

MT ROUSE NEWS & VIEWS



Let's bring dancing back to the Penshurst Hall!



Who are these friendly faces? Story on page 3

Penshurst Progress Association

ABN 35 622 662 815

president@penshurstprogresss.org.au

Committee of Management:

Ama Cooke – Chairperson 0402 870 738

Brian O'Brien - Secretary

Don Adamson - Treasurer

Tom Cooke, Sue Jellie & Jeff Jellie

Next Meeting - Wednesday 25th October 2023 7.30pm Penshurst Memorial Hall

Good afternoon everyone,

Another month slips away at high speed and I am left wondering what happened to January, among many other dates. Last fortnight, if you didn't find Ali's story, you'll see it overleaf.

Last Wednesday we had the Council Meeting followed by the Engagement Meeting. A number of us from the Progress Association met Councillors and Council staff in the Botanic Gardens in the late afternoon, where decisions were made, such as NOT cutting down any of the healthy trees, but instead changing the locations of the caravan sites to between them. There was talk of increasing the number of sites to twenty, of a few cabins, of the camp kitchen either being created in the old tennis court building, or the building coming down to be replaced by a purpose built one, or not. The old tennis court site could be converted to a multi-purpose kids' zone (no details on that yet). The new barbeque building was a hot topic, as is the idea of connecting the caravan park to the pool and putting in a manager (hence the expansion), which does away with the need for life guards during the summer, so that the pool can be open more often.

Thankfully there was no discussion about closing the pool. Thank you to those who attended the Engagement meeting that evening. Many topics were raised, both personal and relating to the town.

Council has given permission for the next stage of the Green Space, which is information boards and the gardens themselves. And we move on from there.

In other business, the Hall Committee has purchased a new refrigerator, long overdue. It will be delivered sometime in the next few

weeks. The Council has told us that they have funding to upgrade the outside women's toilets, so I sent them the quotes to replace the big window as the frame is rusted and corroded, as are all the others around the hall, except for those recently replaced, and the glass is no longer compliant, given to breaking into sharp shards rather than pebbles. I've also been advised by Regional Development Victoria that a grant is soon to open that might get us the heater/airconditioners for the main hall. In the meantime, there are all sorts of ideas floating around for Hall, or Gardens, activities, and lovely locations to run them in. We look forward to more improvements on that building.

Speaking of activities - the request for recommencing the markets is increasing. From experience, I know how much work is involved in running them, so if some of you, who want to have tables there, would also like to help organise them, please contact me. The Progress Association works as a governing body for subcommittees, without making difficulties, and it would be good to see that activity return to the town in the next few months.

In the meantime, we are quietly working behind the scenes to create a town Christmas Party. The working date is Saturday 9th December, in the Botanic Gardens, if it's dry, and in the Hall if not. There will be a barbeque provided by the Lions Club, among other activities. I'll talk about it more as plans progress.

I think that's it for now.
Wishing everyone a great fortnight,
Ama Cooke, PPA



Let's bring dancing back to the Penshurst Hall!

I'm not a dancer by any stretch of the imagination, but I do enjoy moving my body, learning new things, getting together with people and having fun. As a newbie to the area, I'm also fascinated by the history of the Penshurst Hall – especially the dance history over the past century or so. Stories of people driving four hours one way for a dance! It was so integral to society, to relationships and to the health and wellbeing of our community (that's the nurse in me coming out). 😊 I'm a mum in my 40s and need all the help I can get staying fit and healthy – not just my body but my mind and soul. I want my children to grow up learning the basics of the waltz, and my son learning to lead a girl and my daughter learning to be led, watching mom and dad on the dance floor together, and seeing how much fun it is. I want an excuse to be held by my husband and to laugh together. We don't laugh enough! As a couple, as a family, as a culture.

