting on the 28th. Lovely to see a new face. Wish there were more. Take this as notice that our AGM will be on November 23rd and we would be delighted to have new members on the Committee of Management, not just in the Association. There is a difference. Speaking of which, anyone can receive the Minutes of our Meetings by emailing or ringing me with your details. You don't have to come to meetings, nor be a member of the Association.

Defibrillator moved.

Bruce Eccles has advised that the defibrillator, available at the Post Office, has been repositioned to inside the verandah (right). It is clearly signposted and is for the use of the community.



This has been a very busy newsletter. Here is a place to rest your eyes.



MEDIA RELEASE SOUTHERN GRAMPAINS SHIRE COUNCIL



The Council has released its Arts and Culture Strategic Plan, which will replace previous Arts and Culture Strategic Plan 2014. The draft Strategy will remain out until 14 October 2022 for public comment. Community members can view and provide feedback on the draft Arts and Culture Strategy online at www.sthgrampians.vic.gov.au/haveyoursay .

Spring has sprung, although you wouldn't believe it today .. and everything gets busy from here.

Wishing everyone a wonderful fortnight, Ama Cooke, Chair, PPA

Mount Rouse Photography Club
Next outing will be this Sunday 8th October.
We are meeting at HIRL at noon.
New members welcome.

Sunday in Penshurst

Western District Views

Congratulations to Sarah Gabriel for her successful Penshurst Group Exhibition at her Gallery in Bell Street. Over 130 people attended the opening on Saturday, which had cars lining the streets around town. The exhibition showcased 30 artists featuring painting, drawing and sculpture.

The Exhibition is open until the 8th October.

Right & Below: Visitors came from the region and local towns to enjoy the art.

Below Right: A selection of the images from the invitation.



A Perfect Afternoon to Relax

And I think I am camera shy!

Thank you to the gentlemen gathered outside the Penshurst Hotel last Sunday for allowing us to photograph them. It was a perfect day to be relaxing with friends in our sunny town.

(We won't mention the others who jumped out of the shot when I asked to take everyone's picture.) 😊





WATER NIGHT

Thursday 20 October 2022
5-10pm

Proudly supported by



Water Saving Hacks

63% of Australians agree they could save more water than they do.
Can You?

- 1 Keep showers to 4 minutes or less
- 2 Keep a bucket in the shower to capture water to use on your garden
- 3 Turn off taps when washing your hands



Turn off your taps and join a nationwide community supporting stronger action on climate change and water awareness

Sign up at waternight.com.au

Penshurst Buy & Sell

We have had a request to have a Buy and Sell section to the newsletter, and so we intend to add it starting next fortnight.

The cost will be \$2 per ad per newsletter. The ad should include a brief description of the item, its price and your contact details. If you want to include a photo, the cost will \$3.

Payment should be made when placing the ad. Please put the coins into an envelope, with your contact details, and drop it into the mail box at 46 Watton Street.

Any questions, contact Ama 0402 870 738 or mtrousenewsletter@gmail.com

RAM SHEARING

Providing a specialised Mobile Ram Shearing Service using the latest livestock handling systems.

Phone Allan 0434 505 409



BOOK NOW

Sheartech
livestock handling solutions

www.sheartech.com.au

water LEADERS

Let's learn together

Community Education Sessions

Did you know that we offer free online and face-to-face community education sessions across our region?

We're available to talk to your organisation or community group about our services and programs, or on key topics such as sustainability and water supply. Topics can also be tailored to specific areas of interest.

Sessions are limited, so book now* if your organisation or group is interested.

**A minimum of 2 weeks is required between the time of your booking and session delivery.*



Book Now!

education@wannonwater.com.au

1300 926 666



Answers to the riddles: 1. Silence. 2. A deck of playing cards. 3. White. If all walls of the house are facing south, the house must be on the North Pole, so the bear is a polar bear. 4. Lettuce. 5. Three: A blonde, a brunette and a redhead. 6. A centipede on its back. 7. Trouble.

“Be Still and Know that I am God”

Psalm 46:10 (NIV)

Our Saviour, Jesus Christ, has destroyed death and brings immortal life through the gospel. Let us remember with thanks giving what God has done through Audrey.

Audrey Doris Burger was born on 5th February 1931 in Murray Bridge, South Australia, the eldest child of Max and Dorathea (Dora) Thomas, nee Hein. She was baptised on 22nd February at the Monarto Lutheran Church, where she also confirmed her faith in God on 12th November 1944.

