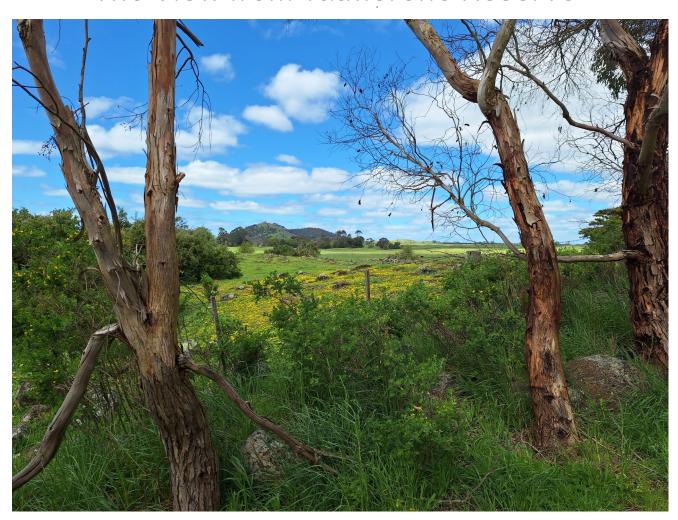
Year 8 Edition 5 15 October 2025

MT ROUSE News & Views



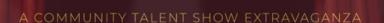
Community Newsletter

The View from Yatmerone Reserve



The sunlight was brief and flickering, the clouds gathering again as we strolled down the path of the Reserve. The spoonbills knew we'd not remain long. Two when we arrived and seven at our leaving, they kept their backs to us. Incredibly beautiful. Too far for even the cameras to reach. This view caught my eye. Over the top of the water, back towards the town, reminding us all of how beautiful our volcanic landscape really is.

This colour page sponsored by Gwen Rentsch. Thank you.



PENSHURST'S GOT TALENT

SATURDAY OCTOBER 18TH
DOORS OPEN 5.30PM. SHOW COMMENCES 6PM
PENSHURST MEMORIAL HALL

Join us in celebrating our fabulous community talent show & support the rejuvenation of our beautiful Hall

Featuring Special Guests
Bluegum Band & Musicians Deb and John

Bring your family & friends & book a table of eight or just join a table!

♦ TICKETS \$20 PP CHILDREN 12 & UNDER FREE

BOOK VIA TRYBOOKING.COM QR CODE OR CASH AT DOOR



BYO PICNIC STYLE DINNER & DRINKS, CUPS, PLATES, THE LOT! FABULOUS DOOR PRIZES, RAFFLES, AUCTIONS AND FUN GAMES (CASH ONLY)

PROUDLY SUPPORTED BY

Enquiries: penshurstsgottalent@gmail.com Or call 0408 558 816



MT ROUSE NEWS & VIEWS



Penshurst Pony Club

The club was able to run the October rally but missed the August and September rallies due to bad weather.

This gave us a chance to have some improvements carried out, first one being repair to water damaged walls in the ladies toilet area. Funds for this project was from the Community Partnership Grants program offered by the Southern Grampians Shire Council. We thank local builders, Chris and Daniel Cook for carrying out this task.

The second project was to replace the roof iron on both the ladies and men's toilet areas which was causing water damage to interior walls. This job was carried out by Finchett's Hamilton and financed by the Racecourse Committee of Management to which we are a very grateful.

The Pony Club continue to fundraise to cover expenses required to maintain this facility and take pride in the clubhouse and surrounds.



Penshurst Post Office

31 Martin Street

Postal Services

Cards and Gifts

Stationery and Office Supplies

Collectables

Books

Craft Supplies

Tech Accessories

Bank @ Post



Post Office Boxes available

MT ROUSE NEWS & VIEWS

Jokes with bite

- 1. "I'm not saying kill all the stupid people. Just remove the warning labels and let the problem sort itself out." Harsh Darwinism, but it tracks, right?
- 2. "Why don't graveyards ever get overcrowded? People are dying to get in." Classic dad humour, but darker.
- 3. "The worst time to have a heart attack is during a game of charades." Grim ... yet hilariously accurate.
 - 4. "I told my wife she should hug her mistakes. She gave me a hug." Marriage summed up in one sentence.
 - 5. "If at first you don't succeed, then skydiving definitely isn't for you." A brutal take on perseverance.

NOTICE OF AGM

Nolcauoes

SATURDAY, NOV 29 - 12 MIDDAY @ THE VDC IN THE EDUCATION ROOM

COME ALONG AND FIND OUT HOW YOU CAN VOLUNTEER AT THE VDC.

MEET NEW PEOPLE. MAKE NEW FRIENDS. CONTRIBUTE TO THE PENSHURST COMMUNITY.

Emma **KEALY MP**

NATIONALS MEMBER FOR LOWAN

"If you have an issue you need a hand to resolve, or a great idea on how we can make our region a better place to live, work, study, and do business, I would love to hear from you."



