

MT ROUSE News & Views



Community Newsletter

A COMMUNITY TALENT SHOW EXTRAVAGANZA

PENSHURST'S GOT TALENT

SATURDAY OCTOBER 18TH
DOORS OPEN 5.30PM. SHOW COMMENCES 6PM
PENSHURST MEMORIAL HALL

Join us in celebrating our fabulous community talent show
& support the rejuvenation of our beautiful Hall

Featuring Special Guests
Bluegum Band & Musicians Deb and John

Bring your family & friends & book a table of eight
or just join a table!

♦ TICKETS \$20 PP
CHILDREN 12 & UNDER FREE

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Enquiries: penshurstsgottalent@gmail.com
Or call 0408 558 816



This colour page sponsored by Deb Dyson. Thank you.



Look Over the Farm Gate - Farmer Mental Health

Free BBQ Lunch by Penshurst Lions Club

Saturday 4 Oct 25 – 1 to 4pm

Penshurst Football Clubhouse (bar open for purchases)

Guest Speakers

- Em Howells – BPsych (Hons) – Mental Health Advocate
- Kelly Marson – Community Activation Team Leader - Let's Talk Foundation

Come along and listen to our two great guest speakers, catch up with friends, discuss challenges other farmers may also be facing, and receive practical information on how and where to get help and support with difficult mental health and drought issues associated with farming in South-Western Victoria.

If you can't make it or are struggling now in any way – reach out, speak up, get help!

It's OKAY to NOT BE OKAY!

Lifeline – 13 11 14

Beyond Blue – 1300 224 636

Farmer Health – 03 5551 8533



This event is supported by a Look Over the Farm Gate grant provided by Agriculture Victoria under the Victorian Government's 2025 Drought Support Package. #LookOverTheFarmGate



This event is organised by the Penshurst3289 Progress Association and Penshurst Lions Club

Any questions regarding the event please contact Ray Allan, PPA Vice-President on 0451 545 721



Caramut and District Garden Club

The September meeting was held at JANS GLASS 8 Modellane Port Fairy. President Marion Starkie opened the meeting and welcomed 29 members with a lovely quote for the day. "A day without laughter is like a day without sunshine"

Competition Winners

Special 1st	Joan Taggart	2nd. Josie Coyle
Bloom. 1st.	Joan Taggart	2nd Marita Smith
Produce 1st.	Jan Street	2nd David Young



Our next meeting will be our bus trip on the 14th of October.

After our meeting we visited Jan Glass Gallery where there were a lovely variety of her artworks, paintings, glass blown plates, glasses and ornaments. Overall a wonderful selection of items to adorn the home and garden. The large glass dishes created as bird baths were particularly innovative & showed beautiful in Jans garden. The sand stone sculptures depicting a Lion and Lioness entwined together are quite spectacular.

We then journeyed through the side gate to be greeted by Carol and Robynne with Kurt the fur baby, their beautiful garden that showed a lovely array of plants & a watered area, you could see what love of gardening and hard work had achieved.

A big thank you to Jan, Robynne and Carol for sharing their garden, and for a very interesting and delightful day.

New members welcome if interested ring Gail 0419 510 364.

Spring has sprung and what a display comes with it. The daffodils, hyacinths, tulips, camellias and not forgetting the trees full of blossom a beautiful season. A good time to think about putting in some lilliums. For colour and height also salvia, cosmo (pictured above); and snapdragons for the veggie patch, cucumbers, celery and lettuce.

Happy Gardening

Community Partnership Grants

Penshurst has been very fortunate to have five more Community Partnership Grants approved by the Southern Grampians Shire Council.

The five successful grants for this round are:

PPA Large games for kids for market days, community events etc (Chess, Connect4, Jenga, Skittles, Tug-O-War, Tic-Tac-Toe etc) - \$2,850
Pony Club - Ladies Toilet Repairs - \$2,990
Volcanoes Discovery Centre - Marketing - \$1,695
Mt Rouse & District History Society - Laptop & Scanner - \$2,405
Senior Citizens - New Chairs for Hall - \$3,000



With the five grants we received in the last round, that makes 10 successful grants in two rounds of applications, a fantastic result for the Penshurst community.

Congratulations to all of the community groups that received a grant.



Brian O'Brien
Wishing you a happy
80th Birthday
The Mount Rouse and District
Historical Society

Oh dear, what can the matter be ...

