

# MT ROUSE NEWS & VIEWS



## Dances return to the Penshurst Hall



**Dance the night away  
Fun for all the family!**

**BAND:  
Loose Cannons**



**Saturday 5<sup>th</sup> November 2022  
7.30pm start  
Penshurst Hall  
\$20 pay on the night  
(\$15 prepaid by the 30<sup>th</sup> of October)  
U14 Free**

**BYO Drinks and snacks  
Tea and Coffee provided**

**Contact Shirley  
0437 791 425 or via Messenger**



We thank the Penshurst Hotel for sponsoring our colour front page.

## Penshurst Progress Association

ABN 35 622 662 815

president@penshurstprogress.org.au

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke & Josh Hewitt

***Next Meeting - Wednesday 26th October 2022***

***Community Meeting 7.30pm - Supper Room, Penshurst Hall***

Good Sunday morning everyone,

Ok, I didn't know I was lying about Spring, but I wasn't trying to tempt fate, and we've all been lucky that the floods haven't found the town. The thought of the Spring creeping up the banks of the Botanic Gardens, to inundate the shops is the stuff of nightmares. In the meantime, life goes on between downpours. The touch of sun today gave hope to hearts weary of all the mud.

Business:

We have a Community meeting on the 26th October. We have some issues to discuss - the tables from the front of the VDC that have rusted to death, what to do for the Christmas Party, reviewing the town Community Plan, which does need updating, but that won't be done until after the **AGM on the 23rd November**. As I wrote last fortnight, if you want to receive the Minutes of our Meetings you can request them by emailing or ringing me with your details. You don't have to come to meetings, nor be a member of the Association.

Swapping hats:

Hall Doors

Recently I reported that the Hall needed to replace and upgrade many of its doors to bring it up to the Safety Code. (For those that don't know, Tom and I are also on the Hall Committee of Management - items cross over between the two Associations because the PPA is based in the Hall, and has been for the past four years). Back to topic - I contacted DELWP about the problem and our area representative, John Miles, found us the funding inside DELWP to do the work. Given I'm constantly told they have no funds, we can only say Thank you John. That

is one step towards the work that needs to be done inside and out of the building. We'll continue to work on the rest.

Continuing with the Hall -

If you noticed our front cover you'll realise that **dances have come back to the building**, commencing in November. This was arranged by Mel Baulch of Warrnambool and the Hamilton Rock & Rollers Inc. **I have it on good authority that there will also be slow music for stumblers like me.** *We hope to see you there.*

Monday morning: The siren broke the early morning silence calling the CFA teams to work, in case their phones don't work. When we first arrived we thought it was advising a fire in Penshurst, but its not. What it is is a good reminder that Summer is coming and we should be taking of our houses and getting ourselves fire-ready. Thank you to the CFA, we are always grateful for all of you who watch over and take care of our town and the towns around us.

Wishing everyone a wonderful fortnight,  
Ama Cooke, Chair, PPA

### Penshurst Buy & Sell

**Rhino Sportz roof rack. Near new.**

**\$50. Ph. Brian on 0437844586**

\* \* \*

Advertisements \$2, with photo \$3 ..

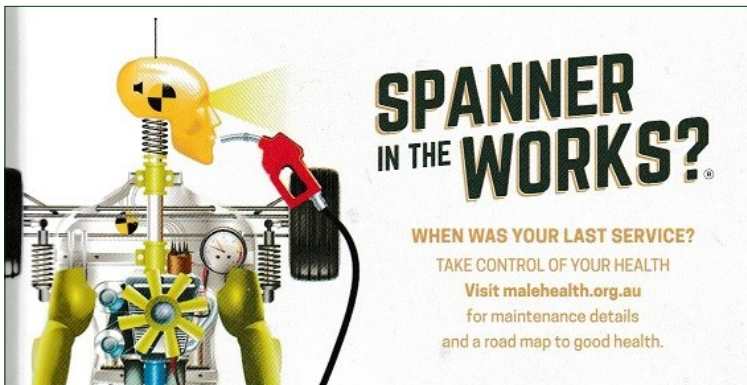
All enquiries and to place an ad, contact Ama  
0402 870 738 or mtrouse-  
newstter@gmail.com

## Musings from the Men's Shed

Contrary to the current rumours, the Penshurst Men's Shed continues to open on Tuesday and Saturday and is increasing in membership. One of the misconceptions about the Men's Shed movement is that you have to be an old geezer to join. Not true, any age is welcome! Members can work on their own projects, or a community project, or simply sit and chat with friends, old and new.

Current projects: The PPA asked us to refurbish the picnic tables from the front of the VDC, that were donated by the Penshurst Golf Club. It quickly became obvious that the metal frames, under the wooden top and seat, had been destroyed by rust, so that they are now only scrap and another way to restore them is being thought on. This will be discussed at the PPA Community Meeting on the 26th. Do you have any ideas or suggestions, come to the meeting and share them, or drop in to the Shed before then.