So we've decided to gather the last Sunday of every month at 3pm at the Penshurst Hall to give it a go and see what happens. In August, we followed some YouTube videos and learned a few line dances, but as a group we decided dancing is bigger than just line dancing and YouTube videos don't cut it. In September, we learned the Bunny Hop from the 50s, the basics of the waltz and partner dancing, and the kids taught the grown up (me) how to do the floss from Bluey. **Our next gathering is on October 29th**, and I don't know what we'll do yet. I'm hoping someone will put up their hand to lead us in something new. Rock and Roll? Classical? Square dancing? Swing? If you or someone you know is keen, please put them in touch with me!

Dancing

at the Penshurst Hall

**Last Sunday of
each month at 3pm.**

People of all ages and skill levels



are welcome.

*We kindly request a gold coin
donation to help cover the cost
of hall rental.*

*If you have any favourite songs
or special requests, please text
them ahead of time to
Ali at 0429 952 458. See you there!!*

So lock it in: Dancing at the Penshurst Hall, the last Sunday of each month at 3pm.

We'll commit to that through the summer and reevaluate in the fall. Gold coin donation appreciated to cover the cost of Hall rental.

Really hope to see you there! Fun is guaranteed. 😊 Allison (Ali) Hunwick 0429 952 458

There are shortcuts to happiness and dancing is one of them. Vicki Baum

Don't let people discourage you. Just fluff out your tutu and dance away. Anonymous

Bendigo Vintage Car Club Pays Penshurst a visit

The Volcanoes Discovery Centre was the centre of attention on Saturday afternoon with a visit by Bendigo Vintage Car Club. The VDC welcomed 29 members of the car club who have been in the district for eight days seeing various tourist sites. After visiting the VDC, car club members continued on to visit Penshurst's oldest historical property, Kolor. After a quiet first eight months for visiting bus groups, the VDC has seen an explosion of interest from buses of both school students and adult groups. In September, five buses visited the centre while another seven buses are visiting in October.



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E. hamilton@elders.com.au
elders.com.au

Elders

Bowls Tournament undeterred by the weather

Under heavy skies, 16 visiting teams from Dartmoor, Hamilton, Grangeburn, Portland, Coleraine, Macarthur, Port Fairy and Portland RSL started the day with the "roll to the ditch" and a soggy spider roll when the skies opened up and delayed the start of the games.

We managed one game of 8 ends and 6 of the next before a mini tornado blew through, sending chairs & other items onto the green ... lunch was called while the heavens opened up again.

Back on the green for another 6 ends and Mother Nature decided to test us again, this time with hail and rain, flooding the green ... so the day was declared over and everyone packed up their sodden gear and enjoyed a wonderful afternoon tea supplied by our local ladies, while the scores for the day were tallied.

Winners for the day were Grangeburn team of Alison East, Ken Prewett & Irene Box won with two wins and a draw, 20 points & + 7 shots.

Runners up was the Macarthur team with Carol Uebergang, Rose Tonnisen & Carol Dunn with 2 wins and one draw 18 points + 4 shots.

Phantom winners were lead; Heather Gough (Hamilton), second; Robyn McCabe (Portland RSLM), skip; Lesley Moller (Grangeburn).

A bountiful table of goodies donated by Tops and Tails, Penshurst Hair Design, Penshurst Post Office, Penshurst Licensed Grocery, Permewans Hamilton were distributed out to the lucky winners.

A huge thank you to our major sponsors of the day; Kalenea Poll Merino Stud (Mibus family) and Carpet Court Hamilton. So it turned out to be a great day despite the weather, finally another huge thanks to the local lady members for all their contributions of goods and fabulous food, a great job girls.

This is our only ladies tournament for the season and it turned out a beauty, thanks to all.



Winners and Runners Up





OFFICIAL OPENING

PENSHURST & DISTRICT HEALTH SERVICE REDEVELOPMENT

*Join us for
performances from Penshurst Primary School,
the official opening, plaque unveiling & tour of the new facilities,
followed by afternoon tea*

PLUS free kids activities

**Saturday November 11, 2023
1.30pm**

146 Cobb Street, Penshurst

To RSVP by Nov 1:
Scan the QR code or contact
Penshurst.DHS@wdhs.net
(03) 5552 3001



Caramut and District Garden Club

Pride of Madeira *Echium candicans* This plant comes from the Canary Islands or Madeira. The bright blue, pink or purple flowers appear in late spring and summer. (Mine have been flowering for some weeks.) They have hairy leaves and if eaten, can cause stomach upsets.

