Year 6 Edition 21 12th June 2024

# MT ROUSE News & Views



Community Newsletter

#### The donation of a treasure



With thanks to Aileen Pye for sponsoring this colour front page

#### MT ROUSE NEWS & VIEWS

#### Penshurst Progress Association

ABN 35 622 662 815

president@penshurstprogresss.org.au

Committee of Management:

Ama Cooke - Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke & Jeff Jellie

#### **Next Meeting - Wednesday 26th June 7.30pm** Penshurst Memorial Hall

Good morning everyone,

It's Monday and the sun is shining, which is surprising if you watch the weather reports the way I do. We had been expecting rain, and might get some this afternoon - but I have noticed that Penshurst quite often ignores the Weather Bureau's attempt at forecasting, and I look at the weather in Mount Gambier instead.

To those in the know, there is an old organ in the Hall, tucked away in the wings, and I was wondering if it still worked, or where it came from? This is an old question, given its been there the whole time Tom and I have managed the Hall, but one that has popped up again since the pianola arrived just recently. Can someone tell me its history? You know how to find me.

The tale of puzzles continues with the addition of the Penshurst Country Muster. Now that the Taxation Department is chasing stray Not-For-Profits, we've received another notice from them. I say 'we', because they are

addressed to the PPA's old PO Box, which has since been cancelled. I spoke to the ATO and was advised that I should claim the business, correct the contact details and then cancel the whole thing, so I have set this in motion. Claiming it is the only way to find out the contact details of whomever in Penshurst was actually running the Muster, apart from anything else.

There's a brochure attached to this newsletter from the Council advertising the upcoming Community Partnership grants from 1st to 31 July. It's time to gather your documents together, to be ready to apply for things your NFP or the town can benefit from. Further information is available at a meeting in the hall on July 18, 10am - 12noon.

I wonder if they would be interested in supporting a group from this town in creating a vehicle for the Coleraine Pedal Car Grand Prix? Given the picture on the brochure, it might be possible. A community supported activity might be right up their street.

There is still no sign of a response to our budget requests for the 2024-2025 financial year. We were told there would be information on it in May, but June is quickly slipping away. The Council meeting is on the 12th June, being same day this newsletter comes out. I can't find anything in the agenda about them either.

Wishing you all a great fortnight, Ama Cooke.



"Genius is 1% inspiration, 99% budget allocation."

#### MT ROUSE NEWS & VIEWS

#### The donation of a treasure



One way, or another ...

What makes something a treasure? The Edwards family has donated their mother's treasured pianola to the Hall. It is about 55 years old and purchased from the Heath family on Caramut Road, after two previous attempts by the lady to find one at clearing sales.

The challenge was to safely collect and deliver the pianola into the building. This was cleverly achieved with the help of a forklift from Thorntons, and four strong man.

After a first attempt to fit it straight through the double doors at the side of the Hall, with millimetres to spare, the men effectively turned the pianola side on and

Left: Attempt number one. The hall doors are behind them.

manoeuvred it inside. We were all grateful it had wheels as it glided safely across the hall floor to its present location.

We thank the Edwards family for the gift. Another part of our history that deserves looking after.

Right: Attempt number two. The skill of the driver was very obvious, as was the balancing act needed to steady the heavy pianola as it entered the doorway.



#### MT ROUSE NEWS & VIEWS



#### Understanding Changes in Behaviour

Hamilton, VIC Thursday 20 June 2024

This session provides an introduction to dementia and changes to the brain, effects on behaviour and the impacts of changed behaviour. It will introduce problem solving models, including strategies to minimise and respond to changed behaviour.

This session is delivered interactively, you will be encouraged to share your experiences alongside other participants giving you an opportunity to develop new support networks.

**Suitable for:** Family carers and family members of people living with dementia. This session is not suitable for professionals employed in the health or aged care sectors.



When: 20 June 2024 10am - 12pm, 2 hrs

Where: Learning & Development Centre Kitchener Street, Hamilton Vic 3300

Cost: Free

Additional information: Bookings are essential.

Delivery will be held in the Hamilton Base Hospital Learning & Development Centre Auditorium.