On Saturday afternoon last we had a visit from Darren Scicluna, Regional Coordinator for the Victorian Mens Shed Association (above right). He admired the build and a lively discussion developed about the future and direction of the program. The VMSA will be working with all the small Sheds to help increase membership and mentor their plans for the future.



## Penshurst Men's Shed

Got any questions, need some help, talk to the boys at the Shed.

We are open 10am - 4pm Tuesday & Saturday.

Membership is \$25 + insurance \$30.

For more information contact Tom Cooke 0488 557 345.

See you there.



**Celebrate**

## Senior Citizen Week

*Join us for Morning Tea*

**@ 10.00am**

*Thursday 27th October*

**Senior Citizen Rooms**

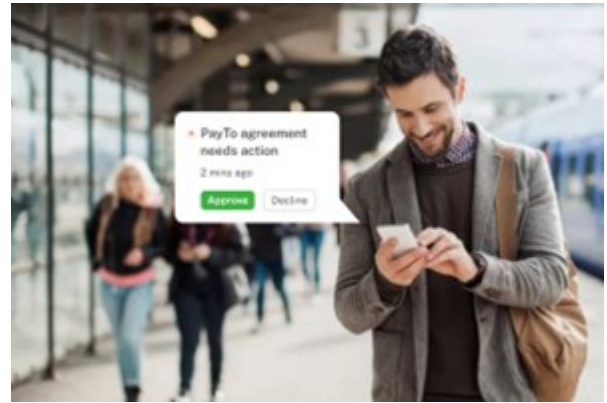
Bell Street, Penshurst

Bookings please -

**Margie 0419 571 264 or**

**Helen 0409 934 495**





### New Staff Member

We welcome Bec Hill to our team. Bec joins us as our Customer Service Officer and it's fantastic to have her on board. You will see Bec in branch every Monday to Wednesday, so please call in to say hi!



### What is PayTo?

PayTo is a fast, efficient, and secure way to digitally pre-authorise payments from your bank account.

#### You're in control

View and manage payments from your bank account, giving you up to date, real-time visibility of your payments.

#### Convenience

An easier way to make payments from your bank account. You can use either a PayID or a BSB and account number, making it simple to set-up a payment on the spot.

#### Secure

Manage your PayTo transactions and agreements within the security of your existing online or mobile banking, enabling you to keep track of your payments from the one place.

### Annual General Meeting Invitation

You're invited to attend our Annual General Meeting on 2nd November 2022 at the Peshurst Football Netball club rooms, Peshurst 7.30pm. Contact the branch for more information.

## Refinance, renovate or just re-evaluate

With interest rates on the rise, there's never been a better time to review your home loan.

We'll look at your rate, term, repayments, and equity, giving your loan a full check-up to make sure it's still right for you and your current needs.

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Bendigo Bank



## MEDIA RELEASE

SOUTHERN GRAMPIANS SHIRE COUNCIL



6 OCTOBER 2022

## AUSTRALIA DAY AWARD NOMINATIONS OPENING SOON

Nominations for the 2023 Southern Grampians Shire Council Australia Day Awards open Monday 10 October 2022. Each year, the awards are presented to individuals and groups in recognition of their achievements across the Southern Grampians which are celebrated with the community. Southern Grampians Shire Council Mayor Cr Bruach Colliton said the Australia Day Awards are always a highlight and great way to begin the year.

“We are so privileged to celebrate our Award recipients who demonstrate such a commitment to the wellbeing of our Southern Grampians community,” said Cr Colliton. “By nominating your friend, family member, or a local you know for an Award, it is the perfect way to recognise the special role they have within the Southern Grampians and to celebrate their achievements.”

The Southern Grampians Shire Council 2023 Australia Day Awards, includes four categories:

- Young Citizen of the Year for residents aged under 25 who have made a significant contribution to the community in the current year or over a number of years.
- Citizen of the Year for residents over 25 who have achieved the most distinguished performance and/or made the most outstanding contribution to the Shire community in the current year or over a number of years.
- The Community Event of the Year to the group or person who has staged the most outstanding community event, between 30 October 2021 and 30 October 2022. This could be a single day event, a multiple day event or a virtual event.
- Community Recognition for an individual/group based in the Southern Grampians who has made a significant contribution to the local community in the current year or over a number of years.

Recipients of the awards will be announced by the Mayor at Council’s official Australia Day celebrations on 26 January 2023. “If someone you know deserves recognition for their contribution to our region, whether that’s for an event they organised or if they have made an outstanding effort to improve the lives of others, nominate them. We ask that you take your time with the nomination and include examples of why the nominee is a deserving recipient. It’s your chance to really highlight their work and shine a bright light on what makes them such an exemplary member of the Southern Grampians,” concluded Cr Colliton.

Nominations close Friday 18 November 2022 and can be submitted via Council’s website at [sthgrampians.vic.gov.au](http://sthgrampians.vic.gov.au) using the online form. If you have any questions, or would like some help with your application, please contact Council on 5573 0444 or email at [ausday@sthgrampians.vic.gov.au](mailto:ausday@sthgrampians.vic.gov.au).