What did the fish say when he swam into a wall?
Dam.

What do you call a can opener that doesn't work?
A can't opener!

There are three types of people in the world:
Those who can count and those who can't.

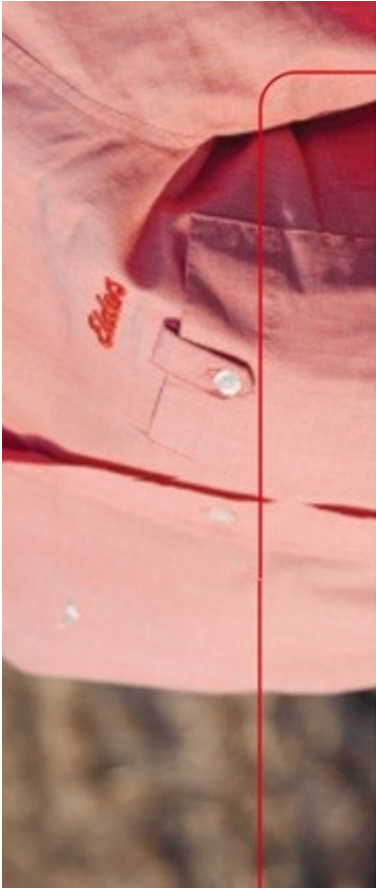
Did you hear about the guy who invented the knock-knock joke?
He won the "no-bell" prize.

What do you call a fake noodle?
An impasta.

Why can't a nose be 12 inches long?
Because then it'd be a foot.

What's the most terrifying word in nuclear physics?
"Oops!"

Three fish are in a tank.
One asks the others, "How do you drive this thing?"



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Gabby Redpath 0438 903 123
Damien Goodman 0438 028 985

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Wendy Kerr 5551 5700
Annaleace Dohle 5551 5700
Maggie Craig 0427 976 179

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Hamilton P. 03 5551 5700
E. hamilton@elders.com.au
elders.com.au



Media release



Victorians are being urged to prepare for the upcoming fire season, as part of CFA's "Get Fire Ready" month during October.

CFA brigades are hosting activities at fire stations and community events to meet residents and provide practical advice on how they can plan for what may be an increased fire risk this summer.

"Get Fire Ready" focuses on helping householders understand their local bushfire and grassfire risks, including how to create a survival plan, and learning where to access emergency information.

Getting prepared doesn't need to be complicated. Clearing gutters, mowing lawns and trimming branches around homes can reduce the chance of embers starting a fire.

Families are encouraged to make a fire plan that includes where they will go if a fire breaks out, and making sure they have set a watch zone in the VicEmergency app to receive alerts.

The "Get Fire Ready" events strengthen connections between CFA brigades and their local communities, ensuring everyone has the information they need.

All Victorians, particularly those in high-risk areas, are encouraged to attend a local event by visiting www.cfa.vic.gov.au/getfireready

You can also request a free "Get Fire Ready" pack to be sent to you by filling out an online form at the same website address.

Get Fire Ready Collateral



• Get Fire Ready bag and collateral inside



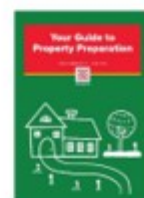
GFR fridge magnet



GFR pen



Brochures





Aged Care Forum

Monday 6 October, 10.30am - 12.30pm

Hamilton Base Hospital Auditorium, 20 Foster Street, Hamilton VIC 3300

Discover how to
navigate Aged Care
so you can make
informed decisions.

Free event

RSVP to 03 5551 8189

Your future depends on the decisions you make today. Feel confident knowing WDHS Aged Care can support your independence, choices, goals and needs as you age. Sessions will include accessing My Aged Care, appointing Powers of Attorney, documenting your future care wishes, advanced care planning, carer support and more.