34 Firebrace St, Horsham



((() 5571 9800 **(∞)**



emma.kealy@parliament.vic.gov.au

MT ROUSE NEWS & VIEWS

Creative

Out on Our Land

Out in the red dirt, 100 miles from anyone and anywhere,

Is our old homestead and its heaven way out there,

Rusty corrugated iron sheet roof and wooden plank walls,

Out in the outback where the black cockatoo calls.

Post and rail stockyards cut from trees off our land,

Sheep out in the paddock where the southern cross does stand,

Kelpies in the back of the old rusty ute, running out the feed,

A country life on a few hundred acres of land is all we need.

Sitting on the veranda in an old rocking chair,

Two wedge tail eagles soaring in the sky, a lifelong mated pair,

Searching for a rabbit to take to the nest for their chicks,

High in a red gum tree made from twigs and sticks.

My Granddad's Massey Fergerson tractor parked out in the barn,

Sitting around the open fire at night telling an Aussie yarn,

Chooks in the coup, fresh eggs, rooster crowing at dawn's light,

Spotlighting down by the dam for foxes and dingos in the night.

Old water tank running dry in the long-lasting drought,

Will have to truck in water and feed no doubt,

Life out here on the land is hard from day to day,

But I wouldn't live anywhere else or have it any other way.

Sunsets through the trees turning the sky crimson red,

Sunrises over the mallee after hours already out of bed,

Long hard days, working our land and looking after stock,



I would never swap these country plains for a tiny city block.

Wild brumbies on the skyline heading up into the hills,

Seeing the kangaroos hoping across the plain still gives me thrills,

We ride Australian Stock Horses, the best breed around,

Intelligent, versatile and surefooted on this hard ground.

We have an old shed out back where we make our own beer,

Too far to pop down the shop for a slab or two from here,

You have to be as self-sufficient as you can living off the land,

Sharing veggies with our neighbours when they need a hand.

Trying to protect the environment and be sustainable.

Is a hard balance and sometimes almost impossible,

But if we don't look after the land, water and air, There won't be anything left to farm out there.

Keeping the silt and chemicals out of our precious waterways,

Fencing the riparian zones to not let the cattle in there graze,

Planting crops and a variety of trees to harvest in different years,

To gives us different sources of income and allay our fears.

Drenching, shearing sheep, docking lambs ready for the sale,

Harvesting the canola and loading trucks by the bale,

MT ROUSE NEWS & VIEWS

1891 Rabbit Plague In Hamilton

It was reported in the Western
Agriculturalist that: Hamilton was
being overrun with rabbits. It seems
that nearly every vacant block of
land or open spaces had rabbits
hopping around on them. In April,
3 rabbits were killed in the Hamilton
Botanic gardens and in a cricket
match between Caramut and
Hamilton a rabbit hunt added
variety to proceedings, with only
one dog on hand the rabbit won the
day. The dogs won the next round



when 2 sheepdog chased and caught a rabbit down Gray Street.

In May local farmers formed a rabbit hunting club at Mt Eccles with the objective to clear an area of a mile around Mt Eccles. This would have been an impossible task unless a netting boundary fence was erected.

In June a rabbit drive was held on the Mt Napier Station which had just erected miles of netting fences. Fifteen drivers (beaters) took part – 2500 rabbits were killed but 500 got away when a spooked mob of sheep got in amongst the swarm and scattered them.

There is no reason think that the situation would have been any different in Penshurst and surrounding district.

Keith Cameron, of Greenwood, spent most of 1907/08 rabbiting on The Gums and North Gums stations. He started working for JS Ross (North Gums) as a boundary rider in May 1909 and his diary records all the usual station jobs as well as rabbiting with a pack of dogs and digging out warrens.

1910 diary entries relating to rabbits include:

January 26: Dug out the rabbit warrens in Dickeson's garden, got 23.

April 29: Dug a warren out on the side of the hill opposite Caramut bridge, digging there all day 'till 3.30 pm. I only got 10 rabbits in it. It was 5 feet deep in lots of places.

July 6: Rabbits very scarce in 8 & 9 (paddocks) only caught 4 with the dog pack. Old Heywood has been there the last 6 weeks and killed the lot.

July 7: Caught 3 pair of rabbits.

July 11: Didn't see any rabbits.

July 26: Colin and I dug a bad warren out on J. Milligan's side of the creek. It took most of the day . Caught 20 rabbits (total 29).

September 28: Took the dogs and caught 4 rabbits.

October 26: Rode around the number 8 & 9 (paddocks). Took the dogs and caught 4 rabbits.

PAGE 7 MT ROUSE NEWS & VIEWS



Let's make a splash

Today's reflection was handed to me on a silver platter by a year 10 student long ago and far away. She said something like, 'You know Fr. Oulton, I really like the way that we can splash about with crazy ideas in your class. We learn just as much from the discussion as we do from some crummy old text book.'

Splashing about in the waters of ideas is a splendid pastime. Often we try really hard to come up with a well reasoned, logical answer that is always right. It works well in the maths world. But (un) fortunately it's not just a maths world.

It's also a messy, murky, shifting, always evolving world. The answer is not easily found and is often illusory and inadequate for your problem.