Continued next page

## WHAT'S ON @

# HIPAC

### OCT-DEC AT HAMILTON PERFORMING ARTS CENTRE

FRI 21 OCT	2PM	THE BEATLEZ TRIBUTE ACT
SAT 22 OCT	7.30PM	MAYOR FOR A DAY BALMORAL
TUE 25 OCT	7.30PM	MAYOR FOR A DAY DUNKELD
5-6 NOV	2 + 7PM	HAMILTON DANCE CO. PERFORMANCE
FRI 11 NOV	7.30PM	JUDE PERL - PARTICIPATION AWARD
WED 16 NOV	8PM	ANH DO - THE HAPPIEST REFUGEE LIVE
FRI 18 NOV	7.30PM	BARRY MORGAN
SAT 19 NOV	7.30PM	CONCERT FOR UKRAINE
THU 24 NOV	8PM	MARINA PRIOR & DAVID HOBSON
3 & 10 DEC	7.30PM	AND SO THIS IS CHRISTMAS
THU 15 DEC	11AM	SPIRIT OF CHRISTMAS



HAMILTON  
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CENTRE

03 5573 0429  
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@hamiltonperformingarts





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**LISA GRAHAM**

0426 127 221  
@lisa@cshahamilton.com.au

We support the **ndis**



**MEDIA RELEASE**

SOUTHERN GRAMPPIANS SHIRE COUNCIL



13 OCTOBER 2022

**BOOSTING COMMUNITY PROJECTS WITH COUNCIL GRANTS**

Southern Grampians Shire Council has allocated approximately \$71,000 to community projects in the first round of the 2022/2023 Greater Grants program. Each year, Council aims to support the delivery of community led projects via two rounds of funding opportunities spread across community strengthening, arts and culture, infrastructure, events and tourism, sustainability, and heritage. Southern Grampians Shire Council Mayor Bruach Colliton said the Greater Grants program offers much needed financial assistance to community groups and individuals to develop important community projects.

“We are continually impressed with the ideas and quality of projects coming from the grassroots of our community with this round being no exception,” said Cr Colliton. “Council has allocated \$70,833.97 for this round which will enable \$120,000 worth of community driven and innovative projects to get off the ground, a great partnership with local organisations. After a long two years for the events industry, it has been especially pleasing to see some great events being added back into the calendar including a Family Fun Day in Coleraine, Country Music Festival in Hamilton and the Fleece and Flower Show in Cavendish. “We have also been really excited by some of the larger funding applications received including the Branxholme Recreation Reserve which have been successful in securing a grant for a fit out of the Women’s Netball Changeroom which will support future netballers.”

Successful applications for Round One include (but are not limited to):

- Cavendish Townscape Association – Fleece and Flower Show
- Australian Pedal Car Grand Prix – Coleraine Family Fun Day
- Hamilton Country Music Club – Mini Country Music Festival
- Hamilton Coleraine Landcare Group
- Balmoral Post Office
- Dunkeld Museum – Our Soldier Boys and Girls
- Hamilton Mens Shed – Roof Repairs
- Mulleraterong – Pool Testing Kit
- Tarrington Cricket Club
- Branxholme Recreation Reserve – Women’s Netball Changeroom Fit Out
- Mooralla Golf Club

Round two for the 2022/2023 financial year will open for applications in early 2023.

“Thanks again to everyone who has taken the time to apply. We encourage any community group or individual who would like more information on our Greater Grants process to give Council a call or check out our website for future rounds and eligibility criteria,” concluded Cr Colliton.

For more information on upcoming Greater Grants, visit Council’s website at

[https://www.sthgrampians.vic.gov.au/Page/Page.aspx?Page\\_Id=2501](https://www.sthgrampians.vic.gov.au/Page/Page.aspx?Page_Id=2501) or by contacting Customer Service on 5573 0444.

Continued next page

**MEDIA RELEASE**

SOUTHERN GRAMPIANS SHIRE COUNCIL



13 OCTOBER 2022

**HOWZAT – COUNCIL TO SUPPORT LOCAL CRICKET VICTORIA EVENTS**

Southern Grampians Shire Council has committed to a three-year sponsorship agreement with Cricket Victoria to support the Under 16 Premier League Carnival and other local Cricket Victoria events. The agreement will be reviewed annually with \$10,000 to be allocated from Council's events budget each year. Southern Grampians Shire Council Mayor Cr Bruach Colliton said there were clear long-term community benefits to the funding agreement.

"Last year's Under 16 Premier League Carnival hosted by Cricket Victoria saw an economic boost of approximately \$175,000 into the Southern Grampians region," said Cr Colliton. "Over 50 families stayed in the region across the weeklong carnival which of course sees a positive impact in accommodation bookings, hospitality venues as well as retail which provided local businesses with increased opportunities. Events and activities like these have the dual benefit of helping to support our local cricket community while promoting the people and places of the Southern Grampians to the wider region."