You're home



92 of Them and You***Creative***

You hide from the outside world and turn into your mind,
Blocking out the fear so your conscious self is blind,
But the fear remains locked in the darkest recesses of your being,
And you can feel every touch; your eyes wide open but not seeing,
You are somewhere else, someone else for this period of time,
Trapped between fantasy and reality walking a thin safe line,
But your hold onto the razors edge is tenuous at best,
So you let your imagination protect you, but you can never find rest,
You become somebody else to hide from what happens to you,
Each time it gets worse so you create somebody new,
Another personality in your mind, who can handle all the pain,
Someone to isolate you from this life and had nothing new to gain,
But as surely as your mind becomes clouded and crowded with your allies,
It gets harder to control and your life becomes a never ending series of lies,
Your troop of aliases takes over your mind from time to time,
As from the dark edge of madness you have to struggle to climb,
Out from behind the mask of another internal friendly face,
And with your changes in persona it is hard to keep pace,
To the outside world you always look the same,
But in your mind you go by many a different name,
You've learnt to control some of the voices only you can hear,
And hang on to your sanity with a tenacity that helps to keep your mind a little clear,
People call you crazy and mad when you try to explain,
There are 92 other personalities living in your brain,
They said with therapy they can cut the number down and give you some peace,
But you have grown to know them all and don't want that release,
So you got your sharp scissors and went to kill the man that started this all,
But he was old and grey and crippled, not young and dark and tall,
You're not him you screamed you are old, you are dead,
You couldn't hate him anymore he wasn't the one, who caused this in your head,
So you dropped the scissors and numbly walked away,
And buried that man in your mind with all the others from that day.

Robert R. Allan

This poem was written about a woman who created multiple personalities to protect herself from society and an abusive father and was a big story in the press in the 1980s

Permanent water saving rules



These common-sense rules help us use water efficiently and they're always in place across the entire state.



Only clean hard surfaces with a broom.



Fit your hose with a trigger nozzle for watering at any time.



If using a sprinkler, only water before 10am or after 6pm.



Use a bucket or hose with a trigger nozzle to wash your car, caravan or boat.

Let's work together to make every drop count. Find out more about these rules at wannonwater.com.au/pwsr



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Penshurst Creative Arts Inc

AGM

Wednesday 8th October 7.30pm

Penshurst Mens Shed

103 Cobb Street, Penshurst

**"You don't always need a plan.
Sometimes you just need to
breathe, trust, let go and see
what happens."
– Mandy Hale**



Going cheap

I am like many of you who have watched that elusive gift of peace disappear further and further into the future. In my little life I had hoped that we might actually have managed to achieve some semblance of stability. The sort that we enjoy here in Australia. That we might spread it around and help towards a healthy ceasefire or at least some helpful negotiations that might make way for a cessation of hostilities, the return of hostages, the just and equitable sharing of our generous resources.

But it is not so. We need to be honest about that. 'Us vs. them' is still the order of the day. The images in our lounge are graphic and instant and this I think only feeds my disappointment. When did my appetite for fear and anger become so ravenous? Has life and property always been so expendable. A quick flick through the pages of any history book will say 'Yes'. It's always been this way. But we know better now... don't we...??

Part of the quandary is that we have heavily discounted the value of human life. It is cheap and there is plenty of it. The light of the Christmass story that is peeking over the horizon once more should remind us that all human life is sacred and the skanky pub is the place where God lives. Our church has plenty to say and loudly about how the squashing of another's life is not acceptable. Thou shalt do no murder is one of our top 10 biggies.

From my desk and through my eyes, all life is of infinite value. To be cherished, enhanced and enjoyed. I deeply appreciate the pull of retribution and revenge but... it is time. We've tried an 'eye for an eye' 'brother for a brother'. We're tired and it's time to do things differently.

Parents - The final frontier

It's an odd but unfightable phenomenon, but I am finding that more and more childhood memories surface into my conscious memory. They just sort of pop up unbidden and flaunt themselves. These memories teach me a bit about myself and a bit about my parents. They always leave me with the unquestionable fact that I was loved and my folks did genuinely try to do the right thing. For example, I vividly recall the time I got caught playing with matches and the appropriate punishment was meted out swiftly and with understandable vigour.

But no matter how many memories come up to the surface to say 'Howdy', I can only go so far in my understanding. I could never and probably will never understand my Mum and Dad as an equal adult. The years and circumstances did not allow that. So I can never completely understand what drove them, their joys and giggles, their hurts and tears. I can never completely grasp what made them tick.

So while I am continuously learning about all sorts of other people and enjoy the experience, this luxury of getting to know my parents is not afforded to me, which is odd because these are the people who helped to form me.

They will always be vital and fundamental, yet frustratingly ethereal and a marvellous mystery. I shall look forward to more little memories appearing as each one will take me further and further into the infinite space of my past and in a sense my parents past.