So what if in all our angst, frustration and solution driven mentality, we simply stopped shouting, lowered our blood pressure and just splashed around in some alluring concepts for a while. Those who go the hard road, yelling into the air and pumping their fist in the hunt for common sense and decent answers might try slipping into a trendy pair of flamboyant bathers and just sploshing

about in the water. Do some sprinkling and tossing with others. True, we'll get a little damp, but the answers we are looking for are not to be discovered in numerals and theorems, placards and shouting. Our answers are in the action and playfulness and chortling and yippees and surprises. Often I thought I was just messing about in the ideas and proposals, getting drenched with others and getting saturated myself, only to learn that actually there was one other in the water with us. He is the most vigorous in his frolicking, loudest in laughter, the most sopping in water content and I couldn't wait to make a splash.

You need to hear this

One day a friend kindly passed on his gratitude. I quickly fobbed it off and replied that my actions were just what I do. It is who I am.

Swiftly he replied, 'Yes, but you need to hear what I am saying'. He was congenially firm and it made me pause and take notice.

His polite insistence for me to pay close attention to his thankfulness was ringing in my ears long after I put the phone down.

Now there are two bits in his one sentence. First, there is my need. There is a part in all of us that has a need to accept recognition and gratitude when it is offered. To own it and accept it as an integral part of ourselves. We should not simply brush off heartfelt and authentic comments from others. It is essential for us to understand that we actually do some good stuff sometimes. Sure not 100% of the time, but all of us want to leave others and the world a better place. And while we might fail sometimes, all of us strive to achieve a high standard and set the bar accordingly.

The other bit to my friend's comment is the word *listen*. I wonder how many times I have been spoken to and not really listened. How many times has someone written to me and I have passed it off as old so and so just being polite and minding their manners? Most of the time people really do mean what they say and if they didn't mean it, they wouldn't say it. It is especially powerful I think when they have actually made the time and expended the energy to write a letter.

I need to Listen with a capital L, not just to show the appropriate respect to the speaker, but for mine.

PAGE 8 MT ROUSE NEWS & VIEWS

Out on Our Land (continued)

You can't sit back and wait for someone else to do the job,

If you think life on the land is easy, then you're just a knob.

We formed a collective to buy the big machinery,

Sharing the cost and sharing the use was a no brainer for me,

Couldn't afford to buy a new harvester on my own,

So, we went in together and to others we can loan.

They say you shouldn't work harder, you should work smart,

But they go together out here on the land for a start,

Diversity in farming has saved us from defeat, Beef cattle, sheep, farm forestry, canola and wheat.

Out on our land where we life, and strive, and thrive,

Out on our land where we just love to be alive,

Out on our land the only place for my family and me,

Out on our land, there is no better place to be.

Robert R. Allan - 2025

1891 Rabbit Plague In Hamilton (cont)

December 29: The North Gums run has but few rabbits on it. And the dogs being very plentiful are starving, poor brutes. JSR (J.S. Ross) has tried in vain to give some of them away, but no such thing has happened. Unlucky for the poor brutes. So to put a few of them out of their misery I was asked by JS Ross to shoot 4 of them. I found it a hard thing to do but better that way than starving so in the evening I shot three rabbiters, poor old Snip, Driver and Rover. There is still one to shoot — a sly two year old that no-one could catch.

Keith's diary clearly shows that after years of hard work, the Gums (North and South) had

rabbits under control. The total caught by Keith for the year (May 10, 1909 - December 31, 1909) was only 1234 rabbits, with hardly any caught in the Spring or early Summer. This compares with two weeks in 1908 when 661 rabbits were caught in one paddock (No. 5 Paddock).

Another station attempting to control the rabbit plague in 1910 was Ripponhurst (originally Harton Hills) situated between Penshurst and Macarthur. In *Pastoral Homes of Australia*, written in 1910, controlling rabbits on Ripponhurst was described as follows:

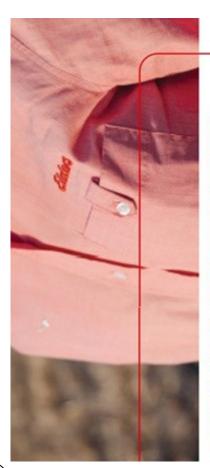
The rabbits presented the most formidable task to be faced in bringing the estate into its present workable condition. They had riddled the paddocks with great warrens, where whole colonies of them lived in the soft porous soil. Hollow logs and trees full of them and no lasting impression could be made by fumigating and trapping. The only possible means of eliminating the pest was by working the property in sections and destroying all the cover acre by acre, and permitting none of the rodents to escape.

That was the task Mr Sargood undertook, and the expense was very heavy, as many as 100 men on occasions being employed at one time. To thoroughly carry out the scheme and to ensure the property in future fences were netted, and the whole place "dug out". About 70 miles of netting was used in this way. The result is that one may now ride almost all day through the estate without seeing a single rabbit.

by Phillip Doherty, Mount Rouse & District Historical Society Inc. Shared with permission.