Audrey grew up with her two brothers Clem and Raymond and her sister Eunice on the family farm at Callington Hill. She started school at Pallamana aged 6, boarding with her Hein grandparents for a term until a school opened at Monarto South. As the only child in her grade, she completed 2 grades in one year. She enjoyed maths and spelling, history and geography not so much! At first, she caught the train to school but later rode a bike to her cousins' and waled with them to school. After finishing primary school, she spent a year at home. She then

attended Concordia College in Adelaide, boarding in the girl's hostel, but after Year 8 left to help at home. Her jobs there included washing, ironing, cleaning and learning to milk the 6 cows they had on the farm.

During the war the family only received enough petrol ration tickets to drive the family to church on Sunday and into Marray Bridge once a month. A Callington grocer would call at the farm once a week for them to buy the groceries they needed.

As a teenager Audrey took piano lessons for three years in Murray Bridge, travelling via pushbike and train. She played the piano accordion for square dances in the Monarto South Hall. When she was 17 her family were given a pedal organ, which soon led to her playing the organ in church.

Audrey worked at home most of the time but aged about 20 she began working at the local grocery store which included the post office. It had daily papers and the telephone exchange. She really enjoyed the job, including being left in charge for a week when the owners went away on holiday.

One year, she went to Melbourne for a Luther League convention. On the first day there was a tram, she met a young man called Raymond Burger. She didn't see Ray again until the last day when they were leaving, and he offered to carry her bags. They ended up exchanging addresses and writing to each other. Audrey and Ray were married in Monarto Lutheran Church on a windy but sunny day on 27th June 1953. The new couple settled into married life on the Burger farm near Penshurst.

When she joined the Tabor Church the local ladies welcomed her generously. She made many lifelong friends. Her church community was always special to her. Audrey always lived out her faith and showed God's love through her service to others in many ways. She enjoyed the Tabor Ladies Guild and served as Secretary for many years. She said she enjoyed helping with all the catering and working beside her friends. Audrey sang as an alto in the Tabor choir which gave her much joy. For many years she also played the organ for services.

Audrey continued to enjoy farm life as it grew increasingly busier with 5 children. Cheryl, Bruce, Angus, Valmai and Stuart all arrived within 8 years. She originally thought she wanted 6 children, but at number 5 decided that was enough! Our memories of Mum are that she would spend much of her day cooking; hot lunches and dinners, and often a pudding would be waiting for us when we got ...

(Continued on page 6)

A service of thanksgiving for the life given to
Audrey Doris Burger

5th February 1931 – 20th September 2022



"Be Still and Know that I am God"

Audrey Doris Burger

Continued

off the bus after school. Saturdays were for baking and for making kuchen. Mum would always be up early milking the cows. She said she didn't mind milking by hand as at least she got to sit down! There were many extended Burger family gatherings held at the farm, and we remember those as fun times. Mum hosted these occasions willingly.

Dad's siblings loved to gather at Acacia where they grew up. She played a strong part in creating an atmosphere in which our family knew and appreciated each other.

Mum loved her garden, planting many colourful flowers in the summer. Summertime was also for making jam, preserving fruit and making lots and lots of plum sauce. She said that most years the cherry plums never seemed to end. The orchard also provided pears, mulberries, gooseberries, cherries and figs to deal with.

During the children's school years, she would take weekly turns with the King, Doug Burger and Presser families doing the school run to Tabor, picking children up along the way.

Mum was very active in the local Penshurst community. After lots of encouragement she finally joined Dad on the bowling green and to her surprise was quite good at it. As usual she became involved in all the organising that goes on in the background, including being Treasurer and was always happy to help in so many ways. She was a member of the Penshurst Hospital Auxiliary for over 30 years and was their Treasurer for nearly 20 years. She volunteered at the Penshurst Football Club, Penshurst Show committee and the Volcano Discovery Centre. She was President and Secretary of the Gideons Auxiliary.

After Ray passed away in 2012, son Stuart said Penshurst was too cold in winter for old people, so mum needed to spend some time in Queensland, where daughter Cheryl lives. So over a few years she spent quite a few winter months 'up north', which she very much enjoyed. She would join in with whatever was going on. She became part of the family life in Jondaryan, enjoying conversations, cards, and the new game of Rummy.

In 2017 mum developed breast cancer which she survived well. Later that year she moved into Kolor Lodge in Penshurst. More recently she moved to the Western District Health Service wing of the Penshurst Hospital, where she died peacefully on 20th September 2022. Over her final years she often spoke of the wonderful care provided by the staff. For this our family are extremely grateful.