They are very frost hardy and do well in a dry climate, well drained soil with full sun. I never water mine, but after a dry summer, they look rather unhappy. They seed freely and can also be grown from cuttings. In fact, they are a Weed Alert for much of the state. I planted one in the front garden from a small tube not knowing exactly what it was. Grew far too big for the area so pulled it out about 3 years ago. I'm still pulling out seedlings coming up from that one plant. There is another variety which doesn't grow so large and not so free seeding.

Each branch can reach up to 3.5 metres tall with the flower spikes reaching lengths of 200-400mm. The root system must be robust as it supports so many long flower stems. The photo is from my garden and is growing in an area where I don't mind how big it grows. Thankfully the weeds don't grow underneath and I don't do anything with it apart from admiring the flowers. There is also a very large specimen in the Penshurst Uniting Church grounds which looks great.



Our next meeting is at 10 am on Tuesday the 14th November at 1 Goodwin Ave. Warrnambool, the home of Theresa Loomes. We will have a "cuppa" and a short meeting to decide on our Christmas venue and plans for next year. We will then go on to the garden of Robert McCluggage at Swan's Lane in Allansford. I will book the Allansford Hotel for lunch for those that would like to dine there. Closer to the time I will ask for numbers for this. Cheers, everyone. Marita

Visitors are always welcome. You never know, you might meet lots of new gardening friends and have a wonderful time together sharing the joys and tribulations of your garden.



The Regional Tech Hub offers independent advice and support and helps regional Australians navigate often confusing phone and internet options and technical issues.

The National Farmers' Federation is partnering with the Australian Communications Consumer Action Network (ACCAN) to ensure that Regional Tech Hub content is relevant to regional, rural and remote consumers. The Regional Tech Hub continues the work of Better Internet for Rural, Regional and Remote Australia (BIRRR) who pioneered this outstanding work. Information provided by ACCAN and BIRRR will be transitioned to the Regional Tech Hub over time as the website is further developed. For more information: <https://regionaltechhub.org.au/>

5576 5270

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Monday - Friday

7am - 7pm

Saturday

8am - 6pm

Sunday

8am - 5pm

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31 Martin Street



And so we came to Adventure Bay

True story. There really is a delightful place on Bruny island called Adventure Bay. The tourist spiel goes as follows.

'There are many things to do in Adventure Bay Bruny Island such as water-sports, fishing, bushwalking, scenic boat cruises and visiting the delicious raspberry farm. The caravan, shacks and relaxed, safe beach make it ideal for young families'.

So if you are looking for theme parks or Scottish sounding family restaurants you will be disappointed. We found ourselves at this appropriately named place around lunch time and with our tummy's nagging at us we thought that we would skip the non existent 4 star bistro and try the local cafe. This place has had a whopping four (4) reviews posted on a well known Trip advisor site.

The decor was simple, humble and cheerful. The staff were hardworking with no obvious uniform, but polite as all heck. We felt welcomed and cosseted.

The menu was different, no pot n parma or steak sanga here, but intriguing items piqued our interest. So we ordered and we waited with a sense of adventure and anticipation. The food when it arrived was plated and served with gentle aplomb. We tucked in.

We were treated to an adventure as wave after wave of taste played across our palette. It was one of those special times when you really didn't want it to end, but quietly hoped that somehow the experience could last a very long time.

My hope for you is that you too might well have found an 'Adventure Bay'. A place you didn't specifically choose but nevertheless you were there and it found you. We are fed, nurtured and sustained by the most unlikely people in the most unlikely of places, with the most unlikely gifts. Long may the adventures continue.