It's bunny season in Penshurst. Driving home at night can be a test to 'dodge the fluffies'. I wish my cat would do the same. She's very fussy in this season, but doesn't like getting wet. Oh no, with a touch of water she's diving for the house, either my lap during the day or my shoulder (when I'm lying down at three in the morning, to be dried carefully, starting with her ears.)

ROUSE News & Views



ELDERS HAMILTON

Proud to be a supporter of local communities

BRANCH MANAGER & RURAL

REAL ESTATE

Lachy Patterson 0407 704 684

Andrew Howells 0418 846 291 Kate Methven 0488 415 883 David Whyte 0407 347 203

State Wool Manager

Lachie Brown 0409 645 915

LIVESTOCK

Aaron Malseed 0407 782 286 Jordy Anthony 0407 649 925 Dillon Dawson 0438 054 593

STUD STOCK

Ross Milne 0408 057 558

MERINO STUD STOCK & WOOL

Kevin Beaton 0455 119 711

FARM SUPPLIES

Damon Hiscock 0439 671 046 James Whyte 0458 322 094 Ryan Gerring 0439 699 110 Rob Browne 0427 315 793 Rod Evans 0498 750 125

AGRONOMY

Damien Goodman 0438 028 985 Gabby Redpath 0438 903 123 Mark Rouse 0473 444 288

SALES SUPPORT

Annaleace Dohle 5551 5700 Maggie Craig 0427 976 179 Ann Hiscock 5551 5700 Wendy Kerr 5551 5700

E. hamilton@elders.com.au Hamilton P. 03 5551 5700 100 Portland Road,



BBQ in the Park

Sunday 16 Nov 2025 - 12 noon in the Botanic Gardens **Everyone Welcome – Please Come Along**

Come along to our fourth Community Connection Event and catch up with old friends, make new friends, listen to some live music and have a chat and a laugh.

Games for the kids (& adults) – Big Chess, Checkers, Connect 4, Jenga, Tug-O-War, Skittles, Quoits, Corn Hole and lots more.

















BBQ lunch by the Penshurst Lions Club - Gold Coin Donation

BYO a bottle of wine or a beer or two, and chairs.

Please have a Designated Driver – if drinking – NO DRINK DRIVING!



Supported by a Southern Grampians Shire Council community connections grant.







PAGE 10 MT ROUSE NEWS & VIEWS

DAN **TEHAN**



FEDERAL MEMBER FOR WANNON

My office can assist you with information about Federal Government services including:

- **Centrelink**
- National Disability Insurance Scheme (NDIS)
- Pensions and My Aged Care
- Medicare
- Australian Taxation Office (ATO)
- Veterans' Affairs
- Immigration, citizenship and passports
- Australia Post
- Telecommunications (broadband and mobile coverage)





Please fill out my 30 second survey

Dan listens, Dan Cares, Dan Delivers!

Hamilton: 190 Gray Street, Hamilton VIC 3300

Warrnambool: 158 Koroit Street, Warrnambool VIC 3280

- (300 131 692 (20) dan.tehan.mp@aph.gov.au
- 🕟 dantehan.com.au 🕜 DanTehanWannon 🎯 dantehan

Authorised by Dan Tehan MP, Liberal, 190 Gray St, Hamilton VIC 3300.

CHRISTOPHER COOK CONSTRUCTIONS

Ph: 0417 100 243

Fax: 5576 5267



HIA Reg CB-U 6214 DB-U 5109

112 Bell Street Penshurst Vic 3289

Penshurst Hair Design

Hello everyone



I am back at work by appointment only.

Looking forward to seeing you ...

For appointments please ring

Mobile: 0417 511 177





Serving the greater Hamilton area
Preventative, repairs & renewals
Heat pump rebate specialist
Hot water upgrades
General plumbing
Gas servicing

Call Dan: 0409 852 887

www.thehappyplumber.com.au

REC. NO. D15302

LIC. NO. 10101

PAGE 11 MT ROUSE NEWS & VIEWS





YOUR COUNCIL, YOUR COMMUNITY

SOUTHERN GRAMPIANS SHIRE COUNCIL RENEWS COMMITMENT TO REGIONAL PARTNERSHIP

Southern Grampians Shire Council has reaffirmed its commitment to collaboration and regional relationships by endorsing a new three-year Memorandum of Understanding (MoU) with the Southwest Victoria Alliance (SWVA) at the 8 October Council meeting.

The Alliance brings together Corangamite, Glenelg, Moyne, Southern Grampians and Warrnambool Councils to provide a strong, unified voice for southwest Victoria. The SWVA is the peak regional advocacy and partnership body for southwest Victoria.

Through this partnership, member councils campaign collectively for key regional priorities including housing, childcare, water security, roads funding, renewable energy and transport.

Southern Grampians Shire Council Mayor Dennis Heslin praised the renewed agreement, saying that it strengthens the region's ability to work together on the issues that matter most.