#### Find out more

Please contact Dementia Australia on 0408 301 800 or email Vic.Booking@Dementia.org.au
Book on: https://UCB20JUN24.eventbrite.com.au

This program and the National Dementia Helpline are funded by the Australian Government.

National Dementia Helpline 1800 100 500

Find us online dementia.org.au



#### MT ROUSE NEWS & VIEWS

#### **Garden Club Notes**



Roses have always been favourite flowers in the garden. They were cultivated by the ancient Babylonians, Greeks and Romans. There are many modern varieties which can be purchased from any good nursery or Treloar Roses on the Hwy at Bolwarra.

There are suitable roses for growing in pots. Also climbing roses (which the possums enjoy in my garden). Standard (stem) roses are a normal bush rose grafted to a height of 90 or 60cms. Ground cover, floribunda, shrub, old, and miniature roses. For more detail, look for the information in a good book or on the net. The visiting wallaby enjoys roses also and I find them trimmed to wallaby height. June is a

good time to plant new roses with a thick layer of straw around the base to protect the young stems from the cold.

During winter, roses are hard-pruned. The aim is to remove about two-thirds of last season's growth to encourage new growth, as this will produce flowers in spring and summer. Pruning is also an opportunity to remove diseased and dead branches and those that cross over each other. One year on the farm, the roses hadn't been pruned for a number of years, so I gave them a winter prune in the middle of January and watered them well. And yes, they flowered very well some weeks later.

Unless you want to be scratched or have rose thorns scratch your arms and hands, I would suggest stout gloves. I once gave myself a nasty scratch on the head by raising myself too soon under a bush. Very sharp tools will prevent disease entering the plant. Cut just above an outward facing bud.

It is said that it is impossible to kill a rose. Some of mine don't look too happy due to lack of water over the very dry period we have just experienced.

In the vegie garden during June, plant asparagus, broad beans, cabbage, Jerusalem artichoke, lettuce, onions, peas, rhubarb, shallots and spinach.

By the time you read this, the Garden Club would have had their meeting with a representative from Melbourne coming to give us a demonstration of the latest Stihl gardening products. As he was travelling from Melbourne, the meeting was held at 1pm in Warrnambool.

A good garden is never finished and grows with personality.

Thomas Jefferson.



#### Penshurst Shed

Open

#### Saturday & Tuesday 10am - 4pm

Talk to the crew for more information about the Shed and its activities. We are open for everyone.

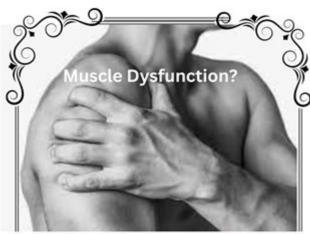
#### Contact

Tom Cooke 0488 557 345

#### MT ROUSE NEWS & VIEWS



Winter is an etching,
Spring a watercolour,
Summer an oil painting,
And Autumn a mosaic of them all.
Anonymous









Amanda & Cam Wilson 0439 941 942

Pop into the store and try some of our delicious pies, pasties and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments are welcome.

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday - 8.00am - 2.00pm

Sunday - CLOSED

Café/Bakery

110 Bell Street, Penshurst

penshurststore@gmail.com

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"People of accomplishment rarely sat back and let things happen to them. They went out and happened to things." Leonardo da Vinci 1452\*

This explains a lot about why Leonardo is still being talked about, why we still look up to him and why exhibitions and his drawings can be admired and gawped at. The process of going out and happening to things ie. Being proactive is not altogether easy.

First you have to see the 'something'. Glimpse an opportunity, perceive a need, understand that something is not right or could be improved upon.

Then you have to think through what is needed to make the thing happen or to be remodelled. All this without allowing apathy and procrastination to wash over and seduce you. Apathy and procrastination are very seductive.

Then you have to summon the wherewithal, actually go and do it and maintain the energy and verve through to its completion. Whew!

But there is something else that is necessary to be a 'Leonardo' and to happen to things. A vital part is realising and admitting that sometimes, maybe often, you were wrong. That the problem is insurmountable, or the way you were tackling was not the best or most fruitful way.

The ability to make this admission is a very precious commodity and perhaps is the most important skill of all.

About one of his inventions Leonardo wrote something like. 'If the results are not as anticipated and the outcome is flawed then the concept should be disregarded swiftly and permanently.' All of the above is not an easy checklist. There are few public, high profile 'Leonardos'.