Fr. David Oulton p. 0435 867 040 droulton72@gmail.com

Penshurst Social Gathering

Maybe you're new to Penshurst. Maybe you've lived here a while. Maybe you'd like to meet new people or just enjoy a night out. Whatever your reason, why not come along to a Penshurst relaxed & friendly social gathering.

All welcome - all ages.

When: Friday October 20

Time: 6:30pm

Where: Penshurst Hotel Bistro

Buy your own food and drinks at the venue



***** Bookings are essential - Please RSVP to Jacqui 5576 5102 *****

Penshurst Bowls Club News

Penshurst Bowls Club are back practicing in preparation for October start of Pennant.

We have 4 teams entered, 3 for Saturday Pennant and one for mid-week ...

A message to anyone out there who would like to have a game or learn the game, you're most welcome to come and try.

Practice will be at 10am Thursday mornings ... weather permitting ..

All you need are flat sole shoes, bowls are available at the Club.

Feel free to contact

Ann 0422 012 234

Brenda 0487 327 959

Jenni 0409 962 969



Voting Day in Penshurst

Results: No 278 Yes 69 Informal 4

Total 351

"Our lives begin to end the day we become silent about things that matter."

- Martin Luther King, Jr



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Penshurst Shed



*The Shed is Open
 Come and visit
 Saturday &
 Tuesday 10am - 4pm*

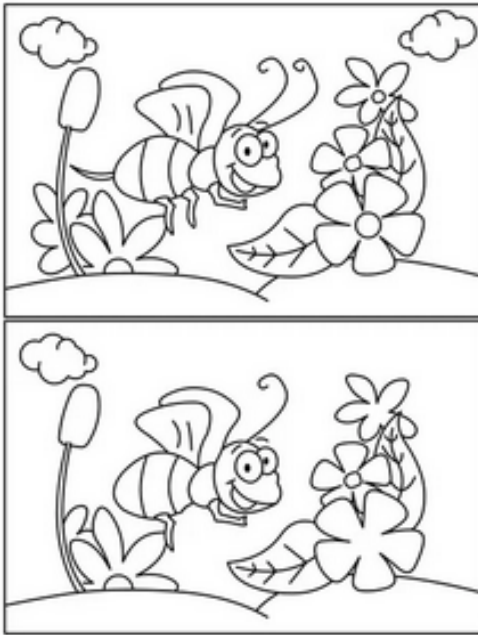
Open to everyone -

Contact

Tom Cooke 0488 557 345

For more information

Kids page



Can you find
7 differences
between
these
pictures.



Above: Fill me in with summer colours.

Spring Agamograph Worksheet

Color the pictures. Score along the lines. Cut out the agamograph. Accordion fold along the scored lines.



Funny One Liners

1. Did you hear they arrested the devil? Yeah, they got him on possession.
2. My IQ test results came back. They were negative.
3. Why can't you trust an atom? Because they make up literally everything.
4. Why was six afraid of seven? Because seven eight nine.
5. What's the difference between an outlaw and an in-law? Outlaws are wanted.
6. Before you marry a person, you should first make them use a computer with a slow Internet connection to see who they really are.
7. Some men say they don't wear their wedding band because it cuts off circulation. Well, that's the point, isn't it?



Penshurst Store



Amanda & Cam Wilson
0439 941 942

Pop into the store and try some of our delicious pies, pasties and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments are welcome.

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday - 8.00am - 2.00pm

Sunday - CLOSED

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Meg Todd (Animal Health) 0437 772 861

Western AG Willaura - T: 03 5354 1585

Glen Gray - 0439 541 036

A PAGE TO SHARE RECIPES

Tamales

Prep Time 25mins Cooking Time 20mins Serves 24

INGREDIENTS

Masa harina. Maize flour.**Broth:** Beef, chicken or vegetable will work.**Baking powder****Salt****Cumin****Lard:** lard is used in truly authentic Mexican tamales (and it has less saturated fat than butter)! Shortening would work as a substitute.**Dried corn husks:** 8 ounce package.

Cabbage leaves can be used as a substitute.