A defining moment for our family was the loss of Angus in February 1975. In the grief filled days that followed Mum was the strong one. Many years later she said that on the morning Angus' funeral she went outside into the garden and the whole atmosphere became silent. No breeze, no wind, no birds singing. In this moment she believed God spoke to her with the words "Be still and know that I am God". This gave her peace that she carried throughout her life.

When we reflect on mum's life many qualities came to mind. She was gracious, loving, patient, faithful and supportive. She was a good listener, and with her undemanding quiet nature was a friend to everyone. Mum was a woman of faith and sincerity, who knew grief and sorrow, but lived with joy and thankfulness, and with a twinkle in her eye.

Mum wrote down and kept with her in recent years a few words about LOVE. Part of it reads, 'we often think about love as a safe idea, comforting and nice but it is much more. Love is for action: feeding, listening, visiting, supporting, helping and whatever else may be needed!' We think this sums up what mum believed her life should be - a life of love lived in service to others.

We give thanks to God our Father through Jesus Christ our Lord for our sister Audrey.

Cheryl Mirtschin and Valmai Henderson.

Words of Remembrance

John Charles Burow was born in Hamilton on 17th January 1950. He was educated at St Josephs' Primary School Penshurst, then Monivae College Hamilton. After completing his education, John was employed at the Nation Bank Penshurst and then transferred to Melbourne to the Sunbury branch. He then moved from the Nation Bank to BHP where he was employed as a manager. Finally he returned to the National Bank where he worked in the shares department until his retirement.

John had a great love for the country life and on his retirement in 2004 he returned to Penshurst and for a time worked at Pages Service Station. He was a respected and dedicated employee and workmate in all these fields.

John helped his sister Margaret run her small farm after her husband Geoff's death (well, he thought he helped).

John was a passionate Sydney Swans supporter and took a special interest in the local Penshurst Football Netball Club results. The only time he was a bit grumpy was when he was about to watch his beloved Swans play. You would be told to go home in no uncertain terms so he could watch the game without interruptions.

John loved catching up with family and friends and enjoyed holidaying in Port Fairy where he caught up with the city cousins. Many a strong debate was had while discussing local and world issues over a drink. He also enjoyed meeting up with his old Melbourne workmates on his annual Easter trip to Sydney.

John volunteered at the Racing Club, Cemetery Trust, then in later years the Penshurst Volcanic Centre.

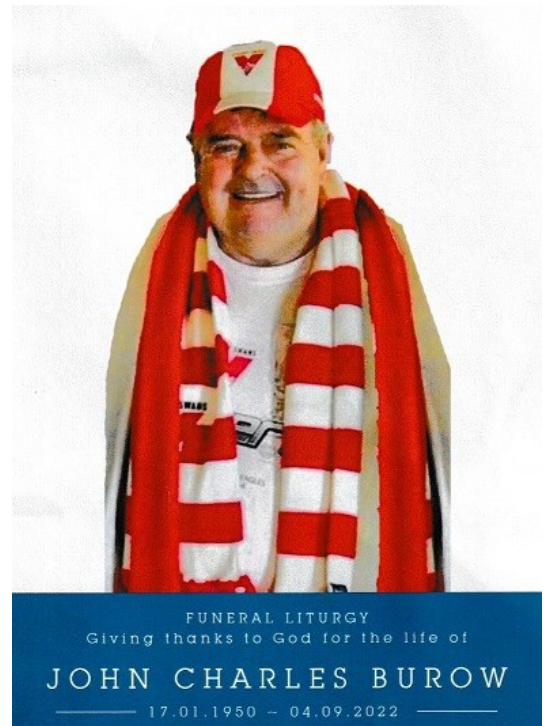
John's main interests were in greyhound racing, where he had some success and made many friends, as well as breeding show chickens in his incubator. Some of us here may be familiar with the story of the lost false teeth we never got to know how his false teeth got lost, but think a greyhound may have had something to do with it! Tomma may be able to enlighten us with the true story.

John followed with great interest the careers and sporting achievements of his nieces and nephews.

If he was your friend - you may have been lucky enough to enjoy one of his fabulous traditional roasts with 9 to 11 vegies! If it was Sunday, you would have also been treated to Meatloaf's "A bat out of hell" where his dog, Gizmo, always joined in the chorus.

John passed away peacefully in his sleep on Saturday 3rd September. Although we never got to say good-bye, he will always have a special place in our hearts.

Rest in Peace, John.