This final frontier I am learning is not something to be feared or approached with trepidation, but a whole new world that in my dotage, is just beginning to open up for me. Something else my parents are still generously giving to me.

DAN TEHAN

FEDERAL MEMBER FOR WANNON



My office can assist you with information about Federal Government services including:

- ✓ Centrelink
- ✓ National Disability Insurance Scheme (NDIS)
- ✓ Pensions and My Aged Care
- ✓ Medicare
- ✓ Australian Taxation Office (ATO)
- ✓ Veterans' Affairs
- ✓ Immigration, citizenship and passports
- ✓ Australia Post
- ✓ Telecommunications (broadband and mobile coverage)



Please fill out my 30 second survey

Dan Listens, Dan Cares, Dan Delivers!

Hamilton: 190 Gray Street, Hamilton VIC 3300

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1300 131 692 dan.tehan.mp@aph.gov.au

dantehan.com.au [DanTehanWannon](https://www.facebook.com/DanTehanWannon) [@dantehan](https://www.instagram.com/dantehan)

Authorised by Dan Tehan MP, Liberal, 190 Gray St, Hamilton VIC 3300.

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MEDIA RELEASE

SOUTHERN GRAMPPIANS SHIRE COUNCIL

**YOUR COUNCIL,
YOUR COMMUNITY****CELEBRATE LIFE AT THE 2025 VICTORIAN SENIORS' FESTIVAL**

Southern Grampians Shire is rolling out the red carpet for our vibrant senior community this October, with a month-long festival that promises connection, creativity, and celebration.

Under the theme of Connect, Create and Celebrate, the 2025 Victorian Seniors Festival invites residents aged 60 and above to step out and try something new. This annual festival is an important celebration of our seniors, recognising their invaluable contributions to our community.

Southern Grampians Shire Council Mayor Dennis Heslin said Council is proud to be a part of the statewide initiative which is supported by the Victorian Government.

"Council has partnered with our community to develop a wonderful program that will take seniors all across the Shire and let them experience a huge range of events and activities," said Cr Heslin. "This month-long program is packed with so many fantastic events designed spark curiosity, create laughter, and forge new friendships.

This year's calendar features something for everyone. Dance enthusiasts can sway to the classics at the old-time dance club, nature lovers can discover hidden gems in a guided botanic garden tour, and anyone with a competitive streak can shine at games and trivia nights.

With bigger events like "Keith Potger: Celebrating the Seekers" at the Hamilton Performing Arts Centre, the program promises tons of fun and engaging events for all interests.

"The festival is our chance to honour - the incredible seniors who make our community extraordinary. We can't wait to see familiar faces and welcome new ones throughout October's celebrations," concluded Cr Heslin.

Most events are free or low-cost, with some bookings required.

The full October calendar can be found on Council's website, while printed brochures are ready for collection at the Brown Street Customer Service Office, Hamilton Library or any other Council service desk.

COUNCIL SEEKS COMMUNITY FEEDBACK ON DRAFT ASSET PLAN

Southern Grampians Shire Council is inviting community to have their say on the Draft Asset Plan (AMP).

The AMP is a key document that helps shape how our roads, buildings, parks, playgrounds, pathways and other community assets are cared for, improved and sustained into the future.

Southern Grampians Shire Council Mayor Dennis Heslin said our assets are the backbone of everyday life in the Southern Grampians. They keep us support our wellbeing and help make our towns liveable, vibrant places to call home.

"From the footpaths we walk on, to the community halls where we gather, Council manages an extensive network of infrastructure designed to serve our community both now and, in the years ahead," Cr Heslin said.

Continued page 14

THE 127th MORTLAKE ROSE SHOW

**SATURDAY & SUNDAY
8th & 9th NOVEMBER 2025**

**SOLDIERS MEMORIAL HALL
SHAW STREET, MORTLAKE**

SATURDAY 11.30am ~ 3.30pm

11.30am FOYER OPEN WITH:
CAKE STALL, PLANT STALL, WOOL PELLETS STALL
ROSE CAFÉ OPEN

12.30pm EXHIBITION OPENS
2pm PRESENTATIONS & GUEST SPEAKER

SUNDAY 10am ~ 2pm

EXHIBITION & FOYER STALLS
1pm RAFFLE DRAWN

GOLD COIN DONATION TO VIEW EXHIBITS

ENTRIES WILL BE TAKEN AT NO COST AT SOLDIERS MEMORIAL HALL

FRIDAY 7th NOVEMBER 6.00pm—7.45pm

SATURDAY 8th NOVEMBER 8.30am—10.30am

FOR FURTHER INFORMATION CONTACT:

Pam 0439 992 522

mortlakeroseshow@gmail.com



A PAGE TO SHARE RECIPES

Airfryer Pork Belly & Easy Fried Rice

Prep Time 10 mins Cook 40 mins Serves 4

INGREDIENTS

www.taste.com.au

1kg piece boneless pork belly

Sea salt, to sprinkle

Orange soy caramel

250ml (1 cup) fresh orange juice

3cm knob ginger, peeled and thinly sliced

2 whole star anise

100g (1/2 cup) caster sugar

2 tbsp light soy sauce

Step 1 - Place the pork belly in a shallow dish. Place in the fridge for at least 8 hours or overnight to dry out (do not cover the pork with plastic wrap as it needs to dry out). Cut the pork into 4cm pieces.

Step 2 - Meanwhile, make the orange soy caramel. Place all the ingredients in a saucepan over medium heat. Stir until the sugar dissolves. Increase the heat to high and simmer for 10-15 minutes or until sauce reduces and thickens.

Step 3 - Spray pork liberally with oil. Sprinkle with salt. Place half the pork in the air fryer basket. Cook at 200C for 15 minutes or until just golden and crisp.

Transfer to a bowl. Repeat with remaining pork. Serve with caramel. Watch our step-by-step video below to see how to make these Air fryer pork belly bites.



1 Long Grain White Rice

2 tsp vegetable oil

2 eggs, lightly whisked

2 bacon rashers, chopped

1 carrot, peeled and grated

2 shallots, trimmed, finely sliced

1/2 cup frozen peas, thawed

1 tbsp soy sauce

Sesame seeds, to serve

Shallots, sliced, extra, to serve

Step 1 - Cook the rice in a large saucepan of boiling water for 12 minutes or until tender. Drain and leave to cool.

Step 2 - Heat oil in non-stick wok or large frying pan over medium heat. Add eggs. Swirl over base to form an omelette. Cook for 2 minutes or until set. Transfer to a chopping board. Set aside to cool slightly. Roll up and thickly slice.

Step 3 - Add bacon to wok. Cook 4 minutes until light golden. Add carrot. Stir fry 1 minute. Add shallots, peas and rice. Cook, stirring, 3-4 minutes. Add egg and soy sauce. Stir until heated through. Sprinkle with sesame seeds and top with extra shallots. Serve immediately.



MEDIA RELEASE
SOUTHERN GRAMPIANS SHIRE COUNCIL**COUNCIL SEEKS COMMUNITY FEEDBACK ON
DRAFT ASSET PLAN (cont)**

"The Draft Asset Plan outlines how Council will manage these assets over their entire lifecycle, from construction and maintenance through to renewal and replacement.

"The goal is simple; to make sure our infrastructure continues to deliver real value to the community, while balancing affordability and sustainability."

The Plan has been prepared using plain language and clear information so everyone can understand what's included. It also draws on independent specialist assessments and valuations, giving a reliable picture of the current state of Council assets.

"Importantly, the Plan doesn't sit on its own. It forms part of Council's broader strategic framework, working alongside Community Vision 2041, the Council Plan, the Municipal Public Health and Wellbeing Plan, and the Long-Term Financial Plan," said Cr Heslin.

"Together, these documents provide a roadmap for delivering services and facilities that match the expectations and aspirations of our residents. Does the Draft Asset Plan reflect what you value most about our infrastructure? Are there things you would like to see prioritised in the years ahead?

"We know our community has a strong interest in how Council looks after local facilities and infrastructure. Your feedback is crucial to ensure this plan reflects the priorities of the people who live, work and visit here," Cr Heslin concluded.

The Draft Asset Plan is available now at [Engage Southern Grampians](#). Community members are encouraged to review the document and provide feedback by **Tuesday 7 October 2025**.

Emma KEALY MP**NATIONALS MEMBER FOR LOWAN**

"If you have an issue you need a hand to resolve, or a great idea on how we can make our region a better place to live, work, study, and do business, I would love to hear from you."