The dough, called “masa” is spread on the corn husk. The corn husks do not get eaten, they are just used to envelope the dough and filling of the tamale which gets cooked inside.

METHOD

Soak the corn husks in a bowl of very hot water for 30 minutes or until softened.**Prepare desired fillings*.****Make the tamal dough:** In a large bowl, use an electric mixer to beat the lard and 2 tablespoons of broth until fluffy, about 3-5 minutes. Combine the masa flour, baking powder, salt, and cumin in a separate bowl; stir into the lard mixture and beat well with an electric mixer.

Add the broth, little by little to form a very soft dough. Beat on high speed for several minutes. The dough should spread like creamy peanut butter and be slightly sticky.* Cover the mixing bowl with a damp paper towel, to keep the dough from drying out.

Assemble the tamales: Lay a corn husk, glossy side up, on the counter with the wide end at the top. Scoop about ¼ cup of dough onto the top, centre of the corn husk. Lay a piece of plastic wrap over the dough and use your hands to press and spread the masa into a thin layer, about ¼ inch thick. Keep the dough spread along the *top half* of the corn husk to allow plenty of room to fold the bottom husk up, when it's time.

Place 1-2 tablespoons of desired filling in a line down the centre of the dough. (You don't want too much filling). Fold in one long side of the husk over the filling. Fold in the other long side, overlapping the first (like folding a brochure). Fold the bottom of the husk up.

Tying tamales (optional): You don't have to tie a corn husk string around the tamales--it does take more time and they will hold together without it. However, if you're making multiple fillings, tying ones of a certain kind can help to identify them.**Cook on the stove-top - in a steamer:** Lay a few extra corn husks on the bottom rack to keep the tamales from falling through and any boiling water from directly touching them.

Place tamales standing upright, with their open end up, just tightly enough to keep them standing. Lay a few soaked corn husks or a wet towel over the top of the tamales before closing the lid.

Bring water to a boil (in Mexico they would often place a coin at the bottom of the steamer and when the coin started to tap in the pot you know the water was boiling.) Once boiling, reduce to a simmer and steam for 45 minutes to 1 hour, or longer. Check them after 45 minutes.

To test if the tamales are done: Remove one and try to pull the husk off. If the husk pulls away cleanly from the tamale they're done. If the dough is still sticky or wet looking, cook them for 5-10 minutes longer and try again.

Store leftover tamales in the refrigerator for 5-7 days depending on the freshness of your ingredients.



Community Meetings

Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am. See Garden Notes for venue.

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Penshurst Hospital Ladies Auxiliary, 3rd Tuesday each month, Sheppard Room 1.30 pm.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

Penshurst Social Support Group

- WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter at Senior Citizens Centre, French Street - **COVID Permitting**. Please contact Fiona Social Support Group Coordinator on 03-5551 8381 Or @ WDHS on 55518683

Mount Rouse & District Historical Society

- Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact Joy Doherty 0408 360 801.
- The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

Friends Yatmerone Reserve

- Meeting 2nd Tuesday every second month, commencing February at Volcanoes Discovery Centre 7.30 pm. New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm at Penshurst Memorial Hall, 21 Martin Street. penshurst.vic@lions.org.au

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is regularly looking for local ACOs. If you are interested in becoming an ACO or would like further information, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month. Phone Jenni 0409 962 969

Penshurst Senior Citizens

- meet last Tuesday monthly, 4 pm at club rooms in Bell Street.
- Novelty Bingo, last Tuesday of month Feb - Nov at 2.15 pm.
- Cards & social afternoon, 2nd Wednesday monthly at 2pm

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact Janet Kelly on 0475685946 & Fr. David Oulton 0435867040

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday
11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service
2nd Sunday Mass 8.30am
3rd Sunday Lay Service 8.30am
4th Sunday Mass 8.30am
5th Sunday Mass 8.30am

Mount Rouse
Puzzler

Across:

3: Filled or covered with dust.

4: Deserted of people and in a state of bleak and dismal emptiness.