Caramut and District Garden Club

Tomatoes: For over a month, tomato seedlings have been appearing in the shops. At present, the soil is too cold and there is a very real danger of frost so the seedlings will not grow very well at present. I read that the best time to plant tomatoes in the ground was Melbourne Cup Day. By then the ground has warmed up and the danger of frost is over.



I bought a couple of punnets of Tomatoes, 8th Sept, two varieties and planted them by trimming off the two bottom leaves and placing them into the pot up to the bottom of the leaves. This allows a good root system to form. The photo (above) was taken on 22nd Sept but they have grown even taller since then. During the day I place the pots in the sun and at night, wheel them under a table on the verandah to protect from the cold and frost.

In November, I shall plant them into the vegie garden up to the bottom leaves again so that the roots grow well. Water in well after planting as this settles the soil around the plant. I found that I needed to top the soil up after watering at this time.

Keep the ground moist at all times. On the very hot days, the plants will wilt in the heat, but just like us, once the heat of the day goes, they will revive. The finger inserted in the ground is an excellent water meter.

The Competition Winners for the September meeting were:

Bloom: 1st. Theresa Loomes 2nd. Mary Underwood
 Special – Daffodil: 1st. Brenda Uebergang 2nd. Marita Smith
 Produce: 1st. Jan Street 2nd Marita Smith and Robyn Wood.

Our next meeting is at 10am on Tuesday 11th October at the Penshurst Senior Citizens Rooms. After we will go on a tour of Kate Orchard's garden in Penshurst.

Competition: Iris

Visitors are always most welcome

Weird Riddles

1. What is so unbelievably fragile that just by speaking it's name will break it?
2. What has 13 hearts, but no other organs?
3. There is a house with four walls. All of the walls are facing south. A bear is circling the house. What colour is the bear?
4. I have a head but no body, a heart but no blood. Just leaves and no branches, I grow without wood. What am I?
5. A man describes his daughters, saying, "They

are all blonde, but two; all brunette but two; and all red-headed but two."
 How many daughters does he have?

6. What is on the ground and also a hundred feet in the air?

7. What is easy to get into, but hard to get out of?



Winners List Penshurst Photography Show 2022

Congratulations everyone

With over 140 photos to choose from, our Judge, Tony Long, has his work cut out for him. We thank him for his thoughtful care and consideration of every photo - giving the same attention to each regardless of the age of the entrant.



Macro

1st Phil Morris – Feeling My Way

Highly Commended – Lona Horsburgh – Just Hatched



Black & White

1st Kiri Handreck – Rainy Rocklands, Rocklands

Highly Commended – Stacey Reid - Watching for Sheep, Cavendish



Wildlife

1st Phil Morris – Dinner at Killarney, Killarney

Highly Commended – Watchful Eyes – Lyn McConnell



Landscapes & Nature

1st Meagan Lonsdale – Onward, Glenlee Flora & Fauna Reserve

Highly Commended – Lyn McConnell – Stormy Weather, Port Fairy



Farm Life

1st Thai Nguyen Cups On, Wallacedale
Highly Commended – Hard Work – Lyn
McConnell



Still Life

1st Trudy De Wit – Kitchen Table
Highly Commended – Lyn McConnell - Snow Drop,
Kirkstall



More 1st place winners



Streetscapes

1st Sally McLaren - Back Alley, Hamilton
Highly Commended - Phil Morris - Work
with a View, Melbourne



Junior Photography (Above)

1st Charli Lewis – My Nuggett
& Highly Commended – Harry Potter’s Tree

Children’s Photography – Theme – Small Things

1st Knox Ellis – Leaf (left)
Highly Commended – Wallace Morton – Shiny Leaf
Highly Commended – Freya Ellis – Bright Light

Musings from the Men's Shed

Warmer weather is just around the corner and that means that those wonderful fires we sit near, with a mug of coffee, to shoot the breeze, will soon be gone. At times I think we deserve the nickname 'the Bullsh*t Palace'. The stories we tell can be all BS .. that is part of the fun though, and there is much fun and silliness with Tom, Gerry and Dave.

Thanks to Marcus for the firewood this winter, and leveling the ground last Saturday.

There's a variety of projects on at the Shed. The current one is investigating building rustic palette furniture (see below).

Our group is growing and we invite you to drop in for a chat. The kettle is always on. The Shed is open Tuesday & Saturday 10am - 4pm.



Above: Planters for sale. Have one purpose built for that awkward location.

Below: The materials from which dreams are made.



Penshurst Men's Shed



Got any questions, need some help, talk to the boys at the Shed.

We are open 10am - 4pm
Tuesday & Saturday.