"It can often be the way that our Councils are consumed with the day to day running of their individual Shires, so it can be an enormous advantage to have a partnership like this to help us to keep an eye on the bigger regional picture," said Cr Heslin.

"By standing together in this way, our councils deliver a firm voice for the entire southwest. This partnership allows us to champion causes more effectively, attract funding and deliver outcomes that benefit each of our regional communities."

The updated MoU formalises membership, governance and funding arrangements through to October 2028, while providing flexibility for representation and introducing clearer roles for independent and associate members.

The SWVA has advocated for better outcomes for regional Victoria with robust campaigns protesting the Emergency Services Volunteer Fund as well as fighting for drought support.

For more information, please see the SWVA website, for all things Council, consider signing up to our monthly newsletter.

NEW FOUR-YEAR COUNCIL PLAN ENDORSED

A clear direction for the next four years has been set with the endorsement of the new Council Plan 2025-2029 at last night's Southern Grampians Shire Council meeting.

The Plan, which was developed through extensive engagement with the community, outlines a vision for a thriving, connected and sustainable Shire. It focuses on five key priority areas, those being Social and Community; Business, Economy and Tourism; Community Infrastructure and Assets; Environment; and Leadership and Governance. Each of these areas has been given their own clear strategies and measures to guide progress.

The Plan includes the Disability Action Plan and Municipal Health and Wellbeing Plan. In previous years the Municipal Health and Wellbeing Plan was a separate document but has been absorbed into the wider Council Plan.

The final Plan was informed by community feedback received through public exhibition, with more than a dozen key changes made in response to local input. Development of the Plan commenced with community meetings in each of our small towns as well as the opening of a shop front in Gray Street, Hamiton.

Southern Grampians Shire Council Mayor Dennis Heslin welcomed the plan, calling it a reflection of what the community values most.

PAGE 12 MT ROUSE NEWS & VIEWS



"We embarked on a series of engagement initiatives to try to capture as accurate a snapshot of our residents as possible. Adding to our usual methods of engagement, this time we rented out a shopfront in

Hamilton. Councillors and Council staff met face to face with anyone and everyone who wished to discuss the future of our Shire.

"Using a system of dots, where residents were invited to mark their biggest priorities, we were able to gather extraordinarily useful feedback from exactly the people this plan hopes to represent. We had a terrific turnout and some really useful conversations.

"This Plan is shaped directly by the ideas, opinions and voices of our residents. It sets out how we'll work together to strengthen local business, support vibrant towns, protect our environment, and ensure our community remains an inclusive and resilient place to live."

Some of the changes that came directly from community feedback include stronger recognition of our built heritage, a commitment to emergency preparedness and environmental protection, clearer targets for housing and tree canopy expansion, and new strategies to attract events, boost tourism and support young people transitioning into employment.

The Plan also emphasises transparent governance, more robust service delivery, and enhanced community engagement to ensure residents remain at the heart of Council's decision-making. To support the Plan, Council develops an Annual Plan each year, detailing key projects and initiatives that deliver on its long-term objectives. Progress will be measured and reported annually through the Council's Annual Report.

"This document is a promise to our community," Mayor Heslin said. "It's about setting the kinds of goals our residents care about and then delivering on them."

The Council Plan 2025–2029 can be viewed on Council's website or in person at Council's Customer Service Centres and the Hamilton Library. If you would like to see a timeline of how this plan came together, you can view it at https://engage.sthgrampians.vic.gov.au/council-plan-2025-29. The plan can be viewed at https://www.sthgrampians.vic.gov.au/files/assets/public/v/1/council-documents/community-plans/sgsc_council-plan-2025-final.pdf

If you have any questions or queries, please don't hesitate to reach out.

CHRISTMAS WINDOW DISPLAY COMPETITION RETURNS

Southern Grampians Shire Council invites local businesses to help share Christmas spirit by taking part in the annual Christmas Window Display Competition.

From 11 November, shopfronts across the Shire are encouraged to decorate with all things Christmas as traders compete for the title of best Christmas window.

The competition celebrates creativity, festive spirit and community pride, with prizes on offer for the winning displays.

Southern Grampians Shire Council Mayor Dennis Heslin said the competition is a fun way to bring colour and character to our streets, while also encouraging residents and visitors to support local traders.

"The competition helps sets the tone for the festive period," Cr Heslin said. "With beautifully decorated shopfronts, Christmas trees and events happening Shire-wide, it's a wonderful way to showcase our businesses. Last year we saw some really fantastic entries and I can't wait to see the participation number grow."

In 2024, Belcourt Books and Brown Bird Haus in Hamilton took out the top prizes for their creative windows, with honourable mentions going to Tosca Browns Café and Patience Petal Florist in Penshurst.

PAGE 13 MT ROUSE NEWS & VIEWS





This year, judging will again be split between a panel of judges and a community vote. The judge's choice and people's choice winners will

each receive a \$250 shop local voucher, with an additional \$250 voucher also up for grabs for one lucky punter who casts a vote.