But my guess is that there are many 'Leonardos' "happening to things'; quietly, selflessly, unobtrusively, but nevertheless effectively. We could always use more of them. Go out and happen to things.

#### Of winners, losers and antagonism

And so we came to Budget night. There were many images on different size screens. Smartly dressed people, exquisitely manicured, tenderly holding microphones. Countless people spoke a lot of words and wrote even more. Somewhere an unnoticed tree gasped and fell writhing to the ground. Ink was sprayed upon it in the form of many numerals.

The detail and hyperbole left me needing a warm shower and a glass of medicine. My grey hairs tell me that all this hoopla happened last year and will inevitably be repeated next year. I have never been blessed with strong numeracy skills and somehow just could not get enthralled.

What did pique my interest was this whole "winners and losers business". If you were of this demographic or had this particular interest or were at this particular stage of life, then you were a winner or a loser. Depending upon a couple of other variables over which you had little or no control you were a grinner or a weeper.

Now I don't mind who you write the number 1 (one) next to on the ballot paper. It's your business and we are blessed where we can vote freely in this splendid democracy of ours.

Continued page 11

#### MT ROUSE NEWS & VIEWS

**Community Bank Dunkeld & District** 



### Bendigo Bank

Supporting your community

#### **BIGGEST MORNING TEA**

We all enjoyed a lovely morning tea recently, gathering as a community to support the Cancer Council Victoria. A big thank you to everyone who attended and kindly donated to this very worthwhile cause and a special thanks to Jill Whiting for her beautiful donation to our raffle.

Our 'Biggest Morning Tea' was a great success, raising \$574.







Insurance you can rely on is worth its weight in gold. And when it's provided through Bendigo Bank, you can be confident it's insurance worth having. Take out any home and contents, car, landlord or travel insurance between 1-30 June 2024 and you'll go into the draw to WIN up to 12 months worth of cover.



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#### A PAGE TO SHARE RECIPES

#### **Slow Cooker Satay Chicken**

Prep Time 15mins Cook time 4hour 30mins Serves 4

From taste.com.au

#### **INGREDIENTS**

8 (about 1.5kg) chicken thigh cutlets, trimmed
3 tsp finely grated fresh ginger
2 garlic cloves, finely chopped
130g (1/2 cup) smooth peanut butter

270ml Coles Coconut Cream
2 tbsp kecap manis
1 small red onion, finely chopped
Fresh mint leaves, to serve
Fresh coriander leaves, to serve

#### **METHOD**

#### Step 1

Season 4 chicken cutlets and place, skin-side down, in a large non-stick frying pan over high heat. Cook for 5 minutes or until golden. Turn over and cook for a further 3 minutes. Transfer to a slow cooker. Repeat with the remaining chicken cutlets.

#### Step 2

Drain rendered fat from the pan, reserving 2 teaspoons. Reduce heat to medium-low. Add the ginger and garlic. Cook, stirring, for 1 minute or until aromatic. Stir in the



peanut butter, coconut cream, kecap manis and 125ml (1/2 cup) water. Pour mixture over the chicken.

#### Step 3

Cover and cook on Low for 4 hours or until the chicken is very tender. Sprinkle with the red onion, mint and coriander and serve with rice.

#### **Quick Naan Bread**

- 1) Combine 200g Greek-style yoghurt and 1 3/4 cups (260g) self-raising flour in a bowl until a soft dough forms.
- 2) Knead on a floured surface until smooth.
- 3) Cut into 6 even pieces.
- 4) Using a floured surface, roll into 5mm thick ovals.
- 5) Heat a greased chargrill pan on high.
- 6) Cook for two minutes each side or until charred and cooked through.



#### ROUSE NEWS & VIEWS

# Can you weather these jokes?



am keeping my eye on you.

2. What did one lightning bolt say to the other lightning bolt? You're shocking!

What does a cloud wear under its raincoat?

Why shouldn't you fight with a cloud.

Thunderwear.

5. What is it called when it rains chickens and ducks. It will storm out on you.

Fowl weather.

**ELDERS HAMILTON** 

Proud to be a supporter of local communities

What's the difference between a horse and the weather? One is reined up and the other rains down. 7. If an orchestra plays in a thunderstorm, who is most likely to get hit by lightning?