Membership is \$25 + insurance \$30.
Next two members get free insurance.

For more information contact Tom Cooke
0488 557 345. See you there.

A man who works with his hands is a labourer; a man who works with his hands and his brain is a craftsman; but a man who works with his hands and his brain and his heart is an artist.

Louis Nizer

Opening Hours:

Monday - CLOSED
Tuesday to Friday - 7.30am - 2.00pm
Saturday - 8.00am - 2.00pm
Sunday - CLOSED



Penshurst Store

Pop into the store and try some of our delicious pies, pasties, and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to a ROX coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments most welcome.



Amanda & Cam Wilson
0439 941 942

Café/Bakery 110 Bell Street, Penshurst penshurststore@gmail.com



DAN TEHAN MP

FEDERAL MEMBER FOR WANNON

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

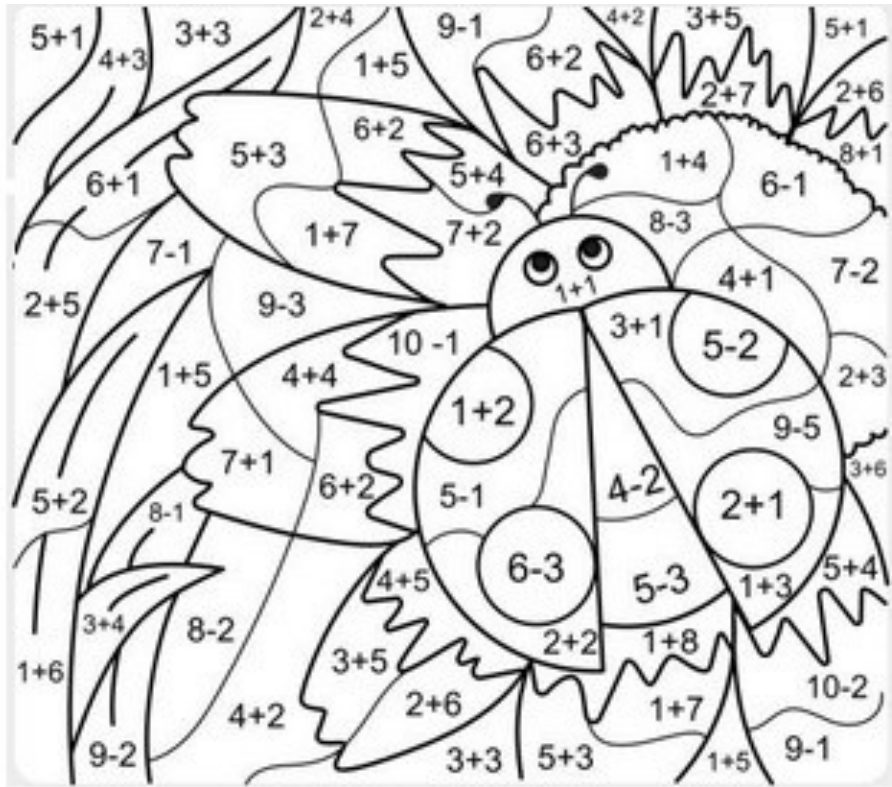
Please do not hesitate to contact me if I can be of assistance:
190 Gray Street, Hamilton or
1300 131 692



📞 1300 131 692 ✉️ dan.tehan.mp@aph.gov.au 🌐 dantehan.com.au
📱 DanTehanWannon 📷 dantehan

Fun for the kids

- 2 = Brown
- 3 = Black
- 4 = Red
- 5 = Yellow
- 6 = Blue
- 7 = Green
- 8 = Light Pink
- 9 = Dark Pink



o r l e l p p a c s
 d o w i s e h o k p
 b w w k i t i a r a
 u a m o u n t a i n
 a t r o d e i s o t
 c e m c b n r c m s
 k r u o b u i a l n
 s p a o h s t w e n
 e r w c u f r o g b
 d i d m k a e b a y

- coin
- crab
- cookie
- beak
- mountain
- music
- apple
- leg
- desk
- window
- mouth
- cup
- pants
- frog
- sun
- skateboard
- rainbow
- crack
- water
- bear

Find the words in the puzzle

**CHRISTOPHER COOK
CONSTRUCTIONS**

Ph: 0417 100 243

Fax: 5576 5267



HIA Reg CB-U 6214
DB-U 5109

**112 Bell Street
Penshurst Vic 3289**

“A friend is someone who knows all about you and still loves you.”
— Elbert Hubbard