Businesses can register their window display online through Council's website. Entries open on Monday, 11 November, and close on 15 December. Businesses are able to enter right up until 15 December but are encouraged to enter earlier in order to make the most of the public voting. People will be able to vote for their favourite windows online or by following the QR code on promotional posters.

For more information, please contact Southern Grampians Shire Council Economic Development Support Officer Daniel Shaw at dshaw@sthgrampians.vic.gov.au.

To stay up to date with all things Council, check out our website or consider signing up to our monthly newsletter.

CALL FOR PERFORMERS TO BRING HAMILTON TO LIFE THIS CHRISTMAS

With Christmas approaching once again, preparations for the holiday season are already well under way.

This year, Council is backing live street performances throughout the holiday period to make sure the town is buzzing with joy right up until Christmas Day. Busking slots are available to anyone in the region with the skills and the spirit.

From November 25 all the way through to the big day, Hamilton will be buzzing with increased activity, and we are inviting local performers to express their interest in doing live, paid performances throughout the Hamilton shopping district.

If you're an established act trying to connect with your audience or a new performer looking for some valuable experience, this is for anyone with a passion for performance to share their talents with the community.

Southern Grampians Shire Council Mayor Dennis Heslin is pleased to see the return of the festive buskers.

"We had such a positive response to last year's performers that we had to try and expand the program. This year instead of a competition with prizes, we will be paying the performers with the intention of attracting a large number of acts and keeping the Christmas spirit alive throughout the season.

"We'll have a flat rate of \$80 per slot for a single performer, or \$160 for an act. Each slot is two hours long and you're free to snap up as many slots as you can handle. We would love to see talented people of all kinds on our streets, entertaining our residents and spreading the good cheer," said Mr Heslin. "And anything you make from throwing your cap down is all yours."

There are plenty of slots available, including the evening of the St Marys parade when the streets will be bustling with late night shoppers.

If you'd like to pass on some festive joy to the community, fill out an expression of interest form today.

For more information, check our website or get in contact at (03) 5573 0444.

So dust off your favourite holiday tunes, gather your costumes, props, and instruments, and get ready to spread festive cheer to locals and visitors.

PAGE 14 MT ROUSE NEWS & VIEWS

A PAGE TO SHARE RECIPES

10 minute Tuna Mornay Rice Bake

Prep Time 5 mins Cook 5 mins Serves 4

INGREDIENTS

www.taste.com.au

425g can Coles Tuna In Springwater, drained, flaked 150g (1 cup) frozen mixed vegetables 490g jar bought bechamel sauce 80ml (1/3 cup) thickened cream 450g pkt microwave brown rice 2 green shallots 120g (1 1/2 cups) pre-grated 3 blend cheese (cheddar, mozzarella and parmesan) 25g (1/2 cup) panko breadcrumbs Extra virgin olive oil, to drizzle

Step 1 - Place the tuna, vegetables, bechamel and cream in a saucepan over medium-high heat. Cook, stirring occasionally, for 2 minutes or until warm.

Step 2 - While the tuna mixture is cooking, place the rice in the microwave for 1 minute or until slightly warm.

Step 3 - Chop the shallots then stir half through the tuna mixture.



Step 4 - Preheat grill on high. Evenly spoon the rice into the base of a square 1.5L (6 cup) baking dish. Top with the tuna mixture. Sprinkle over the cheese and breadcrumbs. Drizzle over the oil. Grill for 2 minutes or until the top is golden. Serve sprinkled with remaining shallot.

Microwave Cookie for one

Prep 5 mins Cook 1 min

15g butter, softened 1 1/2 tbsp plain flour

3 tsp brown sugar 1/2 tsp milk

2 drops vanilla extract 1 tbsp dark choc chips



Step 1

Place butter, sugar and vanilla in a bowl and use a spatula to stir until evenly combined. Add the flour and milk and stir to combine. Stir in the choc chips. Roll the dough into a ball

Step 2

Cut out a 10cm square from baking paper. Place the ball onto the paper and press out to 8cm diameter. Lift onto a saucer and microwave on HIGH for 50 seconds (see recipe notes) Step 3

Set the biscuit aside to cool slightly before eating. Watch our step-by-step video below to see how to make our Microwave cookie for one.

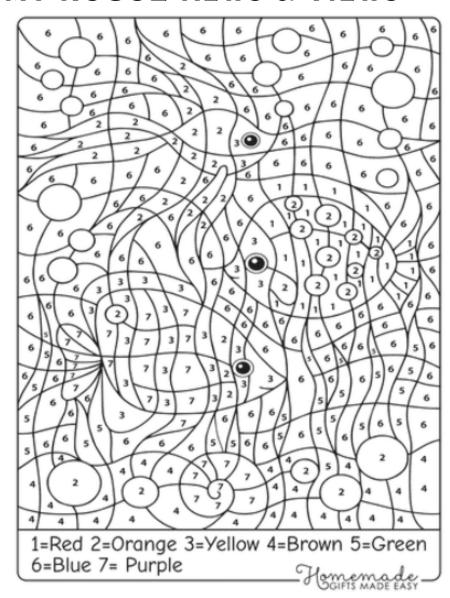
Fit the words below into the

Easy Read
Free Spick
Hour Three
Link Time
Make Walk

1	4		8		3			
		2	4	9			5	
	3	6		1		4		9
	2		7	3	1	9	6	
							2	
9		1		2	5		4	8
8	9		1			5	3	7
2			3		9	8		4
	1	7			4	6		2

puzzle above

MT ROUSE NEWS & VIEWS



Each of the five boys like a school subject best. Use the clues below to find out the favorite subject of each boy.