"Cricket Victoria wants to showcase the fantastic grounds we have within the shire and give all players the opportunity to play in different conditions. They utilise local umpires for the carnival to support their development and various local Clubs are paid to get grounds ready for the Carnival. The Youth Premier League embraces talented players with varied backgrounds from across all of Victoria to be the best player they can be. We look forward to welcoming players and their families back later in the year for the 2022 carnival," concluded Cr Colliton.

The three-year agreement supports key performance indicators of the 2021-25 Council Plan to encourage participation in leisure, recreation and sporting opportunities; to promote appropriate services, facilities and activities for young people; whilst also improving the reputation of the region as a destination of choice for events. With other Cricket Hubs being finalised in Victoria, there will be greater competition for junior carnivals. This approach locks in Southern Grampians hosting of this event for years to come.

Other programs and events proposed by Cricket Victoria to be held Southern Grampians include:

- Cricket Expos
- Junior Cricket forums
- Western Country presentations
- U19 Victorian Male State Squad for three days in September
- U19 Victorian Female State Squad in July
- Other Carnivals – State and Interstate TBC for 2023/24

**Media Enquiries:** Ashlea Sealey | 0460 321 634 | [asealey@sthgrampians.vic.gov.au](mailto:asealey@sthgrampians.vic.gov.au)

111 Brown Street, Hamilton 3300 | Locked Bag 685, Hamilton 3300  
Telephone: (03) 5573 0444 | [council@sthgrampians.vic.gov.au](mailto:council@sthgrampians.vic.gov.au) | [www.sthgrampians.vic.gov.au](http://www.sthgrampians.vic.gov.au)



## Caramut and District Garden Club

October is a busy time in the garden as we have spring weather and at times, nearly summery type weather. With all the rain and some warmer days, the weeds have taken off very quickly. Try and get rid of them all before they flower and seed to lessen weed growth in future years. As well as weeds, all other types of plants are growing well this season. Despite the rain, the warmer days means that pot plants in the sun tend to dry out very quickly.

Soaking pots in a container of water is much better than a light sprinkle. Use the finger to measure moisture content in the pots and water if needed.

With the ground warming up, many seeds can be planted now in well prepared soil. Sunflowers, nasturtiums, marigolds, impatiens, sweet peas. In the vegie garden beans, beetroot, carrots, leeks, pumpkin, parsnip, peas, silver beet, sweet corn can be planted.



As camellias finish flowering, and all spring-flowering shrubs can be shaped, pruned or trimmed back. This encourages compact growth and a great display of blooms next spring.

Mulching garden beds well conserves water. This prevents the soil and plants from drying out rapidly and reducing the need for watering. Just because plants wilt on a hot day doesn't necessarily mean they need watering. Use the finger water metre to check the moisture content of the soil. If damp, once the heat of the sun goes, you will find the plants stand upright again. Mulching also helps to smother weeds from growing and stops them from competing with your plants.

Competition Results from the September meeting.  
 Bloom: 1st Anita Holmes 2nd Robyn Wood  
 Special – Iris: 1st Helen Brown 2nd Marita Smith  
 Produce: 1st Jan Street 2nd Marita Smith

The next meeting will be a Garden Tour of Hamilton on Tuesday the 8th November. All members are asked to meet at the Penshurst Senior Citizens Rooms at 9.00am. There will be no competition this month.

*Visitors are always most welcome to attend.*

## Puzzling Jokes

- |   |  |
|---|--|
| 1) "I'm afraid for the calendar.                                      | Can you match the puzzle question with its answer below. Clues are on page 14. |
| 2) "My wife said I should do lunges to stay in shape.                 | A. Sofishticated.  |
| 3) "Why do fathers take an extra pair of socks when they go golfing?" | B. Pilgrims.   |
| 4) "Singing in the shower is fun until you get soap in your mouth.    | C. They are both Paris sites.  |
| 5) "What do a tick and the Eiffel Tower have in common?"              | D. Turns out it was the refrigerator all along.                                |
| 6) "What do you call a fish wearing a bowtie?"                        | E. In case they get a hole in one.   |
| 7) "If April showers bring May flowers, what do May flowers bring?"   | F. It's days are numbered.   |
| 8) "I thought the dryer was shrinking my clothes.                     | G. That would be a big step forward.   |
|   | H. Then it's a soap opera.   |

**Opening Hours:**

**Monday - CLOSED**  
**Tuesday to Friday - 7.30am - 2.00pm**  
**Saturday - 8.00am - 2.00pm**  
**Sunday - CLOSED**



# Penshurst Store

Pop into the store and try some of our delicious pies, pasties, and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to a ROX coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments most welcome.