Penshurst Hair Design



Opening Days

**Tuesday,
Thursday
Friday &
every second
Saturday
10am - 2pm**

By Appointment

For appointments please ring

Mobile: 0417 511 177



**COMMUNITY SUPPORT
AND HOME ASSISTANCE**
ABN: 48629251937

You're not alone, we are here to help you.
We have Support Workers to help you with:

- Personal Care & Assistance in the home
- Clothes Washing, Drying and Ironing
- Shopping and Transportation
- Lawn mowing, Tree Maintenance and Gutter Cleaning

**LISA
GRAHAM**

☎ 0426 127 221
@ lmkbrg@gmail.com

We support the
ndis



**Community
Support &
Home Assistance**

Our Services

- | | |
|-----------------|------------------|
| Lawn Mowing | Hedging |
| Edging | Pruning |
| Weeding | Pressure Washing |
| Gutter Cleaning | ABN and insured |

0426 127 221



westernAG
The Best in Agronomic Advice

**KNOWLEDGE
INNOVATION
RELIABILITY
COMMITMENT**

- Agronomy Services
- Farm Production & Planning Management
- Seed & Fertiliser Supply
- Crop & Pasture Protection Products
- Animal Health & Nutrition
- General Merchandise
- On Farm Deliveries

Western AG's core objective is to provide high quality production advice and to supply competitively priced inputs to assist clients to grow the business profitably.

Western AG Hamilton - T: 03 5579 5900

Tim Wilson (Branch Manager) 0429 168 020

Matt Barber (Senior Agronomist) 0488 298 170

Damien Goodman (Agronomist) 0427 159 462

Geordie Elliott (Nutrition & Production) 0438 874 587

Meg Todd (Animal Health) 0437 772 861

Western AG Willaura - T: 03 5354 1585

Glen Gray - 0439 541 036



‘Legacy’ - what others see when they no longer see you.

It was a fruitful conversation to have and it went like this. That when you are 20 something you are pretty much absorbed in life and living it to the full with no thought for the future and certainly Sister Death is non-existent. Sure, like she happens, but only to really old people. But now that we are a little closer to our dotage, Sister Death is peeking from around the corner and casting alluring, knowing looks. How do I / we prepare to greet her?

I think I have begun the process by doing the pragmatic stuff. My favourite undertaker knows exactly what vestments to put on my body. There is a file with hymns, readings etc. Cremation is the order of the day. I have a will and I have a nifty purple organ donation card which takes pride of place in my wallet.

Other people will arrange their inevitable interview with Sister Death in other ways and that is right and good and proper and appropriate. But there was another word lying latent in this conversation. This other word was ‘Legacy’. Someone defined it this way. Legacy is what others see when they no longer see you. So the question that is in my face and will not let me shy away is this. ‘What will others see when they no longer see me?’ What legacy will remain? Here are my pious, naive wishes.

That something I have said, written or done, will have enabled just one person, at one point in time, to glimpse the unconditional love of You Know Who. Pretty much pie in the sky, but it's a good thing to aim for. So having had a go at answering these questions, it's now your turn.

Fr. David Oulton p. 0435 867 040 droulton72@gmail.com

Are you new to Penshurst and would like to meet other people?

Or are you interested in meeting & welcoming people who are new to Penshurst?

Come along to a coffee catch-up.

When: Second Tuesday of the Month (11th October)

Where: Penshurst Store & Bakery

Time: 11:30am

Looking forward to meeting you.



Think it's a great idea but that time and day don't suit? Please feel welcome to get in touch with me.

Jacqui 5576 5102



PENSHURST Post Office

BANK@POST/ BILL PAY@POST
WORKING WITH CHILDREN &
PASSPORT/ TAX FILE APPLICATIONS
STATIONERY, CARDS, WRAP
WESTERN UNION
TOYS/GIFTS & GIFT CARDS

Ph/Fax **5576 5220**
31 Martin Street

“Being deeply loved by someone gives you strength
while loving someone deeply gives you courage.” – Lao Tzu.

5576 5270

Friendly faces and helpful staff ...