	Math	Science	Reading	Writing	Recess
Joe	0	~			
Jack					
Abe				3	
Carl			A STATE OF THE STA		>
George					>

- 1. Joe likes Reading better than any other subject.
- 2. Neither Carl nor George enjoy Math.
- 3. Abe's favorite subject is either Reading or Recess.
- 4. George enjoys writing more than the other boys.

PAGE 16 MT ROUSE NEWS & VIEWS

Penshurst Shed



Open Saturday & Tuesday 10am - 4pm

Talk to the crew for more information about the Shed and its activities.

We are open for everyone.

Contact

Tom Cooke 0488 557 345







- Agronomy Services
- Farm Production & Planning Management
- Seed & Fertiliser Supply
- Crop & Pasture Protection Products
- Animal Health & Nutrition
- General Merchandise
- On Farm Deliveries

Western AG's core objective is to provide high quality production advice and to supply competitively priced inputs to assist clients to grow the business profitably.

Western AG Hamilton - T: 03 5579 5900
Tim Wilson (Branch Manager) 0429 168 020
Matt Barber (Senior Agronomist) 0488 298 170
Megan Clothier (Animal Health) 0498 226 730
Ben Gay (Merchandise & Logistics) 03 5579 5900
Glenn Grey (Willaura) 0439 541 036

ADDRESS-236 COLERAINE ROAD HAMILTON

With over 30 years experience, Pierre from Hamilton Tiling is now offering his services.

Whether it's a small or large project call 0421739282 for a quote.



m: 0421 739 282

Hamilton Tiling Vic@hamiltontilingvic

www.hamiltontiling.com.au e: pierre@hamiltontiling.com.au

"I can't change the direction of the wind, but I can adjust my sails to always reach my destination."

- Jimmy Dean

"The pessimist complains about the wind; the optimist expects it to change; the realist adjusts the sails."

- William Arthur Ward

PAGE 17 MT ROUSE NEWS & VIEWS

Community Calendar & Contacts

Boram Boram Cemetery Trust

 Contact Jeff Jellie 0407 781 407 or Sue 0418 141 301

Caramut & District Garden Club

Penshurst Hospital

 2nd Tuesday monthly at 10 am.
 See Garden Notes for venue or contact Marita 0439 669 839

- Combined Churches service 3rd Tuesday every month in W.J. Lewis wing at 11 am.
- Residents, Relatives & Carers group, Tuesday bi-monthly, 1:30 pm.

Penshurst Social Support Group

WDHS meets every Thursday; for Exercise,
 Activities, Outings and General chit chat. Join
 us for lots of fun & laughter, Sheppard Centre,
 - Penshurst Hospital. Please contact the
 Social Support Group Coordinator on
 5551 8381 Or @ WDHS on 55518683

Mount Rouse & District Historical Society

 Meetings - 4th Sunday in January, March, May, July, September and November, 2pm at the Court House. New members are most welcome. Contact the Secretary 0418 141 301. The Court House open for Visitors 1st Saturday each month 9.30 am to 12.30 pm.

Friends Yatmerone Reserve

 7.30 pm Community Room behind the Volcano Discovery Centre 11 March, 13 May, 8 July, 9 Sept, 11 Nov and 9 Dec. New members welcome.

Lions Club of Penshurst & District

 1st Friday dinner meeting. 3rd Tuesday business meeting, each month at 8 pm.
 Venue TBA penshurst.vic@lions.org.au

Penshurst Progress Association (PPA)

See back page

18 Oct 25 – Penshurst's Got Talent at Memorial Hall - starting at 6pm



The Penshurst Branch is staffed by local Ambulance Community Officers (ACOs).

Ambulance Victoria is looking for people to join the Penshurst team. If you are interested in becoming an ACO or would like further information, please follow the link below.

https://www.ambulance.vic.gov.au/careers/become-a-first-responder/

If you would like to chat to a local ACO, please email penshurst.teamleader@ambulance.vic.gov.au

Penshurst Senior Citizens

See back page

Penshurst Book Club - meets 3rd Tuesday each month at 2pm. Contact Ruth Pihl on 0490418313

Penshurst Bowls Club

- Pennant Season (October February) meets 1st Thursday at 7.30pm Alaister 0427 555 973
- Off Season 1st Tuesday at 7.30pm.