**Amanda & Cam Wilson**  
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**Café/Bakery 110 Bell Street, Penshurst penshurststore@gmail.com**



# DAN TEHAN MP

FEDERAL MEMBER FOR **WANNON**

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:  
190 Gray Street, Hamilton or  
1300 131 692



📞 1300 131 692    ✉️ dan.tehan.mp@aph.gov.au    🌐 dantehan.com.au  
📱 DanTehanWannon    📷 dantehan

**Winners List Penshurst Photography Show 2022**

(with thanks to Brian O'Brien for the colour pages)

With over 140 photos to choose from, our Judge, Tony Long, has his work cut out for him. We thank him for his thoughtful care and consideration of every photo - giving the same attention to each regardless of the age of the entrant.



**Macro**

**1<sup>st</sup> Phil Morris – Feeling My Way**

**Highly Commended – Lona Horsburgh – Just Hatched**



**Black & White**

**1<sup>st</sup> Kiri Handreck – Rainy Rocklands, Rocklands**

**Highly Commended – Stacey Reid - Watching for Sheep, Cavendish**



**Wildlife**

**1<sup>st</sup> Phil Morris – Dinner at Killarney, Killarney**

**Highly Commended – Watchful Eyes – Lyn McConnell**



**Landscapes & Nature**

**1<sup>st</sup> Meagan Lonsdale – Onward, Glenlee Flora & Fauna Reserve**

**Highly Commended – Lyn McConnell – Stormy Weather, Port Fairy**





Farm Life

1<sup>st</sup> Thai Nguyen Cups On, Wallacedale  
Highly Commended – Hard Work – Lyn  
McConnell



Still Life

1<sup>st</sup> Trudy De Wit – Kitchen Table  
Highly Commended – Lyn McConnell - Snow Drop,  
Kirkstall



More 1st place winners



Streetscapes

1<sup>st</sup> Sally McLaren - Back Alley, Hamilton  
Highly Commended - Phil Morris - Work  
with a View, Melbourne



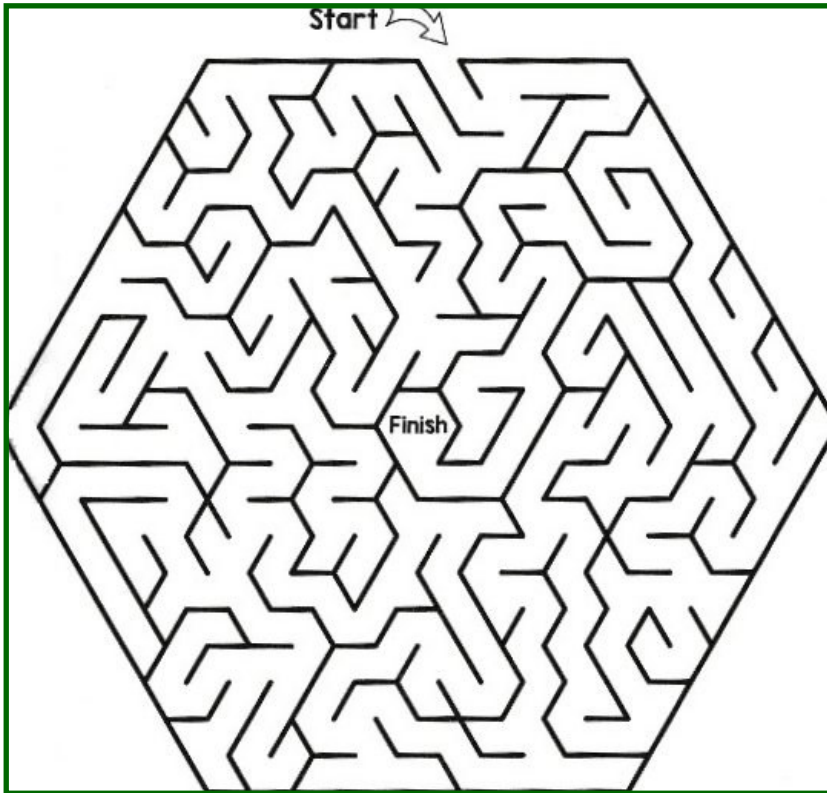
Junior Photography (Above)

1<sup>st</sup> Charli Lewis – My Nuggett  
& Highly Commended – Harry Potter’s Tree

Children’s Photography – Theme – Small Things

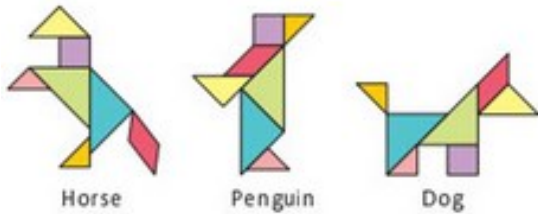
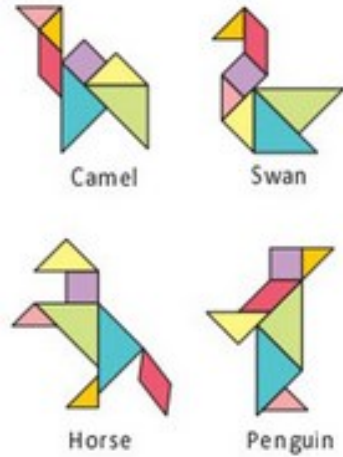
1<sup>st</sup> Knox Ellis – Leaf (left)  
Highly Commended – Wallace Morton – Shiny Leaf  
Highly Commended – Freya Ellis – Bright Light