6: The special chair for a royal, or other powerful person.

7: Bright or fancy in a way that is meant to attract attention.

8: An adult male horse and especially one that is used for breeding.

12: To allow time to go by, especially while staying in one place without doing very much, until someone comes, until something that you are expecting happens or until you can do something.

15: Costing a lot of money.

17: Eskimo kiss.

18: A statement about something you have noticed.

19: One of usually many stiff, sharp points that grow on some plants.

23: Fair and sensible.

24: A disease or illness.

Down:

1: Admiration felt or shown for someone or something that you believe has good ideas.

2: Using forceful methods to make others do what you want them to do.

5: Glad that something has happened or not happened, that something or someone exists, etc.

9: The creation of light by processes that do not involve heat.

10: Frivolously disrespectful; saucy.

11: To take and hold someone as a prisoner especially by using force.

13: Able to be reached or entered.

14: A strong urge or desire to have or do something.

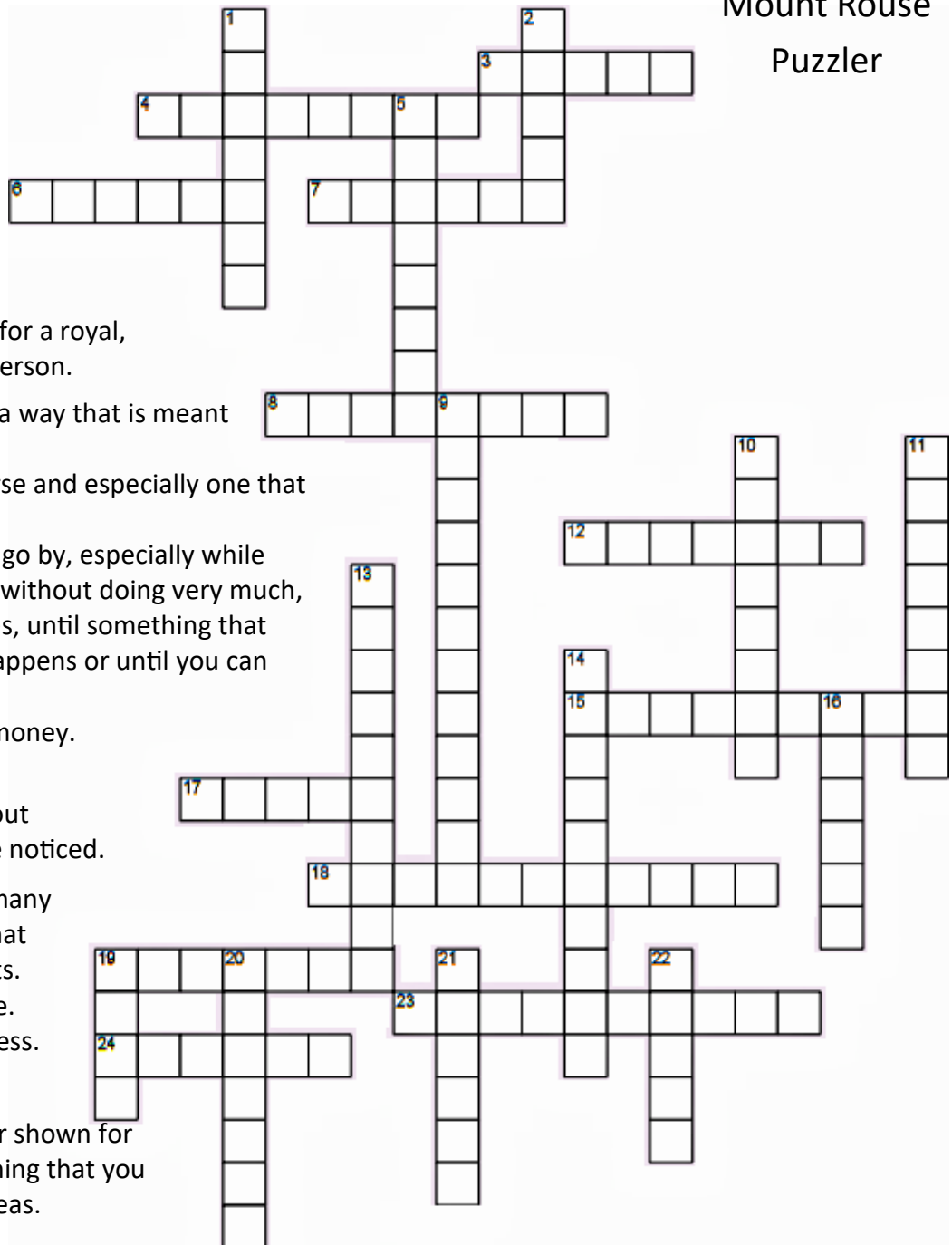
16: Ice resembling a pendent spear formed by dripping water.