Penshurst Pony Club Rally

1st Sunday each month.
 Contact Jenni 0409 962 969

Penshurst Church Services

Bethlehem Lutheran Church Tabor

Service every Sunday 10.00am

Penshurst Anglican Church

5pm Mass 4th Sunday each month

For further details contact Fr. David Oulton 0435867040

St Andrew's Uniting Church Penshurst

2nd & 4th Sunday 11am Service

St Joseph's Catholic Church Penshurst

1st Sunday No Service 2nd Sunday Mass 5pm 3rd Sunday Lay Service 8.30am 4th Sunday Mass 5pm 5th Sunday No Service

MT ROUSE NEWS & VIEWS

5576 5270

Friendly faces and helpful staff ...

Penshurst Liquor & Grocery Store

Open 7 days

Opening Hours:

Monday · Friday

7am - 7pm

Saturday

8am - 6pm

Sunday

8am - 5pm

80 Bell Street, Penshurst



Sandwiches & lunch packs available

Order your meat, fresh fruit & vegetables
by phone for collection at your convenience

Groceries - Bread - Frozen Foods Beer - Wine - Spirits

Penshurst's News Agency





Amanda & Cam Wilson 0439 941 942

Pop into the store and try some of our delicious pies, pasties and sausage rolls. Freshly baked bread, cakes and slices.

Treat yourself to an Amanti coffee or Hot Chocolate and browse our everchanging giftware and local produce.

Phone orders and payments are welcome.

Monday - CLOSED

Tuesday to Friday - 7.30am - 2.00pm

Saturday - 8.00am - 2.00pm

Sunday - CLOSED

Café/Bakery

110 Bell Street, Penshurst

penshurststore@gmail.com

Mount Rouse Puzzler Across: 4: Place in position ready for use. 6: An unexpected and usually unpleasant thing that happens. 7: The emission the energy as an electro-magnetic wave. 8: To say that 12 you will not 15 do or accept 16 something. 12: A formal and usually written request for 20 something. 16: Bigger than a region, smaller than a continent. 10: Damaged or not cooked. 17: Work or activities done for a 11: Designed to respond to the purpose. actions, commands, etc., of a user. 23 18: Having or showing an 13: The activities that occur when people ability to make new things or are developing a romantic relationship or think of new ideas. the period of time when such activities 20: Something that someone says or writes to occur. express an opinion or idea. 14: The part of a plant that is often brightly coloured, that 21: To not move, walk, etc., after doing so usually lasts a short time. before. 15: A person who has transcribes 22: Behaviour showing high moral standards. something to read or listen to. 24: A sweet substance especially from the plants. 18: To make whole or perfect. 19: Feeling grumpy.

MT ROUSE NEWS & VIEWS

Down:

- 1: To refuse to believe, accept, or consider something.
- 2: Something that limits or restricts someone or something.
- 3: A choice that you make about something after thinking about several possibilities.
- 5: A tall, narrow building or structure that may stand apart from or be attached to another building or structure.
- 9: Next in line at the inception.

PAGE 19

.gunoy 42

17 manner, 18 interrupt, 19 side, 21 snub, 11 perfume, 13 hide, 15 overall, 16 philosophy, 5 tumour, 7 presentation, 10 see, 12 seize, 25 penalty. **Down:** 1 tradition, 2 five, 4 sun, 19 stimulation, 20 blessed, 22 pardon, 23 haunt, 11 parameter, 12 seize, 14 contract, 4 site, 6 finish, 8 home, 9 censorship, Answers from last fortnight: Across: 3 take,

PAGE 20 MT ROUSE NEWS & VIEWS

Mt Rouse News & Views Community Newsletter

Published by Mt Rouse Community Newsletter Inc

ABN 95 801 619 635

"Mt Rouse News & Views Community Newsletter" is the registered business name of the Mt Rouse Community Newsletter

Registered Address: 103 Cobb Street, Penshurst 3289

Submissions: 46 Watton Street.

DEADLINE FOR CURRENT SUBMISSIONS -Saturday 25th October 2025

The newsletter will be published on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

Editor: Ama Cooke

All correspondence to: mtrousenewsletter@gmail.com

Also available in colour online at www.penshurstvictoria.com.au/
Penshurst%20Newsletter.html

Newsletter Advertising Rates

Per Issue, includes GST from Jan 2025

Full page B&W \$22

Full page colour \$52

1/2 page \$15

1/3 page \$9.50 (base only)

1/4 page \$7.50

Business Card \$5

Our newsletter is free due to the continuing support of our advertisers. Thank you.

Community Calendar Dates

PPA

4th Wednesday of every second month at 7pm (Jul, Sep, Nov, Jan, Mar, May) – community meeting at the Memorial Hall Committee meetings – as required

• CWA

4th Tuesday of each month at Senior Citizen's Club – 7pm in Jun, Jul & Aug – 7.00pm other months – not Dec pm At Senior Citizen's Club





Mobile Library

Will be visiting <u>Penshurst</u> every Thursday fortnight 3.00 - 4.00pm

Outside the Hall in Martin St

25 September 9 & 23 October

Phone: 5573 0470

www.sthgrampians.vic.gov.au/library

LIKE US ON FACEBOOK
GREATER HAMILTON LIBRARY