**Penshurst Liquor &
Grocery Store**

Open 7 days

Opening Hours:

Monday - Friday

7am - 7pm

Saturday

8am - 6pm

Sunday

8am - 5pm

80 Bell Street, Penshurst



Sandwiches & lunch packs available

Order your meat, fresh fruit & vegetables
by phone for collection at your convenience

Groceries - Bread - Frozen Foods

Beer - Wine - Spirits

Penshurst's News Agency

A PAGE TO SHARE RECIPES

The Best Weeknight Pasta Sauce

Prep Time 10 mins Cooking Time 40 mins Serves 6

INGREDIENTS

- | | |
|------------------|---------------------------|
| 500g beef mince | 800g crushed tomatoes |
| 1 Tbsp olive oil | 1/2 tsp Italian seasoning |
| 1 small onion | Freshly cracked pepper |
| 2 Tbsp butter | Salt, to taste |

METHOD

1. Add the beef mince and olive oil to a pot and sauté over medium until the beef is cooked through (about 5 minutes). If you're using a higher fat content beef (10% or higher), you may want to drain the excess fat once the beef has browned.
2. While the beef is cooking, finely dice the onion. Add the diced onion and butter to the cooked beef. Continue to sauté until the onion is soft and translucent (about 5 minutes).
3. Next, add the crushed tomatoes, Italian seasoning blend, and some freshly cracked pepper (10-15 cranks of a pepper mill). Stir everything to combine.
4. Place a lid on the pot and allow it to come up to a simmer. Once simmering, reduce the heat to low and let the sauce simmer for 30 minutes.
5. After a minimum of 30 minutes simmering, add about 1/2 tsp salt, stir to combine, then taste and add more if needed. The flavour of the sauce will deepen, and the complexities will pop once the salt is added. Serve over pasta or your favourite roasted vegetables.



Enjoy!

“Cooking is like painting or writing a song. Just as there are only so many notes or colours, there are only so many flavours - it’s how you combine them that sets you apart.”

Wolfgang Puck



Last Fortnight's Crossword - Across: 5 smooth, 6 justice, 8 wrestle, 9 degree, 12 attic, 13 skele-ton, 16 merchant, 19 present, 21 expansion, 22 slab, 24 normal. *Down:* 1 chaos, 2 concede, 3 liberty, 4 tune, 7 electron, 10 declaration, 11 momentum, 13 stick, 14 admission, 15 project, 17 impact, 18 seem, 20 ribbon, 23 lodge.

Community Meetings

Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.
- Penshurst Social Support Group - WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter at Sheppard Centre - **COVID Permitting**. Western District Health Service – PENSURST Campus. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February at Volcano Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

4pm Mass 4th Sunday each month

For further details contact Janet Kelly on 5576 5247

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

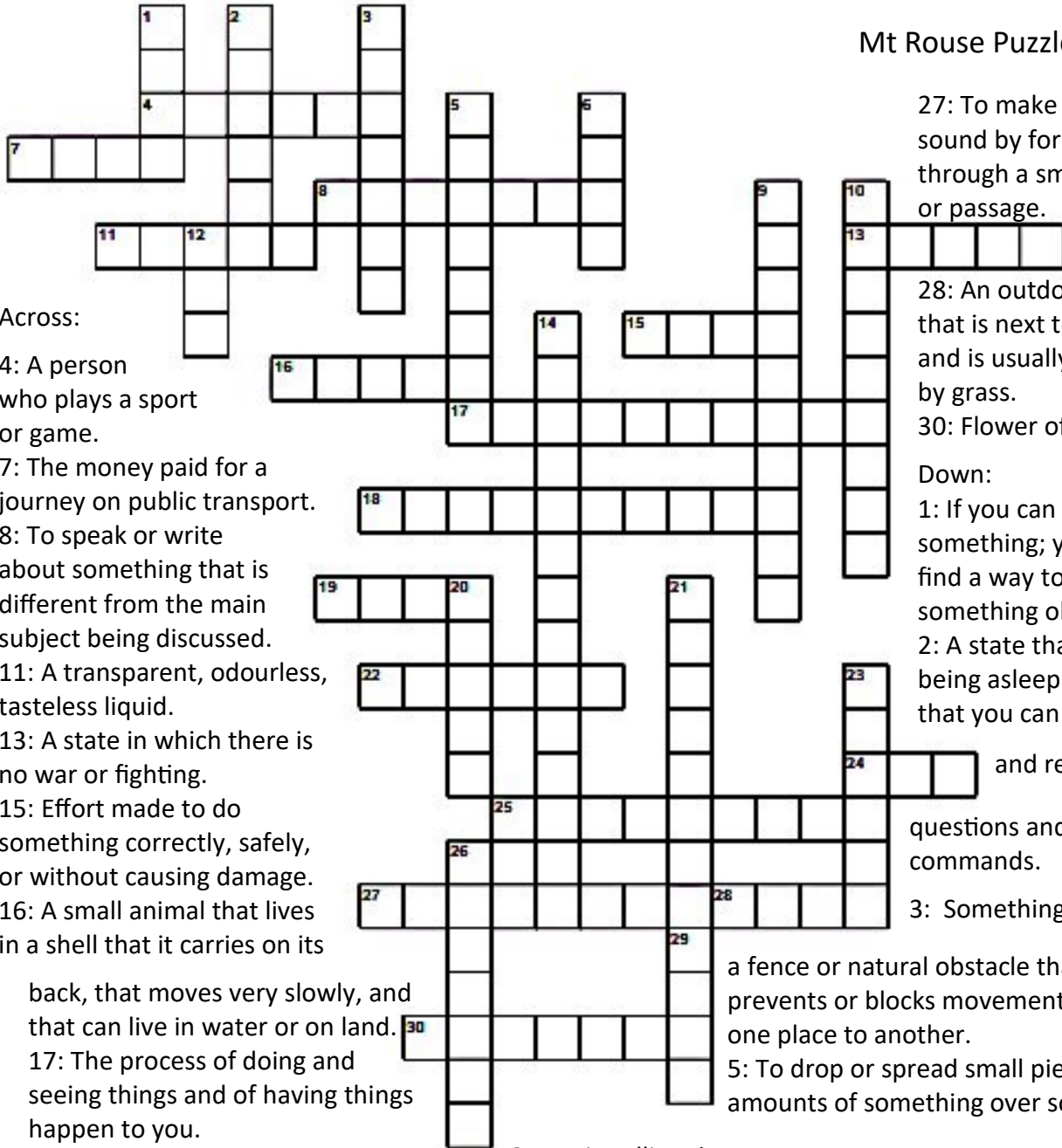
2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am