Fun for the kids

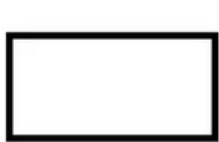


### Geometric Shapes

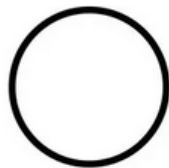
Can you colour them and cut them out and make people and animals from them? Here is an example:



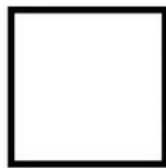
What else can you make from those wonderful shapes?



Rectangle



Circle



Square



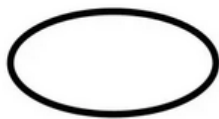
Rhombus



Stork



Parallelogram



Ellipse



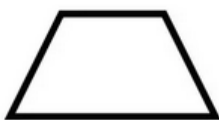
Triangle



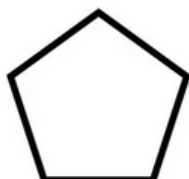
Kite



Goose



Trapezoid



Pentagon



Hexagon



Octagon



Snail



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**Ph: 0417 100 243**

**Fax: 5576 5267**



HIA Reg CB-U 6214  
DB-U 5109

112 Bell Street  
Penshurst Vic 3289

Puzzling jokes Answers right here:  
1F, 2G, 3E, 4H, 5C, 6A, 7B, 8D.

**WATER  
NIGHT**

Thursday 20 October 2022  
5-10pm

Proudly supported by

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**Water Saving Hacks**

63% of Australians agree they could save more water than they do.

Can You?

- 1** Keep showers to 4 minutes or less
- 2** Keep a bucket in the shower to capture water to use on your garden
- 3** Turn off taps when washing your hands



Turn off your taps and join a nationwide community supporting stronger action on climate change and water awareness

Sign up at [waternight.com.au](http://waternight.com.au)

**Penshurst Hair Design**



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Friday &  
every second  
Saturday  
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Matt Barber (Senior Agronomist) 0488 298 170

Damien Goodman (Agronomist) 0427 159 462

Geordie Elliott (Nutrition & Production) 0438 874 587

Meg Todd (Animal Health ) 0437 772 861

**Western AG Willaura - T: 03 5354 1585**

Glen Gray - 0439 541 036





Two of our most potent emotions are fear and anger. They are part of our DNA. Our companions in the media know this and will sell ratings and papers to us riding on these two deeply ingrained feelings.. They can be used for good. Like, it's helpful to run away from a person who is threatening you.

But next time you catch a glimpse of a headline or a little news banner, ask yourself what is really going on here.

See how we quickly and easily rise to the bait.

Sadly it can also happen in our day to day encounters. We can 'push each other's buttons'. Sometimes without realising it, sometimes sadly, just for the heck of it wanting to watch the smoke and the Catherine wheels.

But when it happens to our own selves it's a different thing altogether. We seldom act well when we are fear - full or grumpy. We are less than we ought to be. We are not the sort of person we are supposed to be. We can be better. I know this dear reader because I am hideously guilty of these things myself. We can become so immersed in our own maelstrom that we completely forget that the other person might well be sinking in a swirl of unhelpful emotion.

The best strategy I have discovered, in fact the only strategy I have discovered is to remove myself physically, psychologically and every other 'ly' out of the situation. The step away figuratively, in time and in space.

It's not easy and it will cost, but the fruits of making this 'space' might well be understanding and reconciliation. At least let's give them a chance to grow and to flourish. Our 'adversarial' world may not actually be as grumpy as we are led to believe.

Fr. David Oulton p. 0435 867 040 [droulton72@gmail.com](mailto:droulton72@gmail.com)

Are you new to Penshurst and would like to meet other people?

Or are you interested in meeting & welcoming people who are new to Penshurst?

Come along to a coffee catch-up.

When: Second Tuesday of the Month (8th November)

Where: Penshurst Store & Bakery

Time: 11:30am

Looking forward to meeting you.



Think it's a great idea but that time and day don't suit? Please feel welcome to get in touch with me.

Jacqui 5576 5102



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 31 Martin Street

“Being deeply loved by someone gives you strength  
 while loving someone deeply gives you courage.” – Lao Tzu.

**5576 5270**

Friendly faces and helpful staff ...