34 Firebrace St, Horsham



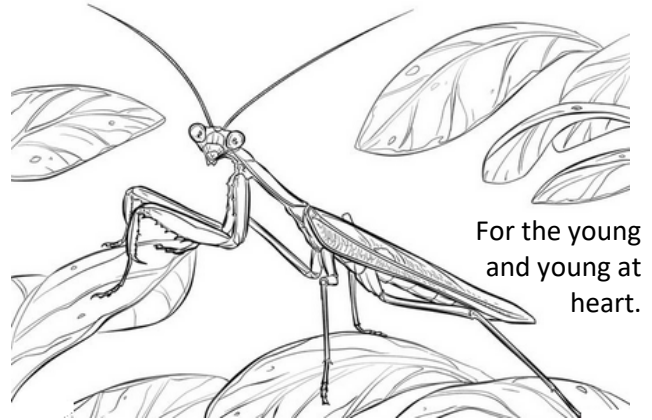
5571 9800

emma.kealy@parliament.vic.gov.au

3 Interesting Praying Mantis Facts

Praying mantises are found in many regions around the world with over 2,400 species known to exist. They are widely distributed and are found in a variety of habitats, from forests to deserts and grasslands.

The praying mantis gets its name from the way it holds its front legs in an upright, praying position. In Greek, 'mantis' means 'prophet' or 'seer', and the insect's upright stance is said to resemble the posture of a praying person. The name 'praying mantis' is used for this insect in many countries, including the United States, and has become a common name for the species.



For the young
and young at
heart.

1. The Mantis is a master of disguise.

Praying mantises are known for their ability to blend in with their surroundings and mimic the appearance of leaves and twigs. This helps them to avoid detection by potential predators and to ambush their prey more effectively. The intricate patterns and shapes on the praying mantis' body, combined with its ability to hold still for long periods of time, make it one of the most formidable predators in the insect world.

Some species of African praying mantises have evolved to look like flower or leaves to attract their prey, while others have evolved to look like twigs or bark to avoid being detected by predators. The camouflage is often so effective that the praying mantis can be difficult to see, even when in plain sight.

2. Praying Mantises have an excellent 3D vision.

Praying mantises have a 3D vision, which is quite unusual among insects. They have two large compound eyes that are highly sensitive to motion, and they use this ability to track and catch their prey. This 3D vision allows them to judge distances accurately and to perceive depth, making it easier for them to judge the position of their prey and strike with precision.

3. Mantises are skilled hunters.

They have a unique set of adaptations that allow them to be very effective at capturing their prey. Some of the key facts about the hunting abilities of mantises include:

- Camouflage – Mantises are masters of disguise, and they can blend in with their surroundings, making them difficult for prey to spot.
- Speed – Mantises are very fast, and they can quickly strike their prey with their front legs.
- Stealth – Mantises are very quiet, and they can sneak up on their prey without being detected.
- Precision – Mantises have very sharp, powerful front legs that are used to capture their prey. They can quickly and accurately strike their prey, often snagging it before it even realises it's in danger.
- Flexibility – Mantises are very flexible and agile, and they can move in various ways to reach their prey.

Penshurst Shed



Open Saturday & Tuesday
10am - 4pm

Talk to the crew for more information
about the Shed and its activities.

We are open for everyone.

Contact

Tom Cooke 0488 557 345



Coastal

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*Answers from last fortnight: 2 worker,
6 parade, 7 line, 8 eject, 10 agriculture,
12 nationalism, 14 sunshine, 16 finer, 18 venus,
19 function, 21 graphic, 22 squash, 23 assembly.
Down: stroke, 3 exclude, 4 agenda, 5 method,
9 collaboration, 11 cooperation, 13 syndrome,
15 horizon, 17 bathroom, 20 parallel, 24 shiver,
25 bean.*

Community Calendar & Contacts

Boram Boram Cemetery Trust

- Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

- 2nd Tuesday monthly at 10 am.
See Garden Notes for venue or contact Marita 0439 669 839

Penshurst Hospital

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

Penshurst Social Support Group

- WDHS meets every Thursday; for Exercise, Activities, Outings and General chit chat. Join us for lots of fun & laughter, Sheppard Centre, - Penshurst Hospital. Please contact the Social Support Group Coordinator on 5551 8381 Or @ WDHS on 55518683

Mount Rouse & District Historical Society

- Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact the Secretary 0418 141 301. The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

Friends Yatmerone Reserve

- 7.30 pm Community Room behind the Volcano Discovery Centre 11 March, 13 May, 8 July, 9 Sept, 11 Nov and 9 Dec. New members welcome.