19: A piece of equipment that is used to cause liquid, air, or gas to move from one place to another.

20: A device that holds or presses parts tightly together.

21: The power or process of remembering what has been learned.

22: Excited to do something.



Penshurst Hair Design



Opening Days

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Thursday
Friday &
every second
Saturday
10am - 2pm
By Appointment**

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DAN TEHAN MP

FEDERAL MEMBER FOR **WANNON**

As your representative in the Federal Parliament, listening to your views about our local area is my priority.

Please do not hesitate to contact me if I can be of assistance:

190 Gray Street, Hamilton or
1300 131 692



📞 1300 131 692 ✉ dan.tehan.mp@aph.gov.au 🌐 dantehan.com.au

📘 DanTehanWannon 📷 dantehan

Authorised by Dan Teahan MP, Liberal Party of Australia, 190 Gray St, Hamilton VIC 3300.



Mobile Library
Will be visiting Penshurst
every Thursday fortnight
3.00 - 4.00pm

Outside the Hall in Martin St

Dates for October 26th
November 9th & 23rd

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

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Community Newsletter



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DEADLINE FOR SUBMISSIONS — Saturday 28th October 2023

The newsletter will be published on Wednesday fortnightly and we would appreciate
 submissions at the earliest possible time within the fortnight but no later than the
 Saturday immediately prior to the Wednesday of publishing.

Editor : Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

F R E E N E W S L E T T E R F O R T N I G H T

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1/4 page \$5 + GST **Business Card** \$3 + GST

Penshurst Christmas Light Competition!

Thanks to generous sponsorships from the Penshurst Lions Club and Penshurst Progress Association we're excited to announce the return of the Christmas Lights Competition in the township!

This year, there will be three categories:

- * Best Lights
- * Best Christmas characters
- * Best Nativity scene



There will be a \$100 cash prize for the address that receives the most votes for each category.

Entries are open NOW! Fill in this form below and drop it in the entry box at the Penshurst Post Office. Extra forms are also available at the PO.

Entries close 5pm Friday December 1st.

Once all entries are in, a map and list of addresses will be prepared for everyone to vote on your favourite in each category. The map and list of addresses will be available from the Penshurst Post Office from Dec 8th and printed in this newsletter on Dec 13th.

***** Lights MUST be up by DUSK ON FRIDAY DEC 8th *****

VOTING OPENS - DUSK Friday December 8th

VOTING CLOSES - all votes must be in the box at the Post Office by 11am Friday December 22nd

WINNERS ANNOUNCED

The votes will be counted, and winners announced at the Penshurst Post Office - 2pm Friday December 22nd

Results will also be published in the first newsletter in 2024

One vote per category per family please.

Let's light up Penshurst for Christmas! Enter NOW for your chance to win!

Penshurst Christmas Light Competition Entry Form

Fill in your details below to enter Penshurst Christmas Lights Competition! Your address will be included on the map and address list for people to use to view all the entries and vote for their favourites. This map and list will be available at the Penshurst Post Office and printed in the Mt. Rouse News & Views newsletter. No names will be printed.

Your name: _____

Address: _____

Signed: _____ Date: ____/____/2023