Mt Rouse Puzzler



Across:

- 4: A person who plays a sport or game.
- 7: The money paid for a journey on public transport.
- 8: To speak or write about something that is different from the main subject being discussed.
- 11: A transparent, odourless, tasteless liquid.
- 13: A state in which there is no war or fighting.
- 15: Effort made to do something correctly, safely, or without causing damage.
- 16: A small animal that lives in a shell that it carries on its

back, that moves very slowly, and that can live in water or on land.

- 17: The process of doing and seeing things and of having things happen to you.
- 18: A vehicle with two wheels that is powered by a motor and that can carry one or two people.
- 19: The imaginary straight line that something (such as the Earth turns around).
- 22: To make something (such as cloth by crossing threads or other long pieces of material over and under each other.
- 24: A wild mammal belonging to the dog family.
- 25: Having or showing a tendency to argue or fight.

6: Use in telling time.

- 9: A group of people chosen to have make decisions on behalf of a country or state.
- 10: Pasta in the form of long strings.
- 12: To attach someone or something to something with a string, rope, etc.
- 14: A person who directs or manages a place, department, organization, etc.
- 20: To do the first part of something.
- 21: A piece of cloth that hangs down from above a window or the act of closing a theatre production.
- 23: To make someone upset and angry by doing or saying something.
- 26: To put something where people can see it.
- 29: A place that is usually far away from cities and that has tents.

27: To make a high sound by forcing air through a small hole or passage.

28: An outdoor area that is next to a house and is usually covered by grass.

30: Flower of a plant.

Down:

- 1: If you can deal with something; you find a way to make something ok for you
- 2: A state that is like being asleep except that you can move

24 and respond to questions and commands.

3: Something (such as

a fence or natural obstacle that prevents or blocks movement from one place to another.

5: To drop or spread small pieces or amounts of something over something



Mobile Library
Will be visiting Penshurst
every Thursday fortnight
3.00 - 4.00pm

Outside the Hall in Martin St

Dates for
October 13th & 27th

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

LIKE US ON FACEBOOK
GREATER HAMILTON LIBRARY

Penshurst's Website

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email president@penshurstprogress.org.au

Visit our site

www.penshurstvictoria.com.au and let us know if you have any comments.

Editor

Published by **Penshurst Progress Association Incorporated**

ABN 35 622 662 815

"Mt Rouse News & Views Community Newsletter"

Is the registered business name of the Penshurst Community Newsletter

Registered Address: 46 Watton Street, Penshurst 3289

DEADLINE FOR SUBMISSIONS — Saturday 15th October 2022

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

F R E E N E W S L E T T E R F O R T N I G H T

Also available in colour online at

<http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html>

Newsletter Advertising Rates (Per Issue)

Full page \$20 + GST **1/2 page** \$10 + GST **1/3 page** \$7.50 + GST
1/4 page \$5 + GST **Business Card** \$3 + GST