Lions Club of Penshurst & District

- 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm.
Venue TBA penshurst.vic@lions.org.au

Penshurst Progress Association (PPA)

- See page 20



AmbulanceVictoria

The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

<https://www.ambulance.vic.gov.au/careers/become-a-first-responder/>

If you would like to chat to a local ACO, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Senior Citizens

- See page 20

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313

Penshurst Bowls Club

- Pennant Season (October - February) meets 1st Thursday at 7.30pm
Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

- 1st Sunday each month.
Contact Jenni 0409 962 969

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact
Fr. David Oulton 0435867040

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday

11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service

2nd Sunday Mass 5pm

3rd Sunday Lay Service 8.30am

4th Sunday Mass 5pm

5th Sunday No Service

5576 5270

Friendly faces and helpful staff ...

Penshurst Liquor & Grocery Store

Open 7 days

Opening Hours:

Monday - Friday

7am - 7pm

Saturday

8am - 6pm

Sunday

8am - 5pm

80 Bell Street, Penshurst



Sandwiches & lunch packs available

Order your meat, fresh fruit & vegetables
by phone for collection at your convenience

Groceries - Bread - Frozen Foods

Beer - Wine - Spirits

Penshurst's News Agency



Penshurst Store



Amanda & Cam Wilson
0439 941 942

**Pop into the store and try some of our
delicious pies, pasties and sausage rolls.
Freshly baked bread, cakes and slices.**

**Treat yourself to an Amanti coffee or
Hot Chocolate and browse our
everchanging giftware and
local produce.**

**Phone orders and payments
are welcome.**

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday - 8.00am - 2.00pm

Sunday - CLOSED

Café/Bakery

110 Bell Street, Penshurst

penshurststore@gmail.com

Mount Rouse Puzzler

Across:

- 3: To carry or move something to a place.
4: An area of ground on which a town, building, or monument is constructed.

- 6: To complete the end of something.
8: The place where a person lives.
9: The system or practice of censoring books, movies, letters, etc.
11: A boundary or limit to the scope of something.

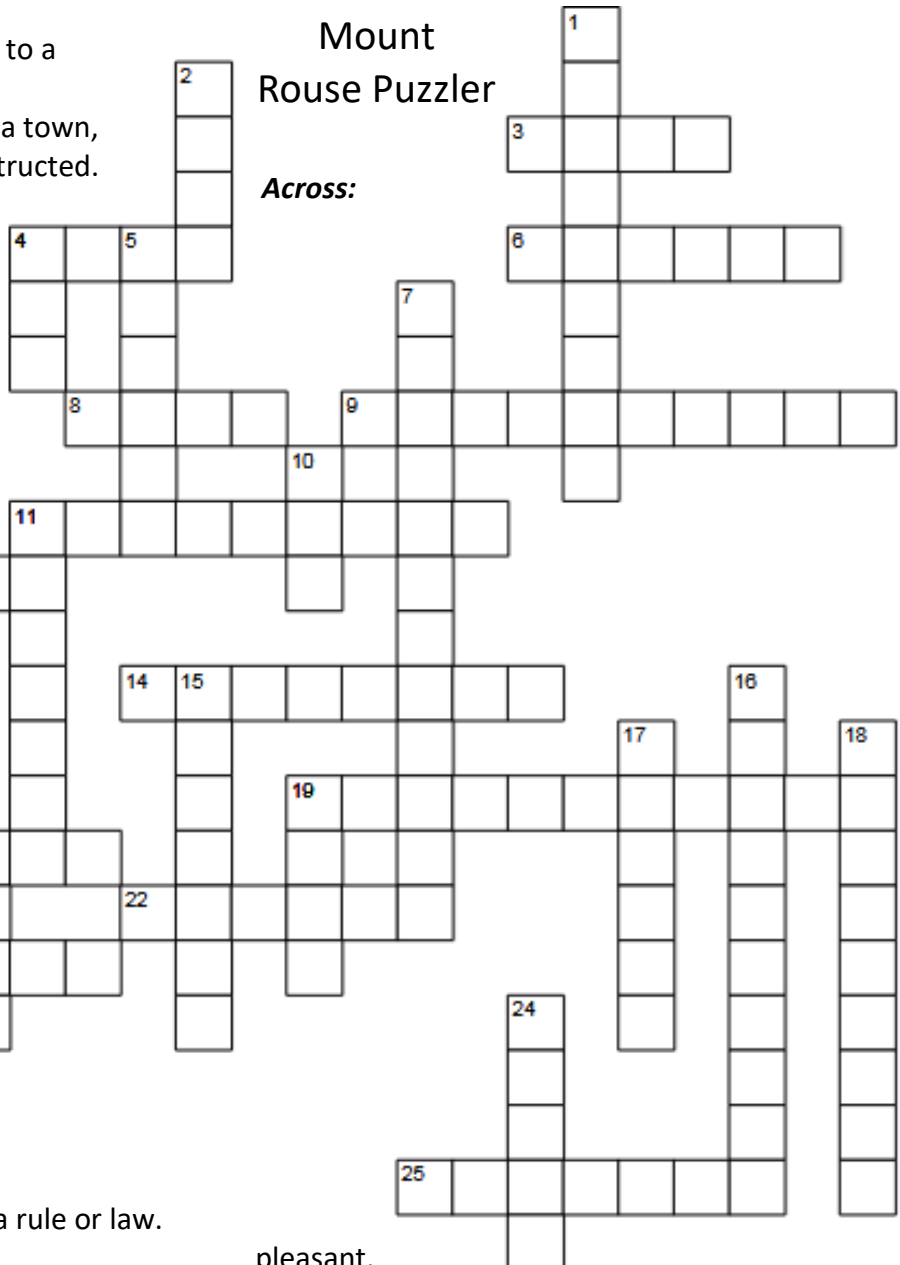
- 12: To use legal or official power to take something.
14: A written rule between two or more people.
19: To make something more active.