## Penshurst Liquor & Grocery Store

Open 7 days

### Opening Hours:

**Monday - Friday**

7am - 7pm

**Saturday**

8am - 6pm

**Sunday**

8am - 5pm

**80 Bell Street, Penshurst**



Sandwiches & lunch packs available  
 Order your meat, fresh fruit & vegetables  
 by phone for collection at your convenience

**Groceries - Bread - Frozen Foods**

**Beer - Wine - Spirits**

**Penshurst's News Agency**

## A PAGE TO SHARE RECIPES

## Coffee Cake

Prep Time 20 mins    Cooking Time 30 mins    Serves 8

## INGREDIENTS

**For the cake**

- 170g butter or margarine, plus extra for the tins
- 170g caster sugar
- 3 large eggs
- 170g self-raising flour
- 1 tsp cooled instant coffee, dissolved in 1 tsp hot water (add more if you like it stronger)

**For the icing**

- 225g icing sugar
- 100g butter or margarine
- 1½ tsp instant coffee, dissolved in 1 tsp hot water
- strawberry jam (optional)
- walnuts or cherries, to decorate (optional)

## METHOD

## STEP 1

Heat the oven to 180C/160C fan. Line and butter two 18cm sandwich tins. Add the sugar and butter to a bowl and whisk until very fluffy and pale.

## STEP 2

Whisk the eggs in a mug with a fork, then add them gradually to the mixture with 1 tsp of flour each time. (Make sure you don't use all the flour.) When the eggs have been fully combined into the mix, add the rest of the flour, and fold it in gently.

## STEP 3

Add the dissolved coffee to the mixture, still folding. Divide into the sandwich tins and cook for 25-30 min until risen and firm and a skewer inserted into the middle comes out clean. Leave to cool in the tin for 5 mins then turn out onto a wire rack to cool completely. *Can be frozen at this stage.*

## STEP 4

Meanwhile, make the icing by beating the icing sugar with the butter until light and fluffy, then add the dissolved coffee. Whisk, then cover and set aside until ready to ice the cake.

## STEP 5

Spread half the icing on the bottom of one sponge and spread the strawberry jam on the bottom of the other, if using. Sandwich together, then spread the remaining icing on top. Decorate with walnuts or cherries if you like.



Enjoy!



## Community Meetings

### Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

### Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

### Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.
- Penshurst Social Support Group - WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter at Sheppard Centre - **COVID Permitting**. Western District Health Service – PENSURST Campus. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

### Mt Rouse & District Historical Society

- Courthouse open 1st Saturday each month 9.30 am to 12.30 pm.
- Meeting 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. Phone Phil 0458 766 250.

### Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February at Volcano Centre 7.30 pm. New members welcome.

### Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. [penshurst.vic@lions.org.au](mailto:penshurst.vic@lions.org.au)

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313



**AmbulanceVictoria**

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email [penshurst.teamleader@ambulance.vic.gov.au](mailto:penshurst.teamleader@ambulance.vic.gov.au)

### Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

### Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

### Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm

## Penshurst Church Services

### Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

### Penshurst Anglican Church

4pm Mass 4th Sunday each month

For further details contact Janet Kelly on 5576 5247

### St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

### St Joseph's Catholic Church Penshurst

1st Sunday No Service

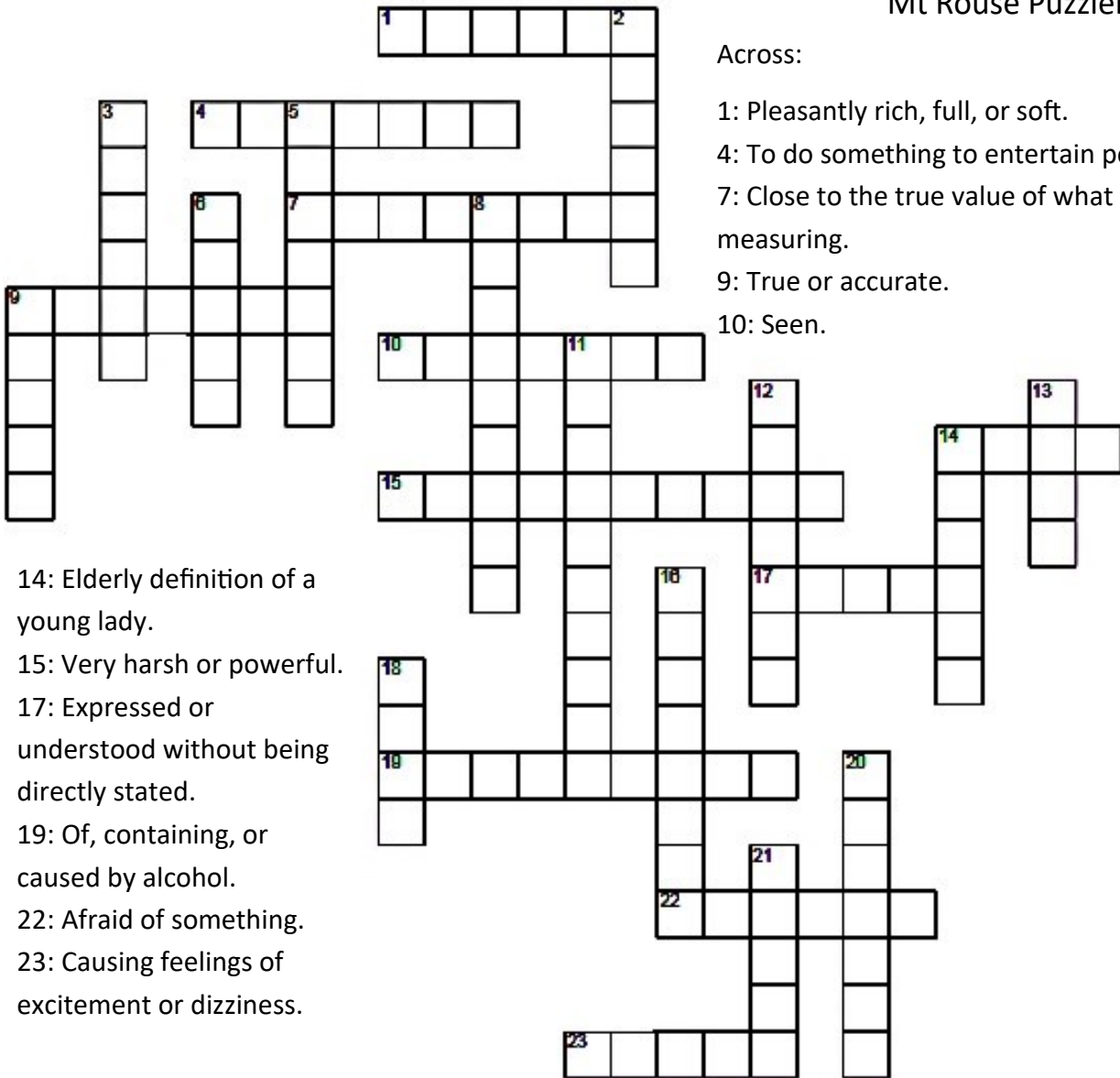
2nd Sunday Mass 8.30am

3rd Sunday Lay Service 8.30am

4th Sunday Mass 8.30am

5th Sunday Mass 8.30am

Mt Rouse Puzzler



Across:

- 1: Pleasantly rich, full, or soft.
- 4: To do something to entertain people.
- 7: Close to the true value of what you are measuring.
- 9: True or accurate.
- 10: Seen.

- 14: Elderly definition of a young lady.
- 15: Very harsh or powerful.
- 17: Expressed or understood without being directly stated.
- 19: Of, containing, or caused by alcohol.
- 22: Afraid of something.
- 23: Causing feelings of excitement or dizziness.

Down:

- 2: First place.
- 3: To want or wish for something.
- 5: Food cooked with dry heat in an oven or over a fire.
- 6: Newly produced, made, gathered, etc.
- 8: Seen before.
- 9: The person who is the leader of a group of people, of an organization, etc.
- 11: Oral instrument.

- 12: Done or made without ceasing.
- 13: A smooth, soft, and shiny cloth that is made from thread produced by silkworms.
- 14: A covering for the hand that has a separate part for the thumb only.
- 16: Not necessary.
- 18: To quickly take and hold someone or something with your hand or arms.
- 20: Not neat or orderly.
- 21: Bouts of precipitation

**Last Fortnight's Crossword - Across:** 4 player, 7 fare, 8 digest, 11 water, 13 peace, 15 care, 16 snail, 17 experience, 18 motorcycle, 19 axis, 22 weaver, 24 fox, 25 bellucose, 27 whistle, 28 yard, 30 blossom. **Down:** 1 cope, 2 trance, 3 barrier, 5 sprinkle, 6 past, 9 government, 10 spaghetti, 12 tie, 14 superintendent, 20 start, 21 curtain, 23 offend, 26 display, 29 camp.



**Mobile Library**  
**Will be visiting Penshurst**  
**every Thursday fortnight**  
**3.00 - 4.00pm**

**Outside the Hall in Martin St**

**Date for**  
**October 27th**

**Phone: 5573 0470**

**[www.sthgrampians.vic.gov.au/library](http://www.sthgrampians.vic.gov.au/library)**

**LIKE US ON FACEBOOK**  
**GREATER HAMILTON LIBRARY**

### **Penshurst's Website**

Have you visited the Penshurst website yet?

Not only is the site full of valuable information, but there are links to many of the important organisations within our town.

Would you like to add a link to your website? Email [president@penshurstprogress.org.au](mailto:president@penshurstprogress.org.au)

Visit our site

**[www.penshurstvictoria.com.au](http://www.penshurstvictoria.com.au)** and let us know if you have any comments.

**Editor**

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### **DEADLINE FOR SUBMISSIONS — Saturday 29th October 2022**

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

**Editor : Ama Cooke**

All correspondence to: [mtrousenewsletter@gmail.com](mailto:mtrousenewsletter@gmail.com)

**F R E E N E W S L E T T E R F O R T N I G H T**

Also available in colour online at

<http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html>

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