The conductor.

8. What did one volcano say to the other volcano?

lava you.

9. What happens when winter arrives?

Autumn leaves.

10. When does it rain money?

When there's change in the weather.

11. What do you call a grizzly bear caught in the rain?

A drizzly bear.

30 mind. Down: 2 aloof, 3 particle, 4 pattern, 7 soft, 8 defendant, 18 vision, 20 grudge, 22 basin, 24 ambition, 25 convert, 28 clay. 13 twitch, 14 carriage, 15 include, 17 sanctuary, 19 receipt, 21 abolish, 23 fisherman, 26 coast, 27 bacon, 28 biography, Answers from last fortnight. Across: 1 bar, 5 allow, 6 cash, 9 parameter, 10 nettle, 11 domination, 12 ghost, 16 bark,

Steph Brownrigg 0410 977 490 Damon Hiscock 0439 671 046 Gabby Redpath 0438 903 123 Annaleace Dohle 5551 5700 Ryan Gerring 0439 699 110 ames Whyte 0458 322 094 Maggie Craig 0427 976 179 Mark Rouse 0473 444 288 Rob Browne 0427 315 793 Rod Evans 0498 750 125 Ann Hiscock 5551 5700 Wendy Kerr 5551 5700

AGRONOMY



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#### **Penshurst Hair Design**



Opening Days
Tuesday,
Thursday
Friday &
every second
Saturday
10am - 2pm
By Appointment

For appointments please ring





Of winners, losers and antagonism

My question rather is why do such documents and political jamborees always have to be 'Us versus them' 'Winners versus losers'? Does the dish of the budget / the election / political hot potato really have to be served up to us with such an adversarial sauce?

Would it be such a devastating thing if some of us went without a little (became losers) for the sake of those who truly need more (became winners)? Are we so addicted to antagonism? It would seem so, but I would be thrilled to be proven wrong.

Fr. David Oulton p. 0435 867 040 droulton72@gmail.com

\* attributed to Leonardo da Vinci



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Authorised by Dan Tehan, Liberal Party of Australia, 190 Gray St Hamilton VIC 3300

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#### 5576 5270

Friendly faces and helpful staff ...

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Penshurst's News Agency

"Perseverance is the hard work that you do after you get tired of doing the hard work you already did." Newt Gingrich USA

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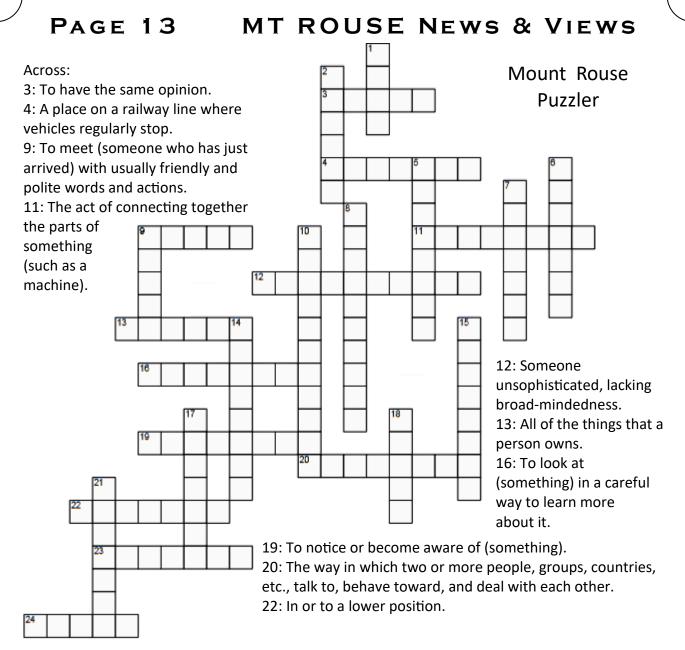
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Glen Gray - 0439 541 036



- 23: Someone who is being treated by a doctor in hospital.
- 24: An official limit on the number or amount of people or things that are allowed.

#### Down:

- 1: Not common or usual.
- 2: To send someone away, especially from their country, and not allow them to come back.
- 5: The act of invading something: such as.
- 6: Heavy material (such as rocks or water) that is put on a ship to make it steady or on a balloon to control its height in the air.
- 7: Smaller than other things of the same kind.
- 8: The act of demanding something or saying something in a way that does not allow disagreement.