- 20: Having a sacred nature.
22: To excuse; to forgive.
23: To visit or live in a place.
25: Punishment for breaking a rule or law.

Down:

- 1: A belief, principle, or way of acting that people in a particular society or group have.
2: Fingers and toes.
4: The star that provides light and heat for the earth and around which the earth moves.
5: A mass of tissue found in or on the body that is made up of abnormal cells.
7: An activity in which someone shows, describes, or explains something to a group of people.
10: To notice or become aware of someone or something by using your eyes.
11: A liquid substance that you put on your body in small amounts in order to smell

- pleasant.
13: To put something in a place where it cannot be seen or found.
15: In general rather than in particular, or including all the people or things.
16: The study of ideas about knowledge, truth, the nature and meaning of life, etc.
17: The way that something is done or happens.
18: Interfere with action or speech.
19: A place, space, or direction that is away from or beyond the centre of something.
21: To ignore someone in a deliberate and insulting way.
24: In an early stage of life, growth, or development.



**Mt Rouse News & Views
Community Newsletter**

Published by
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Registered Address: 103 Cobb Street,
Penshurst 3289

Submissions 46 Watton Street.

**DEADLINE FOR CURRENT SUBMISSIONS -
Saturday 11th October 2025**

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor : Ama Cooke

All correspondence to:
mtrousenewsletter@gmail.com

Also available in colour online at
[www.penshurstvictoria.com.au/
Penshurst%20Newsletter.html](http://www.penshurstvictoria.com.au/Penshurst%20Newsletter.html)

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Per Issue, includes GST from Jan 2025

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1/2 page \$15

1/3 page \$9.50 (base only)

1/4 page \$7.50

Business Card \$5

Our newsletter is free due to the continuing support of our advertisers. Thank you.

Community Calendar Dates

- **PPA**

4th Wednesday of every second month at 7pm (Jul, Sep, Nov, Jan, Mar, May) – community meeting at the Memorial Hall
Committee meetings – as required

4 Oct 25 – Saturday - Look Over the Farm Gate

Event – free BBQ lunch for farmers -
Penshurst Football Club

18 Oct 25 – **Penshurst's Got Talent** at Memorial Hall - starting at 6pm

5 Oct – 2pm – 2nd rehearsal

- **CWA**

4th Tuesday of each month at Senior Citizen's Club – 7pm in Jun, Jul & Aug – 7.00pm other months – not Dec pm
At Senior Citizen's Club



Mobile Library

Will be visiting Penshurst
every Thursday fortnight
3.00 - 4.00pm

Outside the Hall in Martin St

25 September
9 & 23 October

Phone: 5573 0470

www.sthgramplans.vic.gov.au/library

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