- 9: A glass container for holding liquids while drinking.
- 10: A person hired to write works that officially credit another person.
- 14: Appropriate fluent, forceful expressing.
- 15: Of deep meaning, of great significance.
- 17: To fight with someone (especially as a sport) by holding them and trying to throw them to.
- 18: Something (such as an important idea or subject) that is repeated throughout a book, story, etc.
- 21: Admiration felt or shown for someone or something that you believe has good ideas.

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#### **Community Meetings**

#### **Boram Boram Cemetery Trust**

 Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

#### Caramut & District Garden Club

2nd Tuesday monthly at 10 am.
 See Garden Notes for venue.

#### Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

#### Penshurst Social Support Group

WDHS meets every Thursday; for Exercise,
 Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre,
 Penshurst Hospital. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

#### Mount Rouse & District Historical Society

- Meetings 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact Joy Doherty 0408 360 801.
- The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

#### Friends Yatmerone Reserve

 Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

#### Lions Club of Penshurst & District

 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313



The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

https://www.ambulance.vic.gov.au/careers/become-a-first-responder/

#### **Penshurst Bowls Club**

- Pennant Season (October February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

#### Penshurst Pony Club Rally

• 1st Sunday each month. Phone Jenni 0409 962 969

#### **Penshurst Senior Citizens**

- Meets at the club rooms in Bell Street.
- Bingo.

#### **Penshurst Church Services**

#### **Bethlehem Lutheran Church Tabor**

Service every Sunday 10.00am

#### **Penshurst Anglican Church**

5pm Mass 4th Sunday each month

For further details contact Janet Kelly on 0475685946 & Fr. David Oulton 0435867040

#### St Andrew's Uniting Church Penshurst

2nd & 4th Sunday 11am Service

#### St Joseph's Catholic Church Penshurst

1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am

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Mythical Creatures - Unicorn

The unicorn is a legendary creature that has been described since antiquity as a beast with a single large, pointed, spiralling horn projecting from its forehead.

In European literature and art, the unicorn has for the last thousand years or so been depicted as a white horse- or goat-like animal with a long straight horn with spiralling grooves, cloven hooves, and sometimes a goat's beard. In the Middle Ages and Renaissance, it was commonly described as an extremely wild woodland creature, a symbol of purity and grace, which could be captured only by a virgin.

In encyclopedias, its horn was described as having the power to render poisoned water





https://en.wikipedia.org/wiki/Narwhal https://en.wikipedia.org/wiki/Unicorn



potable and to heal sickness. In medieval and Renaissance times, the tusk of the narwhal (below) was sometimes sold as a unicorn horn.

A bovine type of unicorn is thought by some scholars to have been depicted in seals (left) of the Bronze Age Indus Valley civilization, the interpretation remaining controversial. An equine form of the unicorn was mentioned by

the ancient Greeks in accounts of natural history by various writing, including Ctesias, Strabo, Pliny the Younger, Aelian, and Cosmas Indicopleustes. The Bible also describes an animal, the re'em, which some translations render as unicorn.

The unicorn continues to hold a place in popular culture. It is often used as a symbol of fantasy or rarity.

The world is full of stories - can you write one about a unicorn? Where does she live and what does she love to do? Which 'element' (fire, air, water or earth) does she belong to?

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Mt Rouse News & Views Community Newsletter

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Registered Address: 21 Martin Street, Penshurst 3289

#### DEADLINE FOR CURRENT SUBMISSIONS -Saturday 22nd June 2024

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor: Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

Also available in colour online at www.penshurstvictoria.com.au/Penshurst%20Newsletter.html

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# Mt Rouse News & Views Community Newsletter



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Would you like to sponsor the colour front page of our community newsletter?
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All profits earned by advertising in this newsletter help the Progress Association

Cost is \$25 per page per issue.

For more information contact Ama 0402 870 738

achieve and support community projects.



#### **Mobile Library**

Will be visiting <u>Penshurst</u> every Thursday fortnight 3.00 - 4.00pm

#### **Outside the Hall in Martin St**

Dates for June 6 & 20th

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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